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www.rotarychdmtown.org

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THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

[Click here for four way test song](#)

Fabulous Picnic this Valentines
ENJOY DELICIOUS FOOD
AND OUR
LOVE FOR ROTARY

Venue: Nirjhar Vatika
Sector 5, Panchkula
Entry opposite Vishal Mega Mart
Date: 12 February 2023
(Sunday) | Time: 12 noon
Change in venue, date & time

Vishnu Kumar Gupta Memorial debate Competition

To watch live streaming on facebook, [Click here](#)

<https://www.facebook.com/groups/rotarychdmtown/permalink/2192350770966658/?mibextid=Nif5oz>

In our meeting on 3rd February 2023 President Rtn Dr Sanjay Kalra welcomed Rotarians, R'Anns, guests, judges and the young participants for Vishnu Kumar Gupta Memorial debate competition.



This debate is being organized every year since last 26 years by our club to inculcate leadership skills and improve speaking and communication skills amongst the young participants, in the memory of our club member Late Rtn Vishnu Kumar Gupta, father of Rtn. Vijay Kumar Gupta. who has been silently keeping this event alive.

There was a good response from talented young debaters. Thirteen teams participated in the competition from the various colleges of Chandigarh tricity. The topic for the preliminary round was 'Is Technology making us more connected with People'. This round was judged by Rtn Prof Dr IS Dua, Rtn Dr Harinderjit Kaur and R'Ann Nandita Sisodia. Six teams qualified for the final round and the topic was 'Government should stop the Freebies'.



Ms Vandana Tripathi



Justice Raj Rahul Garg



PP Dr Balram Gupta



Rtn Dr Shashi Jain

The Hon'ble Judges for the final round were Ms. Vandana Tripathi, Rtn Justice Raj Rahul Garg and Prof. Emeritus and Senior Advocate PP Rtn Dr Balram Gupta. The event Chair was Rtn Dr Shashi Jain who organized the debate meticulously, with the sincere efforts of her team.



Participants from the University Institute of Legal Studies comprising of Ms Himanshi and Ms Tapreet Brar bagged the Running Trophy and the First Prize. Team from MCM DAV College Chandigarh comprising of Jhanavi and Diva bagged the second place and third prize went to team comprising of Ms Tanvi and Ms Drishti of Dev Samaj College Sector 45, Chandigarh. Mr Manik Modgil was given a special prize for his performance. It was excellent performance by the participants who displayed amazing knowledge and confidence to shape the society.

Prizes were given by President Dr. Sanjay Kalra. Vote of thanks was proposed by DYS Pradeep Sisodia.



Token of appreciation presented to judges of the final round PP Dr Balram Gupta, Rtn Justice Raj Rahul Garg and Ms. Vandana Tripathi



Token of appreciation presented to judges of preliminary round Rtn Prof Dr IS Dua, Rtn Dr Harinderjit Kaur, R'Ann Nandita Sisodia and event chair Rtn Dr Shashi Jain



Rtn Dr Shashi Jain presents birthday gift to R'Ann Deepshikha Gupta. Looking on are President Dr Sanjay Kalra and Secretary Rtn Anupam Jain



President Dr Sanjay Kalra presents wedding anniversary gift to Rtn Suman Gupta and Mr Naresh Gupta



President Dr Sanjay Kalra presents wedding anniversary gift to R'Ann Harpreet and Rtn Kulbir Bhatia

100 Percenters for the month January 2023

- | | |
|----------------------------------|-----------------------------|
| 1. PP Rtn Amarjit Singh | 10. PP Vinod Kumar Jawa |
| 2. Rtn Arjan Singh | 11. PN Rtn Nitin Kapur |
| 3. Rtn Jagvinder Singh Bawa | 12. PP Rtn Raj Kumar Luther |
| 4. PP Rtn Sanjay Bhatia | 13. Rtn Indu Luthra |
| 5. Rtn Bhupinder Kumar | 14. PP Rtn Anil K. Mehan |
| 6. Rtn Col Jaspal Singh Chandoak | 15. PP Rtn BL Ramsisaria |
| 7. Rtn Anjali Chhabra | 16. Rtn Anup Sharma |
| 8. Rtn Rajinder Pal Singh Gulati | 17. Rtn Pradeep Sisodia |
| 9. PP Rtn Dr Balram K. Gupta | 18. PP Rtn Dr VJS Vohra |

Meeting called to order by Rtn Prof Dr IS Dua



President Dr Sanjay Kalra presents lucky 100 percenter award to Rtn Jagvinder Singh Bawa



Address by President Dr Sanjay Kalra



Invocation by Rtn Maniki Deep



Vote of thanks by Rtn Pradeep Sisodia



Time keeping during debate by Rtn Naveen Agarwal

District 3080 Sahyog Artificial Limb Project

Sponsored by Rotary Club of Panchkula, 8 patients were discharged at Nevedac Prosthetic Clinic, Zirakpur after successful fitting of artificial limbs and assistive devices under Sahyog project, in the gracious presence of Chief Guest PDG Manpreet Singh Gandhoke, President Mukesh Aggarwal, PP Praveen Goel along with other members of Rotary Club Panchkula, Chair Sahyog PP Salil Bali, District Chair Disability Empowerment PP Dr VJS Vohra, R'Ann Indu Vohra, PP Ashok Puri and R'Ann Sudha Puri.



In his inspiring address PDG Manpreet Gandhoke complimented Rotary Club Panchkula for the support to Sahyog project. Expressing his immense admiration for Sahyog project PDG Manpreet announced sponsor for two disabled persons (including one by Rotary Mohali Silver City). President Mukesh Aggarwal said his club would also sponsor 2 more disabled persons.

PP Salil Bali informed that in the previous Rotary year (2021-22), with tremendous support of Rotarians, 156 disabled persons were provided artificial limbs and in the current year, artificial limbs have been provided to over 100 beneficiaries, and the target of 200 beneficiaries would be achieved, with support of Rotarians and philanthropists. Dr Vohra informed that professional clinical process for prosthetic treatment is being duly followed as per the norms of WHO and Rehabilitation Council of India. He also suggested that in addition to artificial limbs, assistive devices like tricycles, wheel chairs, orthotic supports etc., should also be provided under Sahyog project.



पंचकूला भास्कर 28-01-2023

रोटरी चंडीगढ़ मिडटाउन ने अस्पताल के डाटा मैनेजर को किया सम्मानित



पंचकूला | रोटरी चंडीगढ़ मिडटाउन की ओर से पिछले 24 सालों से प्रशासन विभागों में तैनात पब्लिक सर्वेंट को सम्मानित करता आ रहा है। वोकेशनल अवॉर्ड कमेटी की ओर से विभिन्न विभागों से नामांकन आमंत्रित किए थे।

जांच के बाद 5 नामांकितों को शॉर्टलिस्ट किया था। वे सभी जमीनी स्तर से आते हैं और अपनी वर्किंग को लेकर गंभीर रहते हैं, जिसमें सिविल अस्पताल पंचकूला से डाटा मैनेजर रोहित कुमार, बागवानी विभाग एमसी चंडीगढ़ से हरिनारायण गार्डनर,

राहुल सीवर मैन, पब्लिक हेल्थ एमसी चंडीगढ़, पदमजीत सिंह सहायक लाइनमैन, बिजली विभाग, चंडीगढ़ प्रशासन, जसबीर सिंह, लिफ्ट ऑपरेटर, विद्युत विभाग ने रोटरी चंडीगढ़ मिडटाउन द्वारा 2022-23 के लिए रोटरी वोकेशनल एक्सीलेंस अवार्ड प्राप्त किया।

वोकेशनल अवॉर्ड के चेयरमैन पीपी अजीत सिंह गुलाटी ने बताया कि प्रत्येक पुरस्कार विजेता को प्रमाण पत्र, ट्रॉफी और 5 हजार रुपए के नकद पुरस्कार से सम्मानित किया जाता है।

No 'slip' in RY 2023-24



Kheencha Tani between President elect Jeeten Bhambri and Secretary elect Anup Sharma for President Sanjay Kalra's home grown planter. PE Jeeten has assured there will be no 'slip' during 'fellowship' in 2023-24

Motivational lecture



Coordinated by R'Ann Nandita Sisodia, a lecture on motivation was delivered in GMSSS Sarangpur by Ms Anuradha, a performance coach. About 50 students of NSS participated

Nutrition supplements distributed to TB patients



Rotary Chandigarh Midtown distributed nutrition supplements to 25 adopted TB patients from Rajiv colony Chandigarh at Civil Dispensary Sector 16 Panchkula - packets of Gur, chana, nutri nuggets, soyabean and protinex

Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



PP Rtn Dr Rita Kalra, First Lady of the Club, District Rotract Chair and District Greetings Chair is a graduate in Medicine, post graduate in Mother and Child Health and an MBA in Hospital Administration. She has been working in HCMS cadre for the last 29 years and has been felicitated with distinct honours at several forums. She is a national level athlete and a great painter.

In the history of our club, this is the only couple who has the honour of being the President of the club in their own individual right. She is a true Rotarian to the core and her responses to my questions were marvellous.

Q. When did you join Rotary club and what motivated you to join it?

A. I joined Rotary club in 2009. Reaching out to people in need and helping them improve their lives has been my passion, which I could pursue in the health sector being in the government job. However, Rotary gave me the right platform and direction to pursue my passion in diversified fields and reach out to more people in an effective manner.

Q. What is the source of your inexhaustible energy?

A. I draw energy from my passion of volunteering for community service and humanitarian projects and spend it all to discharge my professional duties.

Q. How do you make your home and work life balance?

A. There is no doubt that home and work life balance is critical for fuelling my passion but I am fortunate and grateful to have full and unflinching support of my family, who let me be what I am and what I want to be.

Q. What changes or improvement will you like to see in the club?

A. I want the club to be more vibrant and energetic with more action in Rotary Action Groups. And I am always with the Presidents in whatever they plan for long lasting relationships and fine Rotary experience in Chandigarh Midtown.

Wishing all the best for your humanitarian passion.

Best Wishes for a Speedy Recovery



Rtn Dr Indu Luthra

Fellowship sponsored by

PP Rtn TS Anand, PP Rtn Salil Bali, Rtn Kulbir Bhatia, Rtn Suman Gupta and Rtn Rakesh Gupta

Donations for Club projects

Rtn. Vijay Kumar Gupta	Rs 01 Lakh
SIDBI under CSR for Vocational Programs	Rs 05 lakh
SBI 50 lakhs for Nutrition supplements and diagnostics at District health Panchkula	
PP Rtn Anil Mehan for Asra Serai	Rs 9500
Rtn Suman Gupta for Asra Serai	Rs 2100

Birthday of Rotarians

PP Rtn RTPS Tulsi	14 February
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Wedding Anniversary

R'Ann Sarabjit & Rtn JS Bawa	10 February
R'Ann Urmil & PP Rtn RK Luther	14 February

Extracting Happiness Implanting Smiles by Rtn Raj Khattar

- A Man wrote to the bank. "My Cheque was returned with remark 'Insufficient funds'. I want to know whether it refers to mine or the Bank".

(This is self confidence in its peak)

- This one is classic !!

A cockroach's last words to a man who wanted to kill it: "Go ahead and kill me, you coward. You're just jealous because I can scare your wife and you cannot.....!!!!"

Advise: Always be positive even in difficult situations.

Thought

- Attachment is our biggest strength and our biggest weakness.

- The best asset is a clean conscience.

Thought for the week by Rtn Col. JS Chandoak

People hardly ever make use of the freedom they have, for example, freedom of thought; instead they demand freedom of speech as a compensation.

----- Kierkegaard

The Joy of Giving is the Joy of Living

Contributed by PP Rtn Dr. Balram Gupta

John D Rockefeller was once the richest man in the world. The first billionaire in the world. By age 25, he controlled one of the largest oil refineries in the US. By age 31, he had become the world's largest oil refiner. By age 38, he commanded 90% of the oil refined in the U.S. By 50, he was the richest man in the country. By the time he died, he had become the richest man in the world.

As a young man, every decision, attitude, and relationship was tailored to create his personal power and wealth. But at the age of 53, he became ill. His entire body became racked with pain and he lost all of his hair. In complete agony, the world's only billionaire could buy anything he wanted, but he could only digest soup and crackers.

An associate wrote, "He could not sleep, would not smile and nothing in life meant anything to him" His personal, highly skilled physicians predicted he would die within a year. That year passed agonizingly slowly. As he approached death he awoke one morning with the vague realisation of not being able to take any of his wealth with him into the next world. The man who could control the business world suddenly realized he was not in control of his own life.

He was left with a choice. He called his attorneys, accountants, and managers and announced that he wanted to channel his assets to hospitals, research, and charity work. John D. Rockefeller established his Foundation. This new direction eventually led to the discovery of penicillin, cures for malaria, tuberculosis

and diphtheria.

But perhaps the most amazing part of Rockefeller's story is that the moment he began to give back a portion of all that he had earned, his body's chemistry was altered so significantly that he got better. It looked as if he would die at 53 but he lived to be 98.

Rockefeller learnt gratitude and gave back the vast majority of his wealth. Doing so made him whole. It is one thing to be healed. It is another to be made whole.

Before his death, he wrote this in his diary:

"I was taught to work as well as play,
My life has been one long, happy holiday;
Full of work and full of play
I dropped the worry on the way
And God was good to me every day!"

The Joy of Giving is the Joy of Living. No material gain would compensate the joy of unconditional giving.

One of the real time jokes in Supreme Court

Supreme Court Judge to then Attorney General Mr G. Ramaswamy: "Do you think we are Fools???"

G. Ramaswamy: "My lord has put me in a very difficult situation. If I agree I am in Contempt, if I disagree I commit Perjury!!!"

That got even the SC judges laughing!!!

Annapurna



Rotary Chandigarh Midtown organised Annapurna in loving memory of Late Rtn Dr Jawahar Luthra at Nanhi Ummeed Creche of Malloya colony in collaboration with Inner Wheel Chandigarh Midtown. In addition to mid-day meals, 50 children and mothers were served buns, chocolate and banana on this special occasion. Rtn Indu Luthra, PP Dr Rita Kalra, teachers Parmila and Harpreet joined the event.

Alive forever Lata Mangeshkar Musical Evening Congratulations to Sr Advocate Mr DS Bali on launch of his book Sada - e – Daman

In collaboration with Rotary Chandigarh Midtown, Musical Waves presented ‘Alive forever Lata Mangeshkar Musical Evening’ on 5th February 2023 at Tagore Theatre, Chandigarh, dedicated to her first death anniversary.

Bollywood Super star Ranjeet was the celebrity guest, who also launched Sada - e – Daman, the 5th book of Mr DS Bali, who was accompanied by his wife Mrs Simrat Bali, son PP Salil Bali, R’Ann Parul Bali and Lakshyaa.



Sada – e - Daman Book launched by Ranjeet

PDG Ajay Madan was the guest of honour and Director Manav Mangal Schools Mr Sanjay Sardana also graced the event. Actor Ranjeet was a delight to watch who shared his Bollywood experience with punches of Punjabi humor. It was a great musical show, full of entertainment for an audience of 700 at Tagore theatre.

PP Salil Bali invited PDG Ajay Madan and PP Dr VJS Vohra to the stage when he showed a 2 minute video of Sahyog Artificial Limbs project, which received a loud applause from the audience. Ranjeet remarked, “Keep up the good work.”

Congratulations to Maniki Deep on her book launch

Introduced by Rtn Arjan Singh, Rtn Maniki Deep’s book, ‘Verses in Devotion’ was launched by President Dr Sanjay Kalra in our meeting on 3rd February 2023. The book is regarding teachings of Guru Nanak Dev ji.



PDG Ajay Madan and PP Salil Bali presenting a memento to celebrity guest Ranjeet



President Dr Sanjay Kalra being honoured by Ranjeet

PP Sali Bali was the organizing secretary of the event. Others present from our club were President Dr Sanjay Kalra, PP Dr Rita Kalra, PP Dr VJS Vohra with R’Ann Indu Vohra, PP Kanan Diwan with PDG Yoginder Diwan, PP Deepak Sood with R’Ann Purnima Sood, Rtn Kulvinder Singh with R’Ann Raspal and Brig JS Sabharwal with Mrs Jyotie Sabharwal.

Visitors in our meeting



Ms Ruby, a former IAS officer, now running a NGO, introduced by President Dr Sanjay Kalra



Law student Aakriti Rikhy, an intern with our club. Contact Rtn Arjan Singh to avail her services

Fear never builds the future. But FAITH and HOPE does.

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