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THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

[Click here for four way test song](#)

Volume 47 No. 52 Dated: 27 June 2023

Valedictory Function

Thanksgiving
An Evening of Gratitude
Chief Guest
DGE Rtn Arun Mongia



Venue: Hotel Western Court
Sector 10, Panchkula
Date: Wednesday, 28 June 2023
Time: 6.30 pm

Virtual Rotary Friendship Exchange

[Click here](#) to see video on YouTube - <https://youtu.be/wA84836JMs>

On 23rd June 2023 Rotary Chandigarh Midtown hosted a Hybrid meeting of RFE Alumini to promote friendship and fellowship amongst four Rotary International Districts 3080 3330, 5010 and 4465. President Rtn Dr Sanjay Kalra was pleased to welcome Rtn Damrong and Rtn Anchalee from D 3330, DGE Mehul Rathod from D 3055, Rtn Alex Maxim and Rtn Isabel from D 4465, PDG Jane Little Alaska from D 5010 and our own DGE Arun Mongia from D 3080.



Alex Maxim
RID 4465



Isabel
RID 4465

Rtn Alex from Peru and Rtn Isabel from Mexico of D 4465 shared a beautiful and vibrant presentation covering projects sightseeing food traditions etc.



Damrong
RID 3330



Anchalee
RID 3330

Rtn Damrong from D 3330 gave an open invitation to all for visit to Thailand and enjoy the hospitality.



Mehul Rathod
RID 3055



Jane Little Alaska
USA - RID 5010

DGE Mehul Rathod from D 3055 was very enthusiastic to host RFE Team to a new location in his district.

PDG Jane Little from D 5010 talked about HEWRAG and health fair at Kathmandu.



DGE Arun Mongia
RID 3080

DGE Arun Mongia extended invitation for Rural medical Mission to Himalayas in Alaknanda Valley.

DGE Arun thanked all the participants and welcomed teams to RID 3080 and said that he would be very happy to lead a team to districts for Friendship Exchange.

He congratulated Rotary Chandigarh Midtown for the initiative.



President Dr Sanjay Kalra

President Dr Sanjay Kalra shared that RFE was the most prestigious Rotary program to spread Rotary friendship and fellowship across the world. He would be very happy to host the teams and also take teams to different districts for Family Exchange. He is looking forward to meet old friends in person after Covid stopped the inter country Exchange.



PP Sanjay Bhatia and Rtn Ritu

seeing across the globe in 40 minutes.

Rtn Ritu Bhatia presented a beautiful invocation. PP Sanjay Bhatia introduced all the participants and thanked them for virtual sharing of Rotary activities of their respective Districts and sight

He extended an open invitation for real time RFE.



Colourful presentation from zoom platform by Rtn Alex Maxim



Virtual presentation of fabulous food and wonderful activities by Alex



President Dr Sanjay Kalra presents birthday gift to PE Rtn Jeeten Bhambri. Looking on are Secretary Rtn Dr Anupam Jain and Rtn Ritu Bhatia



President Dr Sanjay Kalra presents birthday gift to PP Rtn Vinod Jawa. Looking on are Secretary Dr Anupam Jain and Rtn Ritu Bhatia



President Dr Sanjay Kalra presents birthday gift to R'Ann Nandita Sisodia, joined by Rtn Pardeep Sisodia

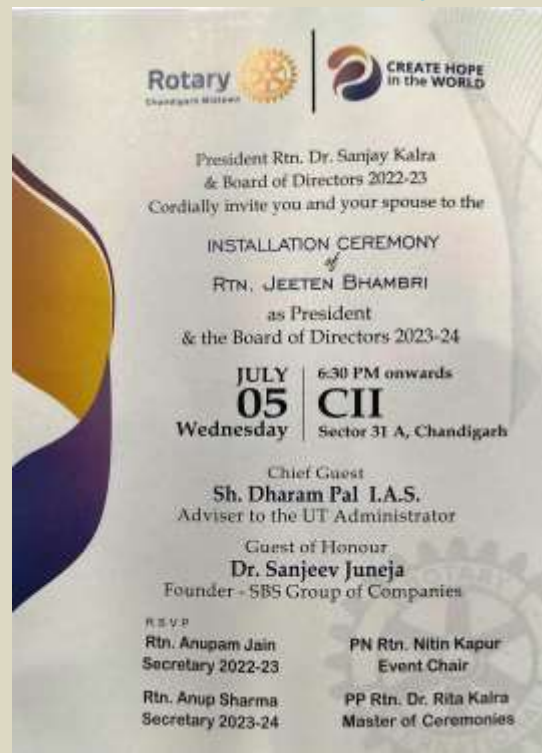


President Dr Sanjay Kalra presents punctuality award to Rtn Ritu Bhatia, joined by PP Rtn Sanjay Bhatia. Looking on are PP Rtn Dr Rita Kalra and Secretary Anupam

Valedictory Function



Installation Ceremony



Sharing of the Common Armrest: A Conundrum

By
Rtn Col JS Chandoak

Conflicts, controversies, and problems do occur. Major ones at times result in prolonged issues and effects. Russian- Ukraine conflict is such a current one affecting the entire World. Let's leave serious matters for another day - an M.O.U. between the reader and me.

Simpler, minor, and day-to-day affairs also deserve due attention and deliberation. Three seats on an airplane or a train - the person in the middle has dominion over both the central armrests. The middle seat passenger justifiably gets preference over both the central armrests as compensation for being sandwiched.

Now let's confine to a common scenario in an airplane, train or bus, wherein there is one armrest between the two passengers. In life, this is experienced by both the haves and the have-nots. Unwritten etiquette rules say that in such a case, the armrest between them should be shared. Intriguing indeed, to dwell upon this conundrum, which remains unresolved. A mini clash between the two neighbouring elbows ensues, resulting in what I call 'ELBONICS' (yes, coining a new term). Generally, it may be the survival of the fitter or the 'ZIDDI' (recalcitrant) person may be the winner.

Professors of a somewhat cautious approach believe that an armrest splitter in an airplane (business class or the like) is a solution. Frankly, 'ITNA BHI KYA serious HONA'. Moreover, that privilege is only for a few ultra-rich haves. Convenient of course - but they would miss the potential adventure through 'elbonics'. Also, forget once in a while any unpleasant experience with an unfriendly neighbour. It boils down to long-term positive outcomes of 'elbonics' vis-a-vis some short-term convenience of an armrest splitter. Pragmatically, in the long run of life, the former would be preferable as compared to the latter.

Now, optimistically, consider many likely and encouraging results of this conundrum, in the true spirit of 'love thy neighbour', a good old adage. For all you know, a short spell of 'elbonics' could act as a catalyst to improve the chemistry between the two neighbouring passengers. Further, eventually it may lead to an everlasting friendship or hopefully help them in graduating from "love thy" to a lifelong companionship of "live with."

So, in totality, let such an interesting and unresolved conundrum remain as such!

Rtn शशि जैन से रूबरू दिल से दिल की गुफ्तगू



PP BL Ramsisaria is a mechanical engineer from BITS Pilani and owns an engineering consultancy company. He is a Charter Member of Rotary Club Chandigarh Midtown. He is a Multiple Paul Harris Fellow and 14 members of his family are Paul Harris Fellows. He is so deeply involved in social and community

service through Rotary and is a storehouse of information about Rotary that he is fondly called 'Bhisham Pitamah' in Rotary Tricity.

Q. Please describe the various projects taken up by you as the President of the club.

A. We adopted Lepers Colony in Sector 47 Chandigarh and free dispensary was set up for the inmates. The project was internationally recognised and reported in The Rotarian. Besides, we tried to create awareness about Voluntary Blood Donation through skits and declamation contest. GSE team from District 526 USA was hosted.

Q. You have also had many district assignments. Will you please tell something about that?

A. I have been having district assignments for the last 46 years. I have been the Administrator of the RI District 3080 Leadership Academy. I was the District Secretary in 2007-08.

In 2008-09, I organised the orientation programme for the new Rotarians which became a model for the District. I was District Coordinator and Chair - New Member Orientation in 2010-11. I established three new clubs in the District.

Q. In Rotary you have been honoured with many coveted awards. How do you feel about it?

A. I received the outstanding President Award. I also received 'Four Avenue Service Award' from Rotary International President.

Rotary's highest recognition 'Service Above Self' was also bagged by me from Rotary International. All these awards make me more humble and more involved with Rotary.

Kudos Rtn BL Ramsisaria, our senior most Past President.

Nutrition supplements to TB patients



Rotary community corps Civil Hospital Panchkula sponsored by Rotary Chandigarh Midtown contributed for first project of Nutrition supplements to adopted TB patients and handed over to District TB cell for home delivery.

Blood donation camp



Blood donation camp by Rotary Chandigarh Midtown in collaboration with Rotary Faridabad lifeline through Rotary Blood Resource Centre Sector 37 Chandigarh was organised at Tata Croma under CSR. Rtn Pradeep Sisodia DYS and Rtn Kulbir Bhatia coordinated with refreshments and other logistics to support the camp. Around 40 units were collected.

Digital Literacy certificates distributed



We have distributed digital literacy certificates on 24th June 2023 to passed out students who have never gone to school for 6 months and working as maid servants. This course was being run by R'Ann Sudha Puri and PP Ashok Puri in GES Singpura by Rotary Club Chandigarh Midtown in collaboration with TCS. President Dr Sanjay Kalra congratulated students for their efforts and R'Ann Sudha and PP Ashok Puri for their dedication and commitment for successful execution of the project.

PP Dr Rita Kalra, Rtn Brig JS sabbarwal and R'Ann Jyotie Sabbarwal were also present. All were very much impressed with running of Tana Ban centre in GES Singpura with 12 students for 6 months course, under trained teacher Raman Deep

We had invited PP Dr VJS Vohra and R'Ann Indu for this project but Dr Vohra could not make due to his foot injury, and his movements are restricted. We wish him speedy recovery.

Birthday of Spouse

R'Ann Deep Kahlon 25 June
R'Ann Raspal Bawa 25 June

Birthday of Rotarians

PE Rtn Jeeten Bhambri 23 June
Rtn Shazia K Singh 27 June

Anniversary of Rotarians

R'Ann Uneza & Rtn Gobind Khandelia 27 June
R'Ann Manjit & PP Rtn Harish C Sethi 27 June
PP Rtn Dr Rita & President Rtn Dr Sanjay Kalra 29 June

Extracting Happiness Implanting Smiles by Rtn Raj Khattar

90 साल के दंपति का
स्वास्थ्य बहुत ही अच्छा था.

किसी ने पूछा - इसका क्या रहस्य है ?

पति:- हमने शादी के बाद फैसला किया था कि जब भी झगड़ा हो तब जिसका कुसूर होगा वो 5 किलोमीटर पैदल चलेगा

और.. आपको तो पता ही है पत्नी का कुसूर तो होता ही नहीं है.. इसीलिये मेरा रोज़ 5 किलोमीटर का चलना हो जाता है.

तो फिर आपकी पत्नी की तबीयत का रहस्य ?

पति :- वो पीछे-पीछे देखने आती है कि मैं चल रहा हूँ कि नहीं ?!!

स्वस्थ रहें-मस्त रहें

District Award and Collar Exchange Ceremony

Rotary DISTRICT 3080

IMAGINE ROTARY

ROTARY INTERNATIONAL DISTRICT 3080

AABHAAR
उत्सव

DISTRICT AWARD FUNCTION & COLLAR EXCHANGE CEREMONY

AVN Resorts Paonta Sahib HP | Friday 30th June 2023 | 11:00 AM

Registration Details: ₹ 1200/ Per head

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IFSC : HDFC0001438

Rtn Veena & DG VP Kalta
District Governor (2022-23)

PDG Rtn Arun Sharma, Rtn NPS Nizang, Rtn Rakshah Rehi, Rtn Mahesh Khurana
Counselor, Chairman, President - Paonta Sahib, Secretary - Paonta Sahib

#ROTARY3080

Thought

- What lies behind us and what lies before us are tiny matters compared to what lies within us.

- Happiness is a mood. Positivity is a mindset.

- Life teaches you a new lesson every day, if you are attentive enough in the class of life.

Thought for the week by Rtn Col JS Chandoak

Reading maketh a full man, conference a ready man; and writing an exact man."

----- Francis Bacon

Sahyog Artificial Limbs Project

[Click here](https://youtu.be/15CXcGomJNo) to see video on YouTube - <https://youtu.be/15CXcGomJNo>

7 patients were discharged on 24th June 2023 at Nevedac Prosthetic Clinic, Zirakpur, in virtual presence of our Friend of Rotary - Real Estate Entrepreneur Mr Nitesh Dua who himself has donated large heartedly for this project.

Also present were Chair Sahyog Project PP Salil Bali, Distt Disability Chair PP Dr VJS Vohra, PP Amarjit Singh, PP Ashok Puri, PP Salil Chopra, Rtn Renu Chopra, Rtn Brig JS Sabharwal, RC Chandigarh Midtown, R'Ann Indu Vohra, R'Ann Jyoti Sabharwal, Captain Charanjit (Bunny) Vohra, Ms Ita Vohra, Ananya, Anushka and Barkha.

We thank Capt Bunny Vohra for sponsoring artificial leg for below knee amputee.

Our Special thanks to PP Mujeeb Malik of RC Roorkee Midtown of sponsoring patients through his trust - Prof Malik Social & Educational Trust.

We also thank AG Harjeet Singh and President Ravijeet Singh of Mohali Midtown for their invaluable donation and also Mr DS Bali, father of PP Salil Bali.

Our deepest appreciation to PDG Manpreet Singh and his Son Guru for sponsoring patients.

As the Rotary year 2022-23 is coming to end, we thank PP Salil Chopra for celebrating the year with sumptuous cake from his Talez Bakery.

Celebration of International Yoga day with Special children



Dr Tehal Kohli presents memento to President Dr Sanjay Kalra and PP Dr Rita Kalra



Dr Tehal Kohli presents memento to PP Dr VJS Vohra and his daughter Ita

President Dr Sanjay Kalra was guest of honor at Indian National Portage Association celebration of International Yoga day on 21st June 2023, with Anganwadi children at Bapu Dham Colony, Chandigarh. PP Dr VJS Vohra, PP Dr Rita Kalra and Ms Ita Vohra joined the event.

Full support of Rotary Chandigarh Midtown was committed in INPA's upcoming programs, to help special children and vocational skilling programs. Dr Mrs Tehal Kohli, President of INPA shall be coordinating for disability empowerment of children.



Fear never builds the future, But FAITH and HOPE does.

All correspondence to the Editor: **PP Rtn. Dr. V.J.S. Vohra**
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