Our heartfelt condolences to R'ann Herpreet Gill on the sad demise of PP Rtn Col AJS Gill on 5th January 2019. Col Gill was President of our Club in 1995-96 and received the Best President Award from the District Governor. He was also the Member of Paul Harris Society. May God grant eternal peace to the departed soul and solace to the bereaved family to bear this irreparable loss.

Volume XXXXIII No. 31 Dated: January 29, 2019

PROGRAMME
Service through flying

Chief Guest:
Rtn Dr Ravi Bansal
Rotary Club of Buffalo, New York (USA)

Date: February 01, 2019 (Friday)
Time: 06.30 pm
Venue: Hotel Shivalikview
Sector 17, Chandigarh

Eye Ailments in the Aging Population

In our regular meeting on January 25, 2019 President Rtn Ashok Puri welcomed the chief guest Dr Vanita Gulati, d/o Rtn Dr Indu Luthra and Late Rtn Col Dr Jawahar Luthra. She was introduced by PP Rtn Pallav Mukherjee. Dr Vanita Gulati belongs to a reputed family of eye surgeons starting from her great grandfather, grandfather, father and other family members. Her mother is the backbone of the family, who is doctor of literature. Vanita did her schooling in Loreto Convent, Delhi. She did MBBS from CMC Ludhiana and post graduation in ophthalmology from University Hospital of Bergen, Norway. She has specialization in refractive surgery – LASIK. She is one of the first in Scandinavia to do cross linking of cornea for Keratoconus and Topographic guided PRK. Dr Vanita is married to an ENT Surgeon Dr Shashi Gulati. She has two sons. Younger one Sahil, after passing MBBS, is doing residency. The elder one, Ankush is consultant in nuclear medicine. Married to Dr Rachana, they have been blessed with a little princess. In her educative and wonderful presentation Dr Vanita Gulati explained about the anatomy of eye. She gave details regarding Common age-related eye diseases: Cataract, Age-related Macular Degeneration, Glaucoma, Diabetic eye disease, Dry Eye and Low vision.

Dr Vanita discussed the symptoms, causes, treatment and also proper diet for these diseases. She also had a vibrant interactive discussion with Rotarians.
Dr Vanita Gulati presents gifts from Norway to President Ashok Puri, Secretary Salil Chopra, PP Pallav Mukherjee, IPP Dr Rita Kalra and Editor PP Dr VJS Vohra who is joined by Rtn Dr Indu Luthra, R’ann Indu Vohra, Rtn Prof Dr IS Dua and R’ann Dr Joginder Mukherjee.

Dr Vanita Gulati presents wedding anniversary gifts to R’ann Maniki & PP Rtn Gurdip Deep and R’ann Pushpa & PP Rtn Vinod Jawa.

Welcome our New Rotarian

Introduced by PP Rtn RK Goyal, PDG Shaju Peter inducts new member Subhash Jimdal, accompanied by his wife Kavita, daughter and father.

Vocational Awards for beyond the call of duty

Introduced by Director Vocational Service PP Vinod Jawa, Vocational Awards were presented to Fireman Naveen Kumar, Electrician Vishnu, Head Constable Gurdev Singh, Head Constable Gurdhlian Singh and Ms Lucky Sharma - with Chief Guest Dr Vanita Gulati, President Ashok Puri and Secretary Salil Chopra.
On 26.01.2019 at Govt High School Sector 30 Chandigarh, President Ashok Puri and Secretary Salil Chopra addressed the students, who along with Principal Harjinder Kaur and Staff of the school took oath for swachhta. Rtn Renu Chopra was also present. Ladoos and bread pakoras were served to all present at the assembly.

**Talk on eye awareness**

Lecture on perfect eyesight on 22.01.2019 for students of Government High School Sector 30 Chandigarh by Dr Vanita Gulati in presence of her mother Rtn Dr Indu Luthra and Rtn Salil Chopra. Similar talk was given by Dr Vanita at Govt Sr Sec School in Raipur Khurd and also in other Schools.

**Annapurna Food Service**

Sponsored by Rtn Dr Indu Luthra and her daughter Dr Vanita Gulati near Nada Sahib Gurudwara for 140 children and mothers. Present: President Rtn Ashok Puri, Secretary Rtn Salil Chopra and Rtn Renu Chopra.

**Republic Day Celebrated**

On 26.01.2019 at Govt High School Sector 30 Chandigarh, President Ashok Puri and Secretary Salil Chopra addressed the students, who along with Principal Harjinder Kaur and Staff of the school took oath for swachhta. Rtn Renu Chopra was also present. Ladoos and bread pakoras were served to all present at the assembly.

**Beti bachao beti padao**

Skit was performed by DAV PPS School students on ‘National day for the girl child’ on 24th January 2019 at Sector 6 Hospital Panchkula in the presence of IPP Dr Rita Kalra and Rtn Shuchi Thakur.

**Appreciations from UK for our Bulletin**

From: Mohan Khera <mohankhera@btinternet.com>
Date: Tue, Jan 22, 2019 at 4:52 PM
Subject: Re: Rotary Club Chandigarh Midtown Online e-Bulletin No. 30 dated January 22, 2019
To: Dr. V.J.S. Vohra <drvjsvohra@gmail.com>
Dear Dr VJS,
Good Morning.
I thoroughly enjoy receiving and reading the most comprehensive and well laid out Club Bulletin The Midtowner.
Huge Congratulations to you and the Team behind its regular quality publication each week.
Best regards & greetings to all fellow Rotarians of Rotary Club of Chandigarh Midtown
Mohan Khera
PP RC Wollaton Park

**Thought on Inspiration and Four Way Test**

Our Signature Project

Satisfactory progress of construction work at Govt Primary School, Peermushalla

**PPT Vinod Jawa**

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Acknowledgement with Thanks
Rtn Dr Indu Luthra and her daughter Dr Vanita Gulati for serving snacks in the meeting on 25.01.2019

Birthday of Spouses
R’ann Neena Seta
February 03

Birthday of Rotarians
PE Rtn Salil Dev Bali
February 03
Rtn Mrs Davinder K Singh
February 06
PP Rtn TS Anand
February 07

Wedding Anniversary
Rtn Dr Anureet & Mr RKS Bhatti
February 01
R’ann Asha & Rtn Rajiv Aggarwal
February 02
R’ann Bir & PP Rtn Ajit S Gulati
February 04
R’ann Raspal & Rtn Kulvinder Singh
February 04
Rtn Suman & Mr Naresh K Gupta
February 05

President Rtn Ashok Puri’s Thought of the Week
Doing good for others is not duty. It is joy. It increases your health and happiness

Punctuality Award
Won by PP Rtn Guridip S Deep

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Rtn Salil Chopra

Rtn Amarjit Singh

PP Rtn. Er. R. K. Luther

PP Rtn. T.S. Anand

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PDG Rtn. Shaju Peter

Rtn. A.K. Puri

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