In our meeting on August 23, 2019 President Rtn. Salil Dev Singh Bali wished, “Janamasthami ke pawan afsar per aap sab ko bahut mubarkein.” He welcomed son-in-law of Rtn. Dr. Indu Luthra, Dr. Rajeev Deveshwar MD, FRCS Neuro endovascular / Neuro interventional Surgeon to share his 25 years of practice in USA. President Salil also welcomed Immediate Past DRR Rtr. Gurung Gupta and other Rotaractors.

Dr. Rajeev Deveshwar was formally introduced by his sister-in-law, PP Rtn. Kavita Vij of Rotary Club of Delhi South Metropolitan, Past AG of RI District 3011. Rajeev was born in Kenya, one of the identical twins, also married to a twin, Dr. Sangeeta D/o Rtn. Indu Luthra. He did lower schooling in Africa and high school from UK. He did MBCPB (MBBS) from Liverpool Medical College and FRCS from Edinburg in surgical neurology. Dr. Rajeev moved to USA and was trained as a neuro interventional surgeon from University of Illinois, Chicago. He is married to Dr. Sangeeta who is a cardiologist in Chicago. They are blessed with a son who is doing P.hD in artificial intelligence in University of California.

Talking about Stroke, Dr. Rajeev said it is a very important subject which he explained through an informative presentation.

A stroke occurs when the blood supply to part of your brain is interrupted or reduced, depriving brain tissue of oxygen and nutrients. Within minutes, brain cells begin to die. A stroke is a medical emergency. Prompt treatment is crucial. Early action can minimize brain damage and potential complications. Strokes can be treated and prevented if attended to promptly. Dr. Rajeev advised that immediate medical attention is required and without wasting any time the patient should be taken to the doctor.

Symptoms of having a stroke are; 1. Trouble with speaking and understanding, confusion, slur of words or have difficulty understanding speech. 2. Paralysis or numbness of the face, arm or leg. Also, one side of mouth may droop when trying to smile. 3. Trouble with seeing in one or both eyes, blurred or blackened vision in one or both eyes, or seeing double. 4. A sudden, severe headache, with vomiting, and dizziness. 5. Trouble with walking, stumbling or sudden dizziness, loss of balance or loss of coordination.

Dr. Rajeev discussed the risk factors: high blood pressure, smoking, obesity, poor diet, high cholesterol, diabetes, cardiovascular disease, family history, age, race, gender etc.

Before concluding Dr. Rajeev advised all Rotarians that they should create public awareness about stroke.

Thanks to Rtn. Indu Luthra for hosting fellowship after the meeting.

PP Rtn. Anil Mehan presents a memento to Dr. Rajeev Deveshwar. Looking on are President Salil Bali and Rtn. Kulbir Singh Bhatia

Welcome address by President Salil Bali  PP Kavita Vij introduces the chief guest Vote of thanks by PP Anil Mehan
President Salil Bali thanks PP Rtn. T.S. Anand who presents Oticon Behind the Ear hearing aid to 20 year old Anu d/o a cobbler from High Court premises, costing Rs. 36000. PP Anand gave 50% discount. Balance Rs 18000 donated by Rotarians (See page 03)

President Salil Bali and PP Rtn. Deepak Sood present microloan cheques. Beneficiaries are Ajay Kumar, Sandeep, Wahida Begum and Kiswar (Rs. 30000 each), respectively guaranteed by PP RK Luther, PP Dr. Rita Kalra and PP Prem Anand.

Dr. Rajeev Deveshwar presents punctuality award to Rtn. Viney B. Aggarwal, joined by R’ann Beena Aggarwal. Looking on are President Salil Bali and Rtn. Kulbir S. Bhatia.

Dr. Rajeev Deveshwar presents birthday gifts to L-R: PDG Rtn. Shaju Peter, Rtn. Tejbans Jauhar, Rtn. Raj K. Khattar joined by R’ann Neeru Khattar (PDC, IW) and R’ann Asha Vats joined by Rtn. Subhash Vats. Looking on are President Salil Bali and Rtn. Kulbir S. Bhatia

Membership Development Seminar at Panipat on August 25, 2019

Keynote Speaker PRIP R.K. Saboo, DG Jitendra Dhingra, Chief Guest PDG Ashok Gupta, Guest of Honour DG Dr. Sameer Hariani RID 3190, PDG Manmohan Singh, PDG T.K. Ruby and DGN Ajay Madan

addressed the seminar on membership development. Over 800 registrations, Rotarians were explained how to get more members in our Rotary Clubs by creating better Rotary image, with emphasis on retention by doing good projects, interesting meetings and enjoyable fellowship.

Our two new members Rtn. Pradeep Sisodia and Rtn. Sunil Kumar Sahore were recognized by DG Jitendra Dhingra by garlanding them, as they represented our Club in the seminar, along with President Salil Bali, AG PP Pallav Mukherjee, PP Dr. V.J.S. Vohra, PP R.T.P.S. Tulsi, PP Deepak Sood, Secretary Nitin Kapur, Rtn. Jeeten Bhambr and Rtn. Kulbir Singh Bhatia.
**Installation of our 8th Rotaract Club of Soch in our regular meeting on August 23, 2019**

Rotaractors including IPDRR Rtr. Gurung Gupta with Chief Guest Dr. Rajeev Deveshwar, President Rtn. Salil Bali, Director Youth Service Rtn. Renu Chopra and Director Community Service Rtn. Kulbir Singh Bhatia

**Swachta drive**

On 24.08.2019 water saving and swachta campaign held at Chandigarh railway station and on 25.08.2019 swachta and save environment at Shivalik Garden Manimajra along with 11 Rotaractors from Le Corbusier

**Flag exchange**

Rtn. Dr. Shashi Jain attended meeting of Rotary Club Livingston, USA on 21 August 2019 and exchanged club flags. She says, “Dr. Vohra our bulletin was really appreciated. All the members were surprised as to how able to print every week”

**Mission pink**

Health Anemia testing for 160 adolescent girls of 11th and 12th class of Vedic Girls High School Manimajra and Career Counseling by PP RK Luther, PP Dr. Rita Kalra and Rtn. Renu Chopra

**Skilling the Youth**

Career guidance for skilling young women in vocational courses at Vedic Girls School by team of Counselors on 21.08.2019

**Acknowledged with thanks**

| Donation for Club Projects | Rs. 5100 |
| Donation for hearing aid for Anu | Rs. 3000 |
| Rtn. Rajinder Rai | Rs. 3000 |
| Rtn. Shuchi Thakur | Rs. 3000 |
| PP Rtn. Dr. Rita Kalra | Rs. 3000 |
| First Lady R’ann Parul Bali | Rs. 3000 |
| PP Rtn. Pallav Mukherjee | Rs. 2000 |
| Rtn. Surjit S. Mann | Rs. 2000 |
| Rtn. Madhu Sudan Manaktala | Rs. 1000 |
| Secretary Rtn. Nitin Kapur | Rs. 1000 |

**Birthday of Spouses**

- R’ann Beena Aggarwal: September 04
- R’ann Parveen: September 05

**Birthday of Rotarians**

- PP Rtn. Pallav Mukherjee: September 02
- Rtn. J.S. Bawa: September 03
- PP Rtn. Harish C. Serhi: September 04

**Punctuality Award**

Won by Rtn. Viney B. Aggarwal
Rtr. Dr. Ruchir Kaira on student exchange by Indian Prosthodontic Society at Tokushima University exchanged flags on 21.08.2019 with Rotary Club Tokushima. He was hosted for dance festival and dinner.