

The Midtowner

Rotary
Chandigarh Midtown



2019-20

Club No. 15228
R.I. District 3080

Weekly Bulletin of Rotary Club Chandigarh Midtown
View online: www.rotarychdmidtown.org

R.I. President
Mark Daniel Maloney

District Governor
Jitendra Dhingra

President
Salil Dev Singh Bali

Secretary
Nitin Kapur

Editor
PP Dr. V.J.S. Vohra

Rotary Public Image is being projected by all our Bulletins which are mailed all over the world to large numbers of non-Rotarians and Rotarians with photos and is having global viewing through our website since Rotary year 2006-07, our Facebook page, Whatsapp etc. Follow our regular weekly meetings live streaming on Facebook www.facebook.com/groups/rotarychdmidtown

Volume 44 No. 32 Dated: February 11, 2020

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

PROGRAMME

Mushaira and Poetry

Celebration of
100 years of Rotary in India

Please note change in
venue and time

Date: February 14, 2020 (Friday) Time: 6.00 p.m.
Venue: Tourism Centre, Sector 01, Chandigarh

Remembering the Massacre

In our weekly meeting on February 07, 2020 President Rtn. Salil Dev Singh Bali welcomed the keynote speaker, our own Past President Rtn. Indrajeet Sengupta, a Major Donor – Level I, a Member of the Paul Harris Society and the only Benefactor of The Rotary Foundation in our Club. He recently closed down his Company, M/s Composite Power Systems, dealing in the repair and maintenance of Diesel Generating Sets, to lead a retired life and pursue his passion for reading and also travelling, which he does quite frequently within India and abroad with R'ann Malabika Sengupta. Indrajeet spoke about the events leading to the massacre at Jalianwala Bagh on April 13, 1919.



PP Indrajeet Sengupta

With the end of the 1st World War in 1918, and the imminent lapse of the Defence of India Act, the Colonial Authorities felt an immediate need to enact a legislation to curtail the already prevailing discontent amongst Indians clamouring for Independence, now more defiant with the arrival of cashiered soldiers, demanding for their dues in settlement of their participation in the War. The Imperial Council enacted the "Anarchical & Revolutionary Crimes Act", commonly known as the "Rowllat Act", giving the administration wide powers to detain and arrest as well as prosecute Indian subjects at will.

It was against this arbitrary law, Mohandas Karamchand Gandhi, just returned from South Africa, at the insistence of the aging Bal Gangadhar, gave a call for 'satyagraha'. Tilak's passing away had created a vacuum, and Gandhi had by this time become the leader by natural choice. His voice was being heard and followed on the sub-continent. The call for 'hartal' was given initially for March 30 and then for April 06, 1919 had luke warm response in some parts of the country.

The 'hartal' in Delhi on March 30 was intense and acting Brigadier General Reginald Dwyer, passing through Delhi was a witness to the ensuing violence. He and his family too happened to have been attacked in the melee, an incident that would remain etched in his mind.

Meanwhile, the 'hartal' in Amritsar was complete on April 06, 1919. The British, due to the 1857 War of Independence and the Kuka Rebellion

of 1872 still fresh in the mind, feared this 'hartal', the second time within half a century. Hindus and Muslims had united for a cause, in spite of the policy of divide and rule. The Deputy Commissioner Amritsar, Mr. Irwing got permission from the Punjab Governor Sir Micheal O'Dwyer to arrest and punish persons indulging in 'hartal', under the Rowllat Act. Local leaders Dr. Saifuddin Kitchlew, a Cambridge educated barrister and Dr. Satyapal, a medical practitioner were summoned by Irwing to the 'kotwali', arrested by DSP Plommer, and instructed by Irwing transported to Dharamshala by SP Rehilla.

The news spread like wild fire, and the next day, April 10, there was a complete shutdown. Led by no one, the crowd marched from Hall Gate on to the railway bridge, initially calmly, but on being fired upon by Capt. Donald troops across the bridge, turned back towards Hall Bazar, now indulging in violence. 20-25 Amritsar citizens were killed and many injured in the firing by the British. The violence continued and at dawn the leaders sought permission to bury the dead. Permission was granted for only 4 persons to accompany each dead through the Sultanwind Gate. This enraged the population, and 'hartal' continued.

Meanwhile on the evening of April 11, Brigadier General Reginald 'Rex' Dwyer with his trusted adjutant Maj. F.C.C. Briggs arrived in Amritsar, divesting Capt. McDonald of his command. Till now, it is not clear who gave him orders to assume military command of Amritsar. It was assumed by some historians, that his experience in Delhi, and his racist outlook, over powered him to seek vengeance. He, along with his troops marched through Amritsar to show their power.

Hans Raj, a political assistant to the arrested and deported leaders, convened a general meeting to discuss the course of action, on behalf of lower rung popular leaders Bashir Ahmad and Lala Duni Chand. That is how the congregation at Jalianwala Bagh was held.

The rest of the butchery that occurred is morbid history being forgotten due to public amnesia. The dead count was officially 379 as announced by the colonial powers, but according to the Indian National Congress Committee, it was nearly 2000, including women and children.

Rtn. Prof. Rana Nayar thanked PP Indrajeet Sengupta for his very informative talk, expanding considerably on what he said, including the incident at Katra Ahluwalia.

Donations to our Welfare Trust are exempted u/s 80 G of IT Act



Rtn. Prof. Rana Nayar presents a memento to PP Indrajeet Sengupta. Looking on is President Salil Bali



Talk by President Salil Bali on Culture of Peace



Vote of thanks by Rtn. Prof. Rana Nayar



Announcements by Secretary Rtn. Nitin Kapur



PP Indrajeet Sengupta presents wedding anniversary gifts to R'ann Harpreet with Rtn. Kulbir Bhatia and R'ann Sarabjit with Rtn. J.S. Bawa. Looking on are President Salil Bali and Secretary Nitin Kapur



IPP Ashok Puri presents wedding anniversary gift to R'ann Pushpa with PP Rtn. Vinod Jawa

President Salil Bali quoted Rotary Action Group for Peace to talk about How to Add Peace in your Life 2020 - Culture of Peace authored by Santa Barbara, host of PeacePodcast.org and Co-Founder of Rotary eclub of World Peace.org.

<https://www.rotarianactiongroupforpeace.org/2020/02/04/how-to-add-peace-in-your-life-2020/>

Now that the calendar has flipped to 2020, we have a new year filled with promise and resolutions. The author has explained how small steps can help you add peace to your daily life. The following five tips and tricks are easy and enjoyable ways to impact your — and others' — lives for the better this new year, a new decade.

Create a Peace Corner in your home. A Peace Corner is a neutral zone. It is a nurturing, calm place where you can carve out a quiet moment to use for meditation, to think about peace, to read a book or simply to be alone. It might be in a corner of a room, containing anything that calms and grounds you. You might have artwork or photos that inspire you, a chair and a lamp for reading, or your Gratitude Journal. My Peace Corner, a tiny sign, is in the kitchen, to remind me to be peaceful at meals.

Start a gratitude jar or Gratitude Journal. On a slip of paper, write down one positive thing that happened or that made you happy today and put it in the jar. Whenever you are feeling upset or stressed, take one out and read it. Keep a Gratitude Journal, to write short thoughts anytime "to remember or review why I am grateful." It takes only a few minutes, and it lifts my mood every time.

Use 'smile meditation'. Spend one uninterrupted minute a day smiling. This will lift your spirits as well as work to dispel any negative feelings.

Smiling at others usually you get smiles in return from those at whom you are smiling. A smile, just for yourself, can help you turn your whole day around.

Perform small acts of kindness. It's amazing how much brightening someone else's day can brighten our own. Kindnesses don't have to be expensive or elaborate. Let someone go ahead of you in the checkout line. Tell the parent with the fussy child how beautiful their little one is. Say "good morning" to all you meet. At a four-way stop, let another driver take your turn. Open the door for the person entering a building after you. Or just say a simple, sincere thank you on the phone, in the store, at home, or at work to those who are near — and even those who are not so dear. You never know just how meaningful your simple kindness may be to someone else.

Come alongside. When speaking with someone who has ideas that are different than yours, take the time to learn and appreciate their point of view rather than debating with them. Life with our fellow humans is not a debate; it's a dialogue. Coming alongside doesn't mean giving up your values or giving in. It's simply recognizing that others have their own perceptions and ideas, just as we do.

Peace is a journey, not a destination, and it begins with each of us. Small steps can lead to big changes. Look for opportunities to practice peace and watch how peace grows and expands to other aspects of your life. These are simple ways we all can contribute to a culture of peace.

President Salil also showed an interesting video "How has the Declaration of Human Rights changed the world?"

<https://youtu.be/eaRTHqS-3Rk>.

Rotary India Centennial Summit - 14 to 16 February 2020 at Kolkata

Participants from our Club for Celebrating 100 years of Rotary in India

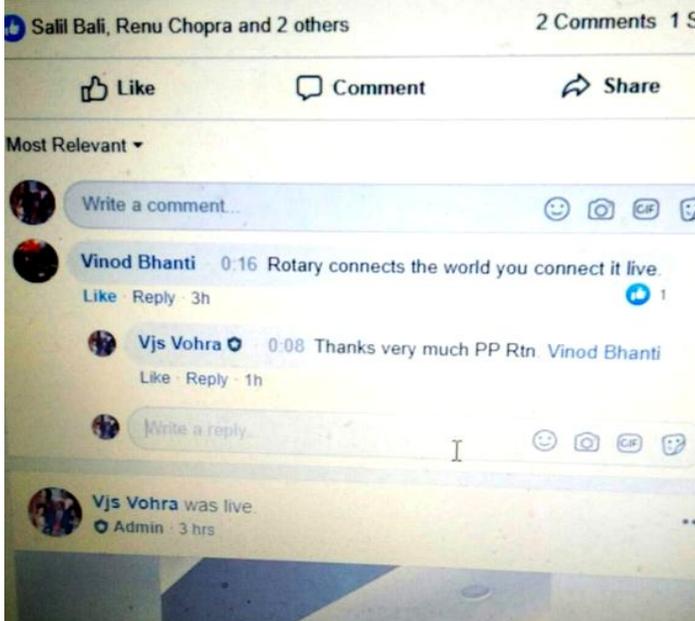
PDG Shaju Peter, President Salil Bali, PP R.K. Luther, R'ann Urmil Luther, PP Deepak Sood, PP Kanan Diwan, PDG Yoginder Diwan, Rtn. Kulvinder Singh and R'ann Raspal Kaur.

Blood Donation Camp



40 units collected at DAV Police Line School, Panchkula. Additional District Secretary – Blood Donation PP Bipin Bogra was also present

Rotary Connects the World, our Club connects it Live



For Live streaming of our weekly meetings on facebook, PP Rtn. Vinod Bhandi of Rotary Club of Patna made a very inspiring comment, "Rotary Connects the World you connect it live."

**District Conference
22 to 23.02.2020**

Venue: Sterling Resorts, Kurukshetra

Register now, Contact:

Secretary Rtn. Nitin Kapur

**Plantation drive held in
GGSC college**

The environment society, 'Vasudha', and rotaract club of Guru Gobind Singh College for Women-26, Chandigarh, in collaboration with Rotary Chandigarh mid-town organised a drive in which



members planted herbal and medicinal plants in herbal garden of the college. Former club presidents Rita Kalra and Vinod Jawa, and club secretary Nitin Kapoor along with the principal, staff and students of the college, planted 50 plants given by the club.

Times of India dated 08.02.2020

Birthday of Spouses

R'ann Shashi Gupta February 19

Birthday of Rotarians

PP Rtn. R.T.P.S. Tulsi February 14

Rtn. Parveen Setya February 15

Wedding Anniversary

R'ann Urmil & PP Rtn. R.K. Luther February 14

R'ann Banita & Rtn. Puneet Ahuja February 18

R'ann Brij Bala & Rtn. M.K. Handa February 18

R'ann Ranjeet & Rtn. Srirambir Sandhu February 20

Punctuality Award

**Punctuality award to PP Rtn. Dr. Rita Kalra
joined by Rtn. Dr. Sanjay Kalra**

PP Rtn. Er. R. K. Luther

M. Tech. (London), M.B.I.M. (London)

TÜVRheinland
CERT
ISO 9001:2008**Atul Fasteners Ltd.**

Manufacturer & Exporters



**Self Drilling/Tapping Screws &
Special Purpose Fasteners**

C-45, Phase-III, Industrial Area, Mohali, Distt. Mohali (Punjab) India 160055
E-mail: atulfasteners@airtelmail.in
Phone: (O) 0172-4520000, 2221042, Fax: 0172-2271335, Mobile: 98149 29297

HITECH INDUSTRIES LTD.

(An ISO 9001 Company)



Rtn. R.S. Sachdeva

Manufacturer of all types of
Medical & Industrial Oxygen, Nitrogen and
Liquid Oxygen, Liquid Nitrogen, Zero Air, Argon,
Special Gas Mixtures and Hydrogen.

**Company has been providing
Medical Oxygen Free of Cost under CSR
to the Patients treated at home.**

For your requirement please Contact:

315-316, Industrial Area, Phase IX, Mohali, Punjab - 160062

Tel : 0172 - 2212122, 4651221, Fax : 0172 - 2233666

Mobile : 98724-97200, 9216480333

Website: www.hitechgroupofcompanies.com

Email : marketing@hitechindustries.org

you've known
Italy for
fashion
and style.

it's time
to get
smitten by
the taste

DANBRO
Artisanal Boulangerie and Patisserie

**Opening
Soon**

Sco 45
M.Marg
Sector 26
Chandigarh
Rtn. Salil Chopra

TATA STEEL

A WORLD OF
QUALITY AND TRUST

**TATA
Steelium**
CR Sheets and Coils
Helps shape your dreams

**TATA
ASTRUM**
HR SHEETS AND COILS

Rtn Sanjay Bhatia

Inspiring Future...

15 YEARS OF
ACADEMIC
EXCELLENCE

Rtn. Devjeet Singh
Edupreneur

**VIDYA JYOTI
EDUCERSITY**
www.vjedu.org

Admission / Coaching In

Hotel Management, Tourism, Culinary Arts,
BBA, MBA, BCom MCom, IT, Animation,
Media, Journalism, Mass Communication,
Medical Courses (India & Abroad),
IELTS/PTE Test Prep, Study Abroad,
CA, CS, Bank / SSC Prep

Software Training In:

AutoCAD, Revit, 3Ds Max, Maya,
SolidWorks, CATIA, Graphics

Career Helpline: 97790 63055

PDG Rtn. Shaju Peter

DAFTECH

Floatcell
Dissolved Air Flotation
Clarifier

The most compact
Dissolved Air Flotation Clarifier
with German drive system
and internal overflow weir

Save all applications in Pulp and Paper

Primary treatment of industrial and
municipal effluents

Revamp of overloaded activated
sludge systems

Promoted by people with over 20 years
of experience in the DAF process

For further information contact:

DafTech Engineers Pvt. Ltd
SCO 23, 2nd Floor
Inner Market, Sector 7-C
Chandigarh 160019,
Tel.: 91 172 463974
Mobile: +91 98141 27804
Fax: +91 172 2791959

One of our installations in Bogota, Colombia.

Email: mail@daftechindia.com
www.daftechindia.com

PP Rtn. T.S. Anand

**FOR ALL
HEARING
PROBLEMS**

ALL INTERNATIONAL HEARING-AID BRANDS &
DIAGNOSTIC FACILITIES AVAILABLE AT

ANAND
HEARING CARE
SPECIALISTS SINCE 1973

Chandigarh: SCO 28, 1st Floor, Sector - 20 D,
Ph.: +91 172 4661928, Mobile: +91 8288011401

PP Rtn. Dr. Kesho Ram Gupta
Mobile: 9814034094

Interstellar Testing Centre Pvt Ltd.
"CONFIDENCE THROUGH EXCELLENCE IN
ANALYTICAL SERVICES"

Testing service for Air & Water, Drugs, Food
Particles, Chemical, Building Material Helmet,
Ayurvedic Medicines and Paper testing.

86, Industrial Area, Phase-1, Panchkula-134 109
(Haryana) Ph.: 0172-2565825, 2561543
Email: dr.keshogupta@itclabs.com
Website: www.itclabs.com

TIGER
WEALTH MANAGEMENT
trust . transparency . truth

EQUITIES | MUTUAL FUNDS | INSURANCE | LOANS

Rtn. Bhavmit Tiger Chandoak
(MBA, CPFA, IA)
CEO & Founder

Tiger Wealth Management Private Limited
SCO 48 - 49, Sector 9 - D, Chandigarh - 160009
Phone : 9815922555 / (0172) 4353000
bhavmit.chandoak@tigerwealth.in
www.tigerwealth.in

EQUITIES | MUTUAL FUNDS | INSURANCE | LOANS

DR. SANJAY KALRA'S MultisPECIALITY
DENTAL CLINIC

A smile as happy as your heart

**Pre Wedding
DENTISTRY**

Get your SMILE designed @ 5000 onwards

sanjaykalradentalclinic.com | f t i p d

All correspondence to the Editor: PP Rtn. Dr. V.J.S. Vohra
Consultant & Certified Clinical Partner, Otto Bock HealthCare India
Sr. Consultant - Artificial Limbs & Orthotics, Nevedac Prosthetic Clinic
MediRehab Systems, 1134 Sector 44-B, Chandigarh-160047
Email: drvjsvohra@gmail.com | Mob. 9814006829 | www.nevedac.com

Design & Printed at:
Satyadeep Offset Printers (P) Ltd
292, Industrial Area, Phase II
Chandigarh. Ph.: 4624942
Email: salil.bindra@gmail.com