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A talk on Reflections about Life and Nature



Sh MP Singh
Chief Commissioner Income Tax Retd

A TALK ON REFLECTION ABOUT LIFE & NATURE

Date : 30th January 2026

Time : 06:30 AM Onwards

Venue : Hotel Shivalikview,
Sector 17, Chandigarh

INTERNATIONAL ASSEMBLY AT ORLANDO EXPERIENCED BY DGE RTN. DR. RITA KALRA & RTN. DR. SANJAY KALRA

Main Sessions- Plenary Sessions: RIPE Yinka inspired delegates with a vision of inclusive leadership and service. - Breakout Sessions: Facilitated by leaders these sessions focussed on innovation, membership growth, and impactful service. - Partner Learning Tables: Delegates engaged in interactive exchanges, building collaborative strategies across cultures by Percy and partners facilitator. - Cohort Discussions: Small-group dialogues fostered mentorship, peer learning, and global understanding. - Special Leadership Presence: Jennifer Jones, Chair Trustee of The Rotary Foundation (TRF), emphasized sustainable giving and the Foundation's role in empowering communities worldwide.

Cultural & Social Highlights- Cultural Night: A vibrant showcase of global traditions, music, and dance, celebrating Rotary's diversity. - World Food & Art-Craft Dinner: Delegates experienced cuisines and crafts from across continents, reinforcing unity through culture. - Promise to Children of the World – End Polio Dinner: A solemn yet uplifting evening reaffirming Rotary's commitment to eradicate polio, with pledges led by RIPE Yinka. - Gala Dinner: A grand celebration of fellowship and achievements, with Percy highlighting the spirit of service and camaraderie.

International Learning & Support- International Learning Facilitators: Delegates met facilitators from India and across the globe, enriching discussions with diverse perspectives and practical insights. - South Asia Office Support: The South Asia Office provided strong organizational and logistical backing, ensuring smooth coordination and representation of regional priorities. - Indian Representation: District 3080's DGE Dr. Rita Kalra and PP Dr. Sanjay Kalra, along with 46 DGEs from India, proudly represented the nation, showcasing South Asia's leadership and commitment to Rotary's global mission.

Post-Assembly Experiences- Caribbean Cruise: Delegates enjoyed leisure, networking, and cultural immersion aboard, strengthening bonds beyond sessions. - Exploring Orlando: Visits to iconic attractions, theme parks, and local landmarks offered delegates a taste of the city's charm and hospitality.

Key Takeaways- The Assembly blended learning, cultural exchange, and fellowship into a transformative experience. - Renewed commitment to service priorities, especially the global fight against polio. - Strengthened international partnerships and friendships, ensuring Rotary's vision of "Service Above Self" continues with renewed energy. - Leadership from RIPE Yinka, guidance from Percy, inspiration from Jennifer Jones, and strong representation from India's DGEs including Dr. Rita Kalra and Dr. Sanjay Kalra elevated the Assembly's impact. - The South Asia Office's support showcased Rotary's strength in regional collaboration and global unity>

"From Orlando's lights to the Caribbean waves, Rotary's promise sails across the world—guided by Yinka's vision, Percy's wisdom, Jennifer's stewardship, and India's proud representation led by Rita and Sanjay—uniting hearts, cultures, and dreams in service everlasting."



GLIMPSES OF ORLANDO'S VISIT





GLIMPSES OF WEEKLY MEETING



Governor		Year Presidents	
2015-2016	Rtn. Kanan Dinesh	2015-2016	Rtn. Kanan Dinesh
2016-2017	Rtn. Anjali Singh	2016-2017	Rtn. Anjali Singh
2017-2018	Rtn. Dr. Rina Kalia	2017-2018	Rtn. Dr. Rina Kalia
2018-2019	Rtn. Ashok Puri	2018-2019	Rtn. Ashok Puri
2019-2020	Rtn. Sall Dev Ball	2019-2020	Rtn. Sall Dev Ball
2020-2021	Rtn. Sall Dev Ball	2020-2021	Rtn. Sall Dev Ball
2021-2022	Rtn. Sall Dev Ball	2021-2022	Rtn. Sall Dev Ball
2022-2023	Rtn. Sall Dev Ball	2022-2023	Rtn. Sall Dev Ball
2023-2024	Rtn. Sall Dev Ball	2023-2024	Rtn. Sall Dev Ball
2024-2025	Rtn. Sall Dev Ball	2024-2025	Rtn. Sall Dev Ball
2025-2026	Rtn. Sall Dev Ball	2025-2026	Rtn. Sall Dev Ball

UT announces 32 names for Commendation Certificates

To be awarded during Republic Day function today

Express News Service Chandigarh, January 25

THE CHANDIGARH Administration has announced the names of 32 public representatives, government employees and citizens who will be honoured with Commendation Certificates on the occasion of Republic Day 2026 to recognise their meritorious service and outstanding contribution in the fields of public administration, health, education, police, social service, sports and civil-military coordination.

The list of awardees reflects a wide spectrum of service, ranging from the grassroots to the top echelons of the UT Secretariat to police personnel, engineers, educators, social workers, sportspeople and volunteers who have played a key role in strengthening governance and community welfare in the Union Territory.

One of the prominent recipients is Dr Balram K Gupta, a senior citizen who has been closely associated with Chandigarh since 1966. Having spent nearly seven decades in the city, his personal journey has evolved alongside the growth of the City Beautiful. A former law faculty member at Panjab University, where he began teaching in 1969, Dr Gupta made lasting contributions to legal education. His association with Rotary since 1976 marked the beginning of a lifelong commitment to humanitarian service. He played an active role in public education, public health initiatives such as tuberculosis awareness, HPV vaccination, and support to the specially-abled community. His leadership in the Rotary Club has been instrumental in restoring sight to numerous



THE HONOURS LIST: Dr Balram K Gupta, Dr Parminder Gupta and Dr Meenali C Kumar

beneficiaries. A Charter Member of Rotary Chandigarh Midtown, he was conferred the Lifetime Achievement Award by Rotary International District 3080 in 2006.

Professor Emeritus, Senior Advocate and former director of the Institute of Constitutional and Parliamentary Studies, New Delhi, Professor of Law and Chairman, Department of Law, Panjab University, Dr Gupta was also director (academics), Chandigarh Judicial Academy. A prolific writer, Dr Gupta has also authored several books on law and his journey in the field.

Another distinguished awardee is Colonel Jaspal Sandhu, Advisor-cum-Principal Director, Civil-Military Affairs, Headquarters Western Command, who is being recognised for his exceptional contribution to civil-military coordination in Chandigarh over nearly a decade. A native of the city, Colonel Sandhu played a crucial role in ensuring seamless cooperation between the armed forces and the civilian population. His leadership in the district has been instrumental in achieving the establishment of

two 100-bed COVID hospitals and restoration of essential services during crises. His close coordination with the Chandigarh Police, civil authorities and defence forces ensured swift response to bomb threats, disaster situations and intelligence sharing across the Tricity. His role during Operation Sindoor and sustained support to the UT Administration earned repeated appreciation from senior officials.

Laxmi Kant Triwast, Senior Radiographer, "Technician-cum-Radiological Safety Officer at GMC-H-32, has been honoured for his professional excellence, academic leadership and social commitment in medical radiology. A life member of leading national professional bodies, he has served as an external examiner for reputed universities and contributed to several administrative and policy committees at GMC-H-32. He has organised national conferences, delivered expert lectures on radiation safety and patient care, and led social awareness campaigns against female foeticide and sex-selection, besides organising blood donation and health camps, earning national and international recognition.

In the field of sports, Madh Singh, an international athlete, is being recognised for his exceptional performance in the district. His leadership in the district has been instrumental in achieving the establishment of

stage. At the 26th Summer Deaflympics 2025 in Tokyo, the devoted athlete performed by winning two gold and two silver medals. She has also represented India at the World Deaf Shooting Championship 2024 in Hannover, Germany, and the 16th Asian Shooting Championship 2025 in Shymkent, Kazakhstan, where she won multiple medals and set new records. Her consistency, precision and composure under pressure reflect the highest standards of sporting excellence.

Other recipients being honoured for meritorious service in government departments include Dr Parminder Gupta, Dr Meenali C Kumar, Neera (MTS), Mukesh Kapoor, Parveen Kumar, Yogesh Chander, Dr Sheenu Gupta, Narinder Kapoor, Deepak Bhatt, Sumit Kumar Toor, Amrinder Singh, Anil Kamboj, Jarnail Singh, Rajesh Kumar, Raj Kumar, Vijay Kumar, Kharan Bala, Anshu Verna Lakshmi, Rajesh Sharma and Inspector Daya Ram.

A healing touch

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Jan 26

Rtn. Rakesh Gupta



PP Rtn Salil Chopra

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