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Volume 48 No. 19 Dated: 07 November 2023



The Four Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

[Click here](#)



Fun, Food, Masti, Performances, Music, Dance and Games

Venue: Garden of:
R'Ann Sandhya and
PP Rtn DP Khandelua
HNo. 564, Sector 33-B
Chandigarh

Date: 08 November 2023
(Wednesday)

Time: 7.00 pm onwards

Change in Venue, Date and Time

Celebrating The Rotary Foundation Month

[Click here](#) to enjoy live streaming on Facebook

In our regular meeting on 3rd November 2023 President Rtn Jeeten Bhambri welcomed the members. 'Lekha Jokha' of the month, that is, Director's report for October was presented by Secretary Rtn Anup Sharma and two directors Rtn Pardeep Sisodia and Rtn Dr Manjushri Sharma. PP Rtn Dr Rita Kalra gave an elaborate presentation about The Rotary Foundation.



President Jeeten Bhambri



Secretary Anup Sharma



National Anthem by R'Ann Rekha Mehan, Rtn Dr Manjushri Sharma and Rtn Dr Indu Luthra, joined by Sergeant-at-Arms PP Rtn Ashok Puri



Presentation on TRF by PP Dr Rita Kalra



Invocation by R'Ann Nandini and Rtn Pardeep Sisodia

President Jeeten also acknowledged the support from our Rotarians for the various projects carried out till date. To mark the ongoing week as Interact Week, he exhibited a very colourful PowerPoint presentation prepared by the First Lady R'Ann Dr Kadam Bhambri, which is about getting captivated by the magic of Rotary, where kindness, compassion, and adventure come together to create an extraordinary tale. By [clicking here](#), let's dive into 'Rotary Magic' and discover the wonder within!

November is designated as Rotary Foundation Month to highlight and promote the charitable work of the Rotary Foundation. The Rotary Foundation is Rotary International's charitable arm, and it plays a crucial role in supporting various humanitarian, educational, and community service projects around the world. The Rotary Foundation funds programs such as polio eradication, clean water and sanitation initiatives, education and literacy projects, and many others. Rotary clubs worldwide use November as a dedicated month to raise awareness about the Foundation's work and to encourage their members and the community to contribute to these causes. It's a time for clubs to organize special events, fundraisers, and activities that support the Rotary Foundation and its projects. This focus on the Rotary Foundation during November allows Rotary clubs to showcase their commitment to making a positive impact on society and to encourage both Rotarians and the public to get involved and contribute to the Foundation's efforts.

In view of the above, our club celebrated the Rotary Foundation Month. An interesting and an informative presentation was given by PP Dr Rita Kalra.

We often wonder, in a world full of unkindness, in a world full of poverty, in a world full of all kinds of problems, will my little act of kindness or generosity make a difference and use that as an excuse to carry on with our life & do or contribute nothing.

We urge each Rotarian to donate ten dollars. 'If each of us give, the cumulative amount would be a 10 million dollars!'

The cumulative effect, the real impact, is often hard to perceive. And that keeps us from taking that first step. We don't bother too much about throwing litter from our cars on to the streets either. 'The city is so dirty, What difference will another empty packet of chips make?'

And we don't bother writing that small cheque that could help educate a poor girl child somewhere. After all, illiteracy is a huge problem in India, Paying to educate one child won't alter the numbers, will it?

And soon it becomes our attitude to life in general & we stop taking small steps to improve.

In situations like this, I am always reminded of this story - The tale of boy and the starfish.

An old man, walking on a beach one morning, noticed a young boy walking ahead of him. As he walked, he would bend down every now and then, picking up starfish and throwing them back into the sea.

Catching up with the boy, he asked him why he was doing this. He replied that the poor starfish had got washed ashore at night, and would probably die in the morning sun. 'But this beach stretches for miles and there are probably a million starfish on the shore,' countered the old man. 'How will your effort make any difference?'

The boy looked at the starfish in his hand, flung it into the water and said, 'Well, it sure made a difference to that one.'

In our lives and careers, we regularly come across such starfish moments - Seemingly insurmountable problems, where your individual contribution to the solution seems small, almost trivial.

The next time that happens to you, your starfish moment, remember you could do one of two things. Either shrug your shoulders and say why bother, what difference can it make, or take that small step and do your bit.

The beach may be long, there may be millions of starfish, But throwing one back means one life saved. You can make a difference!

This Festive season, do your bit, every little bit counts, Make a difference and Stay blessed forever.

The Rotary Foundation transforms your gifts into projects that change lives both close to home and around the world. As the charitable arm of Rotary International, we tap into a global network of Rotarians who invest their time, money, and expertise into our priorities, such as eradicating polio and promoting peace. Foundation grants empower Rotarians to approach challenges such as poverty, illiteracy, and malnutrition with sustainable solutions that leave a lasting impact.

Strong financial oversight, a stellar charity rating, and a unique funding model mean that we make the very most of your contribution. Give and become a part of Rotary's life-changing work!

The collective leadership and expertise of our 1.2 million members helps us tackle some of the world's biggest challenges, locally and globally. We are united by common values and vision for the future as we sharpen our focus with targeted specific causes that will reach communities most in need.

GUIDING PRINCIPLES

For more than 100 years, our guiding principles have been the foundation upon which our values and tradition stand. The Four - Way Test, Object of Rotary,

and the Avenues of Service express our commitment to service, fellowship, diversity, integrity, and leadership.

Promoting peace
Fighting disease
Providing clean water
Saving mothers and children
Supporting education
Growing local economies

HISTORY OF THE ROTARY FOUNDATION

At the 1917 convention, outgoing RI President Arch C. Klumph proposed to set up an endowment “for the purpose of doing good in the world.” In 1928, it was renamed The Rotary Foundation, and it became a distinct entity within Rotary International.

GROWTH OF THE FOUNDATION

In 1929, the Foundation made its first gift of \$500 to the International Society for Crippled Children. The organization, created by Rotarian Edgar F. “Daddy” Allen, later grew into Easter Seals.

When Rotary founder Paul Harris died in 1947, contributions began pouring in to Rotary International, and the Paul Harris Memorial Fund was created to build the Foundation.

EVOLUTION OF FOUNDATION PROGRAMS

1947: The Foundation established its first program, Fellowships for Advance Study, later known as Ambassadorial Scholarships.

1965-66: Three programs were launched: Group Study Exchange, Awards for Technical Training, and Grants for Activities in Keeping with the Objective of The Rotary Foundation, which was later called Matching Grants.

1978: Rotary introduced the Health, Hunger and Humanity (3-H) Grants. The first 3-H Grant funded a project to immunize 6 million Philippine children against polio.

1985: The PolioPlus program was launched to eradicate polio worldwide.

1987-88: The first peace forums were held, leading to Rotary Peace Fellowships.

2013: New district, global, and packaged grants enable Rotarians around the world to respond to the world’s greatest needs.

Since the first donation of \$26.50 in 1917, the Foundation has received contributions totalling more than \$1 billion.

Project Hunnar under area of focus community economic development is a vocational skilling centre grant at Village Bir Ghaghar and appeal for cumulative contribution of 9000 \$ was announced and several Rotarians came forward. Total grant is for 40000.\$ Mobile diagnostic express 97000\$ is testing and screening TB Patients across Haryana.

Dialysis support centre 42000\$ is almost done and ready for closure

Project Aastha For cervical cancer vaccination 90000\$ has vaccinated 1000 girls with two doses and shall cover 1000 girls this year.

So for grants worth 270000 \$ from The Rotary Foundation we have contributed 50000 dollars.

So invest in the foundation to impact thousands of people and multiply your contribution.



President Jeeten Bhambri and PP Ashok Puri present a token of appreciation to PP Dr Rita Kalra. Looking on is Secretary Anup Sharma



Rtn Viney Aggarwal presents birthday gift to Rtn Ashish Ahuja. Looking on are President Jeeten Bhambri and Secretary Anup Sharma

Lekha Jokha for the month of October was given by Secretary Anup Sharma.

Director Club Service Pardeep Sisodia and Director Community Service Dr Manjushri Sharma presented their reports. Glimpses of the projects and activities of the month are given below. For detailed presentation uploaded on Facebook, [click here](#).



Month Gone By October
Report by Directors

Rotary Chandigarh Midtown | CREATE HOPE in the WORLD

MONTHLY REPORT

 Dr Pardeep Sisodia Director Club Service	 Dr Anupam Jain Director Vocational Service	 Dr Manjushri Sharma Director Community Service	 Dr Anup Singh Director International Service	 Dr Renu Chopra Director Youth Service	 Dr Nishi Dhillon Director Public Service
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Heartiest Congratulations



Ms Kirti Singh daughter of PP RK Luther and R'Ann Urmil Luther taking oath as Addl Judge of Punjab and Haryana High Court on 6th Nov 2024

TRF Contributions	
Jeevan Bhambrani	\$1000 Polio Plus
Anuram Jain	\$250 PHF \$300 Polio Plus
Amerjit Singh	\$250 PHF
Savit Chopta	\$100 Polio Plus
Bhanu Chopta	\$100 Polio Plus
Raman Salwan	\$182
Rajaratn Gansan	\$182
Vinod Jawa	\$100 Polio Plus
Ashok K Puri	\$100 Polio Plus
Anup Sharma	\$100 Polio Plus
Jeevan Bhambrani	\$100 Polio Plus



For detailed presentation uploaded on Facebook, [click here](#)

Rtn Charu & DG Arun Mongia
District Governor (2023-24)

Members are requested to send Rotary articles for the bulletin, sharing their Rotary experience or information. Interesting articles on personal achievements or non-political topics for community service are also welcome. The article should have upto 500 words.

Please send to the Editor on email: drvjsvohra@gmail.com or Whatsapp: 91 9814006829

Donations for Club Projects

Acknowledged with thanks

Rtn Vinay Aggarwal Rs 11000
PP Rtn Dr VJS Vohra Rs 3000
for Signature Project at Singhpura
For Global Grant Bir Ghaggar
PP Rtn Dr Rita Kalra and IPP
Rtn Dr Sanjay Kalra \$1000
PP Rtn RPTS Tulsi \$ 60
Rtn Dr Indu Luthra \$ 60
PE Rtn Nitin Kapur \$ 400

Birthday of Spouse

R'Ann Veena Bindra 08 November
R'Ann Dilpreet 10 November

Birthday of Rotarian

Rtn Harinderjit Kaur 04 November
PP Rtn Ajit S. Gulati 10 November

Wedding Anniversaries

R'Ann Mini Verma and Rtn
Maj General Arun K. Verma 06 November

Happiness and Smiles by Rtn Raj Khattar

Punjabi don't say, "Oh my God"...
They say "Hi O Raba". And that is more Emotional.
Punjabi don't say, "are you happy now?"...
They say "pay gayi thand hun?" and that's beautiful!
Punjabi don't say 'buzz off'
They say 'dhoor fittay moo' that's beautiful.
Punjabi don't say "get off of my back"
They say "Maghron leh ja "" and that's just hilarious.
Punjabi don't say 'to each their own',
They say 'sanu ki' and it is cute.
Punjabi don't say 'What's up?',
They say 'hor koi navi taji?' and it is cooler.
Punjabi don't say "behave yourself"
They say "banda ban" and I its really funny.
Punjabi don't say "that's more than sufficient",
They say "horr ki chayida" and it's savage!
Punjabi don't say "All the best",
They say "Chakk de Phatte" and it gives a totally different kind of adrenaline rush!
Punjabi don't say "get out".
They simply say
"Dafa ho ja" that is more straight forward.
Punjabi don't say 'leave it be'.
They say 'mitti pao ji' and it is super.
Punjabi don't say 'Mind your own business'.
They say 'Teinu ki' and it is cute.
Punjabi don't say 'Welcome'
They say 'jee aaya nu ' and that feels good.
Punjabi don't say, -- SOCIAL DISTANCING,
They say, 'PARAAN MAR' and that is more easily understood for all.
Message dedicated to all the Punjabis.

Serious complaint of a wife to Haryana Police:

पत्नी हरियाणा पुलिस से- जी म्हाला घरवाला 5 दिन पेहला गोभी लेन गया था इब तक कोणी आया हरियाणा पुलिस- फेर के होया, कोई और सब्जी बना ले, जरुरी है गोभी बनानी .

Rtn शशि जैन से रूबरू दिल से दिल की गुफ़तगू



Rtn. Kulbir Bhatia has been working in healthcare industry for the last twenty five years. His present assignment is with Widex India Pvt Ltd Denmark. He is really motivated and has very good prospects of rising high in Rotary.

Q. When did you join Rotary and what motivated you to join Rotary?

A. I was a Rotractor during my college days. Therefore, motivation was already there but when I met PP Amarjit Singh, the desire to be a part of Rotary resurfaced and I became member of Rotary Club Chandigarh Midtown during his tenure.

Q. You have held important positions in the Board of our club. Will you please tell something about those positions and your contribution to Rotary?

A. I have been a member of the Board four times. I was Director Youth Service twice and Director Club Service once. In the current Board I am the Joint Secretary. I am also a Paul Harris Fellow. As Director of Youth Service and Club Service I have been involved with almost all projects of the club. During my tenure 3 new Rotract Clubs were installed. Various blood donation camps including Mega Blood Donation Camp with Canara Bank were organised. I participated in RYLA Vishesh and TB Awareness programme. I have also been a part of swacchta abhiyan campaign and several medical camps. I also organised prestigious Vishnu Gupta Memorial Debate in the club. I also participated in Tree Plantation Projects and Road Safety Programme in association with Chandigarh Police.

Q. You have also raised funds for the club projects. How did you do that?

A. I actively participated in Breast Cancer Awareness Fund Raising programme by organising Ramp Show and Fashion Show in Zirakpur village. I was also involved in organising plays to raise the funds.

May the fire of Rotary keeps igniting your spirit and soul !

Capacity Building program for Bangladesh Judges

50 Bangladesh Judges came to India for Capacity Building program during October 08 to 20, 2023. This program was executed both at National Judicial Academy, Bhopal and Chandigarh Judicial Academy. Judges from Supreme Court and different High Courts took Sessions. PP Balram K Gupta took Sessions both at NJA and CJA. In fact, the entire program at CJA was mentored by Dr Gupta. Judge Mr Motasim Billah from Bangladesh gave the Expression of Gratitude. Dr Gupta said, "This Gratitude was special. Therefore, the same is being shared with the Rotary Family." Reproduced below as expressed by Judge Mr Billa.

It is my immense pleasure and privilege to have this opportunity to express gratitude on behalf of judicial delegates from Bangladesh. Training and capacity building program for Bangladesh judicial officers organized by the National Judicial Academy, Bhopal and Judicial Academy Chandigarh has no doubt, a great significance in the overall development of rule of law and dispensation of justice within this subcontinent. And thus, we like to offer our hearty appreciation and sincere gratitude to all concerned whose untiring efforts have culminated this program a resounding success by optimizing quality and efficiency in rendering justice for the justice seeker.

In this auspicious moment, I would like to express our endless thanks and profound gratitude to learned senior Advocate, emeritus professor Dr. Balram K. Gupta who has been our guiding light imparting extensive knowledge and nurturing our talents to the fullest way. During our stay in India we have been able to realize that Dr. Balram Gupta is a famous legal architect as judicial educator and trainer. We are also delighted to learn that Dr. Gupta's insightful deliberations, keen observations and sensible explanation of law have made him a living legend and renowned scholar of law within and beyond India.

Your insurmountable contribution, untiring dedication and true devotion towards

achieving judicial excellence and enriching legal education is beyond description. In your voyage of justice, you begot enormous number of judges, advocates and law scholars in justice sector of India who are playing a pivotal role for ensuring justice by materializing your pragmatic ideology, philosophy and thoughts of law. Therefore, we the judges of Bangladesh are humble and proud to be your disciple of law and an attentive listener of your exquisite deliberations.

During your career, you have travelled from one planet to another with an ultimate aim of ends of justice and in course of time, you have become a sage of law. Your exceptional and rare teaching and training quality as well as your mesmerizing oratory skills made all of us spell bound. Thus, we, all the participants are of firm conviction that as a mentor in judicial academy, you are none but a twinkling pole star of wisdom. Your presence has added an extra spark to every session.

You have written an autobiographical book entitled "My Journey with Law and Justice". We all are enough lucky to think that our journey has begun with you from National Judicial Academy, Bhopal and it is still continuing in Chandigarh and therefore, we all are blessed for your kind company and guidance. At the same time, we all are overwhelmed by your vibrant leadership and outstanding professionalism. The topic on Alternative Dispute Resolution and Plea Bargaining is worth saying that when Dr. Balram Gupta sir is a speaker, on this juncture, no legal matter can remain difficult and cumbersome. You are undeniably, a dispute resolver both in formal and alternative way.

Intricacy of law becomes ice when it is echoed from the voice of Dr. Gupta, the rolling and wave of law turn calm, when the sailor name is Balram Gupta. The way you do surgery, biopsy and ultrasonography of law is really mind blowing. I have no hesitation to say that law is a good recipe when it is served by Gupta Sir, law seems to be a good drama when it is staged by dear Gupta Sir, law seems to us a beautiful song



Dr Balram Gupta is presenting his Book to Judge Ashan Habib

when it is sung by Dr. Balram Sir, law is considered to be a best mathematics when it is solved by Dr Balram Sir, law is amount to Newton's rule when it is described by Gupta sir, law is a best chemistry of human life when the equation is levelled by Dr Gupta, and above all, couple of these days in India, law has given us flavor and spice of literature, history and culture when it is taught by the best presenter Dr. Balram K. Gupta sir.

Your excellent articulation and thought provoking deliberation would be preserved in our mind as a golden resource and you would remain evergreen in our memory.

You would always be remembered as an inspiring personality.

With these few words, I would like to conclude by saying-

*Nor east, nor west
In judicial academy of India,
Dr. Balram Gupta sir is the best.
Through this training we have achieved the highest
Tomorrow Insa Allah we will be back to our nest
May friendship and fraternity of Bangladesh and India live long.*

Fear never builds the future, But Creating HOPE in the World does.

All correspondence to the Editor: **PP Rtn. Dr. V.J.S. Vohra**
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Good Thoughts

Thought by Rtn Raj Khattar

- Time and words can't be recalled, even if it was only yesterday.
- Be bold when you lose and be calm when you win.
- Your life is a fingerprint that cannot be duplicated. So make the best impression with it.

Thought by Rtn Col JS Chandoak

Economy is the art of making the most of life. The love of economy is the root of all virtue. ----- G.B. Shaw

Punctuality Award



Presented to PP Rtn Ashok Puri by President Jeeten Bhambri and Secretary Anup Sharma

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