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Volume 47 No. 41 Dated: 11 April 2023

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

[Click here for four way test song](#)

Topic

Resurgence of Millets on our plate

Keynote Speaker

R'Ann Jyotie Sabharwal

Venue: Hotel Shivalikview
Sector 17, Chandigarh
Date: 14 April 2023
Time: 6.30 pm

Rotary International District 3080 Conference 2022-23

Message of Gratitude by PP Rtn Dr Rita Kalra and [Click here](#) for her Vision of Rotary

My Dear fellow Midtowners,

I have celebrated each and every moment of Rotary since I joined this worthy organization and have made fabulous friends in my journey since I became a Rotarian. I take this opportunity to earnestly thank you all for demonstrating formidable strength in supporting my Endeavour.

Sanjay and I cannot thank enough our guides, mentors and custodians of Rotary spirit for sowing the seeds of hope and faith to lead the District. Heartfelt gratitude to my extra ordinary, awe inspiring and wonderful family who has been an unspoken and tremendous source of strength and energy each day, every day.

Having all what I have gained in my quest for nominations of DG 3080, I consider myself a winner irrespective of the fact the outcome of the election committee did not come in my favour. Though, I am pained by the rumors being spread but such unpleasant conversations can never deter my love and devotion for Rotary in general and for Rotary District 3080 in particular.

Together we will encourage and empower everyone for bringing our dreams of Diversity Equity and Inclusion to life and creating hope. I want to take a step forward to achieve all this and much more with your everlasting support. Let's enliven the four way test. Let's pray to be truly mindful of our thoughts, let's be fair and just in our conduct. Lets benefit our friendship with Goodwill in our heart.

मैं आभारी हूँ आपके समय , सम्मान और साहस के लिए
वोह दिल से स्वीकार ने और अपने परिवार का हिस्सा बनाने के लिए
वोह घाय पे घर्घा वोह दिल से ठहाके चलते रहेंगे
सुखी बसे हमारा संसार रब दुआ मांगते रहेंगे

धन्यवाद एवं शुभकामनाओं सहित

रोटेरियन डा. ऋता संजय कालरा



[Click here](#) for photos on Facebook

After the usual rituals of the District Conference, DG Rtn VP Kalta presented the journey of 281 days of the current Rotary year. This was followed by address by RI President Rep PDG Rtn R Madhav Chandran. He appreciated the wonderful work by D - 3080.



“Rotary Chale Gaon ki Aur” was presented by DG VP Kalta, DGE Arun Mongia, AG CA Harjit Singh and President Dr Sanjay Kalra.

The chief guest General VP Malik PVSM, AVSM served as the 19th Chief of Army Staff of the Indian Army. He shared his connection with Rotary as his father-in-law was also a Rotarian and he had very interesting memories of his younger days. He also talked about the Role of Rotary as compared with what Army or the armed forces do to serve the community. He was happy to point out that both Army and Rotary are non-political organizations and are always ready to help the needy.

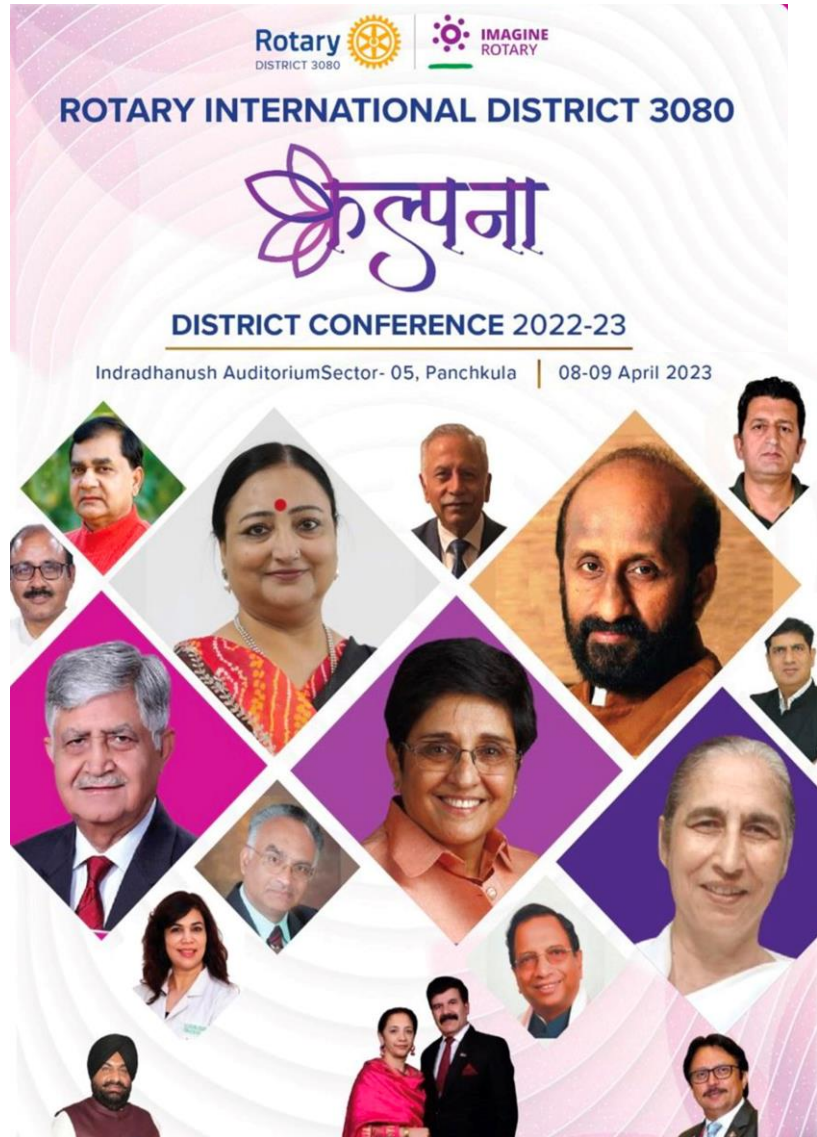
Gen Malik also talked about the similarity of Indian Army motto ‘Service Before Self’ and Rotary motto ‘Service Above Self’. General Malik’s address was followed by thunderous applause from the large audience.

In his address Past RI President Rajendra K Saboo shared his 62 glorious years in Rotary. In his keynote address PDG Shaju Peter gave an interesting talk on “Diversity, Equity and Inclusion”.

Keynote speaker Chairperson of Special Olympics Bharat Dr Mallika Nadda in her inspiring address talked about District Sahyog Artificial Limbs project and was pleased to announce that in RY 2021-22 there were 156 beneficiaries who were provided artificial limbs and in the current year, already 130 patients have been empowered with artificial limbs, to live a life of dignity and pride.

She also visited the Sahyog stall in the conference and showed keen interest in the facilities being provided to disabled persons under this project.

PRIP Raja Saboo also visited the Sahyog stall.



Dr Mallika Nadda visits Sahyog Project



पंचकूला भास्कर 12-04-2023

रोटरी इंटरनेशनल डिस्ट्रिक्ट 3080 ने करवाया एनुअल कन्वेंशन 2022-23 का आयोजन शहीदों के परिवारों के लिए बनाया एंडोमेंट फंड, 10 लाख रुपए की राशि रोटेरियंस ने दी

सिटीरिपोर्टर | पंचकूला

रोटरी इंटरनेशनल डिस्ट्रिक्ट 3080 की ओर से पंचकूला में एनुअल कन्वेंशन 2022-23 का आयोजन किया गया। इसका आयोजन सेक्टर-5 के इंद्रधनुष ऑडिटोरियम में दो दिन तक आयोजित किया गया। पहले दिन अधिवेशन की शुरुआत राष्ट्रीयगान से की गई, जिसके बाद ज्योति प्रज्वलित कर मुख्यातिथि आर्मी चीफ रिटायर्ड वीपी मालिक, आरआई प्रतिनिधि पीडीजी माधव रामचंद्रन, डिस्ट्रिक्ट गवर्नर वेद प्रकाश कलता व उनकी टीम की ओर से किया गया। इस अवसर पर रोटरी की ओर से एक एंडोमेंट फंड आर्मी के शहीदों के परिवारों के लिए बनाया गया। जिसमें 10 लाख रुपए की राशि रोटेरियंस द्वारा दी गई। जिसकी आर्मी चीफ रिटायर्ड वीपी मालिक द्वारा सराहना भी की गई। इस दौरान डॉ मल्लिका नड्डा चेरमैन स्पेशल



मुख्य अतिथि डॉ. किरण बेदी ने रोटेरियंस को संबोधित किया।

ओल्डफिक्स भूतपूर्व रोटरी इंटरनेशनल प्रेसिडेंट राजेंद्र भी मौजूद रहे। प्रेजीडेंट मुकेश अग्रवाल ने बताया कि इस अवसर पर रोटेरियन प्रदीप चौधरी, एमपी कैराना, प्रदीप बत्रा एमएलए रुड़की, पीडीजी प्रमोद विज,

एमएलए पानीपत सिटी व अन्य पीडीजी और डिस्ट्रिक्ट 3080 के 700 रोटेरियन मौजूद रहे। इस अवसर पर चिल्ड्रेंस ऑफ विजुअली इंपैयर्ड स्कूल, धरोहर डांस ग्रुप शिमला, डांस ऑन व्हील चेर, नॉर्थन रेलवे द्वारा

2025-26 के मंडल अध्यक्ष व सीओएल के लिए हुआ चुनाव

इस कार्यक्रम में साल 2025-26 के मंडल अध्यक्ष व सीओएल के लिए डिस्ट्रिक्ट 3080 द्वारा चुनाव करवाया गया। इसके अन्तर्गत क्लब के प्रधान और प्रतिनिधि ने मतदान किया। वोटों की गिनती के बाद चुनाव का परिणाम घोषित किया गया। इसमें डिस्ट्रिक्ट गवर्नर के लिए साल 2025-26 पीपी रोटेरियन रवि प्रकाश व सीओएल के लिए पीडीजी रोटेरियन जितेन्द्र ढीगरा विजयी हुए। जिसकी घोषणा डिस्ट्रिक्ट गवर्नर रोटेरियन वीपी कलता द्वारा इंद्रधनुष ऑडिटोरियम में की गई, जिसमें लगभग 200 की संख्या में रोटेरियन मौजूद थे।

डांस प्रस्तुत किया गया। अधिवेशन के दूसरे दिन डॉ किरण बेदी आइपीएस मौजूद रही। राष्ट्रीयगान के पश्चात तेजस्वानी द्वारा सरस्वती वंदना की और निर्भय डांस एकेडमी के बच्चों द्वारा हरियाणवी फोक डांस की प्रस्तुति दी। मुकेश अग्रवाल ने बताया कि इस कार्यक्रम में ब्रह्माकुमारी अनीता दीदी ने अपना प्रवचन भी दिया। इसके बाद मुख्य अतिथि डॉ. किरण बेदी आइपीएस द्वारा अधिवेशन में आए हुए रोटेरियंस को संबोधित किया गया।

इसके बाद महान विभूतियों को सम्मानित किया गया। इस अवसर पर पीडीजी माधव चंद्रन और डिस्ट्रिक्ट गवर्नर वेद प्रकाश कलता ने अपने अधिवेशन समापन का संबोधन किया। चेरमैन पीपी एनपीएस भोला, रोहित, अतुल टांगरी, रोहित परीक्षित, फस्ट डिस्ट्रिक्ट लेडी वीना, रचिरा, सुरभी व अन्य जोन 3 के एजी नवीन गुता, प्रधान मुकेश अग्रवाल, फंकज कपूर, पुनीत, दीपक गुता, कंकल प्रीत, रोटेट्व टीम का धन्यवाद किया।

Words of Wisdom came from Dr Kiran Bedi, the chief guest on day 2. She talked was about the good that Rotary is doing. She was very happy to recall her younger days when she did LLB from Chandigarh and was full of admiration for PP Dr Balram Gupta and attributed her success to him. She complemented Rotary for always coming forward to help the needy persons.

Galaxy of Past District Governors present were: PDG Pramod Vij, PDG Hemant Arora, PDG Dr RS Parmar, PDG Shaju Peter, PDG Ranjit Bhatia, PDG Manmohan Singh, PDG Arun Sharma, PDG Dhian Chand, PDG Subhash Garg, PDG Madhukar Malhotra, PDG David Hilton, PDG Raman Aneja, PDG Praveen Goyal, PDG Ramesh Bajaj, PDG TK Ruby, PDG Ajay Madan, DGE Arun Mongia, DGN Rajpal Singh, Assistant Governors, Presidents, Past Presidents including spouses were part of 700 Rotarians registered for the conference.





Chandigarh Midtowners at DisCon 2022-23



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District Elections

Heartiest congratulations to Rtn Ravi Prakash for being elected as DGND and PDG Rtn Jitendra Dhingra for being elected as a Representative of District 3080 for the Council on Legislation (CoL).

Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



PP Rtn Prem Anand has been passionate about community service from an early age and has been involved in various social service projects.

Q. When did you join Rotary and why did you join it?

A. I joined Rotary in 1989. Before joining Rotary, I was a member of JCI, an international NGO where the age limit for members is 18 to 40 years. So I had no other option but to join Rotary club after crossing the age limit of JCI to realize my dream of community service.

Q. How do you describe your year of President-ship?

A. I was given the responsibility to lead the club in 2010-11. Asra Sarai was inaugurated in 2008-09 on 30th June 2009 by then Governor of Punjab General S.F. Rodrigues. As President I had keen interest in this project and started a canteen and provided 14 beds. Since then I have been the Chairman of this prestigious project. Besides, Rain Water Harvesting Projects were taken up in 8 Government schools. Our club bagged 16 District awards and got the Best President, Best Secretary and Best Treasurer awards. It was a real proud and fulfilling moment for me.

Q. Which other responsibilities have you taken up?

A. I was District Sergeant-in-arms in 2014-15. I have been Chairman of Micro loan project for the last ten years. I have also hosted District Teachers' Training Seminar very successfully.

May your enthusiasm in Rotary becomes more and more intense.

Heartiest Congratulations to Nehmat

Nehmat, the granddaughter of Rtn Arjan Singh and R'Ann Parveen, won the Squash Championship in the under-11 category, in the All India Tournament, Squash Extreme Junior Open, held in New Delhi on 2nd to 5th April 2023. She is coached by her father, Vikas Nayar, who is himself an Asian Champion in his own category and also runs a coaching academy in Chandigarh.



Best Wishes for Speedy Recovery and good health

Mr Santokh Singh, father of PP Rtn Amarjit Singh, had a fall on 8th April 2023. He is admitted in the hospital. We wish him a very speedy recovery and good health.



Birthday of Rotarians

PP Rtn Raj Kumar Luther
PP Rtn Kanan Diwan

15 April
20 April

Wedding Anniversary

R'Ann Tina & Rtn Neeraj Jain
R'Ann Tanu & Rtn Amit Sood

14 April
14 April

Extracting Happiness Implanting Smiles by Rtn Raj Khattar

नौकर : साहब आपका क्लास मेट
मिलने आया है ।
साहब : तुझे कैसे पता की वो
मेरा क्लास मेट है ॥
नौकर : जी उसने पूछा कि
" ढक्कन "
घर पर है ॥॥

डॉक्टर ने एक बुजुर्ग पेशेंट को न्यूरोलोजिस्ट को रेफर करते हुए कहा :

"बाबा एक बार दिमाग वाले डॉक्टर को दिखा लो."

बुजुर्ग उठते हुए बोला :

"हमें तो लगा था कि आपके पास भी होगा।"

Thought

- Next to the company of good people is the company of good thoughts.
- Time well spent adds to life well lived.
- Kindness is something anyone can give without losing anything themselves.

Thought for the week by Rtn Col. JS Chandoak

Neither give offence to others nor take offence from them.

----- St. Ambrose

Stall of District Sahyog Artificial Limbs Project at DisCon 2022-23 [Click here](#) for more photos on Facebook | Over 200 Rotarians visited the stall



Past RI President Raja Saboo



Basic education and literacy for Girls



Girl empowerment initiative by our club focused on Basic education and literacy. The first batch of 21 girls / women from the village who were school dropouts or never went to school were certified literate by TCS in collaboration with Rotary India Literacy Mission (RILM). They have been empowered to read and write in Hindi and English and become confident in basic Arithmetic as per video modules provided by RILM. After the Learning, assessment was conducted, scores uploaded and the certificates were presented. The videos on entitlement by govt of India were part of program to empower them with benefits. PP RK Luther, Rtn Pradeep Sisodia, R'Ann Nandita Sisodia gave away the certificates in a special event at Malloya Skilling Centre where Creche and sewing centre is also a part of ongoing initiative.

Project Aasra

Project aasra by Rotary Chandigarh Midtown held at Panipat where 75 girls received 2nd dose HPV vaccination and total 140 girls have completed the schedule. 60 new girls have been identified with the help of Rotary clubs in Panipat and shall be vaccinated in a camp soon to be organised.

April is designated as maternal and child health month and empowering girls initiative under Global grant 2125986 continues to impact their lives for a future, free of cervical cancer.

President Sanjay Kalra, PP Shashi Chadha were present with the beneficiaries.

A total of 400 girls have been vaccinated in the campaign so far.



Nutrients to 30 TB patients

Rotary Chandigarh Midtown distributed high protein nutrients to 30 TB patients at Rotary Jaquar TB Hut Civil Hospital, Panchkula. 600 eggs sponsored by Rtn Renu and PP Salil Chopra were also distributed. Soya nuggets and gurrh chana were distributed by Vishwas team in the presence of Rtn Pradeep Sisodia, PP RK Luther, Rtn Suman Gupta, Rtn Suresh Dhawan and the team from hospital including Dr Monica, Dr Raju, Mr Varinder, Ms Lalita, Sarita and Jasbir.



Fear never builds the future, But FAITH and HOPE does.

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