

R.I. President
Rtn. Gordon McInally

District Governor
Rtn. Arun Mongia

President
Rtn. Jeeten Bhambri

Secretary
Rtn. Anup Sharma

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Rotary The Four Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

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Vocational Awards & Republic Day Celebrations

Date: Friday, 26th January 2024

Time: 06:30 PM

Venue: Hotel Shivalik View, Sector 17, Chandigarh

Musical Evening with Rtn Dr. Subhash Garg
A Surgeon, Poet and Writer



Visit of Rotary International President 2023-24 - Gordon R McInally to RID 3080

RI President Gordon McInally's Visit to District 3080: A Report on the Two-Day Event

The Rotary International President, Gordon McInally, along with his gracious spouse Heather, graced District 3080 with a two-day visit that turned out to be a memorable and enriching experience for all involved. Led by DG Arun Mongia and gracious A'n Charu Mongia this visit was packed with activities that not only showcased the impactful projects undertaken by Rotary Chandigarh but also provided a platform for camaraderie and fellowship among Rotarians of District 3080. PRIP Rajendra K Saboo and Ann Usha were the perfect host and left no stone unturned to make their stay memorable.

Day One: Project Visits and Inaugurations The visit commenced with RI President McInally and Heather touring the Rotary Blood Bank, witnessing firsthand the vital service it provides to the community. They then met with beneficiaries of the Heartline project, which underlines Rotary's commitment to health and well-being. A highlight was the inauguration of a Milk Bank in Mohali, a significant addition to the health infrastructure aimed at supporting infants' nutritional needs. Such projects are a testament to Rotary's dedication to making a tangible difference in people's lives.

The Rotary Foundation (TRF) Dinner and Cultural Evening The evening was marked by a TRF Dinner, where Rotarians gathered to support and celebrate the Foundation's work. The dinner featured a sitar recital by Subhash Ghosh, which added a cultural richness to the proceedings and captivated the audience with the melodious strains of classical music.

Day Two: Intercity Meeting and Recognition The Intercity meeting was another focal point of the visit. Rotary Chandigarh's President, Anil Chadha, extended a warm welcome to all guests, setting a tone of hospitality and friendship. District Governor Arun Mongia presented a comprehensive report highlighting the year's achievements, illustrating the district's dynamic progress.

RI President McInally shared his experiences and observations from his visit, providing valuable insights and commendations for the district's efforts. Past Rotary International President Raja Saboo took the opportunity to felicitate the Arch Klumph Society (AKS) members, honouring their significant contributions to The Rotary Foundation.

Notable Attendances and Interactions It was noteworthy that the Rotary Chandigarh Midtown, led by their President Jeeten Bhambri, had the highest number of attendees, reflecting the club's vibrant engagement with district activities. PDG Shaju Peter's presence, having travelled all the way from Cochin just for the meet, underscored the strong bonds and commitment within the Rotary community.

The club had the distinct honour of attending the Thanks Giving Dinner reception hosted by PRIP Raja Saboo and Usha ji. PDG Yoginder Diwan and PP Kanan Diwan, PDG Shaju Peter, PP Dr Vanita Gupta and Dr BC Gupta, PP Dr Balram Gupta and Ann Shashi Gupta, PP Dr Rita Kalra and IPP Dr Sanjay Kalra had an amazing time interacting with first couple of Rotary International and distinguished guest invites to the evening.





Address by Rotary International President
RY 23-24 Gordon McInally's



Address by District Governor RID 3080
RY 23-24 Arun Mongia



Prayers resided by students of Bhavan Vidhayala
Chandigarh, The students resided Prayers of all
religions show-chasing "Unity is Integrity"



Felicitation of RI President Gordon McInally and A'n
Heather by PRIP Rajendera K Saboo, present are
PDG Madhukar Malhotra, President RC Anil Chadda
and A'n Mrs Chadda



TRF Dinner with RI President Gordon McInally and
A'n Heather, present are DG Arun Mongia,
President Jeeten Bhambri, PP Dr Sanjay Kalra,
and PP Dr. Rita Kalra



Thanks Giving Dinner with
RI President Gordon McInally hosted by
by PRIP Rajendera K Saboo, present are
PP Dr. Balram Gupta, PP Dr. Sanjay Kalra



Glimpses of Thanks Giving Dinner with
RI President Gordon McInally hosted by
by PRIP Rajendera K Saboo



Glimpses of Thanks Giving Dinner with
RI President Gordon McInally hosted by
by PRIP Rajendera K Saboo present Dr. Rita Kalra



Glimpses of Thanks Giving Dinner with
RI President Gordon McInally hosted by
by PRIP Rajendera K Saboo





Glimpses of Welcome Meet with RI President Gordon McInally and A'n'n Heather - Rotary Club Chandigarh Midtown had the Maximum attendance at the event held at Judicial Academy, Sector 43, Chandigarh of 46 members from one single club

BIG THANKS TO ALL MIDTOWNERS

Week Gone By

Project "Garmahat"

Lohri Wishes with Warm Blankets and Festive Treats: Project Garmahat Spreads Cheer in Chandigarh

As the bonfires crackled and kites soared in celebration of Lohri, the Rotaract Club Chandigarh Midtown and Rotary Club Chandigarh Midtown were weaving their own kind of magic! For three days, from January 12th to 14th, Project Garmahat took to the streets of Chandigarh, not just with blankets and socks, but with a delightful dose of festivity.

Imagine crisp winter mornings in North India, and the sight of those less fortunate huddled against the biting cold. Project Garmahat aimed to bring relief to these very souls, not just with physical warmth, but also the sweet taste of Lohri tradition. The dedicated team, led by the visionary minds of Rtn. Jeeten Bhambri, Rtn. Manjushree Sharma, Rtr. Aman Garg, and Rtr. Bhavika Thakur, traversed different areas of Chandigarh, spreading not just physical warmth, but the joy of community, compassion, and festive cheer.

From Maajri Chowk in Panchkula to the Shani Mandir Housing Board and finally culminating in a heartwarming drive across various street lights, the team distributed nearly 100 blankets and socks, each one carrying a silent promise of comfort and care. But the magic didn't stop there. Project Garmahat added a special touch to the season, distributing 100 packets of Lohri edibles mix! The familiar crunch of peanuts, the fluffy delight of popcorns, and the sweet richness of rewari added a burst of festivity to the care packages, ensuring that the recipients could truly savor the spirit of Lohri.

The smiles etched on the faces of the recipients were more than just gratitude; they were indicators of the power of kindness, of reaching out and making a difference, however small. It was about Rotarians and Rotaractors coming together, fueled by the generosity of Rtn. Deepak Chaudhary, to weave a medley of warmth, humanity, and festive spirit. As the blankets found their new homes, the socks offered an extra layer of comfort, and the Lohri treats brought smiles with every bite, one thing became clear – the true warmth of winter lies not just in bonfires, but in the embers of compassion and celebration that ignite within us all.

Project Garmahat may have concluded, but its message resonates louder than ever. It reminds us that even the smallest acts of giving can have a ripple effect, creating a wave of warmth and joy that touches hearts, transforms lives, and keeps the spirit of Lohri alive throughout the year. So, this Lohri, let's all find our own ways to weave magic, to spread comfort and cheer, and to make the world a little bit warmer and a lot more festive, one kind gesture and sweet treat at a time.





Project "MAA"

Project MAA: Nurturing New Beginnings Every 9th of the Month.

In the heart of Panchkula's Civil Hospital, Rotary Chandigarh Midtown's Project MAA unfolds a beautiful story every 9th of the month – a story of nurturing and supporting new life. The project focuses on providing essential nutrition supplements and baby kits to newborns in the delivery complex, ensuring that every child takes their first steps into the world with a little extra care.

A Compassionate Initiative Led by Rtn Dr. Rita Kalra and Ann Dr. Kadam Bhambari, the project undertaken on 9th of this month is a beacon of sensitization and advocacy, imparting crucial knowledge about breastfeeding, family planning, nutrition, and postpartum exercise. The project Maa symbolizes hope, care, and the collective commitment of Rotary Chandigarh Midtown to the well-being of the community.



A unique way to celebrate the festival of Lohri by RC Shahbad





Roads of Responsibility: TARA (Traffic Awareness Rotary Awareness)

Traffic safety is not just a topic – it's a lifeline. It is about understanding the rules of the road, respecting other road users, and recognizing the weight of responsibility that comes with being a pedestrian, cyclist, or driver.

We live in a world where the roads are busier than ever, and the distractions are numerous. The statistics on road accidents are alarming, and they underscore the need for better traffic awareness. This is where you come in. Armed with the right information and a commitment to safety, you can help turn the tide.

Traffic safety is an issue that touches the lives of everyone. Whether we are pedestrians, cyclists, or drivers, each one of us has a role to play in making our roads safer. The increasing number of vehicles, coupled with the distractions of modern technology, makes this more important than ever. As we dive into today's program, we are focussing not just on the rules of the road, but on cultivating a culture of safety and respect.

The Rotary initiative of Traffic awareness with Rotary awareness was advocated by PDG Manmohan Singh during 2012-13 and since then it has been a flag ship program of Rotarians, Rotaract and interact year after year. Several sensitization seminars by Rotary clubs on traffic rules, debates, poster competition are held in schools and colleges to prepare youth before they take off on the roads to be safe and aware. Helmets and seat belt rules are emphasized in road shows with help of Traffic personnel, We envision a ripple effect – where each person becomes a champion of traffic awareness in schools, neighbourhoods, and among peers. Share what you learn, set an example, and be the voice that advocates for responsible and safe road behaviour.

We aspire to create a continuous wave of awareness and action. In a world where road accidents claim countless lives every year, your role is not just important; it is essential. We have the power to make a difference, to save lives, and to create a safer environment for everyone. Together, let's pave the way for safer roads. Let's inspire and be inspired. Let's take this journey of awareness, responsibility, and action. Our roads, our communities, and our future depend on it.

On streets that weave through time and towns, Rotary's voice in traffic sounds.

With every turn and signal bright, We champion safety, day and night.

In lanes where life and dreams converge, We educate, inspire, and urge.

Awareness blooms like morning's light, Guiding through paths both left and right.

With helmets, signs, and zebra stripes, We guard the young, the old, all types.

Our Rotary wheel turns with care, In every rule we teach and share.

Each signal that we stop and see, Each caution taken, makes us free.

In Rotary's grasp, we hold the key, For roads safe for all, as they should be.

Speeding not in haste, but slow, For every life matters, this we know.

Through busy streets and crossings wide, In Rotary's heart, safety resides.

Under the sun, in twilight's glow, We spread the word so all may know.

Respect and care on every street, Make journeys sweet and life complete.

Our mission clear, our vision bright, In Rotary's service, we unite.

For every road, each path we roam, Leads to a world that feels like home

PP Rtn. Dr. Rita Kalra

Rtn डॉ शशि जैन से रूबरू दिल से दिल की गुफतगू



Mrs. Rekha Mehan

R'Ann Mrs. Rekha Mehan did her MSc. (Hons.) in Botany from Panjab University, Chandigarh. After having done her MSc. she got married in a family of Rotarians and Inner-wheel members. Her husband PP Rtn. Anil Mehan was already a Rotarian. Thus she was fortunate to be connected to this International organisation along with her marriage. She is a very modest and silent worker in Rotary.

Q. How did you support your husband when he was the President of the club?

A. Rtn. Anil Mehan is a Charter member of the club and joined it in 1977 and served as the President in 1987-88. I lent him a helping hand in all the projects he undertook. I normally attended weekly meetings with him and accompanied him to various functions and conferences. It was quite a fulfilling year for us.

Q. You have been President of the Inner-wheel club Midtown. Please tell something about the projects you have executed?

A. Though served as President thrice earlier, I am serving as the President this year also. So this is my fourth term as the President. Infact in the beginning Rotary and Inner-wheel used to work together on many projects like Pulse Polio, Lok Adalat and medical camps. Innerwheel projects are somewhat similar to those in Rotary but on a smaller scale. We give nutrients to the mothers and babies. We also give warm clothes to the needy. This year we have donated 15 wheel chairs to the army men and children in Army school. We also organise lectures for mental health. It is so much satisfying to do my little bit for the needy and underprivileged and I feel that Almighty has showered so many blessings on me that now it is my turn to pay back something to the society.

Q. Hats off to you Mrs. Mehan you are serving fourth term as the President, because it is a great responsibility and President has to work 24*7.

A. There is no doubt that it is a great responsibility. I am indebted to my seniors and PDCs of our club for their valuable advice from time to time. Kudos to my vibrant and enthusiastic team and all the members! They work together and handle the promised projects in a united manner both financially and physically. God bless them all!

Wish you more and more energy and resources to help the needy

Hands Across the Globe : Rotary In Action

Beyond Blooms: Rotary Clubs Nurturing Pollinator Parks for a Sustainable Future

Pollinator parks are an icon of hope in the conservation efforts aimed at preserving and promoting the health of crucial pollinators such as bees, bats, and butterflies. In this collaborative initiative, Rotary clubs stand at the forefront, working alongside schools, government organizations, and community members to develop and maintain these vital spaces. Let's explore the pivotal role Rotary clubs play in the creation and sustenance of pollinator parks, highlighting successful projects and the myriad benefits they bring to both the environment and the community.

The Role of Rotary Clubs : Rotary clubs have emerged as key players in the establishment of pollinator parks, actively partnering with local schools and organizations to build and maintain these essential habitats. For instance, the Magnolia Rotary Club has been instrumental in constructing a pollinator garden behind Magnolia High School, contributing to a broader initiative supporting pollinator conservation. Beyond physical labour, Rotary clubs also contribute their expertise to the design and development of these parks, ensuring their effectiveness in providing sustainable habitats for pollinators.

Successful Examples : Rotary clubs across various locations have made significant contributions to the creation of successful pollinator parks. The Magnolia Rotary Club's effort in establishing a pollinator garden at Magnolia High School is a shining example. The Oak Forest Rotary is collaborating with other clubs and local organizations to launch "The Pollinator Pledge," outlining diverse options such as strategic pollinator planning, planting gardens, minimizing pesticide use, and conducting educational outreach.

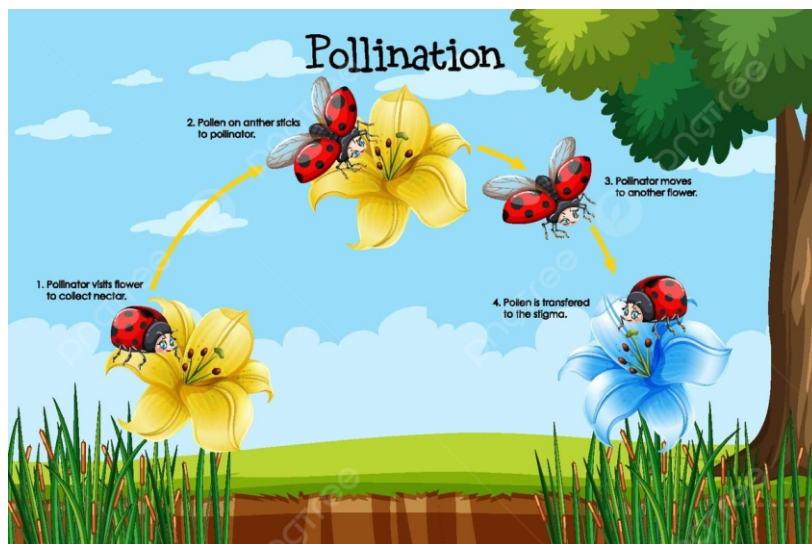
Community Collaboration : The spirit of community collaboration is evident in initiatives like the pollinator garden at Washington Lake Park, driven by a collective effort within the township. Similarly, Blanchford Landscape Group's involvement in creating a pollinator garden at Centennial Park showcases how private entities can contribute to these projects, enriching local ecosystems.

Benefits of Pollinator Parks : Pollinator parks offer a myriad of benefits to both the environment and the community. By providing habitats for pollinators, these parks contribute to preserving populations and maintaining bio-diversity. They also serve as educational hubs, enlightening the public about the critical role pollinators play in our ecosystem. Moreover, these parks encourage community engagement, fostering a sense of connection and empowerment among participants. Schools and educational institutions can integrate pollinator conservation into their curricula, creating valuable learning experiences for students.

Creating a Pollinator Park : Establishing a pollinator park involves a strategic process, including planning, plant selection, maintenance, and community engagement. Collaborating with experts and community members ensures that the park effectively supports pollinator habitats and promotes public engagement. Choosing native plants that offer sustenance and shelter to pollinators is crucial, and regular maintenance guarantees the park remains a healthy habitat. Encouraging community involvement fosters a sense of ownership and connection to the project, ensuring its long-term success.

Wrapping up the Buzz : In the face of declining pollinator populations, pollinator parks spearheaded by Rotary clubs emerge as a vital initiative. The collaborative efforts of Rotary clubs, schools, government organizations, and community members create spaces that not only support pollinator habitats but also promote public engagement. By actively participating in the creation and maintenance of pollinator parks, we can make a significant impact on the health of our ecosystem and secure a brighter future for our planet.

Rotary clubs continue to lead the way in this essential endeavour, proving that united efforts can bring about positive change for our environment and communities.





Celebrating Birthday's & Anniversary's

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President
2010-2011

Ray
KLINGSMITH

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Birthday - Spouse	
Jan 15	Saroj Jain
Jan 19	Dr. Seema Sahajpal
Birthday - Rotarian	
Jan 17	Mohinder Singh Kamra
Jan 20	Indu Luthra
Jan 21	PP Devi Prasad Khandelia
Jan 26	Rakesh Gupta
Wedding Anniversaries	
Jan 17	Ashish Singla and Sangeeta Singla
Jan 24	PP Deepak Sood and Purnima Sood



PP Rtn Salil Chopra

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