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Is it the TRUTH?  
Is it FAIR to all concerned?  
Will it build GOOD WILL and BETTER FRIENDSHIPS?  
Will it be BENEFICIAL to all concerned?

**Topic**  
**Your kitchen is your pharmacy**  
**Only two reasons for your disease**



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**YOUR KITCHEN IN YOUR PHARMACY ONLY**  
**TWO REASONS FOR YOUR DISEASE**

DATE : 24TH APRIL 2026  
TIME : 6:30 PM ONWARDS  
VENUE : HOTEL SHIVALIKVIEW  
SECTOR 17, CHANDIGARH

## BAISAKHI CELEBRATIONS

Rotary Chandigarh Midtown celebrated the vibrant festival of Baisakhi with great joy, enthusiasm, and a strong sense of togetherness. The event, thoughtfully organized by Event Chair Rtn. Suman Gupta, beautifully captured the essence of tradition and community spirit, bringing members together for an evening filled with culture, color, and celebration.

Baisakhi holds immense significance in Punjab, marking the joyous harvest season and serving as a time to express gratitude to nature for a bountiful crop. It is also of deep religious importance, commemorating the formation of the Khalsa Panth by Guru Gobind Singh Ji. The festival symbolizes new beginnings, happiness, unity, and thankfulness—values that resonate deeply with the spirit of Rotary.

Embracing these sentiments, the celebration was centered around the theme “Phulkari,” showcasing the rich cultural heritage of Punjab. The women members adorned themselves in vibrant phulkari dupattas, adding a burst of color and traditional elegance to the gathering. The venue came alive with bright hues and festive décor, creating a warm and inviting atmosphere that reflected the joy of the occasion.

The highlight of the evening was the soulful rendition of folk songs by Shashi Gupta and Indu Anand. Their melodious performances infused the event with energy and cheer, encouraging members to clap along, sing, and immerse themselves in the festive spirit. The music truly brought everyone together, enhancing the celebratory mood and creating memorable moments.

The event also provided an opportunity for members to connect and spend quality time with one another, strengthening bonds and reinforcing the sense of being part of a close-knit Rotary family. Laughter, conversations, and shared joy filled the evening, making it a truly enriching experience for all present.

The celebration concluded on a heartwarming note with a fellowship hosted by Rtn. Luther in honour of their birthday. It was a delightful gathering marked by smiles, laughter, and heartfelt good wishes, adding an extra touch of happiness to the occasion.

Overall, the Baisakhi celebration at Rotary Chandigarh Midtown was a beautiful blend of tradition, culture, and camaraderie. It truly reflected the vibrant spirit of the festival and left everyone with cherished memories of togetherness and joy.



# The Midtowner

Weekly Bulletin of Rotary Club Chandigarh Midtown

Rotary

Chandigarh Midtown



UNITE FOR GOOD

2025-26 | Club No. 15228 | R.I. District 3080





## WEEK GONE BY

### CERTIFICATE DISTRIBUTION ON COMPLETION OF BEAUTICIAN COURSE AT VILLAGE MALOYA

Proud Moment at Maloya RCC – 19 April 2026

It was a day of pride and celebration at Maloya RCC as we marked a significant milestone under Rotary's Skill Development Initiative. Eleven enthusiastic young girls successfully completed their Beautician Course and were awarded certificates, symbolizing not just the end of a training program but the beginning of their journey toward self-reliance and empowerment.

The smiles and confidence on their faces reflected the impact of this initiative in opening doors to new opportunities. As we congratulated them, we also extended our best wishes for a bright and independent future ahead. Adding to the joy, the momentum continues with a new batch of 14 girls already enrolled and eager to learn.

We express our heartfelt gratitude to everyone who graced the occasion and supported this noble cause. Special thanks to Rtn. Kanan Dewan, PDG Yoginder Diwan, Rtn. Sanjay Bhatia, Rtn Pradeep Sisodia, R'Ann Nandita Sisodia, President Rtn. JS Bawa, R'Ann Sarabjit Bawa, Rtn Manisha Gupta, President Elect Rtn. Renu Chopra, Ms Parimala, MsRajni, and the dedicated supporting staff.

Your encouragement and commitment continue to make a meaningful difference in building stronger, self-sustained communities.





## HAR BACCHE KA ADHIKAR – SWACHH PAANI, PAVAN AUR PRAKASH RTN. SALIL CHOPRA

Under the project Har Bacche Ka Adhikar – Swachh Paani, Pavan aur Prakash, our club proudly extended its commitment to improving basic amenities for school children in the state of Uttar Pradesh. A significant milestone was achieved in Lucknow during the visit of National President JCI Bharath, who graced our office with his presence.

On this occasion, essential items were distributed to the principals of five government schools to enhance hygiene, lighting, and overall learning conditions. The distribution included 47 tube lights, 58 bulbs, and 60 bib cocks. These resources aim to ensure better access to clean water and reliable lighting for students.

A special highlight of this initiative was the provision of tube lights and lamps equipped with backup support of 3 to 5 hours, ensuring uninterrupted illumination during power outages—an important step toward maintaining continuity in education.

The event was truly a memorable and fulfilling moment for all involved. The school principals expressed deep gratitude for this meaningful support, acknowledging the positive impact it will have on students' daily lives.

This initiative reflects our shared vision of empowering every child with the right to a safe, clean, and well-lit learning environment.



## SEWING & TAILORING COURSE AT GES, SINGHPURA RTN. ASHOK K PURI & R'ANN SUDHA PURI

The ongoing Sewing and Tailoring course at Government Elementary School, Singhpura, has become a vibrant hub of creativity and skill-building for young learners. Students are participating with remarkable interest, dedication, and enthusiasm, transforming the classroom into a space of practical learning and self-expression. Through this initiative, children are not only acquiring essential stitching and tailoring skills but are also developing patience, precision, and confidence. Guided by instructors, they are learning to handle tools, understand fabrics, and create simple yet meaningful items. The joy on their faces reflects their growing sense of achievement and independence.

This course is a step toward empowering students with life skills that can support them in the future, both personally and professionally. It also encourages creativity and nurtures a spirit of self-reliance at an early age.

The initiative has been well-received by students and staff alike, and it stands as a commendable effort toward holistic education. Such programs truly embody the spirit of service and community development, paving the way for a brighter and more skilled generation.





### SYNERGY - CSR GRANT SEMINAR

The Rotary Club of Kharar proudly hosted the CSR Grant Seminar – Synergy at Chandigarh University, under the dynamic leadership of DGE Dr Rita kalra , DRFC Raman Aneja District CSR Chair Manmohan Maini and AG Designate Kamal Tiwana, bringing together 70 Rotary leaders from Punjab and Tri-City clubs in a powerful celebration of service and partnership. The seminar opened with a heartfelt welcome by DGE, who reminded participants that CSR partnerships are not just financial transactions but pathways to empowerment. “Today, we stand at the confluence of compassion and collaboration, where corporate responsibility meets community upliftment,” she declared.

CSR Coordinator RI South Asia Ankita Shruti illuminated the steps of application and strategies for achieving sustainable impact, while PDG Ashok Kantoor inspired with success stories and secrets of effective collaborations.

PDG Raman Aneja (DRFC) emphasized the vision and purpose behind CSR grants, and CSR Grant Chair Manmohan Maini showcased District 3080’s impactful projects, underscoring the role of partnering companies.

The seminar also featured special addresses:

- Mr. Raj Malhotra spoke on mind wellness among students,
- KS Pannu, IAS (Retd.) highlighted environmental wellness in Punjab, stressing the urgent need to save groundwater.

CSR companies were felicitated with gratitude for their invaluable contributions to service projects. The event concluded with Rtn. Dr. Sanjay Kalra and DGE Dr. Rita Kalra extending heartfelt thanks to the CSR partners and the organising team led by AG Kamal Tiwana, Rtn. BL Ramsisaria, Rtn. Mohit Singla, DES Rtn. Nitin Kapur and Rtn. Anup Sharma.





**Rotary Club Kharar hosted CSR grant seminar "Synergy" at CU**



KHARAR (SHASHI PAL JAIN): Rotary Club Kharar successfully hosted the CSR Grant Seminar – Synergy at Chandigarh University, bringing together 70 Rotary leaders from Punjab and the Tri-City. The seminar opened with a warm welcome by DGE, highlighting the power of CSR partnerships. More than an event, it celebrated a shared purpose:

CSR grants as seeds of hope for education, health, environment, and empowerment—and synergy as the force that turns them into lasting change. It reinforced the bridge between boardrooms and grassroots, vision and action.

CSR Coordinator RI South Asia Ankita Shruti delivered valuable insights on application processes and maximizing impact. PDG Ashok Kantoor shared inspiring success stories, while PDG Raman Anuja (DRFC) outlined the vision behind the initiative. CSR Grant Chair Manmohan Maini presented District 3080's CSR projects and acknowledged corporate partners.

Mr. Raj Malhotra spoke on student mental wellness. KS Pannu, IAS (Retd.) emphasized environmental responsibility and groundwater conservation in Punjab. CSR partners were felicitated for their contributions. The event concluded with heartfelt thanks from Dr. Sanjay Kalra and DGE Dr. Rita Kalra, appreciating the CSR partners and the organizing team led by AG Kamaldeep Singh Tiwana, Himmat Singh, Nitin Garg, Har-simran Singh Lehla, Mohit Singla, Nitin Kapur.

**MEDIA COVERAGE**

## ਸੀਯੂ 'ਚ ਸੀਐਸਆਰ ਗ੍ਰਾਂਟ ਸੈਮੀਨਾਰ 'ਸੀਨਰਜੀ' ਨੇ ਸੇਵਾ ਨੇਤਾਵਾਂ ਨੂੰ ਕੀਤਾ ਪ੍ਰੇਰਿਤ

ਬੁੱਢੀ ਪਾਲ ਜੈਨ

ਖਰੜ 20 ਅਪਰੈਲ - ਰੋਟਰੀ ਕਲੱਬ ਖਰੜ ਵੱਲੋਂ ਚੰਡੀਗੜ੍ਹ ਯੂਨੀਵਰਸਿਟੀ ਵਿੱਚ ਸੀ ਐਸ ਆਰ ਗ੍ਰਾਂਟ ਸੈਮੀਨਾਰ 'ਸੀਨਰਜੀ' ਦਾ ਸਫਲ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ ਜਿਸ ਵਿੱਚ ਪੰਜਾਬ ਅਤੇ ਟ੍ਰਾਈਸਿਟੀ ਦੇ 70 ਰੋਟਰੀ ਨੇਤਾਵਾਂ ਨੇ ਭਾਗ ਲਿਆ।

ਸੈਮੀਨਾਰ ਦੀ ਸ਼ੁਰੂਆਤ ਡੀ ਜੀ ਈ ਵੱਲੋਂ ਸਵਾਗਤ ਨਾਲ ਹੋਈ, ਜਿਸ ਵਿੱਚ ਸੀ ਐਸ ਆਰ ਡਾਫ਼ਟਰੀਆਂ ਦੀ ਤਾਕਤ ਉੱਤੇ ਜ਼ੋਰ ਦਿੱਤਾ ਗਿਆ। ਇਹ ਸਿਰਫ਼ ਇੱਕ ਸੈਮੀਨਾਰ ਨਹੀਂ, ਸਗੋਂ ਸਾਂਝੇ ਉਦੇਸ਼ ਦੀ ਪ੍ਰਤੀਕਰਮ ਸੀ ਜਿਸ ਵਿੱਚ ਸੀ ਐਸ ਆਰ ਗ੍ਰਾਂਟਾਂ ਨੂੰ ਸ਼ਿੱਠਿਆ, ਸਿਹਤ, ਪਹਿਲਾਵਫ਼ਤ ਅਤੇ ਸ਼ਕਤੀਕਰਨ ਲਈ ਉਮੀਦ ਦੇ ਬੀਜ



ਵੱਜੋਂ ਪੌਸ਼ ਕਰਦੇ ਹੋਏ ਅਤੇ 'ਸੀਨਰਜੀ' ਨੂੰ ਉਹ ਤਾਕਤ ਦੱਸਿਆ ਜੋ ਇਨ੍ਹਾਂ ਨੂੰ ਟਿਕਾਊ ਬਦਲਾਅ ਵਿੱਚ ਬਦਲਦੀ ਹੈ। ਇਸ ਮੌਕੇ ਸੀ ਐਸ ਆਰ ਗ੍ਰਾਂਟ ਚੇਅਰ ਮਨਮੋਹਨ ਮੈਨੀ ਨੇ ਡਿਸਟ੍ਰਿਕਟ 3080 ਦੇ ਸੀ ਐਸ ਆਰ ਪ੍ਰੋਜੈਕਟਾਂ ਦੀ ਝਲਕ ਪੇਸ਼ ਕੀਤੀ ਅਤੇ ਕਾਰਪੋਰੇਟ ਸਾਥੀਆਂ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ।

ਇਸ ਮੌਕੇ ਕੇ ਐਸ ਪੰਨੂ, ਆਈ ਏ ਐਸ (ਸੇਵਾ ਨਿਵੇ ਿਰਤ) ਨੇ ਪੰਜਾਬ ਵਿੱਚ ਪਹਿਲਾਵਫ਼ਤ ਸੰਬੰਧਣਾ ਅਤੇ ਬੁਜਲ ਬਚਾਉਣ ਦੀ ਲੋੜ 'ਤੇ ਜ਼ੋਰ ਦਿੱਤਾ ਸੀ ਐਸ ਆਰ ਸਾਥੀਆਂ ਨੂੰ ਉਨ੍ਹਾਂ ਦੇ ਯਗਦਾਨ ਲਈ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ। ਸੈਮੀਨਾਰ ਦਾ ਸਮਾਪਨ ਡਾ. ਰੀਤਾ ਕਾਲਕਾ ਵੱਲੋਂ ਧੰਨਵਾਦ ਨਾਲ ਹੋਇਆ, ਜਿਨ੍ਹਾਂ ਨੇ ਸੀ ਐਸ ਆਰ ਸਾਥੀਆਂ ਅਤੇ ਆਯੋਜਕ ਟੀਮ ਦੇ ਜੋ ਕਮਲਦੀਪ ਸਿੰਘ ਤਿਵਾਣਾ, ਹਿਮਤ ਸਿੰਘ, ਨਿਤਿਨ ਗਰਗ, ਰਹਿਮਤਨ ਸਿੰਘ ਲੋਹਲ, ਮਹਿਤ ਸਿੰਗਲਾ, ਨਿਤਿਨ ਕਪੂਰ ਅਤੇ ਅਨੂਪ ਸ਼ਰਮਾ ਦੀ ਸ਼ਾਹਰਾ ਕੀਤੀ।

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*Celebrating Birthday's & Anniversary's*

Birthday - Rotarian	
Apr 20	PP Kanan Diwan
Apr 23	Rtn. Sanjiv Kumar
Apr 23	Rtn. Manjushri Sharma
Apr 24	Rtn. Chandra Prakash
Birthday – Spouse	
Apr 21	R'Ann Sangeeta Singla



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