



R.I. President  
Rtn. Gordon McInally

District Governor  
Rtn. Arun Mongia

President  
Rtn. Jeeten Bhambri

Secretary  
Rtn. Anup Sharma

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## Rotary The Four Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

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Volume 48 No. 28 Dated: 08 January 2024

## Weekly Meeting & Lohri Celebrations

**Venue:** Hotel Shivalik View, Sector 17, Chandigarh

**Date:** 12 January 2024 (Friday)

**Time:** 6.30 pm

Rotary



CREATE HOPE  
in the WORLD

YOUR MIND, EMBRACE AND EDUCATE



Dr. Nikita Krishnan, PHD

## Kusht Ashram - Lighted up for New Year Celebrations

Rotary Club Chandigarh Midtown Lights Up Kusht Aashram for New Year! ✨

The new year celebrations of Rotary Club Chandigarh Midtown brought hope and joy to the residents of Kusht Aashram in Chandigarh.

- Highlights of the event
- **Health for All:** Over 100 inmates and families received medical screenings, from eye checks to dental care. Data collected will ensure proper treatment for a healthier future.
  - **Building a Brighter Tomorrow:** Around 100 families were helped to apply for UDID cards, Aayushman cards, pension yojanas, and other government schemes, empowering them to access basic necessities.
  - **Music Mends Minds:** The unique initiative soothed hearts and minds with melodies of hope and peace. Dancing feet and singing voices echoed through Kusht Aashram, thanks to the active participation of Rotarians, Rotractors and Kusht Aashram families.
  - **Warming Hearts & Smiles:** Rotary Club Chandigarh Midtown partnered with Graffiti Infotech to distribute cozy blankets to fight the chill. Also, eco-friendly bamboo toothbrushes were distributed by the club to embrace sustainability.
  - **Sharing the Joy:** Delicious refreshments and lively music filled the air, creating a day to remember.

This wasn't just a celebration; it was a promise of a better tomorrow. Through care, compassion, and service, the club lit up Kusht Aashram with hope and smiles.



Medical Screening Camp at Kusht Ashram - Team from Grover Eye Hospital joined by Rtn. BL Ramsisaria, Rtn. Indu Luthra, President Jeeten Bhambri, Secretary Anup Sharma, Rtn. Ashish Singla and Rotractors of RCCM.



Medical Screening Camp at Kusht Ashram - Team from RCC Disability Empowerment with President Vinod Nagpal joined by Rtn. Dr. Rita Kalra, President Jeeten Bhambri and Rotractors of RCCM.



Medical Screening Camp at Kusht Ashram - Team from PU Dental College joined by Rtn. Dr. Rita Kalra, President Jeeten Bhambri & Rotractors.



Medical Screening Camp at Kusht Ashram - Team from Grover Eye Hospital joined by Rtn. Ashok K Puri, Rtn. Indu Luthra, President Jeeten Bhambri, Secretary Anup Sharma, Rtn. Ashish Singla and Rotractors of RCCM.



Felicitation of RCC President Sh. Vinod Nagpal by President Jeeten Bhambri and Secretary Anup Sharma



Celebrating Birthday of Rtn. Dr. Rita Kalra by distributing Packs of Biscuits joined by Rtn Indu Luthra & Rtn. Asho K Puri



A Fun filled evening with lots of performances by Rotractors enjoyed by Rotarians of our Club. An evening worth cherishing.



Distribution of Blankets to Inmates of Kusht Ashram 46 Families were given One Blanket each, In the picture are Rtn. Khandelia, Rtn. BL Ramsisaria and Rtn. RK Luthra



Celebrating Birthday of Rtn. Dr. Rita Kalra by RCCM at Kusht Ashram present are R'ann Shivani Kapur, President Jeeten Bhambri, DRR Chinmay, Rtn. Reenu Chopra



Distribution of Blankets & Lohri compliments to Inmates of Kusht Ashram 46 Families were given One Blanket each, In the picture are Rtn. JS Bawa, Rtn. Pradeep Sisodia, Rtr. Aman Garg, PDG Yoginder Diwan, Rtn. Dr. Rita Kalra, DRR Chinmay, Rtn. BL Ramsisaria, Rtn. Jeeten Bhambri Rtn. Nitin Kapur and Rtn. RK Luthra



Distribution of Blankets & Lohri compliments to Inmates of Kusht Ashram 46 Families were given One Blanket each, In the picture are Rtn. Sanjay Bhatia, PDG Yoginder Diwan, Rtn. Dr. Rita Kalra, DRR Chinmay, Rtn. BL Ramsisaria, Rtn. Jeeten Bhambri and Rtn. RK Luthra





## Week Gone By

### Project Sakha

Project Sakha: eradicating tuberculosis through dissemination of knowledge and nutrition support. Rotary club Chandigarh midtown continued its endeavour to help Chandigarh administration to eradicate tuberculosis from village Halomajra.

Third round of nutrition package distribution was conducted today, in the presence of staff members of State Tuberculosis Cell of Chandigarh, Mr. Shekhar and Mr. Davinder. The patients were explained about the importance of medication compliance and nutrition supplements by Dr. Manjushri Sharma. The members of team Rotary who were present for the distribution included Rotarian Naveen Aggarwal and Rotarian Dr. Manjushri Sharma. Total Packs distributed were 21. The nutrition package for this month were sponsored by Mr. Maninder, friend of Rotarian Dr. Anurag Sharma.



### Dinner in the Dark

Rotary CHANDIGARH MIDTOWN  
CREATE HOPE IN THE WORLD  
Rotaract  
DARK Rotaract

**ROTARY DISTRICT 3080 (Zone - 6)**  
*invites you all to*

**DINNER IN THE DARK**

Date: 4th Jan 2024 Time: 07:00 P.M. Onwards

for the 1st time exclusively for **ROTARACTORS**  
on the occasion of World Braille Day

Hosted by: Rotary Chandigarh Shivalik

Registration Fee: INR 999/- (Only 50 seats available)

RTN. ARUN MONGIA DG 2023-2024  
RTN. MOHTY SINGLA AG 2023-2024  
RTN. DR. SURINDER S. MAKKAR HOST CLUB PRESIDENT  
RTR, RTN. CHINMAY ABBIH DFR 2023-2024



### Progress Overview of Signature Project - Singhpura School



The Second phase of Singhpura school project is going on a good pace the 2 Rooms with the Principal's room are ready for the roofing part which is anticipated to be done by 20th Jan 2024.



## Rotary Vocational Service Month

Rotarians are encouraged to focus on this important avenue of Rotary service. Discussions on vocational service can lead to projects that not only develop the ethical consciousness and vocational skills of Rotarians but also the talents within their communities. Vocational Service Month is an opportunity to begin year-long vocational service activities, ranging from Rotary discussions to awards to community projects. Let's come together and make a positive impact on our communities through vocational service!

Here are five ways you can incorporate vocational service in your club activities:

1. Host a club meeting at your work place and share about your profession; take time to learn about fellow members' occupations.
2. Use your skills and expertise to serve a community.
3. Practice your profession with integrity, and inspire others to behave ethically through your words and actions.
4. Work with local businesses to create mentorship, internship, or practical opportunities to help young people achieve their career goals.
5. Guide and encourage others in their professional development.



## Welcome Meet in Honour of Rotary International President - Gordon R McNally

**WELCOME MEET**  
IN HONOUR OF  
Rotary International President  
**GORDON R McINALLY**  
and His Gracious Wife  
**HEATHER**

Thursday, 18th January 2024  
Registration & Hi-Tea @ 3:30pm  
Chandigarh Judicial Academy  
Sector 43B, Chandigarh

REGISTRATION  
Rs.750 (Single) Rs.1200 (Couple)

**ARUN MONGIA**  
District Governor  
RI District 3080

**ANIL CHADDA**  
Host Club President  
Rotary Club Chandigarh

**REGISTER NOW!**  
SCAN THE QR CODE TO REGISTER.

Please Fill Up the Registration Form and attach screen shot of your Payment to ensure that your Lapel Badge is ready at the Registration Counter when you arrive.

<https://forms.gle/t6ob87NauGp2DeIp9>

Dear Rotarians,

Rotary Warm Greetings!! I am thrilled to share the exciting news of the upcoming visit of Rotary International President Gordon R. McNally and his gracious wife, Heather, to our district.

We consider ourselves incredibly fortunate to have President McNally and Heather with us, and their presence is bound to make this occasion truly memorable. They will be with us from January 17th to January 19th, 2024. This visit presents a unique opportunity for us to engage with and learn from the leadership of Rotary International. President McNally's insights and experiences will undoubtedly inspire us to strengthen our commitment to Rotary's mission of service above self.

The details of the events are as follows:

Dinner with RI President

Date: Wednesday, 17th January 2024

Time: 07:00 PM

Venue: Hotel Aroma, Sector 22, Chandigarh

Registration : Single Rs 1500 | Couple Rs 2500

As part of our commitment to Rotary's global initiatives, we kindly request each participant attending the dinner event to bring along a cheque of \$500 or more made in the name of the Rotary Foundation India. The district will match (points) the donation amount you contribute. If you have made a contribution of \$500 or more after January 1, 2024, please bring along the receipt.

Welcome Meet

Date: Thursday, 18th January 2024

Time: 03:30 PM

Venue: Chandigarh Judicial Academy, Sector 43B, Chandigarh

Host : Rotary Chandigarh

Registration : (High Tea) Single Rs 750 | Couple Rs 1200 We strongly encourage all Rotarians to actively participate in the events planned during their stay and extend a warm welcome to President McNally and Heather. Let us unite to ensure the success of this visit and showcase the robust spirit of fellowship within our district.

Looking forward to your enthusiastic participation.

Yours in Rotary Service,  
DG Arun Mongia  
District Governor  
RID 3080 | 2023-24

## Hands Across the Globe : Rotary In Action

### Rotary Club of Ladner: Nurturing Community and Fostering Hope Through Support Initiatives

Within Delta, British Columbia, a journey of empathy and community dedication unfolds through the Rotary Club of Ladner. Anchored by personal stories and a commitment to service, this Rotary chapter's impact resonates deeply within the local landscape.

A narrative of resilience and understanding unfolds through the lens of families navigating the challenges of raising children with unique needs, particularly those on the autism spectrum. Over a quarter-century ago, the Weekend Family and Peer Support Group emerged as a haven for parents traversing the intricate paths of special needs parenting in the Vancouver suburb.

As time advanced and the children in this support network grew, the logistics of organizing crucial social engagements became increasingly arduous. Recognizing this, the Rotary Club of Ladner partnered with the local Canadian Mental Health Association branch. Together, they initiated an annual Christmas dinner for the group.

What started as a modest collaboration burgeoned into a cherished tradition, bolstered by a dedicated team of volunteers. Each year, amidst the bustling kitchen activity at the Ladner Community Centre, preparations for the festive meal take shape. This collective effort to prepare and serve embodies the spirit of altruism, infusing the holiday season with joy and connection.

Aligned with Rotary International President R. Gordon R. McNally's thematic emphasis on "Creating Hope in the World," this initiative highlights the significance of mental health support and community solidarity. The impact transcends the confines of the dinner, fostering a sense of belonging and warmth within the group.

Expanding their outreach, the Rotary Club of Ladner introduced an annual summer picnic, enriching the medley of community engagement. These events, facilitated by dedicated Rotarians and volunteers, offer moments of solace and camaraderie to the support group, enriching their lives throughout the year.

Among the esteemed leaders spearheading these efforts are individuals like Dr. Arthur Birk and Mike Storey, whose unwavering commitment ensures the success and continuity of these gatherings, underscoring the value of consistent support and inclusivity.

Approaching the upcoming Christmas dinner, the resonance of this event carries profound significance. It's a moment to pause and reflect on the collective impact of these gatherings, acknowledging the bonds forged and the tangible support extended to those in need.

While the journey might be marked by personal loss for some, this commitment to service echoes beyond individual experiences. Through Rotary, the ethos of serving the community and uplifting those in need becomes an integral facet of a shared purpose, resonating across diverse communities worldwide.

## Rtn डॉ शशि जैन से रूबरू दिल से दिल की गुफतगू

Rtn. Dr. Rajarajan Ganesan did his under graduation from Medical College, Madras. After that he did MD in anaesthesia and DM in cardiac anaesthesia from the prestigious medical institute PGIMER, Chandigarh. He is now working as the Assistant Professor in PGI. This highly qualified young doctor joined Rotary Club Chandigarh Midtown in 2023.



Q. What motivated you to join Rotary club?

A. Rotary works for the well-being and upliftment of the underprivileged. I have always felt that Almighty has been very kind to me and has blessed me with a lot of privileges. I consider the activities of Rotary club as an opportunity for me to pass on some of the privileges to others. In this way I will be able to contribute a little bit to the society which will give me eternal happiness and satisfaction.

Q. You are a doctor working in a prestigious institution where there is too much pressure of patients. Do you think you will be able to get time to attend Rotary meetings regularly?

A. While it is true that finding spare time is very tough for me. However, I am enthusiastic to spend time with the rotary family and will try to do my best to attend the meetings whenever possible.

Rtn. Dr. Rajarajan Ganesan Q. Which of the Rotary projects will you like to be involved?

A. I would be happy to be involved in projects which could use my expertise in healthcare especially those involving cardiac health. However, I also look forward to participate and learn from projects outside my domain of expertise. I also enjoy the fun and frolic activities of the club. This refreshes my mind after dealing with serious patients in the hospital.

Wishing you happy and positive involvement with Rotary



Celebrating Birthday's & Anniversary's



Gorgeous Ladies of our Club attending Rtn. Kulwinder Chatwal's Daughter's wedding ceremony at Forest Hill Resorts on 30th December 2023.

Heartiest Congratulation's to the Chatwal Family

Birthday - Rotarian	
Jan 12	PP Salil Chopra
Jan 12	Dr.Dinesh Sahajpal



**PP Rtn Salil Chopra**

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