



The Midtowner

Weekly Bulletin of Rotary Chandigarh Midtown

R.I. President Ian H.S. Riseley

President Dr. Rita Kalra

Secretary Jeeten Bhambari **District Governor** T K Ruby

Editor PP Dr. V.J.S. Vohra

Volume XXXXII No. 38 Dated: March 20, 2018

PROGRAMME

Certification of Vocational Courses at CCET

Chief Guest: Ms. Sanjana Arora, Principal Chandigarh College of Engg & Tech (Diploma Wing), Sector 26, Chandigarh

Date: March 23, 2018 (Friday) | Time: 6.30 p.m. | Venue: Hotel Shivalikview, Sector 17, Chandigarh

District 3080 Conference

Lead Host: Rotary Club Chandigarh Midtown. Co-Hosts: Rotary Club Himalayan Ranges - Mansadevi and other Rotary Clubs of Tricity



'The Flight' by Rotary International flagged off

daan: The Flight,' a District 3080 organised by the Rotary International District 3080 in Chandigarh on Saturday, to celebrate and acknowledge the contributions of eminent dignitaries towards the betterment of society.

At the event, people who were honoured include Rajya Sabha MP KTS Tulsi, PGIMER director Prof Jagat Ram, joint secretary and PM's EAC Sumita Misra, and joint commissioner of GST audit commissionerate Aman Garg. The conference started with national anthem being sung, followed by lighting of the ceremonial lamp. A performance by given by classical dancer Suchitra Mitra. The conference is aimed at highlighting the problems of lack of women safety, besides recognising the selfless efforts of dignitarie

Tulsi delivered a welcome address, representing the conference chair. District governor Tarsem K Ruby addressed the audience and expressed his joy to have put together the large conglomeration of Rotarians at district level. The address of PDG Rtn Mukesh Arneja, Rotary International president Ian H.S Risley's representative, came next. He spoke about the legacy of Rotary International in solving critical problems that plague the world. He talked about the selfless contributions of Rotarians across globe

Nithya Shanti, a spiritual teacher, took the stage and through his unique concept, Joy Shop, explored the realm of relationships, et al; through the power of presence. "His words opened new perspectives towards life," said the attendees.

An interaction and vote of thanks marked the end of the first half of the day, followed by the award ceremony, more performances and announcements being made later in the day. On Sunday, there will be a

special initiative 'A walk and a talk', to focus on the critical issue of women safety.

A mini-marathon, starting from Yavnika Park at 8am, is aimed at stopping crime against women, registration for which will be on the spot.

This will be followed by a talk at Indradhanush Stadium at 11.15am.





Address by Chief Guest His Excellency Prof. Kaptan Singh Solanki, Governor of Haryana

Rotary International President Ian Riseley's Representative, PDG Mukesh Arneja was accompanied by his wife Mrs. Simmi. He is member of Rotary Club of Delhi North, RI District 3012.

Memento was presented by Past Rotary International President Rajendra K. Saboo to the Chief Guest Governor of Haryana Prof. Kaptan Singh Solanki.



Floral welcome to RIPR PDG Mukesh Arneja and Mrs. Simmi Arneja by District First Lady Rtn. Veeta Sharma and DG T.K. Ruby



Address by RIPR PDG Rtn. Mukesh Arneja



city ife Sunday, March 18, 2018

ANDI GEDI

सम्मान के साथ शुरू हु

Conference

शनिवार को दो दिवसीय रोटरी इंटरनेशनल डिस्टिक्ट 3080 की कॉन्फ्रेंस शुरू हुई। रोटेरियंस ने चार शख्सियतों को नवाजा।

सिटी रिपोर्टर | चंडीगढ़

पीक्युआर एक टेक्नीक है जिसके जरिए आप किसी भी परिस्थिति में षुटकारा पा सकते हैं। इसका मतलब है पांज क्लेक्टर पॉज, क्वेश्चन और रिफ्लेक्शन। अगर कोई सवाल करता है तो पहले एक पॉज लें, बात सुनें और फिर सवाल करें। उसके बाद खुद को दशाएं। ऐसी दर्जनों बातें डिवाइन सेशन में नित्य शांति ने बताई। ताकि लोग अपने अंदर की खुशी और विज्डम से कनेक्ट करें। शनिवार से पंचकृला में रोटरी इंटरनेशनल डिस्ट्रिक्ट 3080 की एनुअल कॉन्फ्रेंस ठड़ान-द फ्लाइट शुरू हुई। इसमें छह शहरों से रोटेरियंस ने हिस्सा लिया। पहले दिन डिवाइन सेशन से शुरुआत हुई। इसे नित्य शांति ने कंडक्ट किया। फिर बुमन आईपीएम अफसर मीरन चड्डा ने बुमन एंपावरमेंट पर बात की।



पीजीआई के डायरेक्टर डॉ. जगतराम को राम्मानित करते हरियाणा के जथर्नर प्रो. कदान सिंह सोलंकी।

पोटो मस्क

उसके बाद श्रेयस अवॉर्ड सेरेमनी हुई। इसमें हरियाणा के गवर्नर प्रो. कप्तान सिंह सोलंकी मुख्य अतिथि रहे। उन्होंने चार शख्सियतों को सम्मानित किया।

नित्य ने बताया कि कैसे हम खुशहाल रह सकते हैं। अपनी

बोले- इसके लिए एक सिंपल तरीका फॉलो करना पड़ेगा। सुबह उठते ही हम यूं ही दस बातें सोचते हैं। इसमें अच्छी चीजें सोचें। वैसे बन जाओ जैसे कमल का फूल मिट्टी में खिलने से पहले होता है। अपने दोनों हाथों को बंद करो। फिर उन दस चीजों का जिंदगी में एक बैलेंस बना सकते हैं। ध्यान करते हुए अपनी उंगलियों को

कमल की तरह खोलो। ऐसा करने से काफी सुकून मिलेगा। आभार व्यक्त करने की भावना पर फोकस करें। कोई भी आपसे मिलता है तो उसका शुक्रिया अदा करें। सुबह उठकर पानी पीकर हाइड्रेट आउट करना चाहिए। रोजाना इस प्रोसेस को फॉलो करें। चार से छह गिलास पानी पीएं।

इन्हें भी मिला सम्मान







पीएमओं में पोस्टेड डॉ. सुमिता मिश्रा को सोशल वेल्फेयर ओर सिट्चर को बढावा देने



कम उस में अपने योगदान के लिए आईआरएस ऑफिसर असन गर्ग को यंग अधीयर्स अवॉर्ड।

हर किसी की कोशिश होनी चाहिए



नित्य बताते हैं- हर किसी को अच्छा विस्तातर बात्रों की कोशिय करती चारिए। बातों से जवादा यह समझे कि वह क्या महसूस कर रहे हैं। इसके पीछे कारण क्या है। अपनी समझ को चेक करने के साध खुद का ओकसन करें। हर एक घंटे में 10 bs के लिए अंखें बंदकर आरापात के लोगों को लय विश्व भेजना सुविंग रहता है। विदर्भी में सिर्फ एक ही चीज पर फोकत व अटेशन हो और यह जरूरी नहीं है कि दिन के सभी पत्नें में हम कुछ न कुछ सोचें ही।

Shreyas Awards

Professor Jagat Ram - Director PGIMER: Tremendous contribution towards humanity through untiring efforts in the field of Ophthalmology



Mr. K.T.S. Tulsi - Member of Parliament (Rajya Sabha):

Tremendous contribution towards humanity through untiring efforts in the field of Criminal Law and Public Interest Litigation

Ms. Sumita Mishra - Joint Sedretary PM's EAC: Tremendous contribution towards humanity through untiring efforts in the field of Social Welfare and Literature



Mr. Aman Garg – Joint Commissioner, GST Audit Commissionerate:

Tremendous contribution towards humanity through untiring efforts in the field of Indian Revenue Services at very young age





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Rtn. Salil Chopra

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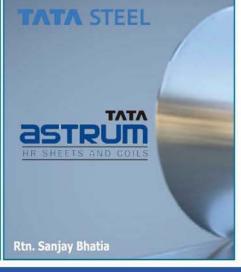




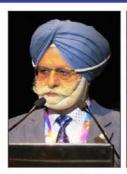
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Welcome address
by Conference
Chairman
PP Rtn. R.T.P.S.
Tulsi



Words of Wisdom by District Trainer PDG Rtn. Ramesh Bhargava



Conference address by District Governor Rtn. Tarsem K. Ruby



Conference conducted on both days by Lead Host Club President Rtn. Dr. Rita Kalra



Announcements
by District
Secretary
PP Rtn. Ajay
Madan



Introduction of RFE team from Thailand by PP Rtn. Harish Sethi, Chair RFE District

Friendship Exchange Team from Thailand attend District 3080 Conference



PP B.L. Ramsisaria gives floral welcome
to PP Anchalee Amornsin, Chairperson
Rotary Friendship Exchange
RI District 3330,
Thailand and RFE Team
Leader PP Damrong Sirakovit,
who gave a picturesque video
presentation about his country



Counsellor RFE District 3080 PDG D.P. Kalra with RFE team from Thailand: PP Damrong Sirakovit, PP Anchalee Amornsin, PDG Ratmanee Tanyingyong, PP Chatchawal Telavanich, PAG PP Pornsoemsiri Rangsisukanon, PP Pramoth Arnamwat and Ms Manthana Arnamwat

PP Rtn. T.S. Anand



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Blood donation camp at District Conference in collaboration with Ojas Hospital. R'ann Saroj Jain donated blood





Rotarians and Anns from Chandigarh Midtown, large participation in District conference



Session on future of Rotary 3080. On the dias: DG T.K. Ruby, DGN Jitendra Dhingra, PDG Shaju Peter, PDG Madhukar Malhotra and DGE Praveen Goyal



A Divine performance by Ms. Suchitra Mitra troupe



DGP Haryana Mr. B.S. Sandhu with other Police officers, walked together with RIPR PDG Rtn. Mukesh Arneja, DG Rtn. T.K. Ruby, DGN Rtn. Jitendra Dhingra and many Rotarians to show solidarity for Women Safety and Dignity. They walked from Yavnika Park to Indradhanush Auditorium



This event was organized by Rotary to show deep concern and support to protect woman and stop crime against them.



As Convener, President Dr. Rita Kalra held a very meaningful panel discussion on our responsibility to stop crime against women. The panelists were: Commissioner of Police Panchkula Mr. A.S. Chawla (IPS), ASP Dr. Ms. Anshu Singla, MLA Kalka Mrs. Latika Sharma, Dr. Upneet Lalli who is a Dy. Director in ICA, Chandigarh and Senior Law Professor in Panjab University, Chandigarh Dr. Shuruti Bedi (D/o of PP Dr. Balram Gupta). Earlier, in her talk DGP from Maharashtra Mrs. Meeran Chadha Borwankar (IPS) emphasized the need of having more women personnel in police as they can communicate much better with lady victims.



Sajda - a melodious evening of music, singing and poetry by Vijai Vardhan and Padamjeet Sherawat



RIPR PDG Mukesh Arneja with PDG J.P.S. Sibia PP B.L. Ramsisaria and PDG Shaju Peter



DG T.K. Ruby presents a memento to PP R.T.P.S. Tulsi in appreciation of his excellent role as Conference Chair



DG T.K. Ruby presents a memento to Rtn. Kulvinder Singh for his role in the conference





RIPR PDG Mukesh Arneja complimented Editor PP Dr. V.J.S. Vohra as he is regularly receiving our weekly club bulletin, which he has recommended to other clubs also



DG T.K. Ruby presents a memento to PP Deepak Sood for his support in the conference



District First Lady Rtn. Veeta and DG T.K. Ruby present a memento to President Dr. Rita Kalra for our club's support as Lead Host

Hindustan Times e-Paper - Chandigarh - 19 Mar 2018 - Page #21

'Udaan: The Flight' by Rotary International concludes in tricity



Governor of Haryana Prof. Kaptan Singh Solanki and Past RI President Rajendra K. Saboo with Shreyas awardees, DG T.K. Ruby and DGN Jitendra Dhingra

Rotary Friendship Exchange team from Thailand, RI District 3330













In the honour of Rotary Friendship Exchange team, on 13th March 2018 dinner was hosted by President Dr. Rita Kalra and Rtn. Dr. Sanjay Kalra in their award winning (15 times!) best garden of Panchkula, on the roof top of their residence.

RFF team from Thailand with H H Dalai I ama



On 15th March 2018 the RFE team were pleased to meet His Holiness Dalai Lama at Dharamshala. They were accompanied by PPRtn. Ritu Singal. This visit was organized by PPRtn. R.K. Luther, through the kind courtesy of his son-in-law, Mr. Tarun Kapoor, IAS, Addl. Chief Secretary, Government of Himachal Pradesh.

RFE team meet Past RI President Saboo



RFE team from Thailand were happy to meet PRIP Rajendra K. Saboo. They were accompanied by District 3080 RFE Chair PP Harish Sethi and President Dr. Rita Kalra



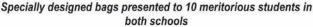
District Governor Nominee Designate: 2020-21

All Past Presidents registered and present in the District Conference were eligible for selection to nominating committee for election of DGND by draw of lots. District Governor Rtn. T.K. Ruby informed that District Nominating Committee which was constituted in accordance with the provision of District bylaws on the second day of District 3080 Conference on 18th March 2018, met in full strength under the Chairmanship of PDG Arun Sharma.

The DG said, "I hereby notify and place on record that the Committee after due deliberations, following the Rotary norms including the presentation by three candidates, has unanimously decided and resolved to nominate PP Ramesh Bajaj of Rotary Club Panipat as their choice for DGND 2020-21."

Inauguration of facilities provided under GG - Happy Schools







Provided sanitary napkins and dispenser/Incinerators
In both schools

On March 13, 2018 our club inaugurated facilities provided at Government Model School, Pocket No. 6 and Government High School, Indira Colony Manimajra, Chandigarh. On behalf the schools, Incharge Mrs. Pankaj Goyal and Headmaster Mr. Shashi Kumar welcomed the Rotarians and applauded Rotary for its service to the community. We also provided water filter to GHS, Indira Colony.

President Dr. Rita Kalra and IPPAmarjit Singh explained about the project and the specially designed school bags. MOUs were also signed with the school authorities. PE Ashok Puri, PP Vinod Jawa and Rtn. Renu Chopra were also present.

Farewell Dinner to RFE Team at Chandigarh Golf Club on 18th March 2018 hosted by Rotary Chandigarh Midtown



PDG Ratmanee Tanyingyong presents a token of appreciation to DG T.K. Ruby



RFE Team with District Governor Ruby and Rotarians of Chandigarh Midtown. President
Dr. Rita presented kits to all 7 members of the team



ROTARY CONVENTION, TORONTO ONTARIA, CANADA | 23-27 JUNE 2018 www.riconvention.org

Register by 31 March 2018 to take advantage of the pre-registration discount.



Microloan





President Dr. Rita Kalra and PP Prem Anand give cheque of Rs. 30000/- each to Gagandeep and Lavinderjit Kaur

Acknowledgement with thanks Contribution to Rotary Foundation

Rtn. Dr. Mrs. Harinder Jit Kaur US\$ 100 Birthday of Spouses

R'ann Dr. Sudha Jain

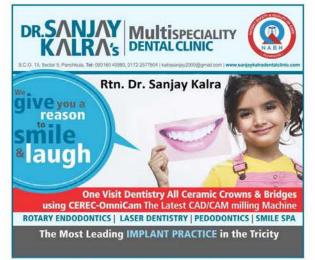
March 23

Birthday of Rotarians

Rtn. Rajiv Aggawal March 23 Rtn. Tej Mohan Singh March 24 Rtn, Anil K. Nagpal March 24 March 29 Rtn. Ajay K. Gupta

Wedding Anniversary

R'ann Tavinder & Rtn. J.S. Chopra March 24





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PDG Rtn. Shaju Peter

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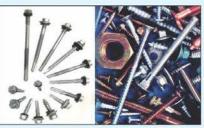
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