





Weekly Bulletin of Rotary Club Chandigarh Midtown

R.I. President Rtn. Gordon McInally	District Governer Rtn. Arun Mongia	President Rtn. Jeeten Bhambri			Co-Editor Rtn. Ashish Ahuja
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www.rotarychdmidtown.org

Rotary Public Image is being projected by all our Bulletins which are mailed all over the world to large number of non-Rotarians and Rotarians with photos and is having global viewing through our website since Rotary year 2006-07, our Facebook page, whatsapp etc. Follow our regular weekly meetings on Facebook: www.facebook.com/groups/rotarychdmidtown and YouTube: http://www.rotarychdmidtown.org/youtube_channel/



The Four

Volume 48 No. 11 Dated: 12 September 2023

Way lest
Of the things we think, say or do
1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?
Click here

Blood Donation Drive & Fight against Thalassemia Organ donation & Menstrual hygiene Chief Guest: Prof. Renu Vij Vice Chancellor, Panjab University **Guest of Honour Rtn Rajpal Singh District Governor Elect**

Mulk Raj Anand Auditorium Art Block I, Panjab University Sector 14, Chandigarh 13th September 2023 | 9.00 am Please note change in Venue, Date and Time

Teacher's Day Celebration - Nation Builders Award

Teacher's day was celebrated in our meeting on 8th September 2023 by presenting Nation Builders Award to outstanding teachers, which forms a major component of the Teacher Support program of Rotary India Literacy Mission (RILM). President Rtn Jeeten Bhambri, welcomed the Chief Guest, the awardee teachers and Rotary members of Chandigarh Midtown.

The Chief Guest was the Deputy Director of Education Department, Haryana, Mrs. Indra Beniwal. She was introduced by First Lady R'Ann Dr. Kadam Bhambri, as a dedicated and dynamic individual who has made a remarkable journey from being an average student to a beacon of inspiration in the field of education. With a



Mrs Indra Beniwal

Rtn Anjali Chhabra

career spanning nearly a decade in educational leadership, she has risen through the ranks among different positions to become what she is today. Her journey is a testament to her dedication, compassion and



Teachers were presented Nation Builders Award by Ms Indra Beniwal and Rtn Anjali Chhabra

an unwavering commitment to education and community service. She dedicates her time to old age homes, embodying the belief that true happiness lies in serving others.

In her address, Mrs. Beniwal earnestly shared her desire to continue associating with students even after she retires, and provide them with a conducive environment for their holistic growth and development. She reminisced her early days as a principal where she lost sense of time, re-living her own childhood with them. Each child is born with innate abilities to make it big in life, which can be further groomed by parents and teachers, complimented with his / her own will power and hard work. As a testament to this fact. Mrs. Beniwal said she continues to be a student even at her age and has enrolled herself with IGNOU in Post Graduate Diploma in Family Counselling and Therapy.

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Today, there are many tools and resources available to students for learning which they must make use of, to fulfill their objectives of life. She also highlighted the virtues of honesty and integrity which a teacher should embody, in order to be a role model for their students. It is a matter of immense satisfaction for teachers when they see their students become good human beings and excel in different walks of life. Calling for maximum participation of students in extra-curricular activities while in school, Mrs. Beniwal said this was important for students to feel involved and confident of themselves, as well as keeping feelings of loneliness at bay, which otherwise leads them to negative distractions, addictions, etc.

Rtn. Anjali Chhabra, who is the Joint Secretary, CBSE, also addressed the gathering. She was introduced by her sister, R'Ann Shivani Kapur. Rtn Anjali did her schooling from Abohar and later completed graduation and post graduation from Panjab University. She also did B.Ed as well as cleared UGC Net. Initially she worked as a Lecturer in Gopichand College and DAV College, Abohar and later at Rayat Bahra Law College. She got selected in CBSE in 2011 and has risen to her current position over the years.

While expressing her praise for the role of a teacher in an individual's life, Rtn. Anjali felt concerned that nowadays fewer people wanted to adopt teaching and education as their careers. Even though these careers carry lot of respect and recognition in the society but at the same time, require strong commitment and dedication over one's lifetime. She felt happy that our a

Club had given due recognitions to the Nation Builders who wield a power to influence, power to bring about change and a power to shape the country's future at large. She admitted that compared to earlier times, a lot of information is available and accessible to students by means of the internet but still, the roles of teachers cannot be undermined.

A Training Programme was organized for the teachers before the meeting. The Event Chair, Rtn. Renu Chopra and R'Ann Nandita Sisodia played a pivotal role in managing the awardees – thirty eight in all - with help of principals of both private and government schools. The training programme was conducted by following members of our club, on the topics of educational value assigned to them :

PP Salil Chopra - Motivation and Future Reading Success.

Rtn. Shashi Jain – Motivation and Academic Performance.

Rtn. Dr. Manjushri Sharma - Gender Disparities in STEM Academic Performance.

PP Amariit Singh - Conducted a guiz on Information Technology.

First Lady Dr. Kadam Bhambhri - Conducted a Handson STEM Workshop : Makey Makey Magic.

Rtn. Dr Indu Luthra, a retired eminent teacher, shared her words of wisdom and motivation for the teachers.

President Jeeten congratulated the awardee teachers. He also thanked the event chair and her team in making this event a grand success.



Welcome address by Meeting called to President Jeeten Bhambri



order by SAA PP **Rtn Ashok Puri**



Invocation by R'Ann Shashi Gupta and PP Rtn Dr Balram Gupta





Secretary Rtn

Anup Sharma

Address by R'Ann Shivani Kapur



The teachers training session was addressed by Rtn Renu Chopra, PP Salil Chopra, Rtn Dr Shashi Jain, Rtn Dr Manjushri Sharma, PP Amarjit Singh, First Lady R'Ann Kadam Bhambri and Rtn Dr Indu Luthra







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Everybody cutting the cake to celebrate the birthdays of Rtn Jagvinder Singh Bawa, IPP Rtn Dr Sanjay Kalra and R'Ann Parveen





Mrs Indra Beniwal presents birthday gift to Rtn Jagvinder Singh Bawa gift to IPP I

 Ars Indra Beniwal presents birthday
 Mrs Indra Beniwal presents birthday gift to gift to IPP Dr Sanjay Kalra

 R'Ann Parveen, joined by Rtn Arjan Singh

Hybrid virtual meeting with Rotary Club Metro Providence

Rotary Club Metro Providence in Rhode Island USA hosted a Zoom meeting on 8th September 2023 at 3.00 am IST. As guest speaker PP Rtn Dr Rita Kalra, who is in USA, talked about our club and gave a detailed video presentation of the projects being undertaken every year by Rotary Chandigarh Midtown.

From our club PP Rtn Dr VJS Vohra and Rtn Pradeep Sisodia joined the proceedings on the zoom platform.

The meeting was presided over by President Rtn Laura Spear. Secretary Rtn Chris Spear gave an interesting presentation on project Biking to defeat cancer, being supported for research on cancer at Dana Foundation.

Dr Rita also presented our club flag to President Laura who expressed her gratitude to all participants for their presence.

This virtual meeting served as a platform for networking and collaboration among Rotary members of Metro Providence and Chandigarh Midtown.



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Public Image

Contributed by



It is important that Rotary and Rotaract clubs tell their stories in ways that help communities understand what Rotary does and why our work matters so as to inspire others to get involved. Appointing a club public image team can increase your success at making the club's communications consistent and unmistakably Rotary.

As the Director Public Image here are a few things I have observed:

1. Why you should have a specific public image Team?

When a club promotes itself and its work, they are increasing Rotary's awareness in the community. But it is also difficult for those club members who are organizing service projects to be responsible for marketing them too. A public image team can help with all of that. They can manage the club's public relations, press, and marketing in a coordinated and consistent way throughout the entire Rotary year, across projects.

PP Rtn Salil Dev Singh Bali **Director Public Image**

2. What a club public image team does?

The team is responsible for designing flyers and posters, writing press releases, updating the website, managing the club's social media presence, and making sure the club logo is used properly and consistency.

Ideally, the club public image director would manage a team with the appropriate skills to help, all working together to showcase the club and their members as people of action.

3. What qualifications are needed?

The team should have experience in marketing, journalism, copywriting, or digital media. Photo or video creation and editing is also a plus, as is having contacts to local journalists.

Available resources to help you succeed are

The Rotary Brand Center contains templates that are extremely helpful.

Public image initiatives are very essential for Rotary Clubs. According to Rotary International the Rotary story of the good that is being done, should be told to both Rotarians and the world at large. Public image building exercise should be taken up seriously by all clubs, zones and districts by highlighting the projects that are taken up to serve the community.

People should be able to feel Rotary's positive and vibrant presence. There has to be proper coordination with the press / media to project Rotary activities. This should also be done by regularly publishing of the club bulletin and create a wide circulation for it through print and social media,

Rotary members should wear their lapel pins at all times. The wheel that has been the symbol of Rotary, should be on their name board in the work place and place of residence. The 4-Way Test plaque should on their office table.

Building up Rotary public image will lead to membership growth as more people would feel attracted to join Rotary.



Fund Raising for Rotary by Director Public Image PP Salil Bali built over years, sharing his experience with Chief Editor PP Dr VJS Vohra

CREATE HOPE Rotary the WORLD SHINING WH (Rotary Public Image Initiative) The Midrowner

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Paul Harris – The Founder of Rotary

Paul Percy Harris was born on April 19, 1868. He played his innings till January 27, 1947 (78 years). He spent 42 years of his life with Rotary (1905-1947). 40 years with his legal profession (1896–1936). He blended Rotary with his legal profession. He was the founder of Rotary. Rotary was his gift to the world.

Paul Harris as a school going boy was mischievous. He was even expelled from the High School. He went to study law at the state university of Iowa. He graduated in law in 1891.

After doing law, he set out on a five year mission. To learn life by travelling. Living in different parts. Experiencing different cultures. Imbibing wholesome mindset. Equally, an outlook to deal with different challenges of life. He grew well. He started his legal practice in 1896. He set up his office in a small rented suite in Chicago. In Chicago to get good practice was not a problem because of the social and business conditions prevailing during that time.

How the Rotary idea germinated. It is an interesting story. In 1900, Paul had been in the legal profession for four years. He went with a professional friend to his home. After dinner, they both went out for a stroll. Paul's friend greeted different businessmen in their stores with a friendly feeling. A thought crossed Paul's mind. Why not such greetings and fellowship in Chicago also. He continued to toy with the idea for some time. He was professionally also engaged. He took his time. Finally, Paul invited his three clients who were local businessmen to meet on February 23, 1905. Their names were Silvester, Gustavus and Hiram. They belonged to different professions and businesses. Different faiths. The founding four were of different origins, USA, German, Swedish and Irish. All the four agreed to form a club drawing one member from each business or profession. Acquiring new friends. Building friendship and fellowship. Meeting every week by rotation. This is how Rotary took its birth. Soon, Paul realized that Rotary required greater purpose. Service to community - Serviceto humanity. The rest is history.

Paul had an accidental meeting with Manual Munoz, an old timer at the university level. This meeting proved of historical importance. Munoz joined Rotary. He went on a business trip to San Francisco. He not only marketed his company product but Rotary also. He met Homer Wood, a lawyer by profession. He kindled his curiosity about Rotary. Wood started correspondence with Paul. This led to the formation of world's second Rotary club in 1908 at San Francisco.

Rotary started moving fast. By the year 1910, 16 Rotary clubs had been chartered with a total membership of 1800 Rotarians. Accordingly, a conference of national association of Rotary clubs (NARC) was organized in 1910. Each club was to nominate one delegate for every 50 Rotarians. 29 delegates representing different clubs attended the conference. Paul was elected as President. He was also elected President the next year. At the end of his second term, Paul resigned. He cited demands of his professional practice and personal life as the reasons for doing so. He was elected President Emeritus by the convention action. A title that he held until his death. No other President had this singular honour. The Rotary club started functioning outside US at Winnipeg, Canada. Thereafter, the Rotary moved to different parts of the world.

The year 1910, is significant for another reason. On a Saturday afternoon, Paul was walking with a strikingly attractive Jean. Paul was wearing a fine Harris Tweed jacket.



A Lawyer by Profession

Paul's journey as a lawyer, the details of which are not easily available. In spite of effort. Still, I am weaving some together. Paul was prominent in his profession. He was a member of the Board of Managers of the Chicago Bar Association at the International Congress of Law at Hague. He was also a committee member of the American Bar Association. He was honoured with Doctor of Laws by the University of Vermont. Also, Doctor honoris causa, College of Law, Lima, Peru. His contribution in the field of Law was duly recognized.

He tore the jacket while climbing a barbed wire fence. Jean mended his jacket. This led to their lifelong association. They were married on July 2, 1910. In 1912, they moved to their own house in Chicago. Jean was not only the life partner. She was also the Rotary partner. She invariably accompanied Paul on all his Rotary meets and visits. The life history of Paul remained intertwined with the story of Rotary.

He was a lawyer among lawyers. His legal professional background helped him in picking up his three clients as the original Rotarians. From 1905 to 1936, the Rotary grew so well. So rapidly. These were the three decades when he was most active professionally also. He had refused the third time as President (1912-13), because he could not cop up both with Rotary and his profession. The profession of law was demanding. It is rare feat that he could blend his legal profession with Rotary.

These were the decades when Rotary from a sapling grew into a tree. In fact Rotary trees emerged in different parts of the globe. Along with Rotary, he also grew professionally. Truly, Rotary and legal and judicial coparcenary are partners in service. Judges find out the truth and do justice. Doing justice is divine service.

A reference to Mahatma Gandhi would be relevant. He was a Barrister. He was admitted as an advocate of the High Court of Bombay in 1891, the year in which Paul did his law. Gandhi practiced for 22 years. He would accept the cases of only those clients where he was convinced that they were speaking the Truth. He would never tutor the client or the witness. His clients were very happy with him. They used to bring such truthful clients to Gandhi. They would take the others to other lawyers. This was in Rotary spirit. I wonder, whether Paul knew about Gandhi. I doubt. About one thing, I am sure. Paul would have loved Gandhi to be embraced as a Rotarian.

Paul was not a sparkling speaker. His wisdom. His vision. They were thought provoking. He was quotable. The breadth of his knowledge was unending. He retired from his law practice in 1936. He wanted to be free and more time for Rotary. He was travelling all over the world. In the name of Rotary. He was a distinguished looking gentleman. Tall. Slender. He breathed Rotary. He nurtured Rotary. Rotary scaled new heights. Yet, he was humble and humane. Paul and Jean strengthened Rotary together. Jean, the wife was equally involved in Rotary. She went with Paul all over. She fully shared the glory of Rotary with him. She did far more for Rotary than is generally realized.

Paul passed away on 27 January 1947. Thank you, Paul for this gift to the world. The Rotary tree was 42 years old when you left us. Today, it is running its 119th year. Adding years only means, it is getting stronger and stronger. Rotary is a perfume. Its fragrance is spreading. It will continue to spread.

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Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



R'Ann Dr. Ruby Ahuja is a Clinical Psychologist having done her Ph.D in Psychology PGDGC Diploma in Clinical Management of Borderline Personality Disorder from Harvard and Diploma in Strategies to Deal with Anxiety from National Institute of Behavioural Sciences USA. She is a Certified Cognitive Behavioral Therapy (CBT) wellness Coach and Certified

Neuro Linguistic Programming (NLP) Trainer. She is also the Chairwoman of Confederation of Indian Industry (CII), Indian Women Network (IWN) Chandigarh Chapter. She has received many awards for her work.

Q. Ma'am you are so highly qualified in clinical psychology, please tell something about your area of work.

A. I have been working as the consultant with hospitals of tricity of Chandigarh for the last twenty years. I have conducted around 400 workshops, seminars and conferences. I have authored a book on teen parenting "The Hidden Mind", which is one of the best seller.

Q. Your talk will be very relevant for the Rotractors and even Rotarians. Why don't you oblige us by addressing them?

A. Though I am a very busy person, however, I will be happy to share my ideas whenever I am invited to do so. Though I don't take an active part in Rotary activities but will surely do my duty as and when I am assigned.

Q. What do you think of Rotary as the social service organisation?

A. Rotary is a wonderful organisation and a great platform to connect with like-minded people who are working tirelessly for public interest and social work. Rotary truly lives by its motto which is "Service Above Self".

Wish you continue to work for mental and psychological health.

Thought Rtn Raj Khattar

- Blame keeps wounds open. Only forgiveness heals.
- It all begins and ends in your mind.
- What you give power to, has power over you.

- Happiness is something to do, something to love, something to hope for.

Thought

Rtn Col JS Chandoak

Be not afraid of life. Believe that life is worth living, and your belief will help create the fact.

-----William James

Share your articles in this Bulletin

Rotary Members who are interested to write articles related to Rotary may contact the Editor. Mobile / Whatsapp: 9814006829 Email: drvjsvohra@gmail.com

Donations for Club Projects



Relief for Flood affected victims of Mandi HP - request received from RI 3070

- 1) First Lady R'Ann Dr Kadam Bhambri ₹5000/-
- 2) R'Ann Pinky Bawa ₹2000/-
- 3) R'Ann Neeru Khattan ₹2000/-
- 4) R'Ann Sukrite Salwan ₹2000/-
- 5) R'Ann Shivani Kapur ₹2000/-
- G) PP Rtn Dr Rita Kalra ₹3000/-
- 7) R'Ann Sunita Aggarwal ₹2000/-
- 8) R'Ann Urmil Luther ₹2000/-
- 9) Rtn Indu Luthra ₹2000/-
- 10) Rtn Chander Prakash ₹2000/-
- 11) Rtn Dr Col VK Kapoor ₹5000/-
- 12) PP Rtn Ritu Singal ₹20,000/-
- 13) R'Ann Ranjana Dev ₹2000/-

For Pulse Polio Society

1) Rtn Suchi Kapoor \$100

2) PP Rtn RK Luther \$100

Happiness and Smiles by Rtn Raj Khattar



Lady to Auto driver: भैया, चाँद तक चलोगे? Auto driver: हाँ, बैठिये पर 1200 करोड़ रुपये लगेगें। Lady: 1200 करोड़ क्यों ? चंद्रयान तो 600 करोड़ में पहुंच गया।

Auto driver : Madam, लौटने में सवारी नहीं मिलती। खाली आना पड़ता है।







Thank you all Dear Teachers

Contributed by



PP Rtn Dr Rita Kalra

I am What I am and What I wanted to be! Gratitude with love to all the Teachers who shaped my journey of life.

On Teacher's day and indeed every day, we pause to recognize and express our deepest gratitude for the immeasurable contributions our parents make in shaping our minds and futures. In times of doubt, you provide reassurance. In times of struggle, you offer a guiding hand. And in times of success, your pride in us as we shines brighter than any accolade.

In the hallowed hallways of learning at school, you don't just teach subjects, but you instill values, spark curiosity, and inspire dreams. With every lesson you plan, every extra hour you give, and every challenge you overcome, you lay the foundation for countless tomorrows.

Teaching is not just a profession - it is a calling. And while the chalk may fade and the blackboard may erase, the wisdom you impart and the impact you have is eternal. Your patience, dedication, and unwavering belief in every student's potential often go beyond the confines of textbooks.

You see the promise in every child, the potential in every learner, and you dedicate your life to nurturing that promise into fulfillment. You are the unsung heroes of society, the beacon of hope for the future, and the custodians of the next generation.

For the lessons both spoken and silent, for the challenges you turn into opportunities, and for the endless love and dedication you pour into your noble profession - thank you. Today, we celebrate you, not just as teachers but as the architects of a brighter, better world.

Life has often been called the greatest teacher, but it is through each of you – the kind souls, caring family, amazing life mate, marvelous children, supportive friends, challenging adversaries and even passing strangers – that life imparts its lessons.

Thank you to those who showed kindness when the world felt cold, teaching us the power of compassion. To the ones who challenged us, making us question, ponder, and grow – your presence taught us resilience and determination. To the friends who stood by us through highs and lows, you taught us loyalty, love, and the essence of true friendship.

Thank you to the strangers who showed unexpected acts of kindness, teaching us that humanity is boundless. And to the adversities that seemed insurmountable, thank you for showing us our own strength and the depth of our spirit. In this vast classroom of existence, every encounter, every challenge, and every moment of serendipity is a lesson. And for these lessons, we are eternally grateful.



For molding us, shaping our perspectives, and allowing us to see the multifaceted nature of existence, thank you.

It's a journey of learning, and each of you has been a teacher in your own right, leaving indelible marks on the pages of our life's story.

With profound gratitude and reverence for the lessons on journey called life-To all the teachers who carved my future.

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Heartfelt Condolences

Received shocking news about very sad and sudden demise of one of the finest and highly respected Rotarian, PP Baldev Krishan Aggarwal of Rotary Club of Chandigarh. (owner of Sip & Dine Restaurant, Sector 7, Chandigarh).

He suffered a massive heart attack on 11th September 2023. May God grant eternal peace to the departed soul.

Our heartfelt condolences to the family and may God give strength to them to bare this irreparable loss.

