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President  
Rtn. Jeeten Bhambri

Secretary  
Rtn. Anup Sharma

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**Rotary The Four Way Test**

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

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The Scheduled Weekly meeting of Rotary Club Chandigarh Midtown to be held on Friday, May 10, 2024 is postponed

## Rotary Club Assemblies : Activators of Development and Common Goals

Club assemblies are essential pillars of the Rotary International organisation that promote cooperation, openness, and strategic direction. These frequent meetings are more than just reporting sessions; they spark a vibrant discussion, recognise accomplishments, and map out a path for group influence. Directors present in-depth reports that provide a vivid picture of the club's development during assemblies. The focus is on different service projects, educational programmes that empower children, and healthcare initiatives that enhance community well-being. Members debate wisely when budgets are given, guiding them through the financial maze and helping them allocate resources most effectively.

Beyond the official proceedings, club meetings foster a sense of community and common purpose. Members recognise individual achievements, form enduring connections, and find inspiration in the group's commitment to service. This network of support inspires passion, develops creativity, and ensures that Rotary's effect continues to reach far and wide.

In essence, club assemblies are the heartbeat of a Rotary Club. They serve as a platform for responsibility, openness, and collaboration, ultimately moving the club towards its goal of making the world a better place. Members who actively participate not only see progress, but also actively shape the future, leaving a lasting impact in their communities and beyond.

In the Club Assembly anonymously President Rtn. Jeeten Bhambri was nominated for voting for the DG Candidature for RY 2026-27 with full support of the House. Also AG Rtn. Sanjeev Checker visited the Club and acknowledged the work done in the RY 23-24 and discussed on the protocols to be followed during DG Visit on 20th May 2024.



## Club Services Report (Till Date) - Rtn. Pradeep Sisodia

### Club Meetings & Fellowships

- ❖ 43 weekly Club meetings have been conducted successfully
- ❖ 9 Board meetings conducted successfully
- ❖ 1 Joint meeting with Zone 5 - An Organ Donation Drive which was an initiative of 5 Rotary Districts
- ❖ 1 Joint Meeting with Rotary Club Chandigarh Central – RYLA Vishesh (A Two Day event for specially abled)
- ❖ 1 Joint Club meeting of Zone 3,4,5,6 – Rotary ki Pathshala (New Members Induction Program)
- ❖ Installation of Board at the CII, Chandigarh in presence of IAS Sh. Dharampal, Advisor to Chd. Administration
- ❖ 18 Elite Guest Speakers were invited to the Club meetings to enlighten the members with their knowledge
- ❖ 3 Club Assembly was held for the presentation of last year accounts & approval of Budget for the year 24-25 and presenting Half Yearly report on Accounts and Projects undertaken
- ❖ Club Elections for board RY 24-25 were held anonymously
- ❖ 17 Fellowships held on various occasions to strengthen the bond amongst the families of Rotarians



### Cultural Events

- ❖ Celebrated Doctor's Day by recognizing 10 renowned Doctor's of Tricity
- ❖ Teej Celebrations
- ❖ Dandiya Night was celebrated with full enthusiasm
- ❖ On the occasion of Independence Day 9 Defence Personals were honored for their dedication in serving the Nation
- ❖ 30 Teacher's Day of different schools from Tricity were honored for their contributions
- ❖ Diwali Celebrations
- ❖ Children's Day was celebrated with the Chd Traffic Police by organizing a Drawing competition for students on Traffic Awareness
- ❖ Lohri Celebrations
- ❖ Republic Day Celebrated with Poetry and Patriotic songs sung by Rotarians and Family members
- ❖ 5 Persons were honored under Vocational Service for their dedication and commitment towards work.
- ❖ Holi Celebrations - Phoolon ki holi was celebrated in vrindavan style.

### District Events and Our Presence

- ❖ Adyayan (District Training Seminar – Solan): 20 Rotarians from RCCM attended the Event
- ❖ Arunodaya - PETS /SETS/AGTS : 100%
- ❖ Adhaar - The Neev (Membership and Public Image Seminar, Dehradun) : 7 Rotarians from RCCM attended
- ❖ Bon Voyage to DGE Rtn. Rajpal at Rorkee : 18 Rotarians from RCCM attended
- ❖ Arpan - Joy of Giving (TRF Seminar, Panipat): 15 Rotarians from RCCM attended
- ❖ Welcome Meet RI President Rtn. Gordon R McInally at Law Acedemy Chandigarh - 46 RCCM members attended the event
- ❖ District Conference "Anand - The Joy" - A Record Attendance of 48 Rotarians.

## Vocational Services Report (Till Date) - Rtn. Anupam Jain

- ❖ Home Care Nursing Courses at Asha Kiran - 19 students of July batch successfully completed the course and were certified + 23 students of December batch training completed at GMSH, Sector 16, Chandigarh + 24 students New Batch has started
- ❖ Sewing and Tailoring Courses have been running successfully at - Maloya - 24 girls have completed their training  
Singhpura -15 girls have completed their training and certificates given
- ❖ Beauty and Wellness course at Haripur Vocational Center - 19 Girls were certified on completion of their courses
- ❖ Project **UDYAM** (An Entrepreneurship Skill Development Training Program) – 30 aspiring to be Entrepreneurs were given training by the skilled faculty from MSME and the students were also given certificates on completion by MSME
- ❖ Adult E Literacy Programs at Harton Centre, Pkl in association with RCCM - 15 Adults were given training at the centre.
- ❖ Vocational Courses at CCET, Chandigarh - 3 Courses have successfully started at the CCET wherein the students are enrolled under these courses and are training by professional faculty ensuring they become self independent as these courses are certified and recognized  
Under AC and Refrigeration - 12 Students  
Under Electrician - 19 students  
Under Plumbing - 9 Students
- ❖ Vocational Awards is an Recognition to Honor those silent Class 4 workers who have been dedicatedly performing their duties time after time, Rotary Club Chandigarh Midtown Salutes their dedication and Commitment towards their work by honoring them with a recognition and a cash prize - 5 persons from different departments were honored on 26th Jan 2024



## Community Services Report (Till Date) - Rtn. Dr. Manjushri Sharma



### Disease Prevention and Treatment

- ❖ 3 Health Checkup Camps organized (more than 550 people Screened for Eye, Dental, Heart & ENT)
- ❖ 5 Blood Donation Camps organized - More than 350 units collected
- ❖ 18 Camps for UDID and Other Govt. Schemes Registration done benefitting 700+ people
- ❖ 120 Camps of Kalam Express Completed with 350+ beneficiaries
- ❖ 11 Beneficiaries were provided with Artificial Limbs under Project Sahyog
- ❖ Nikshay Mitra (TB Nutrients Distribution at Dispensary Sector 16, PkI) for 50 beneficiaries done each month (9x50 = 450 packs of nutrients distributed till date)
- ❖ TB Nutrients Distributed to 50 patients of Hallomajra in association with TB Control Dept. Chandigarh under Project "SAKHA" (6x50 = 300 packs of nutrients distributed till date)
- ❖ Treatment Support for Double Tumor Surgery at PGI and 2 Heart Surgeries (1 at PGI, Chandigarh and 1 at DCG Sector 6, PkI)

### Basic Education & Literacy

- ❖ 2 Adult Education Centres running successfully
- ❖ Under Project Sudiksha - 120+ Sessions already conducted in schools of Tricity and various schools of UP
- ❖ Teacher Training Program conducted and 30 Teachers of various schools of Tricity where honored for their dedication and commitment towards making students assets for the future.
- ❖ Under Scholarship Program - 6 Engg Students given scholarships for 2 Semesters each
- ❖ Scholarships given to 5 school going students

### Water & Sanitation

- ❖ 9 Swachta Campaigns organized at different locations of Chandigarh to educate citizens to keep the surrounding clean and tidy
- ❖ 3 Swachta Drives carried out in Sector 17 Bus Terminal and Sector 43 Bus Terminal spreading awareness to all on 2nd October 2023 & Drive at Chandigarh Railway Station.
- ❖ Toilets Block constructed at Signature Project Singhpura School
- ❖ Toilet Block constructed and renovated at Bhudanpur Elementry School, Sector 16, Panchkula

### Mother & Child Health

- ❖ Project MAA (Nutritional Support to Mothers & Clothes to New Born) every month on 9<sup>th</sup> is running successfully
- ❖ Angandwadi at Vill. Bir Ghaggar made operational for the underprivileged children with mid-day meals
- ❖ Nanhi Umeed - Creche at Maloya for underprivileged children with mid-day meals
- ❖ Sessions on Menstrual Health and Child Mental Health conducted
- ❖ Sanitary Pads distribution drives conducted and 5000 sanitary pads distributed.

### Peace & Conflict Resolution

- ❖ 12 RCC's associated with Rotary Club Chandigarh Midtown spread across the Tricity - Serving Humanity
- ❖ Registered 250+ Organ Donors through Organ Donation Drives in association with PGI & NOTTO
- ❖ Traffic Safety Awareness for Students through an Interschool Drawing Competition in association with Chandigarh Traffic Police (more than 200 students of Tricity participated)
- ❖ Disability Empowerment - 8 Patients were supported with artificial limbs to make them independent
- ❖ Girl Empowerment (Two Women Safety Workshops conducted)

### Environment Protection

- ❖ 220+ Trees planted in 21 schools (Schools opted to ensure proper care of planted trees)
- ❖ Advocating Segregation and BAN of plastics
- ❖ Cleaning of Banks of River Ghaggar

## Public Image Report (Till Date) - Rtn. Kulwinder Chatwal



### Club Bulletin & Publication

- ❖ 44 On time Bulletins published. Uploaded on line every week
- ❖ Committee Roster Printed and Circulated
- ❖ Classification Roster published

### Internet & Social Media

- ❖ Face book live coverage of weekly meetings
- ❖ Facebook regular updates on projects available
- ❖ Blogs published on Rotary International Portal
- ❖ Project reports uploaded on My Rotary and Rotary India website regularly

### Internet & Social Media

- ❖ Branding at Daria Village Opp. Railway Station, Chandigarh (Two big Hoardings were fixed)
- ❖ Under Project Shining Wheel - Name Plates were Installed outside houses of Rotarians.



### International Services Report (Till Date) - PP Rtn. Amarjit Singh

- ❖ 1st Global Grant of RY23-24 for Vocational Skill Centre at Vill. Bir Ghaggar - Hunar received and matching TRF collected and work initiated.
- ❖ Annual Fund in TRF Collected @ 15000\$
- ❖ Polio Plus Fund collected @ 1800\$
- ❖ All members of Rotary Club Chandigarh Midtown are PHF
- ❖ 2nd Global Grant for this year has been approved and will be initiated shortly

### Youth Services Report (Till Date) - Rtn. Renu Chopra

- ❖ 4 Rotaract Clubs (Rotract Club of Chandigarh Midtown, Rotract Clob of Dev Samaj & Rotract Club of Guru Gobind Singh College for Women, Rotract Club of PU Champs) have been Installed
- ❖ 19 Interact Clubs were Installed and 1 New Interact Club formed
- ❖ HC Bhambri Memorial Trophy for the Best Interact Club announced this year - This will be a running trophy which will be given to the best Interact Club under Rotray Club Chandigarh Midtown.
- ❖ RYLA Vishesh was hosted in joint association with SOB and Rotary Club Central at Punjab University with 200+ specially abled participants
- ❖ Vishnu Kumar Gupta Memorial Debate Competition was organized and 18 teams participated across the Tricity.
- ❖ 120+ Sushiksha Sessions conducted in schools across the Tricity, Lucknow & New Delhi.
- ❖ Students have been given sessions on Good & Bad Touch, Health & Hygiene, Parental Care, Save Water (Jal Hi Jeevan Hai) etc.



### "EK Haath Asha Ka" and "Ek Kadam Asha ka " Project - Rotary Chandigarh Central

In a commendable stride towards rehabilitation and empowerment, the "EK Haath Asha Ka" and "Ek Kadam ashka ka" project, initiated by Rotary Chandigarh Central, has profoundly impacted the lives of over 4,000 amputees since its inception in 2021. Five Rotarians from our club visited this transformative five day camp being organised at Chandigarh University premises last Sunday. The project is focussed on providing artificial limbs to those in need and has been changing lives by restoring mobility and independence to many.

From 27th April to 1st May, the camp has been funded through CSR efforts in collaboration with the Jaipur Foot Limb Centre. Under the dedicated leadership of President Sunil Kansal, Rotary Chandigarh Central has meticulously planned this workshop to ensure its success and reach.

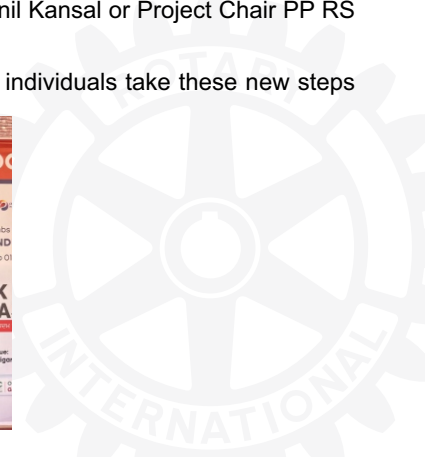
This year, the Rotaractors have joined as partners, bringing a digital edge to the project by creating a comprehensive digital record for each patient. This not only aids in tracking the progress and outcomes but also enhances the operational efficiency of the camp.

The transformative impact of the camp is palpable, as individuals who once relied on crutches for mobility are now walking independently.

"It is overwhelming to see disability turn into ability as a person on crutches walks out of the camp on his own feet," said President Sunil Kansal, expressing his joy and pride in the project's success.

This initiative not only provides physical aid but also instills a renewed sense of confidence and hope among the beneficiaries. The project continues to seek support and collaboration to extend its reach and help more individuals lead a life of dignity and independence. For more information on how to participate and organise workshop in your zone, please contact President Sunil Kansal or Project Chair PP RS Cheema

Join us in celebrating this journey from dependency to self-sufficiency. Together, we can help more individuals take these new steps towards a promising future.



## Week Gone By

### Sushiksha Sessions by Rotary Uncle

Rotary Susiksha Pathshala Session was held at Government Middle School, Khera. The same place where water saving exercise was carried out. The Role of children in country's discipline was discussed and children were taught how to maintain cleanliness in and around the premises.



Rotary Susiksha Pathshala Session was held at Government Primary School, Village Bahesa, Lucknow where children narrated the stories told by Rtn. Salil Chopra, in their words with morals and how they have adopted these stories in their lives. It was Excellent and they display of hand movements and body movements while narrating stories was highly satisfying.

Rotary Susiksha Pathshala Session was held at Government Basic School, Aurangabad, Lucknow where 2 videos were screened on place, your self to value people who can value you, well and greedy human and selfless tree. It was a very interactive session and students participated and responded in full enthusiasm.



Rotary Susiksha Pathshala Session was held at Government Middle School, Khera, Lucknow where a true story' on Lord Shiva was narrated on No caste and Creed system. It was purposely shown to remove and odd thought in the mind of Children and to make them fell we are all one creation of the GOD. Principal Ma'am made a video to be shared with Government authorities.

Rotary Susiksha Pathshala Session was held at Government Basic Middle School, Aurangabad, Lucknow where 2 videos were screened on "Pay Respect - Get Respect" and "Even Children can change behaviour of elders". The students enjoyed the session and promised to follow both the morals to ensure a better living culture in the society we live in.





## Swachta at Schools



School Cleaning Exercise followed by Water Saving where a tap was leaking and seeked repair but till the repair is carried out, to avoid wastage a pipe was connected and watering the plants in ground was started. Massive cleaning drive and cleared all waste was collected and dumped in bins. Cheering children helped a lot in motivating them to clean.

Cleanliness drive under Swachhata Abhiyan at Government Primary School, Village Bahesa, where the initiative was taken to clean the classrooms. The heap of garbage collected was burnt on orders of Principal but after being explained about the air pollution caused they were advised to adopt other methods of disposal. All children participated with full enthusiasm.



## Rotary Chandigarh Midtown and Sanjeevani Trust Team up to Support Cancer Patients at Homi Bhabha Cancer Institute

Rotary Chandigarh Midtown and Sanjeevani Team Up to Support Cancer Patients at Homi Bhabha Cancer Hospital, Mullapur on 1st of May. The initiative involves providing an e-rickshaw to facilitate transportation for patients within the hospital premises, enhancing their accessibility to essential treatment services.

A ceremony marking the handover of the e-rickshaw was held recently, with Rotary President Rtn. Jeeten Bhambari leading a delegation of Rotarians to meet with Dr. Ashish Gulia, Director of the hospital. Mrs. Ruby Ahluwalia the founder of Sanjeevani, who has been instrumental in running successful patient support programs such as Can Sarthi and Can Ahaar across various cancer hospitals under the Tata Memorial Centre (TMC) network. Mrs. Divya Joshi represented her in the discussions.

During the extensive deliberations, Dr. Gulia highlighted the urgent need for continuous support for cancer patients, stressing the importance of treatment and aftercare. He called on Rotary clubs to collaborate further in supporting these patients, ensuring that no one is deprived of necessary treatment due to financial constraints. Additionally, Dr. Gulia proposed the construction of a sarai for relatives of patients, suggesting it as a potential project for Rotary's involvement.

The inaugural ceremony was attended by notable figures including AG Rtn. Sanjeev Checker, PP Rtn. BL Ramsisaria, IPP Rtn. Dr. Sanjay Kalra, Rtn. Dr. Rita Kalra, Rtn. Dr. Manjushri Sharma, and Rtn. Kulbir Bhatia. Their presence underscored the collective commitment of the Rotary community to healthcare initiatives. "Today marks a significant milestone in our ongoing efforts to support healthcare facilities and the people they serve," said President Rtn. Jeeten Bhambari. "This e-rickshaw will not only improve patient mobility but also bring comfort during challenging times. We are inspired by the vision shared by Dr. Gulia and are keen to explore further opportunities to make a tangible difference."



## A Decided Not to Cry - Book Launch

Ritu couldn't have chosen a more appropriate title to her book than 'I decided not to cry'. In five words she has woven her story of love, marriage, deceit, tragedy and triumph in a fascinating autographical work of exceptional grit and courage.

I have known Ritu ever since she became a Rotarian in Chandigarh Midtown and I vividly recall her year as the club president which was full of projects that brought the family of Rotary together – spouses, children and grand children.

I remember both Ishani and Inayat who always struck me as remarkably gifted and brilliant. Ishani has become an IT professional in the United States and Inayat an accomplished medical practitioner. Thank you Ritu for making Bir and me part of the wedding celebrations of Ishani in the royal settings of Jaipur.



One of the most gripping incidents in the book is the first encounter of Ishani with her Papa about his affair that devastated him and the subsequent trail of events that led ultimately to his self destruction.

The essence of the book is not the arrogance of wealth of a man obsessed with raw passion but the resolve of a mother who raised her two daughters into responsible adulthood and literally rose from the ashes to become a business woman of substance and a mentor and guide to hundreds of women across the world.

Along the life's journey few has endured the kind of tragedy that Ritu has, but fewer ever decided not to cry over their destinies and build beautiful lives of accomplishment and self discovery as she has!

PP Rtn. Ajit Gulati



### Life Coach Ritu Singal unveils her second literary work, 'I Decided Not to Cry'

Chandigarh: 'I Decided Not to Cry' is not just another autobiography but an extraordinary story of Ritu Singal, a woman who bravely fought the emotional rollercoaster of her life, including resilience and leadership. The overwriting story is about how on the untimely tragic demise of her husband by suicide in April 2007, Ritu, through sheer will, took the charge of troubled business leaving many people speechless. The book was released here today at a launch event at CII Northern Region Headquarters in Sector 33.

Director, Producer and Screenwriter, Awarded 'Woman Entrepreneur of the Year 2017', Ritu is an independent certified coach, impacting 18000 lives globally. She has authored another book, 'A Story Can Change Your Life', which was a collection of 80 short, inspirational stories touching various aspects of everyday life. Ritu, a housewife turned entrepreneur has in the book narrated the tragic loss of her husband, thus emerging as the guiding force for troubled businesses through financial storms, legal battles, and social challenges – transforming adversity into triumph.

Gupta Bhandari, IAS, Principal Secretary to the Government of Punjab, Other prominent guests included Visk Arora, Author, TEDx Speaker and Motivational Speaker; Raviana Bag, Para Athlete, National Awarded and Motivational Speaker and Qaswani - Sharma, Film

### पति को खोने पर भी नहीं हारी हिम्मत, संघर्ष की गाथा बताने के लिए लिख डाली किताब

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## Celebrating Birthday's & Anniversary's

Wedding Anniversaries	
May 09	Lalita & Rtn. Chandra Parkash
May 11	Madhu Dhawan & Rtn. Suresh Dhawan
May 11	Ranjna & Rtn. Sanjiv Kumar



Deepest Condolences from all Members of Rotary Club Chd Midtown on the sudden sad demise of Sardar Santokh Singh father of PP Rtn. Amarjit Singh  
May God Bless the departed Soul and give enough strength to the family to bear this irreparable loss

**PP Rtn Salil Chopra**

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