In our weekly meeting on December 14, 2018 President Rtn Ashok Puri welcomed the guests from Rotary Club of Chandigarh: President Rtn AP Singh, District Conference Chair PP Rtn Baldev Aggarwal and Registration Committee Chair Rtn JK Kapoor.

For the topic of the meeting, who could give us a better presentation about ‘Advance Technology in Dental Practice for healthy smile’ than our own Rtn Dr Sanjay Kalra as the keynote speaker, and a renowned dental surgeon. He was formally introduced by PP Rtn Dr Balram Gupta. An alumnus of New York University, Dr Sanjay Kalra has several academic and professional achievements in the field of dentistry. He is an internationally certified clinician and mentor, and adopting latest technology and treatment techniques as also strictly adhering to the ethics of dental practice. He has been a pioneer in introducing implant practice in the country, first to receive training and work on CAD/CAM CEREC machine in India and first to use Dental Lasers and Nobel clinician software for virtual planning of implant surgery. A graduate from Maharishi Dayanand University, Rohtak, Post Graduate in Prosthodontics from Guru Nanak Dev University; Amritsar and a Post Graduate certificate in Aesthetic Dentistry from New York University (USA), he is having professional achievements and recognitions to his credit from many institutions from within India and abroad. He has also served for 20 years as Principal, Professor, PG guide and HOD in BRS Dental College, Sultanpur. His articles have been published in many journals and newspapers.

A Rotarian of our Club since February 2016 Dr Sanjay Kalra has been taking active part in our projects, holding dental camps along with his spouse Rtn Dr Rita Kalra, our Club President (2017-18). Their daughter Aarushi is doing Ph.D in USA and son Dr Ruchir is Prosthodontist and Implantologist, having done MDS and other courses abroad, is further bringing new ideas and maxillofacial techniques including cosmetic restoration of ears, nose and eyes. Dr Kalra’s NABH Accredited clinic covering 5500 sq feet on two floors in Sector 5, Panchkula is one of the most sophisticated and aesthetic dental treatment centers of North India, offering complete cosmetic makeovers, and healthy smile!

Dr Kalra gave a colourful and informative presentation about the technology which has brought exciting advances in dentistry. The modern technology helps patients to get painless and stress free dental treatment which is best suitable to patient’s needs. He also talked about pre-wedding dentistry, gum diseases and laser dental treatment. Pre-wedding dentistry is getting popular as brides and grooms like to get dental care and cosmetic makeover before the wedding so that they have white teeth and healthy smile. He also discussed the modern concept of implants over dentures and framework with individual crowns.

Dr Kalra advised brushing of teeth after every meal, do not eat sweet or sticky food in between meals, eat foods that have vitamins and minerals, use trusted dental aids and visit your dentist after every six months. Rtn Dr Nitin Mathur thanked Dr Sanjay Kalra for impressive presentation.
Inspirational thought by Rtn Nitin Kapur

Vote of thanks by Rtn Dr Nitin Mathur

Announcements by Secretary Salil Chopra

Rtn Dr Sanjay Kalra presents punctuality award to PE Rtn Salil Dev Bali

Rtn Dr Sanjay Kalra presents birthday gifts to Rtn Ritu Bhatia joined by Rtn Sanjay Bhatia, R'ann Pushpa Jawa joined by PP Vinod Jawa and R'ann Dr Manjushri Sharma joined by Rtn Dr Anurag Sharma. Looking on is President Ashok Puri

Signature Project at Peermushalla, Zirakpur

Boundary wall of the Primary School is completed. Mid day meal hall is under construction

Skill Development Project

Courses under progress at CCET (Diploma Wing)

PRERNA - RI DISTRICT 3080 CONFERENCE
Venue: Inderhanush Auditorium Sector 5, Panchkula
Date: 23rd & 24th February 2019
Host Club: Rotary Chandigarh

Registration Details:
Up to 31st December 2018
Rs 2900 (Single) Rs 5000 (Couple)

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Spot registration: Rs 3500 (Single) Rs 6000 (Couple)

Please Contact:
Secretary Rtn Salil Chopra or Office Secretary VP Sharma
President Rtn Ashok Puri’s Thought of the Week
A mistake which makes you HUMBLE is much better than an achievement that makes you ARROGANT.

Tailoring Centre at Faida village

PP Kanan Diwan, PP Vinod Jawa, President Ashok Puri and PP Amarjit Singh at Rotary Literacy & Tailoring Centre Faida which completes six years. Certificates were given to 10 successful students. Stationary items were also distributed. Students presented a culture program and a skit on importance of education.

Dental and Eye check-up camp followed by talks at Aashiana

On 16 December 2018 dental treatment of 148 inmates of Aashiana orphanage in Sector 15, Chandigarh was completed, and concluded by delivering talks on Swachta and water saving by Rtn Salil Chopra, oral hygiene talk by Rtn Dr Sanjay Kalra and hand washing demonstration by IPP Rtn Dr Rita Kalra. Eye check-up of 103 inmates was organised by Rtn Dr Indu Luthra. Oral hygiene kits and biscuits were distributed to all the children. President Rtn Ashok Puri, First Lady R’ann Sudha Puri, PP Rtn RTPS Tulsi and Rtn Dr Indu Luthra graced the occasion.
Acknowledgement with Thanks
Donations for Primary School, Peermushalla
R’ann Asha Aggarwal Rs 1000
Rtn Rajiv Aggarwal Rs 1000
Donations for shoes for needy students
Rtn Viney Aggarwal Rs 2000
PP Rtn Indrajit Sengupta Rs 2000
President Rtn Ashok Puri Rs 1000
Rtn Dr Indu Luthra Rs 1000
Rtn Prof Rana Nayyar Rs 1000
Rtn Dr Anurag Sharma Rs 5000
Birthday of Spouses
R’ann Neeta Munjal December 23
R’ann Santosh Gupta December 25

Birthday of Rotarians
Rtn Dr Nitin Mathur December 23
Rtn Ravinder Krishan December 24
Rtn Vinod Sobti December 24
PP Rtn Dr Kesho Ram Gupta December 25

Wedding Anniversary
Rtn Dr Manisha & Dr Rohit Sahni December 24
R’ann Manik & PP Rtn Gurdeep S Deep December 27
R’ann Anchana & Rtn Dr Nitin Mathur December 27

Punctuality Award
Won by PE Rtn Salil Dev Bali

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