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Programme: - Friday, Mar. 14, 2008

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## EMERGING TRENDS IN SCHOOL EDUCATION

Speaker: - Mrs. Komal Singh, Principal The Millennium School

Venue: - Hotel President, Sector 26, Chandigarh

Time : - 6.30 PM

### Positive and Purposeful Communications Lead to Understanding

Ms Rajshree Sarada, the speaker in the weekly meeting of Mar 07, spoke on the very popular subject of Relationships in the 21<sup>st</sup> century.

PP Rtn Harish Sethi introduced the speaker. Ms Sarada topped in psychology in All India CBSE from Scindia Girls School Gwalior, and went on to complete the Post Graduation in psychology from Delhi University. Thereafter she attended an advanced Course in Psychological Counseling from the Institute of Health Care Administration Chennai. She has been a practicing psychologist and a journalist ever since. She contributes to and runs her own columns in many national newspapers and journals. She is a consultant to many schools in Chandigarh i.e. St. Stephens, DAV Public School in Sector 8, Saupins, Strawberry Fields, and Ryans International. She appears regularly on TV shows and FM 92.7, Chandigarh. Ms Sarada has the unique experience of working as a counselor on marital disputes in the Lok Adalat of the Punjab and Haryana High Court.



She related a life time real event as her motivation to study and develop the inter human relationships. It was the death of her cousin, under unnatural circumstances and its aftermath within the family and the friends that put her to the path of exploring ways and means to counsel the affected humans with disturbed relationships.

Good relations need work, may be one sided and it will succeed to smoothen the relations and develop a healthy and happy way of life.

From the earlier times, men have been the hunters and providers to the family and women were there to bring up the children and look after the running of the household and fulfill the needs of the provider. The twentieth century saw changes in this pattern and the changes have come to fructify in the twenty first century. The main change has been

that the women of the twenty first century have also become the hunters and the providers to the family. This pattern of change developed early in the western world and there are numerous examples of families there that have reversed the traditional roles of men

and women. In India, however, though the women have begun to enter the role of the provider to the family but she still continues to cook, look after the children and other chores of the household. The men, in India, have not yet taken over the traditional role of the women in cases where women have also joined the men as hunters and providers to the family. This pattern, in India, has put a heavy burden on the work schedules of women. She said that she is sure that the pattern will change and the Indian men will also start sharing the duties of hunter-women towards looking after the children and the household.

She laid down four directives to build and sustain a healthy and happy relationship. The are: -

1. Purposeful communications.
2. Right understanding.

3. Positive thinking and actions.
4. Tolerance and forgiveness. Accept responsibility and practice forgiveness.

She narrated an example of purposeful communications, right understanding, positive thinking, tolerance and forgiveness through an incident in a restaurant where the family had gone for a meal. Her brother ordered the food and waited for the service. In the meantime another group came occupied the table next to their table. Their order for the food was served but her brother and the family group were still waiting for their order of food. The brother got angry, called the waiter and protested against the delay. More time passed and still there was no sign of their food and the group on the next table was enjoying their food. So, the brother called the manager and asked the reasons for the delay. The




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Gift for the Happy Birthday Boy



Memento for the Punctuality Draw Winner

manager, in a typical customer is always right fashion, explained that the food on the next table was a fast food order and that our food is a fine food order and hence time gap. This subsided the brother's anger and the tension of being discriminated disappeared. The

food was served and we enjoyed it happily.

She said that, in her counseling career, there are numerous cases where the four principles, enunciated above, when practiced sincerely and truthfully, have solved the issues of many disturbed families.

There were many questions and heated discussions and it became a very participative and interactive session. The question, by one of our new members, regarding the need to make our children aggressive in today's world, gave rise to a full-throated discussion. The learned speaker, very calmly, explained that aggressive attitudes are not desirable any where, but assertive attitudes should be the order of the day, keeping in view the four principles enunciated above.

The discussion ended with a comment from the President that this was, perhaps, the most interactive session in our weekly meetings, and hoped that there would be more occasions to discuss the subject with the experienced and learned experience.

PP Rtn Pallav Mukherjee proposed the vote of thanks and, on behalf of the club, presented a memento to Mrs. Rajshree Sarma.

## The Strategic Plan (Contd.)

The Rotary International Board of Directors has approved a 2007-10 strategic plan that establishes the mission, the vision core values and priorities of Rotary International. The core values are service, fellowship, diversity, integrity and leadership.

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others, promote high ethical standards, advance world understanding, goodwill, and peace through its fellowship of business, professional and community leaders. The vision must be universally recognized for our commitment to Service Above Self to advance world understanding, goodwill and peace.

**Priorities.**

1. *Eradicate Polio.*
2. *Advance the internal and External recognition and public image of RI.*
3. *Increase Rotary's capacity to provide service to others.*
4. *Expand membership globally, in numbers and quality.*
5. *Emphasize Rotary's unique vocational service commitment.*

6. *Optimize the development and use of leadership talents within RI.*
7. *Fully implement the strategic planning process to ensure Continuity and consistency throughout the organization.*

The Rotary Foundation has established a Future vision which will be given in the next issue of this bulletin.

Nostalgic glimpses from the Conference of Sharing - The District Conference RID 3080



The National Anthem

**Congratulations Hundred Percentors - Feb., 08**

- |                                |                               |                               |
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