



R.I President Rtn. Jennifer Jones	District Governor Rtn. VP Kalta	President Rtn. Dr. Sanjay Kalra	Secretary Rtn. Anupam Jain	Editor PP Rtn. Dr. V.J.S. Vohra
--------------------------------------	------------------------------------	------------------------------------	-------------------------------	------------------------------------

[www.rotarychdmidtown.org](http://www.rotarychdmidtown.org)

Rotary Public Image is being projected by all our Bulletins which are mailed all over the world to large number of non-Rotarians and Rotarians with photos and is having global viewing through our website since Rotary year 2006-07, our Facebook page, YouTube, Whatsapp etc. Follow our regular weekly meetings on Facebook: [www.facebook.com/groups/rotarychdmidtown](http://www.facebook.com/groups/rotarychdmidtown) and YouTube: [http://www.rotarychdmidtown.org/youtube\\_channel/](http://www.rotarychdmidtown.org/youtube_channel/)

Volume 47 No. 18 Dated: 01 Novembre 2022

### THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

[Click here for four way test song](#)

Rotary Cultural Exchange  
Rotary Friendship Exchange



Venue: Chandigarh Press Club  
Sector 27, Chandigarh  
Date: 01 November 2022 (Tuesday)  
Time: 7.30 p.m.  
**Change in Venue, Date and Time**

### Writing Bug in me

[Click here](#) to see the live coverage on facebook

Our regular meeting on 28 October 2022 had our own Rotarian Colonel Jaspal Singh Chandoak as the keynote speaker. President Rtn Dr Sanjay Kalra welcomed Col Chandoak and all those present in the meeting, including the guests.



Rtn Col JS Chandoak

The keynote speaker was formally introduced by PP Rtn Dr VJS Vohra.

**First Ever Virtual Rotary Member Induction** – Rtn Col JS Chandoak: As reported in our [bulletin No. 44 dated 05 May 2020](#) when Rtn Salil Dev Singh Bali was the president, “In the Lockdown period, the

Rotary Clubs across the Globe are successfully helping the needy. Somewhere down the line we as Rotarians also have to facilitate the growth of the organization side by side and that can only be done by inducting suitable individuals into Rotary. The Big Challenge, in prevailing circumstances is of Social distancing, confining ourselves to our homes and above all no regular Rotary meetings. In order to suitably meet this challenge and take forward the growth of Rotary, on 30 April 2020 Rotary Chandigarh Midtown took the initiative of identifying and inducting a new member Col. J.S. Chandoak into the fold of Rotary through Virtual Platform of Zoom Cloud. The unique element of this induction was that it was the first ever virtual induction of any Rotarian into Rotary and that too in this difficult period of Lockdown.”

The following was reported in our [bulletin No. 45 dated 12 May 2020](#):

From: **Kelly Capesius** <[Kelly.Capesius@rotary.org](mailto:Kelly.Capesius@rotary.org)>  
Date: Sat, May 9, 2020 at 3:51 AM  
Subject: FW: Virtual Rotary Member Induction  
To: [salildevbali@gmail.com](mailto:salildevbali@gmail.com) <[salildevbali@gmail.com](mailto:salildevbali@gmail.com)>

Dear Rotarian Salil Dev Singh Bali,

Greetings! On behalf of President Maloney, I'd like to acknowledge and thank you for providing us with the [bulletin containing exciting news](#). He has also asked that I provide you with his [Virtual New Member Induction Video](#) (Press this link) for your possible use at a subsequent meeting.

Kind regards,  
Kelly

Kelly Capesius  
Executive Assistant to the 2019-2020 President  
Tel 1.847.866.3025  
[Rotary.org](http://Rotary.org)

Col JS Chandoak joined our Rotary Chandigarh Midtown family in a very unique manner which was appreciated by the RI President Maloney – 2019-20 , as reported in the above bulletins.

Col Chandoak served in the Army (Corps of Signals) for 29 years. He is a Telecom engineer. He had tenures in the East, J&K, Army HQ. He also a prestigious tenure as an instructor at the National Defence Academy, Khadakvasla, Pune where the present chiefs

of Army, Air Force and Navy were his cadets. Col Chandhok also graduated from NDA. Married to R'Ann Surinder Kaur Chandoak, they have two sons. Elder one Mandeep Singh Chandoak is working with Axis Bank as Vice President in Delhi and the younger one Bhavmit Singh Chandoak, a dedicated, young and energetic Rotarian of our club, is well known to all of us. He runs Tiger Wealth Management in Sector 9, Chandigarh.

Col Chandoak is a multifaceted personality and has varied passions.

Col Chandoak shared his views on one of his passions, namely, "Writing Bug". It was a very engaging talk like a bouquet of aromatic flowers touching a plethora of topics including the 'King Mobile' and precious 'Nimbu Dada'. The various flavours of humility, wit and knowledge were clearly felt, being a disciplined army officer that he is.

He started exemplifying the adage 'Charity begins at home', with his three articles published in the 'SIGNALMAN', a journal of the Corps of Signals, Army; wherein he served for 29 years.

- "Metamorphosis of an Article". An anecdote between the Commanding Officer and the Second in Command of a unit, so as to decide the title, what to write & how long.

- "Visit to Scandinavia". Finland, Sweden, Norway & Denmark are the top four happiest countries in the world. Highly health conscious (fond of cycling) people are very polite & courteous.

- "Visit to Australia". He met a '92-year young' officer after 40 years who was full of life & proved that age is just a number.

Widening the perspective, he mentioned 2 of the 10 titbits published in the weekly bulletin. " WAH Corona Ji you are great"- being respectful to Corona also. " Smile a while" - a prescription on behalf of the doctors.

"Every cloud has a silver lining". Scene - March 2020. While being in a virtual quarantine, Col Chandoak pulled out 2 old drafts resulting in 2 articles.

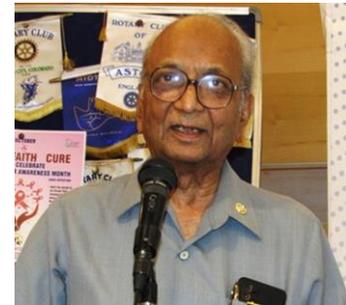
- "Life is full of Circles (Chakkar)". Tiny, big, joyful, or otherwise there is a galore of 'Chakkars' in everyone's life.

- "Wife Tax". With due respect to the ladies, he amused the audience that this tax is centuries old and that perhaps even Adam had to pay Eve. Income and other taxes are payable once a year. He admitted that he is paying Wife Tax 24X7.

The only exception is the bachelors. But in their case girlfriend tax is even more taxing.



**Address by President Dr Sanjay Kalra**



**Meeting called to order by PP Rtn BL Ramsisaria**

Col Chandoak proudly mentioned 4 articles published in a leading English daily, that is, Chandigarh Times.

- "Q Phobia: Queues ka hai zamana" (August 2021). 'Have- nots' experience queues at bus stops, railways, etc. 'Haves' also get in queues at airports, 5-star ambiance buffets. Quacks are developing anti-dote for this phobia.

- "Hail the King in modern life: Mobile phone" (November 2021). You may forget purse (or wallet), keys, or alas even your spouse! But for the indispensable mobile you have to come back. Although popular as social media, sadly it has resulted in being anti-social.

- "Make medical education affordable at home" (March 2022). Thank God operation GANGA to evacuate 18,000 students from Ukraine was a success. In the spirit of being ATMA NIRBHAR, wish that instead of Rs 75 lakhs at home, we can provide the same medical education in 35 lakhs like CIS countries, China and Bangladesh.

- "The 'Nimbu' goes sour as prices soar beyond reach" (May 2022). This healthy fruit (lime and lemon) became egoistic and showed utter Dadagiri at Rs 320/- a kg in March 2022. Having divorced soft drinks in favour of ' Nimbuji' it became a conundrum to go back to the former.

It was a highly appreciable talk. [Click here](#) for the live coverage on Facebook to see how Col Chandoak threw light on different topics including current ones very impressively and the audience enjoyed it thoroughly. It was a great treat to listen to Col Chandoak, a writer of thought-provoking articles, who is a great and an interesting orator.

In addition to newspapers, Col Chandoak's articles have also been published in the following:-

- Impressions, a monthly e-Bulletin published in regard to Disability empowerment, Rotary information, Healthcare and general matters of interest).

- Chandigarh Golf Club magazine.

- Golden Sampark, a monthly magazine of Senior Citizens Chandigarh.

In her message, Rtn Dr Indu Luthra said, “I found Col Chandoak’s talk was highly appreciable. He threw a light on different currents topics so efficiently and jovially that the audience enjoyed it thoroughly. It was a great treat to listen to you. Congratulations. It is very rare that an army officer is a writer and a great orator.” As she was not present in the meeting, she added, “I listened it today at 7 am on facebook. Thanks Dr Vohra for this luxury.”

Col Chandoak said, “My sincere thanks to Dr Sanjay Kalra, President and Dr Rita Kalra, the First Lady for giving me an opportunity to share my views on my passion ‘Writing bug’ with our esteemed members. Thanks also for the lovely memento, which will be my proud possession. I also thank PP Dr VJS Vohra for introducing me, for the live coverage on Facebook and also as editor sharing my passion in the bulletin.” He also thanked Rtn Indu Luthra for the wonderful message.



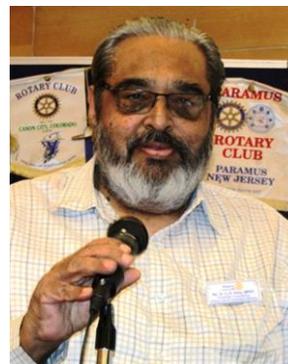
**President Dr Sanjay Kalra, Rtn Arjan Singh and Secretary Rtn. Anupam Jain presenting a memento to Rtn Col JS Chandoak. Looking on are PP Rtn Dr Rita Kalra, R’Ann Surinder Chandoak and Rtn Bhavmit Chandoak**



**PP Rtn Dr Rita Kalra assisting Editor PP Dr VJS Vohra with live streaming of the meeting on Facebook. Rtn Anup Sharma is behind her on the laptop. Truly Rotary public image being projected**



**Meaningful and thought provoking Invocation by R’Ann Nandita Sisodia**



**Introduction of keynote speaker by PP Rtn Dr VJS Vohra**



**Vote of thanks By Rtn Arjan Singh**



**New Rotarian Sunil Sharma, introduced by Rtn Dr Gopal Munjal, inducted by PP Rtn RK Luther**



**President Dr Sanjay Kalra presents punctuality award to Rtn Dr Harinderjit Kaur**

## Felicitation of Diwali Performance presented by President Dr Sanjay Kalra, Rtn Col JS Chandoak and Secretary Anupam Jain



Rtn Nitin Kapur, R'Ann Shivani Kapur and Ayaan



R'Ann Indu and PP Prem Anand



Shabad Bhatia d/o R'Ann Harpreet & Rtn Kulbir Bhatia



Rtn Suman Gupta



Rtn Dr Shashi Jain



Saanvi Singhal granddaughter of Dr BC Gupta and PP Rtn Dr Vanita Gupta. Collected by Secretary Anupam Jain

## Udaan 2.0

Rotary Chandigarh Midtown in collaboration with Department of secondary education Haryana reconnected with students through Online platform Udaan 2.0 live on Facebook on World Mental Health Day 2022 to provide an opportunity to re-ignite efforts to protect and improve mental health. The rise in both anxiety and depressive disorders by 25% after the pandemic has been reported. R'Ann Dr Ruby Ahuja, Clinical psychologist and Rtn Dr Rita Kalra talked about preventive mental health and mental health care that is need.



## Charming couple and excellent hosts



Thank you Secretary Anupam Jain and Rakesh Jain for the most memorable board meeting and excellent hospitality. Every one enjoyed the exquisite food and the warmth of both the hosts

## Rtn शशि जैन से रूबरू दिल से दिल की गुफ्तगू



Rtn Dr Harinderjit Kaur has had a long teaching career and retired as the Principal of Guru Gobind Singh College for Women Chandigarh. I had a long discussion with her to peek o into her Rotary life.

Q. When did you join Rotary and who motivated you to join it?

A. I joined Rotary Club Chandigarh Midtown in March 2013. Rtn Dr Shashi Jain, Retired Principal of Dev Samaj College, a colleague and a friend motivated and introduced me to Rotary. I was delighted to see some honourable Rotarians, Prof Dr IS Dua, PP Dr SK Sharma, PP Dr. Vanita Gupta and PP RTPS Tulsi whom I already knew. So I did not feel new and out of place in the club.

Q. Why did you join Rotary club?

A. I had been actively involved in the NSS programme during long years of my career. After my retirement also I wanted to utilise my time in productive activities where I could do something for society. I found Rotary Club to be the best platform for that.

Q. In what way do you think Rotary has helped you?

A. Rotary has given me an opportunity to make my humble contribution to serving the society through its various projects relating to school children, slum dwellers, women issues and health. Besides, the club activities have also helped me in my personal growth. Talks, discussions and other cultural and recreation programmes always help create great camaraderie among the members.

Our best wishes for your meticulous and enthusiastic involvement.

## Star of September



## Best Wishes for Speedy Recovery



## Diwali Fellowship sponsored by

PP Rtn Sanjay Bhatia	Rtn Kulbir Bhatia
Rtn Naveen Aggarwal	PP Rtn Amarjit Singh
PP Rtn Deepak Sood	Rtn Mohinder Kamra
PE Rtn Jeeten Bhambri	Rtn Rajesh Mahajan
Rtn Dr Anurag Sharma	

## Birthday of Spouse

R'Ann Veena Bindra	08 November
R'Ann Dilpreet	10 November

## Birthday of Rotarian

Rtn Dr Harinderjit Kaur	04 November
PP Rtn Ajit Singh Gulati	10 November

## Wedding Anniversary

R'Ann Mini & Rtn Maj Gen Arun K Verma	06 November
---------------------------------------	-------------

## Extracting Happiness Implanting Smiles by Rtn Raj Khattar

Drunk husband to wife: तू मोटी, ढोल, बे अक़ल  
- Wife: तू शराबी, बेवडा

Husband laughing: मेरा क्या है, मैं तो सुबह ठीक हो जाऊंगा  
- मरीज: डा. साहब आपने पर्चे के पीछे जो दवा लिखी है, वो कहीं नहीं मिल रही है?

डाक्टर: वो दवा नहीं है बे, पेन चला कर देखा था।

## Thought for the Week by Rtn Col. J.S. Chandoak

Grief can take care of itself, but to get the full value of joy, you must have someone to share it with.

- Mark Twain

## A lifelong pursuit of the Denning style of writing

Indian Express | 30<sup>th</sup> October 2022

Written by PP Rtn Dr. Balram K Gupta, Professor Emeritus and Sr. Advocate  
Director (Academics) Chandigarh Judicial Academy



Dr Balram Gupta

Language constitutes the most important part of any writing be it books, essays or legal writing such as petitions or rulings. The style of writing is equally important.

Short sentences couched in simple language are more impactful. Each word counts. Ernest Hemingway has been described as the economist of words. So much can be packed in short sentences.

The Shakespearian recipe has a special flavour: Brevity is the soul of wit.



Abraham Lincoln, a lawyer and the 16th President of United States, was known for his eloquence and precision. The Gettysburg Address delivered in 1861 contained less than 300 words. The famous words echo even after more than 160 years: Democracy means – Government of the people, by the people, for the people. My research led me to some interesting meanings: Hug – A roundabout way of expressing affection. Modern literature – Neurotic, exotic, tommyrotic. Alcohol: A liquid good for preserving almost everything except ‘secrets’. Lawsuit: Generally, a matter of expense and suspense. A school-going boy was asked to write an essay on the game of cricket. He wrote, “Rain. No game.” A skilful game, the economy of words is not everyone’s cup of tea.

In my early years when I was in school my father used to write for me. I used to memorise and speak. Gradually, I started writing myself. For writing, I required fuel. Therefore, I would read different books. This process continued in college. It was polished during my university days. This habit continued when I joined the faculty of Panjab University in 1969. My talks and research articles were integral to my teaching. Therefore, I developed my writing skills.

I was at the London School of Economics (LSE) in 1978 (34 years old) when I met Lord Denning in his Chambers. I had over an hour-long interaction with him and recorded it. I admired the way he spoke and wrote. The Denning style of writing was infectious. The more I read his judgments and writings, the more I enjoyed them. I would read him for relaxation. His writings nurtured happy minds. Denning wrote six books at the age of 80 and above. Every summer, he would finish a book sharing his experiences.

A judge for 38 years, Lord Denning conducted the Profumo Inquiry, which became a bestseller because of his writing style. A Britisher even used it as a passport for entry to Canada.

Keen to develop the Denning style of writing, I wrote a piece on him in 1984. I wrote, “Lord Denning style of writing was his own. He communicated effectively. In short sentences. Sometimes two words. Sometimes only one. But most appropriate. Befitting the occasion.”

When I joined the legal profession in early 1991, I would draft my petitions in short sentences. After years of practice, I gradually graduated to the Denning style of writing. I used to contribute my pieces every month to the monthly e-Newsletter of Chandigarh Judicial Academy. Once, my grandson, Gurmehar, home on vacation from Doon School, Dehradun, read my pieces and asked me, “Nanu, why do you write in short sentences? Simple in words. “I asked him the reason for his question and he said, “I enjoyed reading them.” I told him, you got the answer.

I was overjoyed when, commenting on my autobiography “My Journey with Law & Justice”, Prof. Upendra Baxi wrote, “Written in Biblical style (usually attributed in law to Lord Denning), the author elegantly conveys arenas of law and life, what many difficult tomes in law struggle to communicate.”

Justice Dr. D.Y. Chandrachud, Chief Justice of India, while releasing the book on January 29, 2022, said: “His autobiographical account written in short and comprehensible sentences in Lord Denning style would help law students, lawyers and judges to navigate through their career choices, given that the author has such a wide range of experiences of his own..... I think every page of this book embodies his quest for learning, his love for literature and his passion for erudition which are the scholarly attributes that make the personhood of Dr. Balram Gupta as we know him so closely. “

Anil Malhotra, an advocate and author, called it a “compilation of Indian Lord Denning’s writings”.

When I met Lord Denning 44 years ago, I never thought my writings would be equated with his writing style. Imagine, how language can make such a difference. Above all, it proves that with sincere effort, one can achieve anything. I owe all this to the gift of language.

## Pink walkathon on 22nd October at Sukhna Lake



Our club joined 25th anniversary of Sahayta Charitable Welfare Society. R'Ann Ranjana Tulsi, Sahayta President Renu Sehgal appreciated the support of Rotary for last 8 years and is also our partner in Project Aastha. Prof Dr Vivek Lal Director PGI Chandigarh was the chief guest. Present from our club: President Dr Sanjay Kalra, PP Ravi Tulsi, Rtn Prof Dr IS Dua, R'Ann Guninder Dua, Rtn Chandra Prakash, PP Dr Rita Kalra, President Inner Wheel Chandigarh Midtown Saroj Jain

## World polio day on 24th October



Rotary Chandigarh Midtown illuminated the Public health building of Civil Hospital Panchkula. President Dr Sanjay Kalra along with staff of Hospital also lighted candles and thanked them for service to Humanity

## RFE with Nepal



Rotary Chandigarh Midtown had RFE with Nepal in 2020 and for next 3 years pandemic forced us to restrict the visit. On 26/10/2022 DRFC Rtn Rajender and R'Ann Binu of RID 3292 Nepal, during their tour to Chandigarh visited the school and rain water harvesting project and solar street lights at our signature project at Adarsh gaon Bir Ghaghar. On seeing the success of this project they wanted the same to be replicated in villages of Nepal. President Dr Sanjay Kalra and Director International service Rtn JS Bawa, exchanged the flags. RCC President Sh Rakesh Kumar and PP Dr Rita Kalra showed them development works in the village. Since he is already Primary contact for five global grants in India they would like to revive the project initiated 3 years ago by RFE Team between 3080 and 3292. On their visit to Shimla they shall be meeting DG VP Kalta.

## 14th blood donation camp

Rotary Chandigarh Midtown held its 14th blood donation camp of the year at PGI Chandigarh in collaboration with Chandigarh Police and RCC Disability empowerment, where in 150 units were collected by Blood bank PGI. Organ donation pledge counter to motivate people for organ donation was also setup by department of ROTO PGI. Mr Praveer Ranjan IPS, Director General of Police, Chandigarh was the chief guest. Other dignitaries SSP Mr Kuldeep Singh Chahal, IGP Mr Raj Kumar Singh IPS, SI Chandernukhi Mann, Prof. Vipin Koushal Medical Superintendent PGI Chandigarh, Dr. RR Sharma HOD and Dr. Suchet Sachdev from Department of Transfusion medicine. Present from our club were President Dr Sanjay Kalra, PP Salil Bali, PP Dr Rita Kalra and RCC President Vinod Nagpal



**DR. SANJAY KALRA** Multispecialty DENTAL CLINIC  
President Rtn. Dr. Sanjay Kalra

SCO 13, Sector 5, Ground Floor, Panchkula, Haryana | M +91 9310049800 | E.kalrasanjay2003@gmail.com

WE GIVE YOU A **REASON** TO SMILE & LAUGH

One Visit Dentistry All Ceramic Crowns & Bridges using CEREC-OmniCam The Latest CAD/CAM Milling Machine

The Most Leading IMPLANT PRACTICE in the Tricity

ROTARY ENDODONTICS | LASER DENTISTRY | PEDODONTICS | SMILE SPA

www.sanjaykalradentalclinic.com

DIAMOND POLKI CHOKER SET

Attractive Price

Rtn Anupam Jain

Call: 9855313339, 0172-4614111, 9592509876

**NIKKA MAL BABU RAM**  
Jewellers (P) Ltd., Ldh.  
SCO: 96, Sector 35-C, Chandigarh  
www.nikkamal.in | Facebook.com/NikkaMalJewellers

**INTER SOLAR**  
SOLAR SOLUTIONS

Make a Smart, Sustainable, & Superior Choice  
**GO GREEN GO SOLAR**

Rtn. Bhupinder Kumar

Heat Pumps | Solar Water Heating System | Solar PV

Ideal for RESIDENTIAL, COMMERCIAL & INDUSTRIAL use

**DANBRO**  
BAKERY & CAFE

An array of delights

- Italian and continental food
- Soft breads
- Freshly baked cookies
- Delicious coffee
- Gourmet cakes & more!

Order Via zomato, Dineout, Groupon

MrBrown stores  
Chandigarh, Delhi, Noida, Kangra, Lucknow

SCO 45, Sector 26, Madhya Marg, Chandigarh  
Contact: 7087800045/05224113205/7309032602  
www.danbrobakery.in

**IPP Rtn. Salil Chopra**

Rtn. Kulvinder Singh Chhatwal  
www.thebgsworld.com

**GOBGS**  
BAWA GLOBAL SYNERGY

**Study in Australia**

APPLY NOW TO AVAIL THE BEST

OFFICIALLY APPOINTED REPRESENTATIVES & COLLABORATORS OF INSTITUTIONS

Contact for Information, Processing & Scholarships  
infobgs@gmail.com +91-98140-08424

PP Rtn. T.S. Anand

**FOR ALL HEARING PROBLEMS**

ALL INTERNATIONAL HEARING-AID BRANDS & DIAGNOSTIC FACILITIES AVAILABLE AT

**ANAND HEARING CARE**  
SPECIALISTS SINCE 1973

Chandigarh: SCO 28, 1<sup>st</sup> Floor, Sector - 20 D,  
Ph.: +91 172 4661928, Mobile: +91 8288011401

PP Rtn. Er. R. K. Luther  
M. Tech. (London), M.B.I.M. (London)

TUV Rheinland CERT ISO 9001:2008

**Atul Fasteners Ltd.**  
Manufacturer & Exporters

Self Drilling/Tapping Screws & Special Purpose Fasteners

C-45, Phase-III, Industrial Area, Mohali, Distt. Mohali (Punjab) India 160055  
E-mail: atulfasteners@airtelmail.in  
Phone: (O) 0172-4520000, 2221042, Fax: 0172-2271335, Mobile: 98149 29297

TATA STEEL

A WORLD OF QUALITY AND TRUST

**TATA Steelium**  
CR Sheets and Coils  
Helps shape your dreams

**TATA ASTRUM**  
DR. BOLLEA'S AIR TITANIUM

**PP Rtn. Sanjay Bhatia**

Rtn. Santosh Gupta  
Mobile: 9814034094

**Interstellar Testing Centre Pvt Ltd.**  
"CONFIDENCE THROUGH EXCELLENCE IN ANALYTICAL SERVICES"

Testing service for Air & Water, Drugs, Food Particles, Chemical, Building Material, Helmet, Ayurvedic Medicines and Paper testing.

86, Industrial Area, Phase-1, Panchkula-134 109 (Haryana) Ph.: 0172-2565825, 2561543  
Email: dr.keshogupta@itclabs.com  
Website: www.itclabs.com

## Jaquar Bathroom Taps

**Jaquar**

CALL PURCHASE ASSISTANCE **1800-120-332222** (Toll Free)

**Rtn. Rahman Naiyer**