



R.I President Rtn. Jennifer Jones	District Governor Rtn. VP Kalta	President Rtn. Dr. Sanjay Kalra	Secretary Rtn. Anupam Jain	Editor PP Rtn. Dr. V.J.S. Vohra
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Volume 47 No. 46 Dated: 16 May 2023

### THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

[Click here for four way test song](#)

Official Visit of  
District Governor  
Rtn VP Kalta



Venue: Hotel Park Inn  
Sector 35, Chandigarh  
Date: 19 May 2023  
Time: 6.30 pm  
**Please note change in Venue**  
Program on page 3

## Welcome First Lady Rtn Veena Kalta and DG Rtn VP Kalta



DG VP Kalta and Rtn Veena Kalta

DG Rtn VP Kalta was born in a family engaged in apple farming and is ardent about participating in the same. He had his early education at a school in his village where his father was a teacher. He did his graduation from the College of Excellence Shimla and studied Tourism and Hospitality from FCI Kufri and later did his MBA from Mumbai. He is serving in Life Insurance Corporation of India at Shimla Division. During his 31 years of service he has recruited more than 300 agents for LIC and has at present more than 100 agencies working under him. He has been a top performer of LIC for more than 20 years and is the winner of numerous prestigious awards of LIC including the Corporate Trophy, the Winners and Achievers Award and the Him Vijeta Award.

DG Kalta joined Rotary Club Rampur Bushar as a Charter Member in the year 2000 and served as the Club Secretary in year 2003-04. Later he shifted to RC Shimla and became the Club Secretary in year 2009-10 and the Club President

in the following year 2010-11. Rtn VP Kalta has served at the club and district level in various capacities as Assistant Governor in year 2017-18, Additional District Secretary in 2019-20 and Assistant Trainer as well as District Greeting Chair in year 2020-21. He has been awarded for being the Best Secretary, Best President and Best Assistant Governor. He was also bestowed upon Award of Outstanding Rotarian by PDG Jitendra Dhingra in 2019-20.

He has organized and also volunteered in the club and district level mega medical camps. He was also part of medical mission to Rwanda in the year 2014. He was Chairman of PETS-SETS 2021, an event highly appreciated by all participants. He is also Chairman of Rotary Ashray, the signature Project of Rotary Club Shimla, which was conceived during his tenure. He is instrumental in opening of three clubs in region: RC Theog Hills, RC Solan City and the all women's club RC Shimla Hill Queens and also initiated a number of Rotaract and Interact Clubs.

His spouse Rtn Veena Kalta is a Charter member of Rotary Club Shimla Hill Queens. She is working as an Administrative Officer in LIC. Their son Ayush has done MBA from Pune University and is working in Barclays Global India and daughter Avni is perusing her graduation in English Honors from MCM DAV Chandigarh. DG Kalta is a Multiple Paul Harris Fellow (MPHF) and his entire family is also Paul Harris Fellow (PHF).

DG Kalta is actively engaged in various social organizations as the Vice President of Rajput Sabha Himachal Pradesh, Executive member NFIFWI, Member Post Forum and Member Progressive Grower's Association Himachal Pradesh. DG Kalta is a widely travelled person and has active interest in nature and wildlife photography and is passionate about his hobbies. His popularity as Rotary leader can be assessed from the fact that he was elected unopposed for the post of District Governor 2022-23. He is a young dynamic district leader who truly believes in simple living and high thinking.

## Club Assembly

[Click here](#) for live streaming on Facebook



**Mother's Day Celebration**

Our regular meeting on 12th May 2023 was dedicated to club assembly to plan for the official visit of District Governor on Friday, 19th May 2023. President Rtn Dr Sanjay Kalra welcomed our Rotary members to the third assembly of the Rotary year.

Mother's day was also celebrated in the meeting. A very nice invocation by R'Ann Ranjna Sharma was a [famous song](#) specially for mother, "Meri Maa'....", from a hit movie Taare Zameen Par – singer: Shankar Mahadevan.

Treasurer, PN Rtn Nitin Kapur gave a very comprehensive financial report and as Event Chair for DG Visit, he discussed the minute to minute program of the event. Nitin requested everyone to participate in this most important event of the year, which we all shall enjoy in the gracious presence of DG VP Kalta and the first lady of the District Rtn Veena Kalta. President Dr Sanjay Kalra also requested all our members and spouses to attend this prestigious event.

Rtn Dr Indu Luthra gave an interesting and a wonderful presentation to celebrate Mother's Day. She shared her personal experience, as she was blessed with 2 twins plus one child, that is five children – four daughters and one son. Her mother-in-law, Mrs Chanan Devi Luthra told her, "Don't worry, I will take care of them." At that time her late husband Rtn Col Dr Jawahar Luthra was a Captain, serving in Army Medical Corp at Pune. His Commanding Officer told Indu ji, "Don't worry, you are a brave lady!" Rtn Indu went down the memory lane to describe the support from her brother-in-law, Col Dr CL Luthra and her mother-in-law, who gifted gold ornaments for her daughters and also a Maruti car for the family. As a mother, Rtn Indu says, "All my children are my assets!" Only a mother can say this and only a mother can admit that the presentation she is giving, is a Mother's Day gift from her daughter! This is a valid reason to celebrate Mother's Day!

The presentation given by Rtn Indu Luthra was awesome, starting with Happy Mother's Day quote from Rudyard Kipling, the famous English author who said, "God could not be everywhere, and therefore he made mothers. A mother's heart is selfless, nurturing, and full of love that a mother has for her children.

R'Ann Indu Anand also spoke about the love and affection Mothers shower on their children, without getting or expecting anything in return. Ayaan, son of Rtn Nitin Kapur came up with a wonderful poem for his mother.

Our first lady PP Rtn Dr Rita Kalra, as a caring mother, spoke nice things about her children. She also talked about 'turning straw into gold', and went on to give an inspiring talk about the Rotary Foundation. Through a colorful presentation Dr Rita explained what Rotary is:

**R – Rewarding | O – Optimistic | T- Thoughtful | A – Altruistic |  
R – Righteous | Y – Yeoman Service**

The mission of The Rotary Foundation of Rotary International is to enable Rotarians to advance world understanding, goodwill and peace. Dr Rita gave details of TRF and also explained the various recognitions that are awarded for the contributions. She also emphasized on "EVERY ROTARIAN EACH YEAR: EREY". Concluding her very informative presentation, Dr Rita Kalra said, "God could not be everywhere, so he created mothers. But every child could not be blessed with Motherly love, **SO HE CREATED ROTARY.**"



## DG Visit - Rotary Club Chandigarh Midtown 19th May 2023 Hotel Park Inn, Sector 35-C, Chandigarh

<b>Consellor</b>	PP Ajit Gulati
<b>Event Chair</b>	PN Nitin Kapur
<b>MoC</b>	Rtn Dr Manjushri Sharma
<b>Aide</b>	Rtn Pradeep Sisodia and R'Ann Nandita Sisodia

Time	Activity	Responsibility
18:30	Registration Starts	Rtn Ashok Puri / Rtn Prem Anand
19:00	Arrival of DG VP Kalta and First Lady Veena Kalta	All PP's to welcome
19:02	Collar to DG and President	Sgt at Arms PP RTPS Tulsi
	Meeting Call to Order	
19:04	National Anthem	Ann Bir Gulati / Ann Ranjana Sharma / Ann Shashi Gupta
19:06	Lighting of Lamp	Ann Indu Anand / Ann Harpreet Bhatia
19:10	Welcome Planters to DG/First Lady / AG	President Dr. Sanjay Kalra/ Sec Anupam Jain
19:12	Invocation	Ann Neeru Khattar
19:15	Welcome Address	Event Chair PN Nitin Kapur
19:18	The Year Gone by	President Sanjay Kalra
19:38	Microloan	PP Prem Anand
19:42	Scholarships	Rtn Arjan Singh
19:46	PHF Recognition	PP Amarjit Singh
19:48	Visit to Kartarpur Sahib	PP Amarjit Singh
19:50	New Member Induction	PP Dr. Rita Kalra
19:52	Launch of e - Bulletin	Rtn. Pradeep Sisodia
19:54	Introduction of DG	PP Dr. Balram Gupta
19:59	Address by DG	DG VP Kalta
20:14	Mementos to DG VP Kalta and First Lady Veena Kalta	President Dr. Sanjay Kalra and First Lady Dr. Rita Kalra
20:16	Expression of Gratitude	PE Jeeten Bhambari
20:20	Birthday/Anniversary	Secretary Anupam Jain
20:23	Adjournment to be followed by Cocktail and Dinner	President Sanjay Kalra
	Music and Dance	Rtn. Suresh Dhawan and Ann Madhu Dhawan

### Project Suviksha



Padho Bharat Badho Bharat by Rotary Chandigarh Midtown by donating almirahs and library books to each library - GSSS 39, GSSS 20 and GSSS 35

## Mother's Day - 14th May 2023

Contributed by: PP Rtn Dr Balram Gupta

**He also gave vote of thanks in our regular meeting and Felicitation to all Mothers**

Mother's Day is celebrated every year on the second Sunday of May to honour mothers and express our love for the invaluable role they play in our lives. This day is dedicated to the mother and is meant to shower all the happiness on that mother who makes immense sacrifices to light up the lives of her children.

- Moms will be Moms... Doesn't matter who you are. Here is some Mom talk:
- Issac Newton's mother-- "But did you wash the apple before eating it?"
- Archimedes's mother-- "Didn't you have any shame running naked in the street from? And, WHO is this girl Eureka???"
- Thomas Edison's mother-- "Of course I am proud that you invented the electric bulb. Now turn it off and get to bed!"
- James Watt's mother-- "If you just keep watching that damn lid lifting and dropping, rice will be burnt. Turn off the stove now."
- Alexander Graham Bell's mother-- "You have installed this new silly thing in the house alright, but I do not want girls calling you at odd hours."
- Galileo Galilei's mother-- "What use is seeing that goddamn moon with your telescope if it does not help me to see my mother in Milano."
- Samuel Morse's mother-- "Make sure your school report card doesn't have only dashes and dots."
- Mona Lisa's mother-- "After all that money your father and I spent on your braces, is that the best smile you can give us?"
- Michelangelo's mother-- "Can't you paint on walls like other children? Do you have any idea how hard it is to get that stuff off the ceiling?"
- Albert Einstein's mother-- "Can't you do something about your hair? Use styling gel or something?"
- Bill Gates's mother-- "You keep browsing all day long; watch out if I ever catch you on any improper website."
- Danial Fahrenheit's mother-- "Stop playing with boiling water and let me make tea."
- Georg Ohm's mother-- "I don't like you resisting everything I say."
- Robert Boyle's mother-- "If your volume is really inversely proportional to pressure, you must be having a constipation. Take a laxative."
- Alessandro Volta's mother-- "It is shocking to see you all the while dipping those copper and zinc rods in that beaker."
- Christopher Columbus' mother-- "I don't care what you were busy discovering and where, you could still have dropped a two line letter!"

### Project Maa



Nutrition supplements to would be mothers in the form of gud and chana

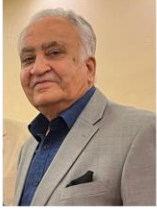
### UDID Camp



UDID Camp at Chandigarh Spinal rehab and Asha School Chandimandir



## Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



Rtn Raj Kumar Khattar is in the real estate business and my interaction with him revealed that he follows the principles of Rotary in its true spirit in his everyday life.

Q. When did you join Rotary and why did you join it?

A. I joined Rotary club in 1980. However, it is just not an organisation for me but a way of life. I may not be a typical Rotarian attending meetings regularly, but it has become an integral part of my life ever since I joined it.

Q. How do you think Rotary has helped you in your personal life?

A. I have imbibed the ethics of this beautiful organisation and set up a Trust to educate and help underprivileged children. So far, the Trust has helped to educate 18 children. Through Trust, we also promote music by giving trophies to 20 children who participate in music competition organised by Yaad-gare Rafi Society. We have also tried to promote the game of Snooker.

Q. You have held important positions in the club; why did you not aspire to be the President?

A. A Paul Harris fellow since 2005-06, I have been a treasurer of this club twice and director of various club services four times but somehow never had the ambition to be the President.

I believe that life is short, so let's celebrate each day with love and laughter, spreading goodwill and happiness.

Wish you inculcate rotary spirit in many others

## IAF Heritage Centre



Air Chief Marshal Vivek Chaudhari & Col JS Chandoak



Col JS Chandoak & Project Director Gp Capt PS Lamba

IAF Heritage Centre was inaugurated by the Honorable Defence Minister Mr Rajnath Singh at Chandigarh on 08 May 2023. Rtn Col Jaspal Singh Chandoak was one of the special invitees. Kind courtesy Air Chief Marshal Vivek Chaudhari, Chief of Air Staff, who was a cadet in Juliet Sqn, National Defence Academy, Pune while Col Chandoak was his Sqn Cdr. It was an honour for Col Chandoak to be personally briefed and conducted by Gp Capt PS Lamba, Project director Heritage Centre.





### ROTARY INTERNATIONAL DISTRICT 3080

# अध्ययन

### DISTRICT TRAINING ASSEMBLY

Solan Auditorium, Language & Culture Deptt. Kotho, Solan, HP

Host : Rotary Solan - 15395

Sunday, 21 May, 2023



**Rtn Charu & DGE Arun Mongia**  
District Governor (2023-24)

[Click here](#)

#### REGISTRATION

Upto 10th May ₹ 1500  
After 10th May ₹ 1500- (No kit)



**Rtn Anil Chauhan**  
President Rotary Solan

#### Bank Details

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**PP Rtn Arun Trehan**  
Chairman DTA

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## Birthday of Spouse

Dr. Bhushan C Gupta

14 May

## Extracting Happiness Implanting Smiles by Rtn Raj Khattar

बादल कब बरसेंगे ये मौसम विभाग वाले  
बता देते हैं  
पर बीवी कब बरसेगी ये इनका बाप भी  
नहीं बता सकता

- My niece calls me ankle  
I call her knees  
Ours is joint family  
Very Ortho-Docs family!!!!!!

## Thought

IMPOSSIBLE only means that you haven't found the solution yet.

## Thought for the week by Rtn Col. JS Chandoak

Obedience alone gives the right to command."

---- Emerson



## Sri Kartarpur Sahib Pilgrimage - Mission of Goodwill



With the Blessing of Sri Guru Nanak Dev ji a group of 104 members from RI District 3080 including RI officers District Governor Ved Prakash Kalta, PDG Ranjit Bhatia, PDG Manpreet Gandhoke, PDG Jitendra Dhingra, DGN Rajpal Singh visited Sri Kartarpur Sahib in Pakistan on 14th May 2023, under **Mission of Goodwill**.

It was an initiative of Smiling Heroes Alumni led by Chief Patron PDG Raman Aneja and President PP Amarjit Singh. For better logistics and management, the entire contingent was divided in two groups Chandigarh and Panipat. Chandigarh Group had 56 Members (Rotarian, Spouse and Guest). Led by President Dr. Sanjay Kalra RC Chandigarh Midtown had the maximum participation with 34 members. Other members were 16 from RC Roopnagar and 2 each from Shimla, Mohali, Pinjore Hills and Shabad Markanda. Panipat Group had 48 Members including 15 from RC Panipat Royal, 7 from Karnal Midtown, 6 each from Karnal and Panipat Midtown, 4 each from Jagadhari and Saharanpur, 2 each from Panipat South, Central, Rainbow and Kurukshetra.

After checking in Hotel Holiday Inn, Amritsar at around 2.30 p.m. majority of the members visited the Golden Temple and paid the obeisance at Darbar Sahib despite the fact that waiting que was 2.30 hour long. Some of the members even visited Wagha Border, Jalianwala Bagh and Heritage Street. Around 50 Members had enjoyable fellowship and dinner at a premium restaurant.

Next day morning after breakfast at hotel the entire group departed for Sri Kartarpur Sahib at 8.30 a.m. and reached Kartarpur Corridor, at 9.45 a.m. for Security Check, Immigration and Custom Clearance on both sides, that is, India and Pakistan.

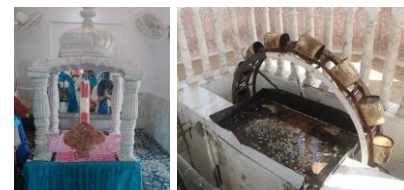
Guru Nanak Dev ji founded the Kartarpur town, about five kilometers from the Indo – Pak border, in the year 1504. He was Guru of Sikhs and Hindus but also Pir for Muslims. It is from this place that he ploughed his fields and set up a community kitchen / Langar. He lived here for 18 years until his death on 22 September 1539. Kartarpur Sahib Gurudwara is huge, beautiful, peaceful and well maintained complex.



All the members reached Gurdwara Sri Kartarpur Sahib at 11.30 a.m. They were received by large number of Rotarians of RI District 3272, led by DGND Rtn Dr Shaheena Asif of RC Lahore and other Rotarians who travelled from as far as 400 kilometers from Rotary Clubs in Lahore, Lyallpur, Faislabad etc., to meet Indian Rotarians. The atmosphere was very cordial and courteous as Rotarians of both sides shook hands, greeted each other in Punjabi, embraced each other and mobile phones were in action, clicking photographs and exchange of visiting cards. It was an amazing opportunity for international peace and harmony for Indo-Pak Rotarians to interact with each other in true Rotary spirit, creating bond of fellowship and friendship.



Members paid obeisance at Sri Darbar Sahib, Majar Baba Nanak, Angitha Sahib, Holy Well, Sarovar and had Langar. The atmosphere was so calm and peaceful that members were feeling like spending more time there. Everyone enjoyed the delicious food, hospitality and courteous behaviour of Pakistani sewadars, which was par excellence throughout the Gurudwara Sahib, including at the langar hall. Members also visited the market within the premises, to purchase items to bring back to India.



Visit to Sri Kartarpur Sahib was most memorable, satisfying and a lifetime experience, for everyone as they expressed their immense gratitude for getting this unique and sacred opportunity for Sri Kartsarpur Sahib pilgrimage.



## Sahyog Artificial Limbs Project



Six patients were discharged and 4 new plaster casts were taken in presence of PDG Manmohan Singh. We thank PP Anil Puri of USA, RC Chandigarh Midtown, RC Solan, Prof Mallik Social and Educational Trust and Mr Nitesh Dua for their support

## Literacy centre



Rotary Literacy Centre in GES Singhpura, a noble project run by PP Ashok Puri and R'Ann Sudha Puri

## Technology integrations



Workshop on Technology integrations at Gurukul Global School, Manimajra for 35 class 5 students conducted by R'Ann Dr Kadam Bhambr, coordinated by R'Ann Nandita Sisodia

## Joint online meeting



Rotary Bengaluru Manyata and Rotary Club Chandigarh Midtown jointly hosted Online Speakers meet on Zoom

## Baby sets presented



Mother's day celebration by our club by presenting baby sets to new born and their mothers Protein box by President Dr Sanjay Kalra

## Interactive session with students



A talk on Rotary in Amity International School, Mohali by IPP Salil Chopra as guest speaker. 150 students of class 6-10 participated in an interactive session. Coordinated by R'A'nn Nandita Sisodia

**Fear never builds the future, But FAITH and HOPE does.**

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