



R.I. President
Rtn. Francesco Arezzo

District Governor
Rtn. Ravi Prakash

President
Rtn. J S Bawa

Secretary
Rtn. Kulvinder S Chhatwal

Club Editor
Rtn. Jeeten Bhambri

For Private Circulation Only

Volume 50 No. 45 Dated: 21st May 2026

www.rotarychdmidtown.org



CLUB ASSEMBLY
AG KK WALIA

DATE : 22ND MAY 2026
TIME : 6:30 PM ONWARDS
VENUE : THE PRESS CLUB
SECTOR 17, CHANDIGARH

FOLLOWED BY FELLOWSHIP & DINNER

50TH YEAR CELEBRATIONS OF ROTARY CLUB CHANDIGARH MIDTOWN (1977-2026)



The Golden Jubilee Charter Day celebration held on 18th May marked a magnificent milestone in the glorious journey of Rotary Chandigarh Midtown, commemorating 50 years of dedicated service, fellowship, and leadership. The grand occasion brought together generations of Rotarians, creating an atmosphere filled with nostalgia, pride, and renewed commitment towards Rotary's ideals.

The presence of Past Rotary International President Raja Saboo, who chartered the club five decades ago, made the celebration exceptionally special and deeply emotional. His gracious presence served as a powerful reminder of the strong roots from which this mighty tree of service has flourished over the years. The event witnessed an overwhelming response with the participation of 20 Past Presidents, 10 past members along with their partners, and 25 Presidents from neighbouring Rotary clubs, reflecting the strong bonds of fellowship and goodwill that Rotary Chandigarh Midtown has nurtured through the years.

The celebrations commenced with great pomp and enthusiasm. President Rtn. J.S. Bawa warmly welcomed the distinguished guests and expressed heartfelt gratitude to all participants for being a part of this historic occasion. He highlighted the club's remarkable journey of impactful service projects, leadership initiatives, and enduring fellowship that have defined Rotary Chandigarh Midtown over the last five decades.



One of the most cherished moments of the evening was the address by PRIP Raja Saboo, whose reflections beautifully bridged the past and the present. His inspiring words evoked treasured memories of the club's formative years and encouraged members to continue strengthening the ideals of "Service Above Self" with the same passion and dedication.

A significant highlight of the evening was the insightful presentation by Rtn. B.L. Ramsisaria, who eloquently chronicled the remarkable 50-year journey of Rotary Chandigarh Midtown. His detailed narration took the audience through the club's evolution from its charter days to becoming one of the most respected and vibrant Rotary clubs in the district. He fondly recalled the visionary leadership of the founding members, the steady growth in membership, and the numerous community service initiatives undertaken across healthcare, education, social welfare, women empowerment, and humanitarian assistance.

Rtn. BL Ramsisaria shared memorable milestones, major achievements, and landmark projects executed by the club over the decades. He highlighted how the club successfully adapted to changing times while preserving its core values of fellowship, integrity, and service. His reflections on the dedication and commitment of past presidents and members served as an inspiring tribute to all those who contributed selflessly in shaping the club's rich legacy. His presentation not only rekindled fond memories among senior members but also gave younger Rotarians a deeper appreciation of the club's proud heritage and enduring impact on society.

Adding warmth to the occasion was a heartfelt message from Rtn. Shaju Peter, whose thoughtful words from afar reinforced the spirit of Rotary fellowship and togetherness that transcends distances. District Governor Elect Dr. Rita Kalra also inspired the gathering by sharing her Rotary journey and encouraging future leaders to continue serving society with commitment and compassion.

Another engaging segment of the evening was presented by Rtn. T.S. Anand, who, as the Master of Ceremonies, beautifully narrated the inspiring chronicles of 50 years of Presidents of Rotary Chandigarh Midtown. His lively presentation served as a fitting tribute to the visionary leaders who guided the club through various phases of growth and achievement.

The unveiling of the Golden Jubilee Year Logo was another proud and symbolic moment of the celebration, representing the club's glorious past and promising future. The lively Golden Tambola added excitement, fun, and vibrant fellowship to the evening, perfectly blending celebration with camaraderie.

The Golden Jubilee Charter Day was not merely a celebration of years gone by, but a reaffirmation of Rotary Chandigarh Midtown's enduring commitment to service, friendship, and community leadership. Heartfelt thanks were extended to everyone who participated and contributed in making this landmark celebration truly memorable, meaningful, and grand.



The Midtowner

Weekly Bulletin of Rotary Club Chandigarh Midtown

Rotary

Chandigarh Midtown



UNITE
FOR
GOOD

2025-26 | Club No. 15228 | R.I. District 3080





WEEK GONE BY

NIKSHAY DIWAS - DISTRIBUTION OF NUTRIENTS TO TB PATIENTS

A fruitful and encouraging meeting was held today with the Chief Secretary of Chandigarh regarding the long-awaited construction of the Red Cross Bhavan. The discussion proved highly positive, and we were delighted to learn that all necessary clearances for the project have now been obtained. The Chief Secretary assured us that the foundation stone laying ceremony for the Bhavan will take place soon, with the allocation of funds being the final step remaining before construction begins.



During the meeting, we also expressed our willingness and commitment to assist in the mobilisation of funds for this noble and much-needed project. The proposed Red Cross Bhavan will serve as an important centre for humanitarian and community service activities, benefiting countless people in the region.

The interaction reflected a strong spirit of cooperation and collective determination to bring this significant project to reality. We sincerely hope that all formalities move ahead smoothly and that the stone laying ceremony is organised in the near future, marking the beginning of an important milestone in service to humanity.

My heartfelt thanks and gratitude to Rtn. R.K. Luther, Rtn. B.L. Ramsisaria, DGE Rtn. Dr. Rita Kalra, and Rtn. Pradeep Sisodia for their valuable support, guidance, and contribution in successfully conducting this important meeting.

NIKSHAY DIWAS - DISTRIBUTION OF NUTRIENTS TO TB PATIENTS

Nikshay Diwas was observed with a meaningful service initiative dedicated to supporting tuberculosis patients through nutritional care and community outreach. On this occasion, nutrient kits were distributed to 40 TB patients to help strengthen their health and recovery journey. In addition, 10 nutrient packets were handed over to Mr. Neeraj at the Civil Dispensary, Sector 16, Panchkula, for further distribution among deserving patients.

The project was carried out in the gracious presence of Club President Rtn. J. S. Bawa, Rtn. Prem Anand, and Director Community Service Rtn. Suresh Dhawan, whose encouragement and active participation added immense value to the initiative. Their dedication towards humanitarian service truly reflects the Rotary spirit of "Service Above Self." Tuberculosis continues to be a major health challenge, and proper nutrition plays a vital role in the recovery and well-being of patients undergoing treatment. Through this initiative, the club aimed not only to provide nutritional support but also to spread awareness about compassion, care, and collective responsibility toward public health.

The beneficiaries expressed heartfelt gratitude for the thoughtful support extended to them. Such projects reinforce Rotary's commitment to community welfare and healthcare initiatives that create a lasting impact on society.

A sincere thank you to all the members and dignitaries who spared their valuable time and contributed towards making the Nikshay Diwas project a meaningful and successful service activity.



MOU WITH HOME GUARDS & CIVIL DEFENSE DEPARTMENT HIMACHAL PRADESH

A significant step towards community service, environmental sustainability, and youth empowerment was undertaken by the Himachal Cluster of Rotary International District 3080 through the signing of a Memorandum of Understanding (MoU) with the Home Guards and Civil Defence Department, Government of Himachal Pradesh, on 25th May 2026 at the Combined Training Institute, Home Guards & Civil Defence, Sargheen, Shimla.

The MoU was formally signed by Dr. Rita Kalra on behalf of the Himachal Cluster of District 3080 and Mrs. Satwant Atwal Trivedi on behalf of the Home Guards & Civil Defence Department, Himachal Pradesh Government. The Himachal Cluster comprises 18 Rotary clubs actively serving various regions including Shimla, Solan, Nahan, Paonta Sahib, Nalagarh, Baddi, Theog, and Rampur Bushahr. Through this collaborative initiative, both organizations aim to jointly undertake activities related to environmental conservation and conduct self-defence training programmes for youth, particularly empowering young girls and students with confidence, awareness, and essential life skills.

The partnership reflects Rotary's continued commitment towards creating meaningful and sustainable social impact. By combining the outreach and service capabilities of Rotary with the expertise and institutional support of the Home Guards & Civil Defence Department, the initiative is expected to bring greater awareness about environmental responsibility while also strengthening youth preparedness and personal safety.

The occasion was graced by the presence of PDG Rtn. Ved Prakash Kalta, Rtn. Atul Tangri, Rtn. Ruchira Tangri, Rtn. Veena Kalta, and Rtn. Mala Singh. Rtn. Mala Singh expressed heartfelt gratitude to Mrs. Satwant Atwal Trivedi for her valuable cooperation and support in making this collaboration possible.

This landmark initiative is expected to open new avenues for community engagement and holistic youth development across Himachal Pradesh, further strengthening Rotary's mission of "Service Above Self."





CHANDIGARH MIDTOWN

Asha Kiran – Sector 46, Chandigarh Home Care Nursing Training Program & Certificate Distribution Ceremony



Asha Kiran, Sector 46, Chandigarh, continues her dedicated efforts in empowering young girls through its Home Care Nursing Training Program. Currently, 18 students are undergoing training, while 19 students have successfully completed the recent batch. A certificate distribution ceremony was organized on 6th March to felicitate the successful trainees. The program comprises 4 months of theoretical training followed by 2 months of practical training conducted at Government Medical Hospital Sector 16 Chandigarh.

On this occasion, certificates were awarded to all 19 students. Each student was also provided with a care kit containing a first aid box, thermometer, and stethoscope to support their professional journey. The event was graced by esteemed dignitaries, including Dr. Rita Kalra, President J.S. Bawa, PP Vinod Jawa, PP B.L. Ramnaniya, PP Salli Chopra, PE Renu Chopra, Rtn. Manisha Gupta, and Ms. Divya from Sanjeevani Cancer Care, along with instructor Poonam. The journey of this impactful program was also shared, highlighting its inception 25 years ago by Prof. B. D. Gupta. Rotary has proudly sustained and nurtured this noble initiative over the years. Dr. Rita Kalra inspired the students with her motivating address, encouraging them to move forward with confidence and dedication. Ms. Divya guided the students about opportunities in online training related to cancer awareness and counselling, urging them to serve society with compassion and commitment. The event concluded with a heartfelt Vote of Thanks by PP Salli Chopra.



FRAGRANCE 18 MAY 2026

CHANDIGARH MIDTOWN

OUR PROJECTS COVERED IN DISTRICT GML



Distributed School Bags



COVERAGE OF PELS & SELS RID 3080 IN ROTARY NEWS

COVERAGE OF ROTRACT PROJECTS IN ROTRACT NEWS

ROTRACT NEWS

10,000 REASONS TO BE NOPARVAH

Rotractors Unite to Break Period Stigma Across the Tricity

Rotract Club Chandigarh Midtown leads multi-club initiative to distribute 10,000 sanitary pads in schools, slums, and underserved communities* Rotract Club Chandigarh Midtown spearheaded 'Suraksha Kawach', a month-long drive to distribute 10,000 premium sanitary pads across the Chandigarh-Mohali-Panchkula Tricity region. The initiative, supported by parent club Rotary Club Chandigarh Midtown and conducted in partnership with Noparvah Premium Sanitary Pads, saw active participation from all Rotract clubs under its umbrella.

hygienic methods of protection during menstruation. In many slums and government schools across the Tricity, the number drops below 40%.

"Service to humanity begins with dignity," said PHF PP Aman Garg, Rotract Club Chandigarh Midtown. "A sanitary pad is not a luxury. It's a basic right."



10,000 PADS, COUNTLESS CONVERSATIONS

The 'Suraksha Kawach' drive targeted three key areas:

- Government schools** — Reaching girls in Classes 6-12 with pads and 20-minute awareness sessions led by female Rotractors and ASHA workers.
- Urban slums** — Door-to-door drives in Bapu Dham Colony, Matuli Jagran, and Indira Colony with Hindi/Punjabi pamphlets.

3. **Backward areas** — Distribution through anganwadi centers for last-mile reach.

POWER OF THE MIDTOWN FAMILY

While Rotract Club Chandigarh Midtown coordinated, Rotractors from all clubs under Rotary Club Chandigarh Midtown adopted locations and led execution. Over 120 Rotractors volunteered 400+ hours. The drive ended with a rally at Sukhna Lake, where members wore red badges reading "Periods Don't Stop. Neither Do We."

Rtn. J.S. Bawa, President, Rotary Club Chandigarh Midtown, noted: "This is the Rotary spirit in action — clubs mentoring, Rotractors leading, and communities benefiting."

"This isn't charity. It's change," said Rtn. Harsimran, Project Chair. "One girl told us she could finally play kho-kho during PE. That's the impact we count."

The club will make 'Suraksha Kawach' an annual project, targeting 100,000 pads and 50 school vending machines in 2027. Rotract Club Chandigarh Midtown, RID 9800 in partnership with Noparvah Premium Sanitary Pads



FROM TABOO TO TALK

Menstrual hygiene remains a silent crisis in India. According to only 64% of women aged 15-24 use



FRAGRANCE 32 MAY 2026



RIPE Babalola and RI Director Nagish with RID 3080 DGE Rita Kalra and PDGs Alexander Chigra and Arun Mongia.

Babalola lays down ambitious goal for Rotary

Team Rotary News

President-elect Olayinka Babalola, accompanied by RI Director KP Nagish, began his visit to Chandigarh with a branch meeting with Usha and PREP Rajendra Saboo at their residence.

Later, he addressed incoming club leaders at the Presidents and Secretaries-elect Learning Seminar (PELS and SELS) held at Zirakpur, on the footfalls of the Shivajik range in Mohali district, near Chandigarh.

"For Rotary to grow, all Rotarians must be able to tell their stories — how Rotary has impacted or transformed them," he said, urging leaders to strive for excellence in advancing Rotary's ambitious Vision 2030. The goal is to reach 1.25 million Rotarians and 125,000 Rotaractors worldwide by 2030, marking Rotary's 125th anniversary.

Babalola commended RID 3080's initiatives for the coming Rotary year, announced by DGII Rita Kalra. These include AI financial literacy for youth in the Chandigarh Tricity, entrepreneurship opportunities



PDG Balwant Singh Chirana, his wife Dheeraj Kanwar, DG Bagadia, RID Nagesh, RIPE Babalola, PDG Sharat Jain and Ruchika, Poonam Bagadia and PDG Ajay Kala in Jaipur.

Below: RIPE Babalola interacting with students after distributing school essentials to them in Jaipur.



From R: RIPE Olayinka Babalola, PREP Rajendra Saboo and RI Director KP Nagish at the PELS of RID 3080.



Above: RID Muruganandam and PRID C Basker present a memento to RIPE Babalola at the membership summit in Madurai. Sumathi Muruganandam (L) and PDG C Sivagnaneselvan are also seen.



In Loving Memory



Sdr. Maharaj Bakhsh Singh
15/04/1936 - 12/05/2026

With a heavy heart, we regret to inform you that our beloved Sdr. Maharaj Bakhsh Singh (Sr. Adv. High Court & Supreme Court), R/o 320, Sector - 9 D, Chandigarh, breathed his last on 12/05/2026. **Cremation** will take place on 14/05/2026 at 1:30 P.M. At Cremation ground, Sector 25, Chandigarh.

Fondly remembered by
Sdrn. Patinder Kaur (Wife)
Ashwinder Kaur & Birinder Singh (Daughter & Son in Law)
Mandeep Singh & Dilraj Singh (Son & Daughter in Law)
Jasdeep Kaur & Satbir Singh (Daughter & Son in Law)
R.S.V.P : 9877025887 , 9419198568



Celebrating Birthday's & Anniversary's

	Birthday - Rotarian
May 19	Rtn. Anup Sharma
	Wedding Anniversaries
May 19	Rtn. Dr. I. S. Dua and Guninder Dua



PP Rtn Salil Chopra

Talez
PATISserie & KITCHEN

Fresh Healthy & Tasty.

- Freshly Baked Bakery Products
- Delicious Cakes & Pastries
- Food From Around The World
- Handmade Chocolates
- Healthy Cookies, Dry Cakes & more

ORDER NOW 70678 00045

Talez Patisserie & Kitchen
SCO-45, SECTOR 26, CHANDIGARH, 160026

Countenance A Venture of DR. SANJAY KALRA

PP Rtn Dr. Sanjay Kalra

TREATMENTS FOR

- ◆ Rejuvenation Therapy
- ◆ Acne scarring
- ◆ Stretch marks
- ◆ Pigmentation

SCOPE OF SERVICES

- ◆ Fillers Botox
- ◆ PRP (Hair, Face)
- ◆ Skin Boosters
- ◆ Mesotherapy
- ◆ Chemical Peels
- ◆ Hydrafacial
- ◆ Microneedling
- ◆ Subcision (Acne Scars)
- ◆ Facial Mask
- ◆ Dermaplaning

Dr. Sanjay Kalra | Dr. Prarthana Megh Kalra | Dr. Buchir Kalra

0172-2577604 | +91 93160 40980
SCO 13, Sector 5, Panchkula
www.sanjaykalradentalclinic.com

PP Rtn. T.S. Anand

FOR ALL HEARING PROBLEMS

ALL INTERNATIONAL HEARING AID BRANDS & DIAGNOSTIC FACILITIES AVAILABLE AT

ANAND
HEARING CARE PVT. LTD.
HEARING SPECIALISTS SINCE 1973

Chandigarh : SCO 27, First Floor, Sec.-20 D, Tribune Road,
Phone : 0172-4661928, 8288011401.

PP Rtn. Er. R. K. Luther
M. Tech. (London), M.B.I.M. (London)

Atul Fasteners Ltd.
Manufacturer & Exporters

Self Drilling/Tapping Screws & Special Purpose Fasteners

C-45, Phase-III, Industrial Area, Mohali, Distt. Mohali (Punjab) India 160055
E-mail: atulfasteners@airtelmail.in
Phone: (O) 0172-4520000, 2221042, Fax: 0172-2271335, Mobile: 98149 29297

TATA STEEL

A WORLD OF QUALITY AND TRUST

TATA Steelium
CR Sheets and Coils
Helps shape your dreams

TATA ASTRUM
FOR ROOFING AND ECLIS

PP Rtn. Sanjay Bhatia

INTER SOLAR

Make a Smart, Sustainable, & Superior Choice
GO GREEN GO SOLAR

Rtn. Bhupinder Kumar

Heat Pumps | Solar Water Heating System | Solar PV

Ideal for RESIDENTIAL, COMMERCIAL & INDUSTRIAL use