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Rotary



**The Four
Way Test**

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

[Click here](#)

Volume 48 No. 21 Dated: 21 November 2023

Arpan

Joy of Giving

TRF SEMINAR

Host: Rotary Panipat Midtown

Venue: Sham Bagh, Panipat | **Date:** 26 November 2023 (Sunday) | **Time:** 10.00 am

Change in Venue, Date and Time

There will be no meeting on Friday

The Rotary Foundation - A Legacy of Making a Difference

[Click here](#) to enjoy the Live streaming and photos on Facebook

In our weekly meeting on 17th November 2023 an enlightening and inspiring presentation on The Rotary Foundation was given by Chief guest PDG Rtn Dr RS Parmar. The insights and his expertise on the Foundation's impactful work and its pivotal role in Rotary's mission of advancing world understanding, goodwill, and peace, were not only informative but also deeply motivating.



PDG Dr RS Parmar

President Rtn Jeeten Bhambri welcomed PDG Dr RS Parmar, and acknowledged the gracious presence of PDG Rtn Chetan Aggarwal from Ropar and PDG Rtn Yoginder Diwan from Parwanoo. President Jeeten expressed his delight on having three Past District Governors in our meeting.

The informative presentation by PDG RS Parmar, on the Rotary Foundation was an exposition of facts and figures, an interesting journey through the heart and soul of Rotary, navigating us through the multifaceted aspects of TRF, and its vision for the future. From the End Polio initiative to the global scholarship programs – the talk was truly captivating.

Expressing our gratitude for an enlightening presentation on The Rotary Foundation by PDG Dr Parmar, PP Rtn Dr Rita Kalra said, “Your dedication to Rotary's cause is not just commendable but deeply



PDG Yoginder Diwan presents mementos to PDG RS Parmar and PDG Chetan Aggarwal. Looking on are Secretary Anup Sharma, President Jeeten Bhambri, PP Dr Balram Gupta, PP Dr Rita Kalra, PP BL Ramsaria and Editor PP Dr VJS Vohra live streaming the meeting on Facebook

inspiring. We were honored to have you as our chief guest and look forward to any opportunities to collaborate or engage with you in the future. Your insights and expertise on the Foundation's impactful work and its pivotal role in Rotary's mission of advancing world understanding, goodwill, and peace, were deeply motivating.”

Dr Parmar's presentation on Foundation's programs focused from global grants to district grants and provided us with a clearer understanding of how we, as a club, can contribute more effectively to these life-changing initiatives.



Address by
President Rtn
Jeeten Bhambri



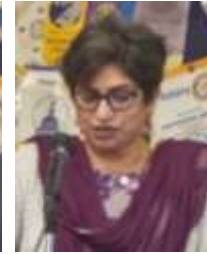
National Anthem by
SAA PP Rtn Ashok Puri
and Rtn Anupam Jain



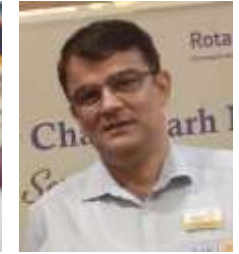
Invocation by PP Rtn Ajit
Gulati and R'Ann Bir
Gulati



Introduction of chief
guest by PP Rtn Dr
Balam Gupta



Vote of thanks
by PP Rtn Dr
Rita Kalra



Announcements
by Secretary Rtn
Anup Sharma

The presentation on TRF has undoubtedly reinvigorated our commitment to The Rotary Foundation and its noble goals and enhanced our understanding and appreciation of the Foundation's work.

We are more motivated than ever to participate actively in its programs and to contribute to its mission of creating lasting change across the globe.

We were skillfully navigated through the multifaceted aspects of The Rotary Foundation, shedding light on its history, its present endeavors, and its vision for the future. The End Polio initiative to the global scholarship programs – was not only informative but truly captivating.

Dr Parmar gave examples of successful projects funded by Rotary grants in areas like clean water, disease prevention, and literacy were particularly inspiring.

They illustrated the tangible impact that our contributions and efforts can have, reinforcing the value of every effort we make, no matter how small.

Additionally, personal anecdotes by Dr Parmar, about the lives touched by the Foundation's work brought a human element to the discussion that was both moving and motivating. Hearing about individuals whose lives were transformed through Rotary's intervention reminded us of the real purpose of our commitment – to make a difference in the world, one life at a time.



PDG Dr RS Parmar presents wedding anniversary gift to PP Rtn Kanan Diwan and PDG Yoginder Diwan



PDG Dr RS Parmar presents birthday gift to R'Ann Indu Vohra, joined by PP Rtn Dr VJS Vohra



PDG Dr RS Parmar presents birthday gift to Rtn Naveen Aggarwal



PDG Dr RS Parmar presents birthday gift to PP Rtn Ajit Gulati, joined by R'Ann Bir Gulati



Rtn Jagvinder Singh Bawa gets PHF recognition and congratulations from PDG Dr Parmar

ROTARY NEWS

November 2023

Rotary HELPING HUMANITY

Rotary ki Pathshala for new members

Team Rotary News

RC Chandigarh Midtown, RID 3080, held a new member orientation programme called *Rotary ki Pathshala* (Rotary classroom) at the Rotary House in Ferozshah, Chandigarh. The event witnessed over 100 registrations from 15 clubs. Past president BL Ramaswara and president Jiten Bhambani provided guidance for the event.

TRIP Rajendra Saboo spoke on the importance of values and ethics for Rotary members and unveiled

the 2023 Classification Roster. The book *Know About Rotary*, authored by Ramaswara and sponsored by DG Anu Mengla, was distributed to all participants.

Dr Rita Kakra was the event chair. Twelve faculty members mentored the new members on a range of topics, including the history of the organisation, TRP giving, grant programmes, membership induction procedure, involving members' families, meeting attendance, fellowship, the 4-Way Test, Rotary Code of Conduct,



Members of RC Chandigarh Midtown at the Singhpura School after inaugurating the toilet block.

Rotary themes, branding and public image, as well as Rotarians' privileges and obligations, insight on *My Rotary* and *Rotary Infolia* portals, along with social media strategies. The event also covered

the five avenues of service, seven focus areas, structured youth and international programmes and fellowship such as RFE and RAG. The club inaugurated a new toilet block at Singhpura

School, located on the outskirts of Chandigarh. Despite limited facilities and inadequate sanitation, this school caters to 250 students. The club has also renovated the classrooms and provided furniture

and educational equipment to the school.

Following a request from KC Sundmager, RID 3070, the club provided 50 tarpaulins and 400 woven blankets to the flood victims in Mandi district. In collaboration with the National Organ and Tissue Transplant Organization, the club organised an organ donation awareness rally from Delhi to Chandigarh and back. Around 200 participants, including Rotarians and Rotanettes from RIDs 3080, 3011, 3072, and 3100 participated in the rally. ■



TRIP Rajendra Saboo being greeted by event chair Rita Kakra in the presence of (from left) BL Ramaswara, Bakram Gupta, DG Anu Mengla and club president Jiten Bhambani (R).

A farmers' market at Nashik

RC Nashik, RID 3030, inaugurated a farmers' market at the Vajji Education Museum, Nashik.

The organic market concept was begun five years ago with an aim to help local farmers sell their produce at a fair price while providing the general public with affordable, high-quality

organic vegetables. The market has been functional since then and it opens from 8:30am to 10pm every Sunday throughout the year.

"The prices of vegetables and fruits here are much lower than the market price. Even when the prices of some vegetables are skyrocketing, these farmers offer vegetables



at a fair price. When the price of tomatoes in the market was ₹150 per kg a couple of months ago, the farmers sold it for only at ₹30 a kg in the

market," says Vinayak Doodhar, the club's director, Public Image. Several Rotarians and the general public benefit from this market every week. ■

Introduction of PDG RS Parmar

By: PP Dr Balam Gupta

- MS (Surgery) from PGI, Practicing surgery since 1969: Resident Teaching Fellow and Registrar in the Department of Surgery (PGI). Published Papers in National Journals in Collaboration with Prof. I.C.Pathak.
- Moved to CH, Ropar: Private Surgeon since 1978. Set up Parmar Hospital equipped with advanced latest surgical equipments. Outstanding Laparoscopic & General Surgeon. 55 years experience. 55 years experience.
 - President Punjab PCMS Association in 1977-78
 - President IMA (Punjab) 2010-11
 Executive Member: Dist TB Control, Leprosy Control,

Blindness Control Societies, Literacy Society, Red Cross

- Society, Dist Legal Services Authority, Permanent Member,

Lok Adalat, Chairman Juvenile Welfare Board, Ropar & Hoshiarpur - 9 years, Chairman Improvement Trust Ropar
- Rotary: President Rotary Club, Ropar (1978-83)

- Medical & Blood Donation Camps - The Role of Dr. J.G. Jolly
God. College, Ropar - Every year at least 100 students
- District Governor (1989-90) - 34 years back
 - RI President Representative: Bangalore - 3190 (1996) Colombo - 3220 (2001)
- Medical Missions both in India and outside India since 2004
- Rotary Parliamentarian: Represented District 3080 at the Council of Legislation of RI at Chicago in 2004.
- Played significant role in eradication of Polio since the year 1987
- Sports Swimming, Badminton, Cricket - President/Chairman of different Associations
 - Education - GMN Sr. Sec School, Ropar Patron old Students Association, Government College Ropar Former Trustee National Public School, Kurali (Mohali)
 - Parmar Hospital is Temple of Rotary Compassion - Humanism - Serving Humanity
 - A Rare Blend of Medical and Rotary Service.

Rtn शशि जैन से रूबरू दिल से दिल की गुफ़्तगू



Past President Rtn. Ajit Singh Gulati retired as the Engineer in Chief from Chandigarh Administration and had a very plum professional journey.

Q. When did you join Rotary and what motivated you to join Rotary?

A. I was inducted in Rotary in the year 1988 when Rtn. Devi Prasad Khandelia was the President who has been my guide and mentor in Rotary. I was motivated to join Rotary because I was really influenced by Rtn. Devi Prasad Khandelia and felt that Rotary was the platform to do something for the community.

Q. What has been your experience as the President of the club? Which projects did you execute in your tenure?

A. I took over the reigns of this prestigious club in 1997-98. I executed many utility projects during my tenure but the significant projects were with WCS. A WCS Prosthetic project with an outlay of \$ 16000 was executed and 360 patients received prosthetics; distributed \$ 10000 under WCS project ie. Milano-Sud- Est Micro Interest Free Loan to the needy entrepreneurs; distributed smokeless chuhllas to the BPL families in Khuda Alisher. Hosted RI President Glen Kinross who immensely appreciated our projects of Lepers Colony and Nevedac Prosthetic Centre.

Q. How will you critically review the working of our club?

A. The good thing about our club is that with the induction of youngsters, we have been able to reduce the average age of the club and we have young and dynamic leaders to lead the club. I have observed that Board meetings are very meaningful and decisions are taken after detailed discussion and positive criticism.

However, I feel that expenditure on lavish dinners is too high. If Board meetings are conducted over a cup of tea, then money spent on dinners can be diverted to club projects. My second observation is regarding the number of projects and involvement of all the members. In our times roaster of duties was circulated amongst the members and everyone felt involved. Now Rotary has become very challenging and demanding. **There is one or more than one project every day and unfortunately a limited few rather the same group of Rotarians is running around to ensure the success of projects. To me this is a matter of concern and I would strongly recommend having a limited number of projects but the involvement of all the Rotarians should be ensured.**

Wishing your observations will be given a serious consideration.

Birthday of Rotarian

Rtn Neeraj Jain	19 November
Rtn Suman Gupta	20 November
PE Rtn Nitin Kapur	21 November

Wedding Anniversaries

President Rtn Jeeten Bhambri and First Lady R'Ann Dr. Kadam Bhambri	18 November
Rtn. Bhavmit Chandoak and R'Ann Amanpreet Chandoak	19 November
PP Rtn Salil Bali and R'Ann Parul Bali	23 November
Rtn. Rishikant Jha and R'Ann Jyoti Rishi Jha	24 November

Happiness and Smiles by Rtn Raj Khattar

- 1- दूध पीने से शरीर का विकास होता है.. तो बिल्ली आज भी वर्षों से ऐसी ही क्यों है..
- 2- Walking करने से चर्बी कम होती है.. तो हाथी का वज़न कम कहाँ हुआ..
- 3- तैरने से शरीर slim होता है.. तो Whale मछली पतली हो गई होती..
- 4- रोज़ जल्दी उठने से समृद्धि घर में आती.. तो पेपर बाँटने वाले BMW में घूमते..
- 5- आप भी ज्यादा चक्कर में मत पडो, जैसे हो ठीक हो..
- 6- बाबा रामदेव का छोटा भाई आरामदेव enjoy the cricket.

Cardiologist: आपको स्टेंट लगाया था, कुछ फ़ायदा हुआ?

Patient: हुआ तो है, पर उतना नहीं, जितना आपको

महिलाओ को जीवन मे चार सुख चाहिये -

- 1- सुन्दर काया
- 2- पर्स में माया
- 3- घर मे आया और
- 4- एक आवाज मे पति बोले अभी आया बाकी सब मोह माया.

Members are requested to send Rotary articles for the bulletin, sharing their Rotary experience or information. Interesting articles on personal achievements or non-political topics for community service are also welcome. The article should have upto 500 words.

Please send your article to the Editor on email: drvjsvohra@gmail.com or Whatsapp: 91 9814006829

Election Notice - Rotary year 2025-26

President Rtn. Jeeten Bhambri invites nominations from Club members for the Board of Directors for the Rotary year 2024-25 and for the President for Rotary year 2025-26.

S.No	Particulars	Date and Time
1.	Filing of nomination papers	By 8 th December 2023 up to 7:00 PM
2.	Withdrawals, if any	By 15 th December 2023 up to 7:00 PM
3.	Elections (voting) if required and declaration of results	On 22 nd December 2023 at 6:30 PM

Nomination papers duly filled in and signed by the proposer, seconder and the candidate should be submitted in a sealed envelope to Election Committee Chair. The envelope should be addressed to The Chairman, and the Election Committee and submitted to the President /Secretary.

Eligibility Criteria:

- President 2025-26:** Minimum 3 years standing as a Rotarian and has served 2 years on the Board of Directors at the time of assuming office.
 - Vice-President, Secretary and Treasurer:** Should have a minimum of 2 years standing as a Rotarian and has served on the Board of Directors for one year at the time of assuming office.
 - Directors, Joint Secretary and Sergeant-at-Arms:** Should have been a member of the Club for 12 months at the time of elections, and should have served as committee chairman for at least 01 year.
 - Candidate for any post for election should have maintained a minimum 50 percent attendance in the 12 months preceding the month of nomination and should not be in arrears of club dues (as of the first quarter ending September 30, 2023).
- Any member in arrears of club dues will not have the right to vote, propose, second or be eligible for election.

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ROTARY INTERNATIONAL DISTRICT 3080
DISTRICT CONFERENCE

CHIMNEY HEIGHTS BANQUET ZIRAKPUR

10-11 FEBRUARY 2024

Chairman - Rtn Brig. DS Dhillon
Assistant Governor - Rtn Mohit Single

HOST CLUBS
ROTARY CLUB OF CHANDIGARH SHIVALIK
ROTARY CLUB OF SILVERCITY MOHALI

Rtn Charu & Dg Arun Mongia
District Governor (2023-24)

REGISTRATION SLAB TILL 26 NOVEMBER 2023
SINGLE 4500/- COUPLE 8000/-

For any Query:- 80549-32863 , 98889-31105, 98767-07449

Rotary DISTRICT 3080 | **CREATE HOPE** IN THE WORLD

ROTARY INTERNATIONAL DISTRICT 3080

अर्पण
Joy of giving

TRF SEMINAR

Sham Bagh, Panipat
Sunday, 26 Nov 2023

Host : Rotary Panipat Midtown

Registration

Single Rs 1800 | Couple Rs 3000

Rtn Sudershan Chugh | **Rtn Anil Breja** | **Rtn Vipin Mittal** | **Rtn Rajesh Nanda**
Chairman | Assistant Governor, Zone-11 | President | Secretary

Rtn Charu & Dg Arun Mongia
District Governor (2023-24)

ROTARY3080 | rotary3080.org

Police Week Celebrations



The Police Week Celebrations, a collaborative effort between the Chandigarh Police and our Club.



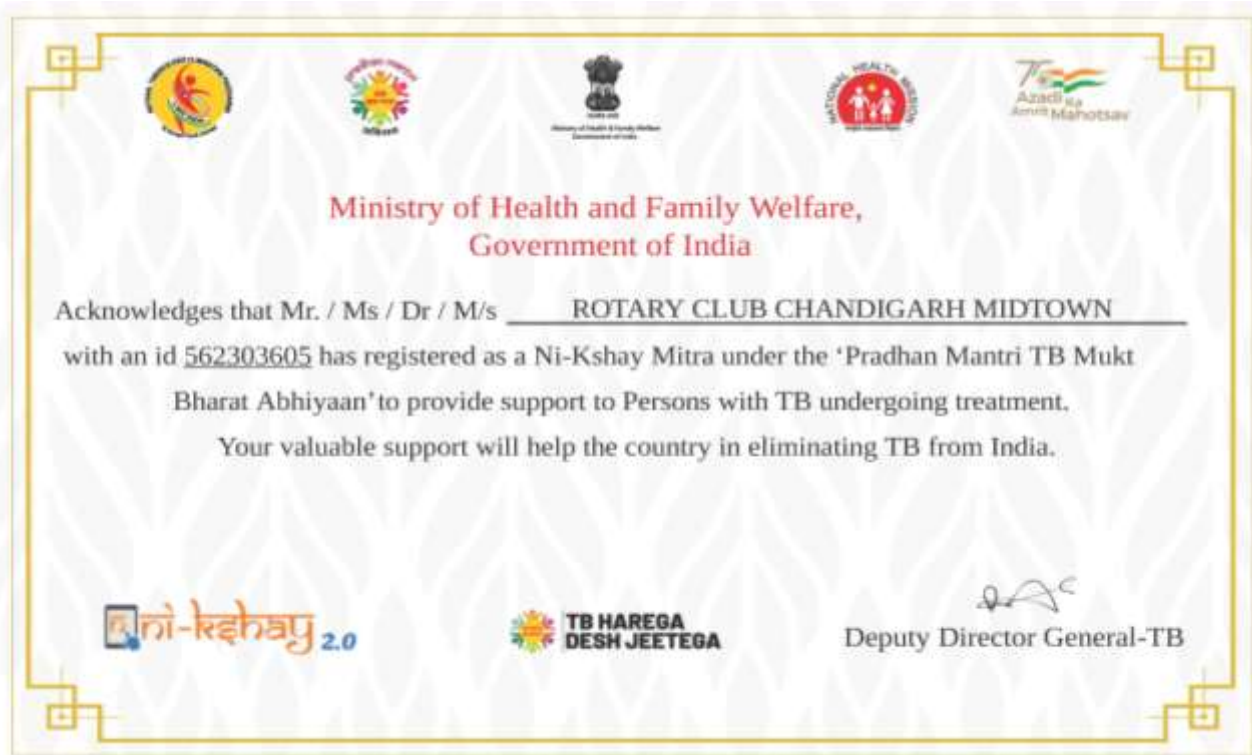
It was a vibrant and impactful event at Rose Garden Sector 17 underpass, for promoting road safety awareness among the public and the youth of our city.

आंखों का फ्री चेकअप कैंप, 515 स्टूडेंट्स का हुआ फ्री आई चेक अप

डेमोक्रेटिक फ्रंट मनीमाजरा. वैदिक गर्लस सीनियर सेकेंडरी स्कूल मनीमाजरा में रोटररी क्लब की प्रमुख सदस्य इंदु लूथरा ने ग्रोवर आई लेजर हॉस्पिटल सेक्टर 35 ए के सहयोग से रोटररी क्लब द्वारा फ्री आई



चेकअप कैंप लगाया। स्कूल की प्रिंसिपल श्रीमती पूनम सेखरी और रोटररी क्लब के पूर्व प्रधान सलिल चोपड़ा की उपस्थिति में कैंप की शुरुआत कक्षा ग्यारहवीं के स्टूडेंट्स की आंखों के चेकअप से की गई। ग्रोवर आई लेजर अस्पताल सेक्टर 35 ए के डाक्टर अमित शर्मा ने 515 स्टूडेंट्स का फ्री आई चेकअप किया जिसमें 60 के करीब जिन बच्चों की आंखें कमजोर थी उन्हें चश्मा लगाने के लिए कहा गया। इस अवसर पर 87 वर्ष की प्रोफेसर इंदु लूथरा ने खुद स्कूल में आकर टीचर्स और स्टूडेंट्स को आशीर्वाद दिया। 87 वर्ष की आयु में भी प्रोफेसर इंदु लूथरा का समाज सेवा के प्रति बुलंद हौंसला काबिले तारीफ था। प्रिंसिपल पूनम सेखरी ने डॉ रोहित और डॉक्टर ऋषभ ग्रोवर का तथा प्रोफेसर इंदु लूथरा का धन्यवाद किया।



Instructor Days -- Cadet Tales

Contributed by



Rtn Colonel JS Chandoak

Each one of us, in the Services, is rightly proud of our training at the National Defence Academy (NDA), Pune as cadets. Those three years at that highly prestigious Institution are memorable, indeed! Yes, day in day out, we all love to reminisce the great days spent there.

Just imagine the pride you feel, if you get the unique chance to land up in your great Alma Mater as an instructor. Well that happened to me in December 1977 on being posted as Squadron Commander "Juliet" Squadron. Same Academy, same buildings and same ambience - but to be there in the capacity of an instructor, gave me an elated sense of achievement.

Many civilian instructors of my time as a cadet (1959 to 1962), like Mr ML Kaul (HOD Chemistry), Mr TN Raina (HOD English), Mr SSP Bhatnagar (HOD Physics), and Mr HM Kandhari (HOD Foreign Languages) were going strong in the Academy even then (1978- 1979). What a pleasure it was to interact with them as a Squadron Commander!!

I was privileged to serve under the Deputy Commandant (then Commodore) VS Shekhawat and the Battalion Commander No 3 Battalion (then Wing Commander) AY Tipnis. Both rose to be Chiefs of Navy and Air Force respectively. As I write, it is a day of remarkable coincidence.

Two of my cadets from the 61st Course, Juliet Squadron have risen to be the present Chiefs of Air Force and Navy, namely Air Chief Marshal VR Chaudhary and Admiral R Hari Kumar, respectively. Furthermore, General Anil Chauhan, the present CDS was also a cadet in Juliet Squadron (58th course) during my tenure as Squadron Commander.

Boys will not be boys if they are not up to some mischief, even though they are disciplined cadets. They sometimes forget that their commanders have gone through the very similar situations. 'Fibbing' is common but cognizance is taken only in extreme cases like this one. Cadets 'A' & 'B' went on a weekend leave to Mumbai. They overstayed (probably for what they felt were good reasons, to spend more time with their girlfriends) and sent a 'telegram' – the communication mode of those days – "Cadet 'A'

met with accident – jaw fractured and lungs punctured – admitted Beach Candy Hospital". On return, Cadet 'B' was asked to put the same in writing. I felt that that was an apt case for investigation. So NDA Head Quarters wrote to Beach Candy Hospital and, as expected, the reply was negative. Both of them got the "tohf" they deserved.

One disciplinary case I cannot forget for it left me with an exceptional experience. Cadet 'C', in his 5th term, suddenly became highly undisciplined. As normal counselling did not have the desired effect and he was very near 'Withdrawal' (NDA term for dismissal), I decided to deal with him in a personalised and unconventional manner. I invited Cadet 'C' to my residence. Over a cup of tea, he gave vent to his feelings of helplessness and dismay at pressing domestic problems. I told him that all problems are transitory and he must look ahead. As to punishment, much beyond his belief, I said there would be 'NO punishment'. Lo and behold! My counselling had a magical effect, and he became a disciplined cadet from the very next day. It was just unbelievable. Eventually, Cadet 'C' passed out with his course in December 1979. It was a worthwhile case study of 'change of attitude' due to personalized and 'out-of-the-box' counselling.

Subsequently, It was a pleasant surprise 10 years later during 1990, to run into 'C' (then Major) at Headquarters Western Command, Chandimandir. I can't forget his touching sentiments when he said to me, "Sir, I owe my commission to you for forgiving all my misdeeds". I was truly humbled, and overwhelmed with pride for having been 'Juliet' Squadron Commander.

Today, as I sit back in my rocking chair, all that surrounds me are the mementos and photographs of the instructional tenure with the best memories as an ex-NDA: cadet and "Juliet" Squadron Commander.

Note:

This article has been published with the title "Dealing deftly with the Cadets", in the Tribune dated 14 November 2023.

Fear never builds the future, But Creating HOPE in the World does.

All correspondence to the Editor: **PP Rtn. Dr. V.J.S. Vohra**
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Good Thoughts

Thought by Rtn Raj Khattar

Accept what is, let go of what was, have faith in what will be.

कमाने पे आऊं तो मैं अंबानी को भी पीछे छोड़ दूँ लेकिन जब दुनिया से खाली हाथ ही जाना है तो ज्यादा इन्झट करने से क्या फायदा??

Thought by Rtn Col JS Chandoak

Economy is a distributive virtue, and consists not in saving but selection.

----- Edmund Burke

Amazing Shooters League
CRICKET Tournament
2023-24
09-10/DEC.
DELHI PUBLIC SCHOOL
JAGADHRI - YAMUNA NAGAR
HOST : **ZONE 13 DISTRICT 3080**
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