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Volume 47 No. 38 Dated: 21 March 2023

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

[Click here for four way test song](#)

Topic

Kartarpur Sahib - Sharing Experience

Keynote Speaker

PP Rtn Ajit S Gulati

**Other members of the team
will also share their experience**

**Venue: Hotel Shivalik View
Sector 17, Chandigarh
Date: 24 March 2023
(Friday) | Time: 6.30 pm
(High tea at 6.15 pm)**

Water Conservation - the need of the hour

[Click here](#) for live streaming on Facebook

In our regular meeting on 17 March 2023 President Dr Sanjay Kalra welcomed the keynote Speaker Dr Madhuri Rishi, Professor in Department for Environment Studies Panjab University, Chandigarh. PP Rtn Dr VJS Vohra formally introduced the keynote speaker.



Dr Madhuri Rishi

Dr Madhuri Rishi is Professor in the Department for Environment Studies, Panjab University, Chandigarh. She is teaching post graduate courses of Environment Science and Guiding PhD / research students. She is organizing workshops and conferences.

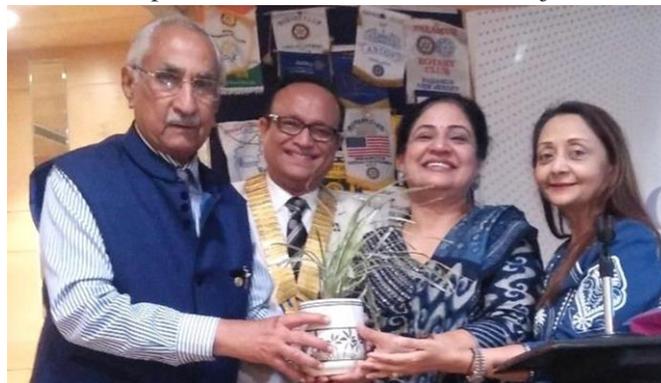
She is a Resource person to IAS and other competition Center in Panjab University, Chandigarh. She also has Administrative responsibilities.

She has done PhD from Panjab University, Chandigarh in 1997, Post Graduate Diploma from Panjab University, Chandigarh in 1992.

She Stood 1st in Panjab University. MSc in Geology, Panjab University, Chandigarh in 1990 and was placed first class first in Panjab University. Bachelors of Science in Geology, Panjab University, Chandigarh 1989 and was placed first class first in Panjab University.

Dr Madhuri is recipient of many awards - Environmentalist of the Year 2006 by National Environmental Science Academy (April 2007). Awarded 4 University medals for topping in B.Sc (HS) in Geology in 1st, 2nd and 3rd years (1987, 1988 & 1989 respectively) in Geology in Panjab University. Awarded Dr. M.N. Bose cash prize for obtaining maximum marks in B.Sc (Honours School) IIIrd year in Geology in 1989.

She was involved in survey, planning and preparation of demand driven integrated watershed development projects. She has been associated with the NGOs since 1998 for successfully completing and submitting about 15 Research Reports to the various National and International funding agencies. She has published 40 Research Papers in national and international journals.



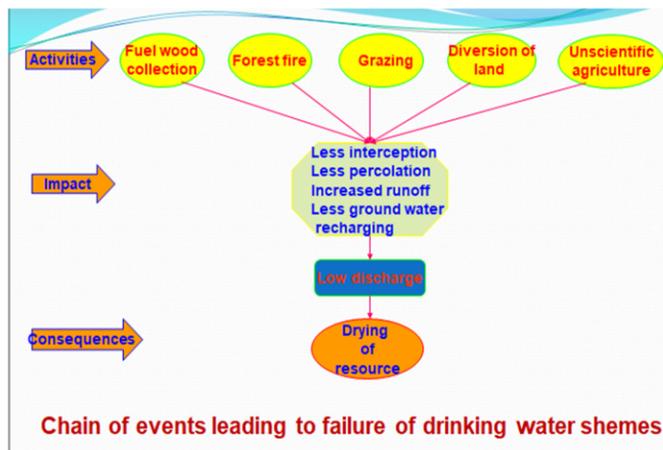
Token of appreciation presented to Dr Madhuri Rishi by PP Rtn RK Luther. Looking on are President Dr Sanjay Kalra and Secretary Rtn Anupam Jain

Through her interesting presentation Dr Madhuri Rishi explained that water is elixir of life due to its importance in the life of the living organisms. Water is the most wonderful and powerful thing on the earth. Water is basic necessity and it is the matter and matrix of life. Water is a blessing for humanity.

Economic water scarcity occurs where there is not enough money to meet water demands. Physical water scarcity occurs where drought and other environmental factors contribute to a lack of water.

Major factors influencing /causing water shortage are; -

- Unprecedented increase in human population.
- Massive urbanization / industrialization throughout the country.
- Increasing construction / infrastructure development activities.
- Depleting of natural resources due to changing climate conditions.
- Lack of implementation of effective water management systems.



Water is critical for;

- Sustainable socio-economic development.
- Environmental quality.
- Eradication of poverty and hunger-food security.
- Indispensable for human health and well-being.

Key water management issues are;

- Sharing of water resources among national and community borders.
- Water diplomacy
- National and legal frame works on use and sharing of water.

Water Resources of India are;

- Average annual rainfall 1170 mm
- Average annual precipitation 4000 BCM
- Average precipitation during monsoon 3000 BCM
- Natural run – off 1869.35 BCM (45%)
- Per capita water availability 1730.6 Cu. m

Water harvesting/water conservation is the process of Capturing, Collecting and Storing the maximum available rain water and/or surface run-off, so that the same can be used during the lean period, for drinking, irrigation and other purposes.

Water harvesting is important to meet the ever increasing demand for water, to reduce the runoff, to recharge groundwater, to reduce the soil erosion and to supplement existing water requirement during summers and at the time of drought

Rain Water Harvesting is time to be water wise. If India manages to catch just 2% of the annual rainfall it receives, one billion people can be provided 100 liters per person per day throughout the year.

If rainwater harvesting is carried out in a scientific manner on a large scale in Delhi, 450 billion liters of water, one third of metro’s requirement can be collected.

Rainwater harvesting can be undertaken in a variety of ways like: Capturing/harvesting rainwater from rooftops, Capturing runoff from local catchments, Capturing/harvesting stream flow / flood waters and Conserving water through watershed management.

Water demand management (WDM) is seen as the preferred alternative to meet increasing water demand. Main objective of WDM is to contribute to more efficient and equitable provision of water services.

Prospect of conserving water for industrial, agricultural and commercial organisation is an attractive proposition. It almost always results in a reduction of operation costs.

In many water short cities there is always a proportion of the population who are without adequate water supplies. By saving water in higher income areas, more resources could be made available to the poor.

Before any WDM programme is implemented, unmetered connections must be reduced to an absolute minimum and metering coverage maximised in all sectors. Awareness campaigns to reduce water use amongst all consumers can play an important role in demand management. Such campaigns need to focus on the urgency of conserving water now to hopefully avert a crisis sometime in the future.

To conclude Dr Madhuri Rishi quoted Mahatma Gandhi, “There is enough for everyone’s need but not for their greed.” She also quoted Nelson Mandela, “You can never have an impact on society if you never changed.”

[Click here](#) for Dr Madhuri’s informative presentation, streamed live on Facebook.

Rtn Dr Manjushri Sharma thanked Dr Madhuri Rishi for enlightening us on water conservation.



President Rtn Dr Sanjay Kalra enjoying the Rotary continuity with President Elect Rtn Jeeten Bhambri and Secretary Elect Rtn Anup Sharma on his left and President Nominee Rtn Nitin Kapur on his right. Happily joining them is Rtn Col JS Chandoak



Welcome address by President Rtn Dr Sanjay Kalra



National Anthem by Rtn Manjushri Sharma and PP Rtn Ritu Singal, joined by Rtn Dr Indu Luthra



Meeting called to order by PP Rtn Devi Prasad Khandelia



Invocation by PP Rtn Ritu Singal



Keynote speaker introduced by PP Rtn Dr VJS Vohra



Fellowship time



Birthday gift presented to PP Rtn Ritu Singal by Dr Madhuri Rishi. Looking on are PP Dr VJS Vohra and President Dr Sanjay Kalra



Dr Madhuri Rishi presents birthday gift to Rtn Brig JS Sabharwal, joined by R'Ann Jyotie Sabharwal



PHF recognition – pin and certificate presented to Rtn Col JS Chandoak, joined by R'Ann Surinder Chandoak



President Dr Sanjay Kalra presents punctuality award to PP Rtn DP Khandelja, joined by R'Ann Sandhya Khandelja

More glimpses of Holi Celebrations (In continuation of previous bulletin No. 37)



[Click here](#) to see photos on Facebook

ROTARY INTERNATIONAL DISTRICT 3080

कल्पना

DISTRICT CONFERENCE 2022-23

Indradhanush Auditorium | 08-09 April
Sector- 05, Panchkula | 2023

General Ved Prakash Malik
F1004, AVSM, Former Chief of Army Staff
Chief Guest 8th April

Dr. Kiran Bedi
IPS (Retd), Author, Former IAS, Padma Shri
Chief Guest 9th April

Rtn Veena & DG VP Kalra
District Governor (2022-23)

Registration Details:

| | Single | Couple |
|--------------------|---------|-------------------|
| Upto 15th March | ₹ 4500/ | ₹ 8500/ |
| Upto 31st March | ₹ 5000/ | ₹ 9500/ |
| 01st April Onwards | ₹ 5000/ | ₹ 9500/- (No Kit) |

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Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



Rtn. Colonel Jaspal Singh Chandoak is an ex-army officer and has served in the length and breadth of the country for 29 years. His most prestigious tenure was as an instructor at the National Defence Academy, Pune. He is proud to add that the present Chief of

Defence Services, Air Chief and Naval Chief all were his cadets in the Juliet Squadron during his tenure as their Squadron Commander. I had an interesting interaction with him regarding his interest in Rotary.

Q. When did you join Rotary?

A. I joined Rotary Club Chandigarh Midtown in April 2020 with a difference. The uniqueness was that it was the first ever virtual induction into the Rotary; which was appreciated by none other than the President of Rotary International.

Q. You are a multifaceted personality and have varied passions. How have you contributed to Rotary through your varied interest?

A. It was a pleasure to share my views on my passion 'Writing Bug' with Midtowners. It was an engaging talk appreciated as a bouquet of aromatic flowers touching a plethora of topics. I have also written articles for our weekly bulletin and Impressions. I contribute regularly to a column 'Thought for the week' in our esteemed Bulletin. My initiative regarding the 'Tana Bana' project of SOREM was appreciated. It was a pleasure to organize Essay writing competition for children.

Q. How has been your experience in Rotary?

A. I am highly pleased and have a satisfying experience with our affectionate Rotary family and I value the various philanthropic projects taken up by Rotary every day.

Wishing you more involvement in Rotary through your passions

Fellowship in regular meeting on 17 March 2023 was sponsored by

Rtn Surjit Mann
Rtn Brig Jaswinder Sabbarwal
Rtn Tej Mohan Singh
PP Rtn Amarjit Singh

Happy Wedding



Heartiest congratulations to Rtn Jagvinder Singh Bawa and R'Ann Sarabjit Bawa on the wedding of their daughter Jasmine with Deepak. Wishing the newly wed couple a blissful married life full of joy, happiness and stay blessed forever.

Birthday of Rotarians

Rtn. Tej Mohan Singh

24 March

Extracting Happiness Implanting Smiles by Rtn Raj Khattar

लड़का ट्रेन में सफर कर रहा था कि सामने बैठी एक आंटी ने पूछा, कहां के हो बेटा..?" _

लड़का बोला : "मेरी शादी हो गई है आन्टी", अब मैं 'कहीं का' नहीं रहा"।*

Thought

- Life is a game of Chess. You cannot undo the moves but you can make the next Step better.
- Protecting your peace from your own thoughts is also a Selfcare.

Thought for the week by Rtn Col. JS Chandoak

Small matters win great commendation.

---- Francis Bacon

This thought is also relevant in the context of the placement of a 'decimal' as experienced by Editor PP Dr VJS Vohra and shared by him in the meeting on 17.03.2023. He informed that in the last bulletin (No. 37) on page 5, रूबरू दिल से with PP Amarjit Singh, US\$ 1.25 appeared in the bulletin as US\$ 125 lakh, without the decimal point. The bulletin was uploaded on the website by Rtn Anup Sharma.

The whole process had to be repeated just to insert that small little point to bring down the figure from US\$ 125 lakh to US\$ 1.25 lakh. For the bulletin which was already printed, the decimal point had to be inserted manually.

The moral of this episode is that sometimes, even the smallest of things can be of greatest importance!

Scholarship



| Scholarship- List of Donors-Rotarians | |
|---------------------------------------|-------|
| | Rs. |
| Rtn Raj Khattar | 3500 |
| PDG Yoginder Diwan | 14000 |
| Rtn Anupam Jain | 7000 |
| Rtn Anurag Sharma | 35000 |
| Rtn Manjushri Sharma | 35000 |
| PP Ashok Puri, | 7000 |
| PP Ajit S. Gulati | 7000 |
| Rtn Madhukar Manaktala | 7000 |
| PP Sanjay Bhatia | 14000 |
| Rtn Dr. V.K. Kapoor | 28000 |
| PP B.L.Ramsisaria | 7000 |
| PP Ritu Singal | 70000 |

In the regular meeting on 17.03.2023 Rtn Arjan Singh introduced Ritika for receiving a scholarship of Rs 35000, sponsored by PP Rtn Ritu Singal, total Rs 70000. He also introduced Priyanka who received a scholarship of Rs 35000, sponsored by Rtn Dr Col VK Kapoor {Rs 28000) and other members of the club. Former Rtn Dr Manisha Sahni contributed Rs 50000.

Blood donation at Bir Ghaggar



Blood donation camp was organized at GSS school Bir Ghaggar by Rotary Chandigarh Midtown and RCC Bir Ghaggar in collaboration with Vishwas Foundation Panchkula. Blood bank from Paras hospital collected 35 Blood units. All members of youth wing and RCC joined with enthusiasm. Rtn Sanjeev and Ranjna Sharma volunteered to give Blood. President Dr Sanjay Kalra said that regular health camps and activities are being conducted in the village as part of Rotary chale gaon ki aur initiative.

Rakesh MC promoted the camp in the region for maximum participation and thanked Vishwas Foundation for organizing the refreshment for donors and lunch for the team.

Dialysis centre

Rotary dialysis support centre by Chandigarh Midtown at Gurdwara Govindsaar Chandigarh was visited by President Sanjay Kalra, PP Sanjay Bhatia and DIS JS Bawa to review progress of project under GG 2125103 on occasion of World Kidney Day.

Over 16 patients avail the facility every day at a very subsidized cost, on machines donated by our club in the 8 bedded dialysis centre run by Tera hi Tera Foundation, people coming from far off places such as Muzaffar Nagar, Fatehgarh Sahab etc. A nephrologist Dr Ashok regularly visits the patients. Also education material shall be circulated to spread awareness for prevention and access treatment timely.



PDG Shaju Peter visits Sahyog Artificial Limbs project

[Click here - https://youtu.be/InNik4C93FU](https://youtu.be/InNik4C93FU)



PDG Shaju Peter visited Sahyog artificial Limbs project at Nevedac Prosthetic Clinic, Zirakpur. He appreciated the work being done for the disabled persons who have been provided high quality artificial limbs at subsidized rates. PDG Shaju said this is a great project and it needs to expand in a big way to serve the needy disabled persons.

Plaster cast and measurement was take of six new patients (5 PP Gaurav Ghai, 1 RC Shimla Hill Queens) and one patient discharged (YES Panipat) in presence of PDG Shaju Peter.

Those present were President Dr Sanjay Kalra, Sahyog Counselor PP Gaurav Ghai, Sahyog Chair Salil Bali, PP Dr Rita Kalra, Rtn Brig JS Sabharwal, R'Ann Jyotie Sabharwal, PP Ashok Puri, R'Ann Sudha Puri, District Chair Disability Empowerment PP Dr VJS Vohra, R'Ann Indu Vohra and their daughter Ita and granddaughters Anyana and Anushka.

Immense gratitude to all Rotarians and the big supporters of Sahyog Project - PP Gaurav Ghai, PP Parikshat Mehdudia and PP Aseem Grover for continuously sponsoring patients under Sahyog Project.

Civil work in progress



Civil work at Rotary Chulbul Vatika in progress

Fear never builds the future, But FAITH and HOPE does.

All correspondence to the Editor: **PP Rtn. Dr. V.J.S. Vohra**
Sr. Consultant – Artificial Limbs & Orthotics, Nevedac Prosthetic Clinic
Head Office: Medirehab Systems, 1134, Sector 44-B, Chandigarh – 160047
Clinic: SCO No. 50, 52 Royal Estate, Zirakpur (Chandigarh-Ambala Expressway)
E: drvjsvohra@gmail.com | Mob.: +91 9814006829 | www.nevedac.com

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DR. SANJAY KALRA Multispecialty Dental Clinic
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