



# The Midtowner

Weekly Bulletin of Rotary Chandigarh Midtown

**R.I. President**  
Ian H.S. Riseley

**President**  
Dr. Rita Kalra

**Secretary**  
Jeeten Bhambari

**District Governor**  
T K Ruby

**Editor**  
PP Dr. V.J.S. Vohra

Volume XXXXII No. 38 Dated: March 20, 2018

## PROGRAMME

### Certification of Vocational Courses at CCET

Chief Guest: Ms. Sanjana Arora, Principal  
Chandigarh College of Engg & Tech (Diploma Wing), Sector 26, Chandigarh

Date: March 23, 2018 (Friday) | Time: 6.30 p.m. | Venue: Hotel Shivalikview, Sector 17, Chandigarh

### District 3080 Conference

Lead Host: Rotary Club Chandigarh Midtown. Co-Hosts: Rotary Club Himalayan Ranges – Mansadevi and other Rotary Clubs of Tricity



'The Flight' by Rotary International flagged off

Rotary International President Ian Riseley's Representative, PDG Mukesh Arneja was accompanied by his wife Mrs. Simmi. He is member of Rotary Club of Delhi North, RI District 3012.

Memento was presented by Past Rotary International President Rajendra K. Saboo to the Chief Guest Governor of Haryana Prof. Kaptan Singh Solanki.



Floral welcome to RIPR PDG Mukesh Arneja and Mrs. Simmi Arneja by District First Lady Rtn. Veeta Sharma and DG T.K. Ruby

'U daan: The Flight,' a District 3080 conference, was organised by the Rotary International District 3080 in Chandigarh on Saturday, to celebrate and acknowledge the contributions of eminent dignitaries towards the betterment of society.

At the event, people who were honoured include Rajya Sabha MP KTS Tulsi, PGIMER director Prof Jagat Ram, joint secretary and PM's EAC Sumita Misra, and joint commissioner of GST audit commissioner Aman Garg. The conference started with national anthem being sung, followed by lighting of the ceremonial lamp. A performance by given by classical dancer Suchitra Mitra. The conference is aimed at highlighting the problems of lack of women safety, besides recognising the selfless efforts of dignitaries.

Tulsi delivered a welcome address, representing the conference chair. District governor Tarsem K Ruby addressed the audience and expressed his joy to have put together the largest conglomeration of Rotarians at district level.

The address of PDG Rtn Mukesh Arneja, Rotary International president Ian H.S Riseley's representative, came next. He spoke about the legacy of Rotary International in solving critical problems that plague the world. He talked about the selfless contributions of Rotarians across globe.

Nithya Shanti, a spiritual teacher, took the stage and through his unique concept, Joy Shop, explored the realm of relationships, et al; through the power of presence. "His words opened new perspectives towards life," said the attendees.

An interaction and vote of thanks marked the end of the first half of the day, followed by the award ceremony, more performances and announcements being made later in the day.

On Sunday, there will be a special initiative 'A walk and a talk', to focus on the critical issue of women safety.

A mini-marathon, starting from Yavnika Park at 8am, is aimed at stopping crime against women, registration for which will be on the spot.

This will be followed by a talk at Indradhanush Stadium at 11.15am.



Address by Chief Guest His Excellency Prof. Kaptan Singh Solanki, Governor of Haryana



Address by RIPR PDG Rtn. Mukesh Arneja

citylife Sunday, March 18, 2018

**CHANDI GEDI**

**सम्मान के साथ शुरू हुई रोटरी की उड़ान**

**Conference**

शनिवार को दो दिवसीय रोटरी इंटरनेशनल डिस्ट्रिक्ट 3080 की कॉन्फ्रेंस शुरू हुई। रोटेरियंस ने चार शक्तिशालियों को नवाजा।

सिटी रिपोर्टर | चंडीगढ़

पीब्यूआर एक टेक्नीक है जिसके जरिए आप किसी भी परिस्थिति में छुटकारा पा सकते हैं। इसका मतलब है पॉज, क्लेरचन और रिफ्लेक्शन। अगर कोई सवाल करता है तो पहले एक पॉज लें, बात सुनें और फिर सवाल करें। उसके बाद खुद को दर्शाएं। ऐसी दर्जनों बातें डिवाइन सेरान में नित्य शांति ने बताईं। ताकि लोग अपने अंदर की खुरशी और बिज्जम से कनेक्ट करें। शनिवार से पंचकूला में रोटरी इंटरनेशनल डिस्ट्रिक्ट 3080 की एनुअल कॉन्फ्रेंस उड़ान-द फ्लाइट शुरू हुई। इसमें छह शहरों से रोटेरियंस ने हिस्सा लिया। पहले दिन डिवाइन सेरान से शुरूआत हुई। इसे नित्य शांति ने कंडक्ट किया। फिर यूमन आईपीएम अफसर मीरन चड्ढा ने यूमन एंगेजमेंट पर बात की।



• पीजीआई के डायरेक्टर डॉ. जगतराम को सम्मानित करते हरिद्वार के गवर्नर प्रो. कल्याण सिंह सोलंकी। फोटो: मन्वदर

उसके बाद श्रेयास अर्बाई सेरेमनी हुई। इसमें हरिद्वार के गवर्नर प्रो. कल्याण सिंह सोलंकी मुख्य अतिथि रहे। उन्होंने चार शक्तिशालियों को सम्मानित किया। नित्य ने बताया कि कैसे हम खुशहाल रह सकते हैं। अपनी जिंदगी में एक बैलेंस बना सकते हैं।

बोले- इसके लिए एक सिंपल तरीका फॉलो करना पड़ेगा। सुबह उठते ही हम यूं ही दस बातें सोचते हैं। इसमें अच्छी चीजें सोचें। जैसे बन जाओ जैसे कमल का फूल मिट्टी में खिलने से पहले होता है। अपने दोनों हाथों को बंद करो। फिर उन दस चीजों का ध्यान करते हुए अपनी उंगलियों को

कमल की तरह खोलें। ऐसा करने से काफी सुकून मिलेगा। आभार व्यक्त करने की भावना पर फोकस करें। कोई भी आपसे मिलता है तो उसका शुक्रिया अदा करें। सुबह उठकर पानी पीकर हड्डिटेड आउट करना चाहिए। योजना इस प्रोसेस को फॉलो करें। चार से छह गिलास पानी पीएं।

**इन्हें भी मिला सम्मान**



- सुप्रीम कोर्ट के ज्जाल व राज्यपाल एमपी केटीएस तुलसी को डिमिशन लॉ और पीआईएस में बेहतरीन काम के लिए।
- पीएमओ में फेस्टिव डॉ. सुमिता मिश्रा को रोशल केरेंचर और रिप्टेचर को बढ़ावा देने के लिए।
- काम उदा ने अपने योगदान के लिए आईआरएस ऑफिसर अमल गर्ग को योग्य अर्दीवर्स अवॉर्ड।

**हर किसी की कोशिश होनी चाहिए**



श्रेयास कहते हैं- हर किसी को अच्छा रिस्तर बनने की कोशिश करनी चाहिए। भारत में जगदा यह समझे कि वह क्या महत्तुस कर रहे हैं। इसके पीछे कारण क्या है। अपनी समझ को पेश करने के साथ खुद का अंकलन करें। हर एक घंटे में 90 सेकंड के लिए अच्छे बंधकट आनखल के लोगों को लव विथ ग्रेडुअल यूरिंग रहता है। जिनकी में सिर्फ एक ही चीज पर फोकस व अटेंशन हो और वह उनकी वहीं है कि दिन के सभी पलों में हम कुछ न कुछ लोवे ही।

**Shreyas Awards**



**Professor Jagat Ram – Director PGIMER:** Tremendous contribution towards humanity through untiring efforts in the field of Ophthalmology



**Mr. K.T.S. Tuli – Member of Parliament (Rajya Sabha):** Tremendous contribution towards humanity through untiring efforts in the field of Criminal Law and Public Interest Litigation



**Ms. Sumita Mishra – Joint Sedretary PM's EAC:** Tremendous contribution towards humanity through untiring efforts in the field of Social Welfare and Literature



**Young Achievers Award**  
**Mr. Aman Garg – Joint Commissioner, GST Audit Commissionerate:** Tremendous contribution towards humanity through untiring efforts in the field of Indian Revenue Services at very young age

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Rtn. Sanjay Bhatia



*Welcome address  
by Conference  
Chairman  
PP Rtn. R.T.P.S.  
Tulse*



*Words of Wisdom  
by District  
Trainer PDG  
Rtn. Ramesh  
Bhargava*



*Conference  
address by  
District Governor  
Rtn. Tarsem K.  
Ruby*



*Conference  
conducted on  
both days by  
Lead Host Club  
President  
Rtn. Dr. Rita Kalra*



*Announcements  
by District  
Secretary  
PP Rtn. Ajay  
Madan*



*Introduction of RFE  
team from  
Thailand by PP  
Rtn. Harish Sethi,  
Chair RFE District  
3080*

**Friendship Exchange Team from Thailand attend District 3080 Conference**



*PP B.L. Ramsisaria gives floral welcome to PP Anchalee Amornsins, Chairperson Rotary Friendship Exchange RI District 3330, Thailand and RFE Team Leader PP Damrong Sirakovit, who gave a picturesque video presentation about his country*



*Counsellor RFE District 3080 PDG D.P. Kalra with RFE team from Thailand: PP Damrong Sirakovit, PP Anchalee Amornsins, PDG Ratmanee Tanyinyong, PP Chatchawal Telavanich, PAG PP Pornsoemsiri Rangsisukanon, PP Pramoth Arnarnwat and Ms Manthana Arnarnwat*

PP Rtn. T.S. Anand

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Blood donation camp at District Conference in collaboration with Ojas Hospital. R'ann Saroj Jain donated blood



Rotarians and Anns from Chandigarh Midtown, large participation in District conference



Session on future of Rotary 3080. On the dias: DG T.K. Ruby, DGN Jitendra Dhingra, PDG Shaju Peter, PDG Madhukar Malhotra and DGE Praveen Goyal



A Divine performance by Ms. Suchitra Mitra troupe

Walk for women safety and dignity



DGP Haryana Mr. B.S. Sandhu with other Police officers, walked together with RIPR PDG Rtn. Mukesh Arneja, DG Rtn. T.K. Ruby, DGN Rtn. Jitendra Dhingra and many Rotarians to show solidarity for Women Safety and Dignity. They walked from Yavnika Park to Indradhanush Auditorium



**नारी का सम्मान – समाज की शान** उड़ान  
 The walk on 18th March, 2018 to show solidarity to Women Safety and Dignity at 8.00 a.m. at Yavnika Park  
 The Talk at Indradhanush Auditorium Sector-5, Panchkula

This event was organized by Rotary to show deep concern and support to protect woman and stop crime against them.



As Convener, President Dr. Rita Kalra held a very meaningful panel discussion on our responsibility to stop crime against women. The panelists were: Commissioner of Police Panchkula Mr. A.S. Chawla (IPS), ASP Dr. Ms. Anshu Singla, MLA Kalka Mrs. Latika Sharma, Dr. Upneet Lalli who is a Dy. Director in ICA, Chandigarh and Senior Law Professor in Panjab University, Chandigarh Dr. Shuruti Bedi (D/o of PP Dr. Balram Gupta). Earlier, in her talk DGP from Maharashtra Mrs. Meeran Chadha Borwankar (IPS) emphasized the need of having more women personnel in police as they can communicate much better with lady victims.



Sajda - a melodious evening of music, singing and poetry by Vijai Vardhan and Padamjeet Sherawat



RIPR PDG Mukesh Arneja with PDG J.P.S. Sibia  
PP B.L. Ramsisaria and PDG Shaju Peter



RIPR PDG Mukesh Arneja complimented  
Editor PP Dr. V.J.S. Vohra as he is regularly  
receiving our weekly club bulletin, which he  
has recommended to other clubs also



DG T.K. Ruby presents a memento to PP R.T.P.S. Tulsi in  
appreciation of his excellent role as Conference Chair



DG T.K. Ruby presents a memento to PP Deepak Sood for his  
support in the conference



DG T.K. Ruby presents a memento to Rtn. Kulvinder Singh  
for his role in the conference



District First Lady Rtn. Veeta and DG T.K. Ruby present a memento  
to President Dr. Rita Kalra for our club's support as Lead Host

DISTRICT 3080 CONFERENCE	
Rtn. PP R.T.P.S Tulsi	Conference Chairman
Rtn. PP Pallav Mukherjee	Conference Secretary
Rtn. Deepak Gupta	President, Governor's Home Club RC Himalayan Ranges-Mansa Devi
Rtn. Dr. Rita Kalra	President, Lead Host Club RC Chandigarh Midtown
Rtn. Manjit K. Hundal	President, Co-Host Club RC Chandigarh Shivalki
Rtn. Anup Agarwal	President, Co-Host Club RC Panchkula
Rtn. Rakesh Garg	President, Co-Host Club RC Panchkula Midtown
Rtn. Sahil Aggarwal	President, Co-Host Club RC Chandigarh City Beautiful
Rtn. Harvinder Singh	President, Co-Host Club RC Mohali

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*'Udaan: The Flight'* by Rotary International concludes in tricity



Governor of Haryana Prof. Kaptan Singh Solanki and Past RI President  
Rajendra K. Saboo with Shreyas awardees, DG T.K. Ruby and  
DGN Jitendra Dhingra

### Rotary Friendship Exchange team from Thailand, RI District 3330



In the honour of Rotary Friendship Exchange team, on 13<sup>th</sup> March 2018 dinner was hosted by President Dr. Rita Kalra and Rtn. Dr. Sanjay Kalra in their award winning (15 times!) best garden of Panchkula, on the roof top of their residence.

### RFE team from Thailand with H.H. Dalai Lama



On 15th March 2018 the RFE team were pleased to meet His Holiness Dalai Lama at Dharamshala. They were accompanied by PPRtn. Ritu Singal. This visit was organized by PPRtn. R.K. Luther, through the kind courtesy of his son-in-law, Mr. Tarun Kapoor, IAS, Addl. Chief Secretary, Government of Himachal Pradesh.

### RFE team meet Past RI President Saboo



RFE team from Thailand were happy to meet PRIP Rajendra K. Saboo. They were accompanied by District 3080 RFE Chair PP Harish Sethi and President Dr. Rita Kalra

### District Governor Nominee Designate : 2020-21

All Past Presidents registered and present in the District Conference were eligible for selection to nominating committee for election of DGND by draw of lots. District Governor Rtn. T.K. Ruby informed that District Nominating Committee which was constituted in accordance with the provision of District bylaws on the second day of District 3080 Conference on 18th March 2018, met in full strength under the Chairmanship of PDG Arun Sharma.

The DG said, "I hereby notify and place on record that the Committee after due deliberations, following the Rotary norms including the presentation by three candidates, has unanimously decided and resolved to nominate PP Ramesh Bajaj of Rotary Club Panipat as their choice for DGND 2020-21."

### Inauguration of facilities provided under GG - Happy Schools



*Specially designed bags presented to 10 meritorious students in both schools*



*Provided sanitary napkins and dispenser/incinerators in both schools*

On March 13, 2018 our club inaugurated facilities provided at Government Model School, Pocket No. 6 and Government High School, Indira Colony Manimajra, Chandigarh. On behalf the schools, Incharge Mrs. Pankaj Goyal and Headmaster Mr. Shashi Kumar welcomed the Rotarians and applauded Rotary for its service to the community. We also provided water filter to GHS, Indira Colony.

President Dr. Rita Kalra and IPP Amarjit Singh explained about the project and the specially designed school bags. MOUs were also signed with the school authorities. PE Ashok Puri, PP Vinod Jawa and Rtn. Renu Chopra were also present.

### Farewell Dinner to RFE Team at Chandigarh Golf Club on 18<sup>th</sup> March 2018 hosted by Rotary Chandigarh Midtown



*PDG Ratmanee Tanyinyong presents a token of appreciation to DG T.K. Ruby*



*RFE Team with District Governor Ruby and Rotarians of Chandigarh Midtown. President Dr. Rita presented kits to all 7 members of the team*



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Register by 31 March 2018 to take advantage of the pre-registration discount.

## Microloan



President Dr. Rita Kalra and PP Prem Anand give cheque of Rs. 30000/- each to Gagandeep and Lavinderjit Kaur

**Acknowledgement with thanks****Contribution to Rotary Foundation**

Rtn. Dr. Mrs. Harinder Jit Kaur US\$ 100

**Birthday of Spouses**

R'ann Dr. Sudha Jain March 23

**Birthday of Rotarians**

Rtn. Rajiv Aggawal March 23

Rtn. Tej Mohan Singh March 24

Rtn. Anil K. Nagpal March 24


Rtn. Ajay K. Gupta March 29

**Wedding Anniversary**

R'ann Tavinder & Rtn. J.S. Chopra March 24


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