

R.I President Rtn. Jennifer Jones	District Governor Rtn. VP Kalta	President Rtn. Dr. Sanjay Kalra	Secretary Rtn. Anupam Jain	Editor PP Rtn. Dr. V.J.S. Vohra
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[www.rotarychdmidtown.org](http://www.rotarychdmidtown.org)

Rotary Public Image is being projected by all our Bulletins which are mailed all over the world to large number of non-Rotarians and Rotarians with photos and is having global viewing through our website since Rotary year 2006-07, our Facebook page,  YouTube, Whatsapp etc. Follow our regular weekly meetings on Facebook: [www.facebook.com/groups/rotarychdmidtown](http://www.facebook.com/groups/rotarychdmidtown) and YouTube: [http://www.rotarychdmidtown.org/youtube\\_channel/](http://www.rotarychdmidtown.org/youtube_channel/)

Volume 47 No. 22 Dated: 29 November 2022

### THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the Truth?
  2. Is it Fair to all concerned?
  3. Will it build Goodwill and Better Friendships?
  4. Will it be Beneficial to all concerned?
- [Click here for four way test song](#)



Rotary Youth Leadership Awards



Venue: SOREM, Opp Income Tax Flats  
Sector 36-C, Chandigarh  
Date: 03 December 2022 (Saturday)  
Time: 2.30 pm  
**Change in Venue, Date and Time**

### TRF – Touching lives, Transforming Communities

[Click here https://youtu.be/ba-eh6YLqg8](https://youtu.be/ba-eh6YLqg8) to watch on YouTube | For photos on Facebook [click here](#)



RFE teams of E-Club of Doon and Rotary Chandigarh Midtown with District Governor VP Kalta



PRID Dr Bharat Pandya

in its joint meeting with RFE Team from E-Club Doon, in the gracious presence of DG VP Kalta organized a hybrid meeting with World Class renowned Rotary leader and motivator from Mumbai Past RI Director

In a hybrid meeting of our Club held on 25th November 2022, President Rtn Dr Sanjay Kalra welcomed the dignitaries who joined us on the Zoom platform and all those who were present physically in the meeting. November is designated as The Rotary Foundation month and Rotary Chandigarh

Dr Bharat Pandya Vice Chair Trustees of The Rotary Foundation. Besides physical presence of 60 members, several dignitaries who joined online were; Past RI President Rajendra K Saboo, DRFC PDG Dr Manmohan Singh, IPDG Ajay Madan, PDG Ramesh Bajaj and PP Mujeeb Malik.

Chief Guest PRID Dr Bharat Pandya was formally introduced by our First Lady PP Rtn. Dr Rita Kalra. She extended a warm and friendly welcome to all present online and offline. She said, "Imagine you can protect a child from polio, help a blind see, walk, feed the hunger, shelter the homeless with your contribution to the foundation. Imagine the peace and harmony in the world with your small act of kindness. TRF is our hope, our faith and our dream."

Dr Rita said, “It’s my honor and privilege to be introducing the keynote speaker PRID Dr Bharat Pandya, who is online with us from Mumbai. A man on a mission who dared to dream a dream to change lives while serving humanity. He is not just a social movement but crusader, pioneer and reflector of change. He has given a live saving slogan, “Ek Chammach Kam Char Kadam Aage.”

Proud alumnus of SGS Medical College Mumbai, Dr Pandya is a practicing General and Laparoscopic surgeon since last 32 years. Fellow of International College of Surgeons and Association of Surgeon of India. He has served on Board of Jan Shiksha Sansthan for 6 Years. He served as Governor D-3140 in 2006-07 and RI Director 2019-21 RI Treasurer 2020-21. Currently he is serving as Vice Chairman Trustees of the Rotary Foundation. He has held many a prestigious positions as Regional membership coordinator, RJ Training Leader, GETS Chair, GETS Trainer COL Rep in 2013, RI Rep in District Conference in India, Nepal, Pakistan and Philippines.

Dr. Bharat and Dr Madhvi are level III. Major Donors and have been conferred citation of Meritorious service and Distinguished service award by TRF. D-3140 under his leadership contributed 2 million dollars highest ever contribution from India in 2006-07. Dr Pandya is Recipient of Rotary’s highest Honor Service above self above self.

His spouse Dr Madhvi Pandya is Gynaecologist and served as District Chairman of IWC 314 in 2017-18. The couple is blessed with two daughters Dr Nidhi and Dr Sashmi, who are pride of Pandya Family.

In his opening address DRFC PDG Dr Manmohan Singh complimented our club for organizing this meeting on TRF addressed by Vice Chairman Trustees of TRF Keynote speaker Dr Bharat Pandya, who spoke very passionately about why we should give to the Foundation and that too year after year.

Dr Bharat Pandya said, “It is a great pleasure and honour for me to address from the zoom platform, sitting in Mumbai.” He said one of the benefits of covid is the zoom platform and it has changed the way Rotary now works virtually. He quoted ‘A Tale of Two Cities’ by Charles Dickens - “It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of light, it was the season of darkness, it was the spring of hope, it was the winter of despair.” Post Covid, everything changed in Rotary but one thing never changed, the commitment of Rotarians towards TRF. He explained in detail how TRF functioned during the worst period of pandemic and doing good



**Address by District Governor VP Kalta**



**Online address by DRFC PDG Dr Manmohan Singh**

around the world. When the entire world was standstill post covid the sun never set in Rotary and the foundation continued to support several projects around the world with highest contribution ever by Rotarians. The lecture was an eye opener for all and was well appreciated.

Dr Pandya also discussed how TRF has helped people in the war stricken Ukraine. He shared several success stories of TRF Touching lives and Transforming communities. Program of scale in Africa has reduced mortality due to Malaria by 40 percent. He urged every Rotarian to share the magic of the Rotary Foundation with members and contribute for projects near home and far away and keep the promise to our children of future without polio.

[Click here](#) to watch on our club’s YouTube channel PRID Dr Bharat Pandya’s outstanding and amazing conversation on giving to the Rotary Foundation to touch lives and Transform communities. Dr Pandya swept everyone off the feet on a flight where we can imagine a world free from polio, hunger, illiteracy and misery.



The quarterly E-newsletter Udaan for Youth service avenue which was designed and edited by DYS Rtn Pradeep Sisodia was released by DG VP Kalta in the presence of the dignitaries. He complimented President Dr Sanjay Kalra for the number of good projects of our club, including the excellent development of our Adarsh Gaon (unique village) Bir Ghaggar.

DG Kalta also expressed his admiration for our club bulletin – The Midtowner saying that it is at par with the GML!



Memento presented virtually to PRID Dr Bharat Pandya



Memento presented to DG VP Kalta by PP BL Ramsisaria

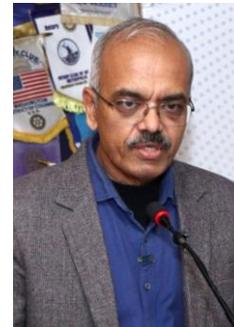
Our Club TRF Chair PP Rtn Amarjit Singh thanked PRID Bharat Pandya for enlightening us on the subject. He said, “What a talk. There cannot be a better way to express the Rotary Foundation Touching Lives Transforming Communities.” Amarjit also thanked his Rotary Leadership Academy batch mate DG VP Kalta, DRFC PDG Manmohan Singh and RFE Chair Rtn Sushant Ahuja and team members who came from Dehradun. On behalf of our club Rtn Amarjit expressed his gratitude to all those present with a couplet, “हकीकत में वही धन्यवाद के हकदार हैं, जो बिना स्वार्थ के मदद को तैयार हैं.”



Jam-packed hall on the 6th floor of Hotel Shivalikview, Chandigarh



Address by President Dr Sanjay Kalra



Invocation by PP Rtn Sanjay Bhatia



Introduction of chief guest by PP Dr Rita Kalra



RFE Chair PP Rtn Sushant Ahuja



RFE Chair Rtn Ritu Bhatia



Vote of thanks by PP Rtn Amarjit Singh



Zoom host Rtn Anup Sharma



Announcements by Secretary Anupam Jain



DG VP Kalta presents birthday gift to R'Ann Purnima Sood, joined by PP Rtn Deepak Sood



Wedding anniversary gift for R'Ann Sunita and PP Rtn Amarjit Singh



Wedding anniversary gift for R'Ann Sunita and Rtn Naveen Aggarwal

**Rotary Friendship Exchange between Rotary Chandigarh Midtown and Rotary Doon E Club** has renewed our fellowship post covid. When people couldn't travel to other Rotary Districts within India and outside due to Travel restrictions, a new mode for lasting connections was devised within the districts. While people were afraid to attend offline meetings, Chandigarh Midtowners flagged off their RFE Team to E club Doon 3080 in Nov 2021 led by IPP Salil Chopra and DRFE chair Dr Sanjay Kalra. Seven couples were greeted by members of e club Doon and three days of non-stop fellowship and action in service was enjoyed by all taking covid restrictions into consideration.

Exactly a year later led by RFE Chair E-club Doon PP Sushant Ahuja and his 13 member team was hosted by Rotary Chandigarh Midtown for 3 days. Meticulously planned and seamlessly executed by RFE Chair Ritu Bhatia and team, the Chandigarh hospitality matched the warmth and reception at Dehradun. Introductory lunch was hosted at green ambience of Golf club. The food, the sun the fellowship was amazing. The guests were greeted with welcome hampers hand made by Rtn Ritu Bhatia. Friday Weekly meeting in the evening was attended jointly by all the RFE participants. The keynote address by Dr Bharat Pandya Vice Chair Trustees The Rotary Foundation was icing on the cake. The hybrid meeting was attended by dignitaries of Rotary 3080 and was chaired by DG VP Kalta. The exchange of Club flags and felicitations that followed by RFE teams was a gesture to create memories and lasting relationships.

The morning of Day 2 was very vibrant and exciting as visiting and host Rotarians enjoyed a walk in Chandigarh Bird Park and along the lake culminating in lunch at calm and serene surroundings of Lake club. Chandigarh tourism center organised a special tour for the guests to the world heritage site, the Capitol Complex followed by gapshap over tea samosa and Jalebi. The amazing history of architecture is the pride of Chandigarh the city beautiful and India. The open hand insignia signifies peace, good will and understanding which is what Rotary stands for.

Rotaractors gave a musical performance where informal talk was organised about Chandigarh urban festival and Annual Carnival due on 16th December to celebrate Togetherness by ACT Chandigarh. In the evening Dinner was hosted on the terrace of President Dr Sanjay Kalra and dance and musical evening lasted till midnight.



On the final day, the group did their morning walk at Zakir Rose Garden and the famous underpass. A visit to Rotary Adarsh Gaon Bir Ghaggar, the Signature project of Chandigarh Midtown was organised in the afternoon. The visiting RFE Team appreciated the Work already done and how it has changed lives of women and girls. The team contributed Rs 21000 for the village Bir Ghaggar Project.

As the beautiful journey of RFE came to close and bidding adieu, everyone felt that the friendship bonds had grown stronger and are sure to last longer as we transform communities and change lives.

## Who is Happy???

Contributed by:

PP Rtn Dr. Balram Gupta, Director Club Service

A crow lived in the forest and was absolutely satisfied in life.

But one day he saw a swan. "This swan is so white," he thought, "and I am so black.

This swan must be the happiest bird in the world."

He expressed his thoughts to the swan. "Actually," the swan replied, "I was feeling that I was the happiest bird around until I saw a parrot, which has two colors. I now think the parrot is the happiest bird in creation."

The crow then approached the parrot. The parrot explained, "I lived a very happy life - until I saw a peacock. I have only two colors, but the peacock has multiple colors."

The crow then visited a peacock in the zoo and saw that hundreds of people had gathered to see him.

After the people had left, the crow approached the peacock. "Dear peacock," the crow said, "you are so beautiful. Every day thousands of people come to see you. When people see me, they immediately shoo me away. I think you are the happiest bird on the planet."

The peacock replied, "I always thought that I was the most beautiful and happy bird on the planet. But because of my beauty, I am entrapped in this zoo.

I have examined the zoo very carefully, and I have realized that the crow is the only bird not kept in a cage. So for past few days I have been thinking that if I were a crow, I could happily roam everywhere.

That's our problem too. We make unnecessary comparisons with others and become sad. We don't value what God has given us. This all leads to the vicious cycle of Unhappiness.

Live a life valuing the things God has given us. Learn the secret of being happy and discard the Comparisons which leads only to unhappiness.

This Sunday, Just be grateful, don't compare, be happy with what you have & stay blessed forever.

## The Midtowner having global viewing and Rotary Public Image

Contributed by:

PP Rtn Amarjit Singh, Chair Club PR Committee

Rotary Public Image is being projected by all our Bulletins, The Midtowner, which are mailed all over the world to large number of non-Rotarians and Rotarians with photos [and is having global viewing through our website since Rotary year 2006-07, our Facebook page, YouTube, Whatsapp](#) etc.

Editor of our weekly bulletin for last 13½ years, PP Rtn Dr. V.J.S. Vohra, though he is not a computer professional, but he has made full use of Internet technology and even updating, editing and circulation of the bulletin through email, facebook, whatsapp YouTube etc., as new technology keeps evolving. He has never been to the press even once during all these years. He prepares the bulletin himself as a word file and then converts it to pdf file which is mailed to the press for printing and to Rtn. Anup Sharma who uploads the bulletin on our club website [www.rotarychdmidtown.org](http://www.rotarychdmidtown.org), which has been developed and maintained/updated by Anup since last 23 years. All our bulletins since 01 July 2006 when Dr. Vohra was the President, are uploaded on our website <http://www.rotarychdmidtown.org/weekly-bulletins/>. This is a unique feature of our club in the Rotary World.

During the global lockdown not even a single issue of the bulletin was missed and this was due the inspiration to the editor by President 2019-20 Rtn. Salil Dev Singh Bali. Our bulletin continued its path of Public image even during the worst period that the world had witnessed.

Our Club has an archive of all our bulletins since last 16½ years which are accessible from anywhere in the world and can be easily located on Google by typing 'Rotary Chandigarh Midtown'. Since last 13 years consecutively, our Club is receiving the best editor / best bulletin award from our District. Dr. Vohra acknowledges the support of all Chandigarh Midtowners for bringing out our award winning bulletin.

Rtn. Anup Sharma who is a member of our club since last 2½ years is having good knowledge of Rotary, being son of our Office Secretary for many years, Late Mr VP Sharma. Anup is our Webmaster. He is also contributing regularly to the Rotary News and five articles have been published therein during this year.

Post of Director Public Image was created in our club in the previous Rotary year and the first Director Public Image of our club is PP Rtn Salil Bali. Rtn Kulvinder Singh Chhatwal is the present DPI and is achieving public relation goals during the current year.

## Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



Rtn. Rishikant Jha is a Chartered Accountant by qualification and a Risk Management Consultant by profession. He is a young Rotarian but very enthusiastic about Rotary.

Q. When did you join Rotary and why?

A. I joined Rotary in October 2020 during Covid times. I joined Rotary to have family connections in Rotary family.

Q. Which Rotary projects have you been involved? Did you enjoy working for those projects?

A. Since I joined during Covid times, physical activities were less in Rotary and meetings were also conducted online. Thus I could not participate whole heartedly. However, I have the satisfaction of contributing a little bit in Peermushala and dialysis machine projects.

Q. Which of the projects is closest to your heart?

A. Construction of TB Hut is a very good project. Given the opportunity and the responsibility, I would love to work for this project.

Wishing to have more active participation

### Birthday of Rotarian

Rtn. Dr. Shashi Jain	03 December
Rtn. Shuchi	05 December
Rtn. Saakshi Verma	08 December

### Wedding Anniversary

R'Ann Ritu & Rtn. Deepak Chaudhary	02 December
R'Ann Suman & Rtn. Vijay Kumar Gupta	07 December
R'Ann Gaganmeet & Rtn. Tej Mohan Singh	07 December

### Thought for the Week by Rtn Col. J.S. Chandoak

The smallest things are the biggest indicator of the big things - your values.

----- A Japanese proverb

### Talk on Anemia on 25/11/2022



Rtn Dr Manjushri Sharma gave a talk on anemia at Kundan International School. Rtn Dr Indu Luthra distributed certificates to the essay participants. Inner Wheel Chandigarh Midtown and our club gave sanitary napkins and refreshments to girl participants. Also present: Rtn Dr Shashi Jain and IW members

### Home care nursing on 24/11/2022



Home care nursing program's joint session addressed by DYS PP RK Luther. PP Dr Rita Kalra informed the girls of training at GMSH-16 Chandigarh. Also present PP PP RTPS Tulsi and Secretary Rtn Anupam Jain

### Fellowship on 25.11.2022 hosted by

Rtn Rajinder Rai	Rtn Maniki Deep
Rtn Naveen Aggarwal	Rtn Dr Gopal Munjal
PP Rtn Amarjit Singh	PP Rtn Subhash Bindra

### Extracting Happiness Implanting Smiles by Rtn Raj Khattar

- You're never a loser until you quit.
- There were many yesterdays. There may be many tomorrows. But there is only one TODAY.
- Slow success builds character. Fast success builds ego.

### Radio Punjab



Radio talk on Role of technology by Kundan International School. Students were briefed for taking up Radio Jockey as a profession



Talk with Radio Punjab on 'Social Media a boon or a bane' in Govt Model Sr Sec School, Sector 35, Chandigarh

### Rotary and Inner Wheel Chandigarh Midtown



Sponsored Project Maa: baby blankets and nutrition supplements for mothers and new-born at CH Panchkula. Present: President IW Saroj Jain, R'Ann Rekha Mehan, R'Ann Indu Anand, Rtn Indu Luthra, R'Ann Pinky Dua, R'Ann Urmil Luther, Rtn Dr Manjushri Sharma and PP Dr Rita Kalra

## Children's Day

Rotary Chandigarh Midtown celebrated Children's Day in Govt Girls Model Sr Secondary School Sector 20, Chandigarh on 14th November 2022. It was a combined celebration of 6 Cluster Schools. About 70 special need children participated. A cultural program was organised in which the students recited poems, songs and danced. Race was also organised. Our club members were invited as a special guests. Our club gave to all children a pencil box kit and frooti juice. Rotractors of Guru Gobind Singh College also participated. DYS Rtn Pradeep Sisodia, thanked the school management for making our club a part of this event. Present from our club: R'Ann Rekha Mehan, Rtn Indu Luthra, DIS Rtn JS Bawa and R'Ann Nandita Sisodia.



## Talk on drug abuse



Rotary Chandigarh Midtown organised an interactive session on drug abuse with 70 students of Govt Model School Sector 20-D, Chandigarh. A talk on the subject was given by renowned psychologist R'Ann Dr Ruby Ahuja.

## Annpurna organized by our club at Majri Chowk, Panchkula



On 15th November 2022, sponsored by R'Ann Nandita Sisodia. In addition to food, juice packs were distributed to 130 children

## Installation of Rotaract Club



On 21 November 2022 our club installed its 5th Rotaract Club at Vidyajyoti Eduversity, Derabassi. Present from our club: DYS Pradeep Sisodia, PP Dr Rita Kalra, Distt Rotaract Chair and DIS Rtn JS Bawa

## World remembrance day in collaboration with Chandigarh traffic police and Rotaract club

### चंडीगढ़ ट्रैफिक पुलिस के सहयोग से मनाया विश्व स्मरण दिवस

भाज समाज नेटवर्क

चंडीगढ़। चंडीगढ़ ट्रैफिक पुलिस ने टिरो क्लब चंडीगढ़ मिडटाउन और जयस क्लब चंडीगढ़ के सहयोग से लाजा सेक्टर-17 चंडीगढ़ में सड़क यातायात पीड़ितों के लिए विश्व स्मरण दिवस मनाया। इस कार्यक्रम के दौरान, इन्स्पेक्टर सुरिंदर कुमार सड़क सुरक्षा जागरूकता सेल (आरएसएससी) की टीम के साथ, रोटेरियन ट्राफिक सूद, सामुदायिक सुरक्षा अध्यक्ष, रोटेरियन सलिल बाली, निदेशक सामुदायिक



सेवा, रोटेरियन संजय कालड़ा, अध्यक्ष और अन्य रोटेरियन रोटेरी क्लब और रोटेरियन अनुपमा जैन, सचिव चंडीगढ़ मिडटाउन और बलदेव नारंग

अध्यक्ष अपनी टीम के साथ उपस्थित थे। इस दौरान इन्स्पेक्टर सुरिंदर कुमार, एसएसआई रजिंदर सिंह, एचसी जगरूप सिंह, सीनियर राजीव ने ट्रैफिक अवेयरनेस टीम के साथ आम जनता को अपनी सुरक्षा के लिए सड़कों पर नियमों के महत्व से अवगत कराया। दुर्घटनाओं के कारण अपनी को खोने की कहानी और कैसे यह पूरे परिवार को आघात पहुँचाता है इत्यादि विचारक है और विश्व स्मरण दिवस पर आयोजित रोटेरी जागरूकता अभियान का हिस्सा

है ताकि सड़क सुरक्षा के प्रति लोगों को जागरूक किया जा सके और दुर्घटनाओं को रोका जा सके। हरमन सिद्ध अराइव सेफ एनजीओ द्वारा मोमबत्तियों के साथ बैर का नेतृत्व किया गया, जिसमें चंडीगढ़ के लोगों से अपनी सुरक्षा के लिए यातायात नियमों का पालन करने का आग्रह किया गया। मोमबत्तियों के साथ प्लाजा के एक चक्कर के बाद नीलम पुलिस चौकी के पास सभी की सुरक्षा के लिए सड़कों पर सावधान रहने के संदेशों के साथ जागरण समाप्त हुआ।

Aaj Samaj Dt:21.11.2022

After a round of Plaza with the lighted candles, the vigil ended near Police Post Sector 17 with a message to be careful on roads for everyone's safety. PP Rtn Deepak Sood TARA Event chair coordinated the show and was joined by President Sanjay Kalra and Rotarians PE Jeeten Bhambari, Rtn VK Jawa, Rtn Nitin Kapur, Rtn Pradeep Sisodia, Rtn Naveen Aggarwal, PP Rtn Dr Rita Kalra, Rtn Kulvinder Singh Chhatwal and R'Ann Raspal Kaur. Rashdeep and Aman from Rotaract Chandigarh Midtown participated with Great Enthusiasm

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