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Rotary Public Image is being projected by all our Bulletins which are mailed all over the world to large number of non-Rotarians and Rotarians with photos and is having global viewing through our website since Rotary year 2006-07, our Facebook page, YouTube, Whatsapp etc. Follow our regular weekly meetings on Facebook: www.facebook.com/groups/rotarychdmidtown and YouTube: http://www.rotarychdmidtown.org/youtube_channel/

Rotary **The Four Way Test**
Of the things we think, say or do
1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

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Volume 48 No. 05 Dated: 01 August 2023

Installation Ceremony of
Rtr Aman Garg
as **President and Board of Directors 2023-24**
of **Rotaract Club of Chandigarh Midtown**
Special Invitee
Rtr Chinmay Abhi
DRR 2023-24 RI District 3080

Venue: Hotel Shivalikview, Sector 17, Chandigarh | Date: 04 August 2023 (Friday) | Time: 6.30 pm

Presentation - **Sahyog Artificial Limbs Project**

[Click here](#) to see live streaming on Facebook

Our Club's regular meeting of July 28, 2023 being the last one for the month, was dedicated to the showcasing of the projects undertaken during the month, by the respective Directors of various avenues of service, as well as a presentation by PP Rtn Dr VJS Vohra of our Club's ongoing prestigious project – the Sahyog Artificial Limbs Project. President Rtn Jeeten Bhambri welcomed large number of Rotarians and Anns present in the meeting.

While commencing his presentation, PP Dr Vohra expressed happiness that Project Sahyog had been successfully going on since last two years and had benefitted more than 300 disabled people. The prosthetic limbs are prepared by professional clinical process as per norms of WHO and Rehabilitation Council of India.

Sahyog is the brainchild of PP Rtn Salil Bali, launched in August 2021 by PDG Ajay Madan. Dr Vohra explained how Salil, a dynamic District Chair of Sahyog promotes this project. While attending a matter at Delhi High Court on July 28, 2023, he came across Jamuna Prasad, a cleaner in the canteen, who had lost his right arm in an accident. Swinging into immediate action, PP Salil explained to a fellow lawyer, Mr Ankit Khurana about Project Sahyog who further introduced him to his sister, Rtn Aanchal Khurana, President of Rotary Club of Delhi Akash Megapolis, District 3011. Rtn Aanchal immediately agreed to sponsor Jamuna Prasad from her club and also announced introduction of this noble Project Sahyog in their District.

Month Gone by - **Report by Directors**

[Click here](#) to see live streaming on Facebook



Address by
President Jeeten
Bhambri



Project Sahyog
presentation by PP
Dr VJS Vohra



Song for Sahyog
by PP Salil
Chopra

Dr Vohra said, "This is how PP Rtn Salil Bali continues to spread the awareness about Project Sahyog, benefitting many more lives and also, enhancing the public image of Rotary."

PP Dr Vohra then continued to highlight the various beneficiaries of the Sahyog project present in the meeting, each of which was followed by appreciative applause from the members. The beneficiaries were present in the meeting who were introduced and recognized by Dr Vohra. There were three Paralympic participants who are



National Anthem by R'Ann
Purnima Sood and PP Rtn
Deepak Sood



Invocation by R'Ann Surinder
Chandoak and Rtn Col JS
Chandoak

representing India – Major Singh using right artificial arm is a Taekwondo player and Table Tennis couple Poonam and Mukesh – both polio victims, using walking calipers and crutches. Other Sahyog beneficiaries who walked to the dais on their artificial legs were Chandan and Jeevan. They were felicitated by all Past Presidents of our Club, present in the meeting.

The Guest of honour Dr Ashu Rastogi, Secretary, Diabetic Society of India, was not able to join us as he had to attend to some emergency cases in his Department of Endocrinology, PGI, Chandigarh.

Dr Vohra informed that Dr Rastogi would give to our club ten patients for fitting of below knee prosthetic limbs, under Sahyog Project, for which funds will be provided by Diabetic Society of India.

We thank Dr Rastogi for this generous gesture and look forward to meeting him soon to take up this project.

Dr Vohra requested PP Salil Chopra to sum up the presentation of Sahyog project by singing a song, with which he always promotes this project.

PP Salil Chopra, in his brief address, explained that the word “Sahyog” itself implies joining hands with each other to form a contagious chain of service, which keeps on spreading.

Likening it to an old Hindi movie song, PP Salil sang few lines, joined by Rtn Suresh Dhawan and followed by the entire audience present – “Saathi haath barhana, ek akela thak jayega, milkar bojh uthana, milkar Sahyog ko chalana”.



As few of the Directors could not make it to the meeting, their projects were showcased by Secretary Anup Sharma, on their behalf. Directors present were Rtn Anupam Jain and Rtn Renu Chopra.



Our special guests wearing artificial limbs and assistive devices felicitated by President, Secretary and Past Presidents



Puri family always ready to help, PP Ashok Puri and R’Ann Sudha Puri gave a cheque to a needy lady for education of her children



PP Dr VJS Vohra presents anniversary gift to Rtn Anupam Jain and Mr Rakesh Jain. Looking on are President Jeeten and Secretary Anup



President Jeeten Bhambri presents birthday gift to R’Ann Jyotie Sabharwal, joined by Rtn Brig JS Sabharwal. Looking on are Secretary Anup Sharma and Dr Vohra

Monthly Report by Directors – July 2023

[Click here](#) to see live streaming on Facebook

Club Service – Director Rtn Pradeep Sisodia



Installation Meeting 5th July 2023



Felicitation of the District Awardees

Club Assembly - Presentation of Budget RY 2023-24

Community Service – Director Rtn Dr Manjushri Sharma



Annapurna Diwas. More than 500 People were fed with langar at Govt Hospital Sector 16 Chandigarh



A Talk on Menstrual Hygiene was given under Community Service by Dir Dr Manjushri Sharma



Rotract Club Chd Midtown in association with Yuva Stambh Welfare Association organized a Blood donation and a Health Checkup Camp



International Doctor's Day Celebrated



Rotary Chandigarh Midtown organised an in-house blood donation camp at Blood centre Civil Hospital Panchkula in collaboration with Vishwas Foundation . On call to action by DG Arun Mongia, Dr Sanjay Kaira Distt. Thalessemia Chair has launched the Stem Cell Registration drive at all blood donation camps in the District 3080 to sensitize and spread awareness about thalessemia and for registration of stem cell donors. Pres Jeeten Bhambari Rotary Chandigarh Midtown is the first Rotarian of Dist 3080 to pledge stem cell donation at the program with NGO Datri .



Rotary Chandigarh Midtown today reached about 500 for two consecutive days stuck up residents of Ekta Nagar and Shivalik Nagar, Zirakpur and supported them with Food

Community Service

Rotary Chandigarh Midtown organised a Tree plantation drive at Miyawaki forest CH Panchkula by planting about 50 Trees there



"Giving Wheels" Rotary Chandigarh Midtown today with association of Rotarians & Retectors installed 30 Umbrellas for Street Hawkers/ Mechanics/ Parking Lots etc. in The Premises of High Court, Lake, Gran Market, Roads and Different Parking Lots.



Rotary Chandigarh Midtown has been committed to EWS/ Disabled Persons life assistance. In this Project we assist such persons in getting their Aayushman, UDID and Aadhar Cards applied and issued. Today a young boy who had come along with his grandparents for getting his UDID Card made was adopted by club for medical assistance



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On Nishey Mitra divas we distributed nutrients to TB patients at Ashiyana sector 26 and then at dispensary sector 16 panchkula.



Rajkumari a widow 67 years was admitted in emergency of CH Panchkula with angina and distress. She urgently needed a stent to save her heart but was unable to deposit 50000 Rs. as she is dependent on her daughter who is a daily wagger. As soon as commitment was confirmed from Rotary Chandigarh Midtown President Jeeten Bhambri, she was shifted to OT and stent was placed successfully.



Project MAA at Civil Hospital Panchkula by Rotary Chandigarh Midtown with mothers and new born at SNCU saw participation of over 35 mothers. The protein supplement were organized by jeeten bhambri and baby sets by Rtn Renu and Sali Chopra. Dr Manjushri gave a talk on family planning on occasion of World population fortnight and awareness on breastfeeding



On 25th we were approached by family of one Sh Dhaminder Tiwari for financial assistance. Dhaminder was having double brain tumour and had to be operated upon as the only alternative for saving his life. Rotary Chandigarh on being approached by the family created hope and committed full assistance. Dhaminder was admitted on 27th in PGI and was operated upon. Today President Jeeten Bhambri and team visited personally to the ICU of PGI for seeing his well being and encourage his family. Happy to share that the surgery is successful and he's doing well & is towards recovery.

Vocational Service – Director Rtn Anupam Jain

Under vocation services Avenue started the year on 1st July at 12pm by visiting Haripur Vocational Centre where girls were asked about their experiences with the courses offered by Rotary and how they were benefited



Visited Maloya sewing centre where batch of 20 girls are undergoing 6 months training in Sewing & Tailoring.



On 26th July DVS Anupam Jain alongwith Rtn RK Luther, President Rtn Jeeten Bhambri visited Premises of CCET vocational centre for meeting with principal & Suptdt. They also had a deep conversation on enrolment & launching training of vocational batches in different streams for RY 23-24.



Youth Service – Director Rtn Renu Chopra

Installation of Interact at Anameep Smart School, HaloMajra. The installation at school has been successfully done on 1st July at 7:30 am probably the first installation across



3/7/23 Installation of Interact club was done at GSSS MMT. A small talk on uses and benefits of millets was given by rann jyotie Sabharwal. Plants were given and tree plantation was done in the school



Installation of Interact Club was done at GGMSSS Sec 20 B Chd



Youth Service

7/7/23 School Bags with stationary to 3 under privileged students and school shoes to one needy student donated



Susiksha ke Rang Rotary uncle ke sang, a pathshala was organised on request of Principal of Govt middle school Khera Lucknow where children were educated on paryavaran need of Water saving



Donated books to class 10th Students of Govt Girls Model Sr Secondary School, Sector 20, Chandigarh by Ann Nandita Sisodia.



School Fee Sponsored : Rann Nandita Sisodia sponsored the CBSE Registration Fee of three students of Govt Girls Model Sr Secondary School, Sector 20-B, Chandigarh. A cheque of ₹8000/- was handed over to the principal and teacher in charge of the school Mrs Rekha by our Club President Jeeten Bhambri in the presence of Director Youth Service Rtn Renu Chopra, Secretary Rtn JS Bawa and Director Club Service Rtn Pradeep Sisodia .



Ann Nandita Sisodia donated books to four underprivileged students of different Government Schools at Rotary Literacy Centre under project 'Sushiksha'



International Service Director PP Rtn Amarjit Singh

July 2023

TRF Contributions

- Jeeten Bhambri \$1000 PHS
- Anupam Jain \$250 PHF \$300 Polio Plus
- Amarjit Singh \$250 PHF
- Salil Chopra \$100 Polio Plus
- Renu Chopra \$100 Polio Plus

Global Grants: 2 Global grants are applied and followed up

1. Sahyog Project
2. Singhpura School Zirakpur

Public Image - Director PP Rtn Salil Dev Singh Bali

Project 'Shinning Wheel' in First Phase Rotary Chandigarh Midtown is affixing Name Plates on Commercial / Residential establishments of its Members, to promote / introduce Rotary to every person reaching their establishment. Rotarians and Rotractors installed Umbrellas for Street Hawkers / Mechanics / Parking Lots.

Media Coverage

Public Image



School holds installation ceremony for Interact Club

A ceremony for the installation of Interact Club by Rotary Club Midtown was held at GGMSSS, Sector 20, Chandigarh with great enthusiasm. The function was graced by eminent Rotary Club torchbearers, President of the club, Jeetan Bhambri and other distinguished Rotarians addressed the students. They encouraged the students to engage in social work and to inculcate leadership qualities.

The inauguration ceremony successfully inducted the newly selected president, secretary, treasurer and other members of the club. The young students felt very motivated after getting their badges and were all prepared to don the mantle and discharge the responsibilities entrusted to them. Rtn Nandita Sood sponsored the CBSE registration fee of three students. A cheque of ₹2000 was handed over to principal Beena Rani. Dr Anupam presented a vote of thanks.



Rotary Four way test table plaque as a Public image initiative by Rotary Chandigarh Midtown launched by DG Arun Mongia at the installation function of Rtn Kartik Sharma of Rotary club of Baddi

Punctuality Award



Presented to PP Rtn BL Ramsisaria

Donations for Club Projects

Acknowledged with thanks

President Rtn Jeetan Bhambri	Rs 10000
Rtn Deepak Sood	Rs 10000
Rtn Deepak Chaudhary	Rs 10000
PP Rtn Ashok Puri	Rs 10000
PP Rtn Salil Chopra	Rs 10000
Rtn Naiyer Rehman	Rs 10000
Rtn Vijay Gupta	Rs 10000
PP Rtn RK Luther	Rs 10000
PP Rtn Salil Bali	Rs 20000
Mr Nitesh Dua	Rs 20000

Birthday of Spouse

PDG Rtn Yoginder Diwan	31 July
R'Ann Mini Verma	31 July

Birthday of Rotarian

PP Rtn Dr VJS Vohra	30 July
Rtn Kulvinder Singh Chhatwal	01 Aug
Rtn Dr Gopal Munjal	01 Aug
Rtn Ashish Singla	03 Aug

Wedding Anniversary

Neeru Khattar and Rtn Raj K. Khattar 29 July

Happiness and Smiles by Rtn Raj Khattar

Husband- मेरी बीवी Vastu-Shastra पर बहुत ही ज्यादा विश्वास करती है.	Husband- Oh-Yeah. जब हमारा झगडा होता है तब, वो कोई भी Vastu उठा लेती है और फिर उसका उपयोग Shastra की तरह करती है.
Friend- Great, क्या वो उसका उपयोग भी करती है?	

Thought

- The gift of relaxation is always a welcomed one.

- Do what is right, not what is easy.

Thought by Rtn Col JS Chandoak

Affectation is as necessary to the mind as dress is to the body."

--- William Hazlitt

Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



R'Ann Shivani Kapur is MA in Economics and MBA. She is working as Director in one of the Finance Company, besides she has her own venture The Tread Mill which is a traditional store of suits and sarees.

Q. Now you will be the First Lady of the Club in RY 2024-25, what are your feelings?

A. I have mixed feelings about it. On the one hand I am excited about it and am dreaming about all the limelight I will have but on the other hand I am thinking of all the responsibilities this new role will bring with it. Though I am confident that we as a family can discharge our duties very well and I realise that I will be more involved with club activities.

Q. Have you thought of any particular project you would like to take up during the next Rotary year?

A. It is too early to have crystal clear and concrete ideas about the new projects which will be taken up. However, the useful project undertaken by the earlier Presidents will continue. Of course, I will extend an unflinching support to my husband because I know there is always a woman behind a successful man. I will be like a solid rock to support him at every stage.

Q. Which projects fascinate you the most?

A. I am more involved in the projects which are related to women and children whether it is in the field of education, skill development or health. I love to organise and participate in cultural activities. I will continue to do so because these activities help in Rotary family bonding.

Wish you all the best as First Lady of Chandigarh Midtown in next Rotary year.

Scholarship program success story

Rtn Arjan Singh was pleased to inform that Tamanna Dwivedi was supported by our club for her degree in Chemical Engineering at Panjab University, mentored by PP Dr SK Sharma. She graduated in 2020, and worked in a plant at Paonta Sahib. This year she has made it to IIM, Raipur, Chhattisgarh.

Response to 'The Joy of Giving' by PP Dr Balram Gupta

By: R'Ann Neeru Khattar, PDC - Inner Wheel

Bhaiya, I just read your article in Midtowner - THE JOY OF GIVING! It's so beautifully expressed that it brought tears to my eyes! I could feel the hands of my father and father in law on my shoulder, telling me not to cry!!

My father was an honest proud Police officer who taught us that honesty and integrity are the most important things in life. And being the eldest of his 12 siblings, he felt it was his duty to provide help to them. My mother told me when I grew up how our father used to send ₹50/- for the education of his brothers at the time when his pay was a meager ₹150/- in 1952. I felt because, as his wife she never objected, she was as great as my father.

And my father in law, a rich self made man was an extremely empathetic human being. He often talked to me, "Neeru, जिस घर में परनाले नहीं होते, उस घर की छतें गिर जाती हैं।" (Those houses which do not have drain pipes, their roofs collapse!).

When he died in 1998, we came to know almost 200 students were sent scholarships from his for their education. He always told me, "there is no grace in giving that sticks to fingers". His right hand never knew what he gave away with left hand! This beautiful article today reminded me of both my dads who instilled in me the joy of giving ..!

PP Dr Balram Gupta presented his book to PRIP Raja Saboo



My Rotary Guru - Raja Saboo
For whom Rotary is service Beyond
Self. A way of life. He breathes
Rotary. He dreams Rotary. He
practices Rotary.
This Book of mine is presented
to Raja in Rotary spirit.
Balram
30.7.2023

Visit to other clubs by IPP Dr Sanjay Kalra and PP Dr Rita Kalra



Installation ceremony of President Dr Namrita Parmar of Rotary Club Roop Nagar with PP Dr Bhanu Pratap Parmar and Secretary Dr Antdeep Kaur



Installation of President Ashwani Sahni of Rotary Ambala City

Fear never builds the future, But FAITH and HOPE does.

All correspondence to the Editor: PP Rtn. Dr. V.J.S. Vohra
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AG Zone 6: Mohit Singla
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