

Rakhi

Fesitive Celebrations

Date : 28th August 2026

Time : 6:30pm

Venue : Hotel Shivalik View
Sector 17, Chandigarh

IS MARRIAGE OBSOLETE - PROF. DEEPTI GUPTA

The weekly meeting of Rotary Club Chandigarh Midtown, held on 21 August, was an engaging blend of thought-provoking dialogue, recognition, education and fellowship. With the intriguing theme “Is Marriage Obsolete?”, the evening brought members together for a lively exploration of how relationships and the institution of marriage are evolving in contemporary society.

The session was led by eminent guest speaker Prof. Deepti Gupta, who conducted a highly interactive discussion, encouraging members to reflect on changing perspectives towards marriage, companionship and family life. She highlighted how technology, education, individual choices, greater independence and changing social norms are reshaping relationships and influencing traditional family structures.

Adding a contemporary dimension to the discussion, members were introduced to terms such as “breadcrumbing” and “cushioning”, reflecting newer patterns of communication and relationships in the digital age. The interactive format encouraged participation and made the session both relatable and thought-provoking, leaving members with several perspectives to consider beyond conventional notions of marriage and relationships.

Continuing the Club's commitment to education and empowerment, scholarships were awarded to two meritorious girl students of UIET Chandigarh. The initiative reaffirmed Rotary's belief in creating opportunities for deserving young minds and supporting students in pursuing their academic aspirations. The gesture was particularly meaningful as it focussed on encouraging young women to continue their educational journey with confidence and purpose.

The meeting commenced with the rendition of the National Anthem, followed by an inspiring invocation by Rtn. Aditya, who shared the timeless message that “charity begins at home.” His words set a meaningful tone for an evening centred around relationships, responsibility, education and service.

The Club also marked Senior Citizen Day by honouring its Super Senior Rotarians, recognising their invaluable contribution, wisdom and continued association with Rotary. Their presence remains a cherished part of the Club's journey, reminding members that the Rotary spirit grows stronger through generations of service and fellowship.

The evening concluded on a cheerful and celebratory note with the birthday celebrations of Club members. The warmth, laughter and camaraderie added a personal touch to an already enriching gathering.

The meeting beautifully reflected the essence of Rotary—learning together, serving with purpose, respecting experience and celebrating fellowship.



THE FOUR WAY TEST

of the things we think, say and do

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?









WEEK GONE BY

TEACHERS WHO SHAPE FUTURES - GOVERNMENT MIDDLE SCHOOL, MAHESHPUR

The third and final session of the programme was held at Government Middle School, Village Maheshpur, with the students of Class VIII. The session focussed on the profound role teachers play in shaping the future of children.

A thoughtfully selected video was screened, portraying a heartwarming story of a dedicated teacher who guided and nurtured his students with patience, care and wisdom. Years later, those very students, having achieved distinguished positions in life, returned to express their gratitude and pay their respects to the teacher who had played a pivotal role in their journey.

The story deeply touched the students and helped them understand that teachers do much more than impart knowledge—they inspire, guide and shape lives.

The children thoroughly enjoyed the session and enthusiastically assured that they would follow the example of respecting, listening to and learning from their teachers.



ROTARY DISTRICT 3080 SHINES AT BHARATIYA VYAPAR MAHOTSAV 2026 !



A proud and historic moment for Rotary! For the first time, Rotary District 3080 participated in the Bharatiya Vyapar Mahotsav 2026 at *Bharat Mandapam, New Delhi (12–15 August), with Rotary honoured as the *Social Impact Partner* and given a special Rotary Pavilion.

The Rotary Pavilion showcased the powerful impact of signature projects — *Milk Bank, Dinner in the Dark, Hunar, and Menstrual Health Management* — demonstrating how Rotary is creating meaningful and lasting change across communities.

A Special National Recognition - District Governor Rtn. Dr. Rita Kalra was recognised by the Ministry of Commerce, Government of India, as a Social Impact Leader. This recognition celebrates her exceptional leadership and excellence in building Rotary's public image and taking the organisation's service story to a national platform.

Knowledge & Thought Leadership Sessions

Panel Discussion by Aditya Thakur on AI in health care, Speaker Forum on AI in Healthcare, led by DG Rtn. Dr. Rita Kalra, highlighting the transformative potential of Artificial Intelligence in healthcare and service delivery.

Another major highlight was the panel discussion - "Advancing Global Change Through Leadership, Innovation and Collaboration", led by DG Rtn. Dr. Rita Kalra, featuring Rtn Dr Sanjay Kalra, Dr. Bhavneet Bharti, Rtn. Pradeep Sisodia, Dr. Kadam Bhambri, Rtn. Jeeten Bhambri and Rtn. Manjit Kaur.

Podcasts featuring Rotary leaders and changemakers further amplified the message of Service, entrepreneurship and social impact to a wider digital audience.

The Rotary Pavilion attracted *government representatives, CSR leaders, corporates and business visitors*, opening exciting possibilities for future collaborations.

This was more than an exhibition — it was Rotary taking its service story to the nation.

Congratulations and gratitude to *DG Rtn. Dr. Rita Kalra, all Club Presidents, Rotarians and everyone who contributed* to making this landmark initiative a resounding success.

Rotary District 3080 — Service Beyond Borders, Impact Beyond Expectations

SESSION ON MORAL VALUES & EDUCATION AT GOVT. SANSKRITI SCHOOL, FATEHPUR

Session on Moral Values and Education was held at Govt Sanskriti middle school village Fatehpur. Where Rtn. Suman Gupta along with President Rtn. Renu Chopra conducted the show with children of class Fifth. Children were very enthusiastic about the story whose theme was SALAH MAAT DO, SAATH DO.

They also Narrated story of pair of sparrows whose children were drowned in sea and how they got them back through their efforts with God's involvement.

Later Rtn. Suman Gupta asked children questions from this story and gave prizes to winning participants.



MINI RYLA AT ASHA KIRAN, SECTOR 46, CHANDIGARH

A Mini RYLA was organised at Asha Kiran, Sector 46, Chandigarh. The programme focussed on building confidence, life skills, emotional well-being and career readiness among the students.

A session on Stress Management was conducted by Rtn. Maneesha Gupta, who interacted with the students and shared practical ways to manage stress. Rtn Maneesha also delivered an informative session on Emotional Intelligence, highlighting the importance of understanding and managing one's emotions and developing healthy relationships.

Rtr. Bhavika Thakur conducted a useful session on "How to Make an Effective Resume", guiding the students on preparing a resume and presenting their skills and qualifications confidently.

Approximately 60 students from the Home Care Nursing, Computer, Beauty and Tailoring courses participated enthusiastically in the programme.

The programme was attended by R'Ann Nandita Sisodia, Rtn. Rashdeep Singh, Rtr. Mukti and Rtr. Divyansha. The Principal, Mr. Sandeep, along with Ms. Poonam and the teaching staff, was also present and extended their support.

As a gesture of encouragement, the students were distributed pens, chocolates and notebooks.

The Mini RYLA was an enriching and interactive programme that provided the students with valuable insights into stress management, emotional intelligence and career preparation, while motivating them to move forward with greater confidence and positivity.

The programme was a meaningful step towards empowering young minds with essential life and career skills.



ONE OF THE CORE AIMS OF GULLAK – PRACTICAL MANTRAS FOR FINANCIAL PLANNING



One of the core aims of Gullak – Practical Mantras for Financial Planning is spreading financial literacy among school children and instilling smart money habits early. As part of this mission, I had the privilege of interacting with the bright Commerce students of Kundan International School, Chandigarh.

The session was vibrant and highly interactive, with students showing genuine enthusiasm for saving, investing, and practical financial planning. Special thanks to the School Management for this opportunity, and to Rtn Renu Chopra, Rtn Vinod Jawa, and Ann Shivani Kapur for their presence and support. Club also acknowledges the support of Director Youth Service Rtn Shashi Jain for arranging and coordinating the event.

An Award was also given to Class 12 student Ms. Hazel for winning the Bharat Bioscope Quiz! Together, let us empower the next generation with financial wisdom.

SESSION ON MORAL VALUES & EDUCATION AT GOVT. MIDDLE SANSKRITI SCHOOL, KUNDI



A meaningful and engaging session on Moral Values and Education was conducted at Government Middle Sanskriti School, Village Kundi, for the students of Class V. The session focussed on helping young minds understand the importance of honesty, responsibility, compassion and doing the right thing—even when no one is watching.

The students were captivated by an inspiring story titled “The Hole in the Boat.” The story revolved around a painter who was entrusted with painting a boat. While working, he noticed a small hole in the boat. Although repairing it was not part of his assigned work, he quietly fixed the hole without asking for any additional payment or informing the owner.

Later, the owner took his family out on the boat, unaware of the repair. The small act of responsibility by the painter ultimately saved the lives of the entire family. Deeply moved by his honesty and thoughtful gesture, the owner rewarded him with ₹50,000, in addition to his regular remuneration of ₹10,000. The story beautifully demonstrated that even a small act of goodness can have a far-reaching impact. The students listened with great enthusiasm and participated actively in the discussion, learning that integrity, kindness and responsibility are values that truly matter in life.

MEDICAL CAMP AT MALOYA, CHANDIGARH

In keeping with Rotary's commitment to serving communities and making healthcare accessible to those in need, a medical camp was organised at Maloya, Chandigarh, bringing essential medical care and support closer to the local residents.

The camp witnessed an encouraging response, with 118 patients being examined by the medical team. Patients received medical consultation and were provided with the necessary medicines, ensuring that the initiative offered not just diagnosis but meaningful follow-up support as well.

The camp was graced by President Rtn. Renu Chopra and IPP Rtn. J.S. Bawa, whose presence added encouragement to the volunteers and beneficiaries. Special appreciation goes to PDG Yoginder Diwan and Rtn. Kanan Diwan, whose continued support and



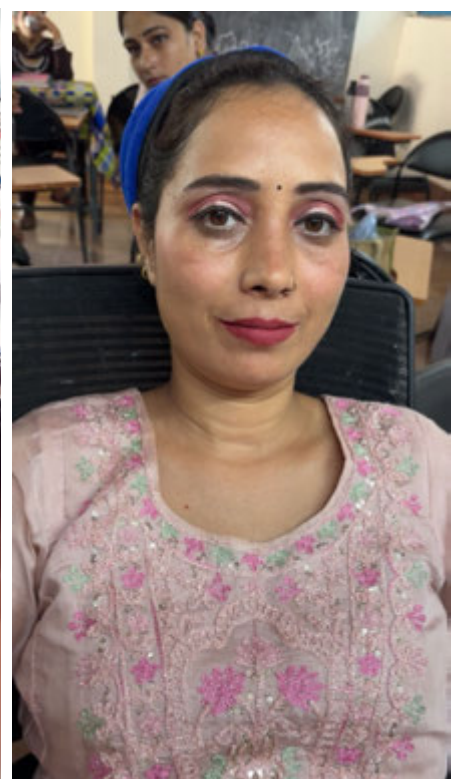
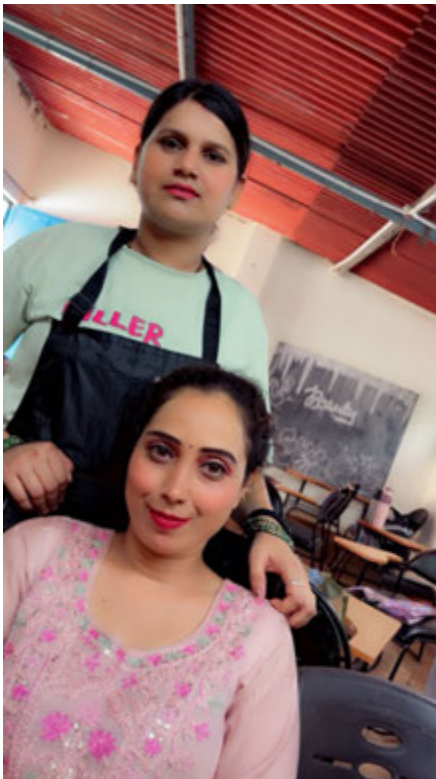
commitment have been instrumental in making such community-service initiatives possible.

Heartfelt gratitude is also extended to Dr. Mrs. Anjali Aggarwal and Dr. Yogesh Aggarwal for generously offering their valuable medical expertise and dedicating their time to serve the community.

Adding a thoughtful dimension to the initiative, patients were also provided with medicines, soya nuggets, Dettol soap and biscuits. This holistic approach reflected Rotary's belief that community well-being extends beyond medical treatment to include care, dignity and essential everyday support.

The Maloya medical camp was yet another meaningful step towards building a healthier and more caring community, reaffirming Rotary's enduring spirit of Service Above Self.

BEAUTICIAN COURSE AT MALOYA, CHANDIGARH



SESSION ON MORAL VALUES AND EDUCATION AT RALLI



A meaningful and interactive session on Moral Values and Education was conducted at Government Middle School, Village Ralli, for the students of Class V. The enthusiasm and awareness displayed by the young learners were truly heartening. I was pleasantly astonished when the children enthusiastically narrated the inspiring story of King Bruce and the Spider, clearly explaining its central message of perseverance and determination. They also confidently recalled the slogan, "Salah Maat Do, Saath Do – Haar Ke Aage Jeet Hai," reflecting their understanding of never giving up in the face of challenges. The day's story revolved around a wooden log that had fallen across a pathway, blocking the crossing. A little boy took the initiative to move it, and soon the stranded people joined him. Together, they succeeded through their collective effort. The children learnt a beautiful lesson of teamwork, initiative and unity—"Tum Chalo, Hum Chalein, Hum Chalein, Sab Chalein."

SESSION ON FESTIVALS OF OUR COUNTRY AT GOVT. MODEL SANSKRITI SCHOOL, FATEHPUR



Session was taken by Rtn. Suman Gupta and R'Ann Indu Anand at Govt Model Sanskriti primary school Fatehpur, Sec 20, Panchkula, where class 5 students were told about Festivals of our country. They were refreshed with some questions on the pre evening of Rakhi festival with their queries about why how and when do we celebrate this festival every year. Also importance of this and each festival with reason and seasons of falling each festival including months which children understand.

Revising all we conducted questions round and correct answering children were given Rakhi with pack of kurkare. All children enjoyed and wrote some questions answers to remember. It was good change for them.

NIKSHAY DIVAS: NOURISHING HOPE IN THE FIGHT AGAINST TB

Nikshay Divas was observed at the Government Dispensary, Sector 16, Panchkula, with a meaningful initiative aimed at supporting tuberculosis (TB) patients through nutritional assistance. Recognising that proper nutrition plays an important role in strengthening the body during TB treatment, nutritional supplements were distributed to patients as a gesture of care and solidarity.

A total of 29 packets of nutritional supplements were distributed during the programme. In addition, 21 packets were handed over to Mr. Jasbir and Mr. Vikrant of Civil Hospital, Sector 6, Panchkula, for further distribution among TB patients requiring nutritional support.

Rtn. Salil Chopra interacted with the patients and emphasised that recovery from TB requires not only regular and timely medication but also adequate nutrition, rest and adherence to medical advice. He also guided newly enrolled patients on the appropriate way to consume the nutritional supplements, including Protinex, so that they could derive maximum benefit from the support provided.

The programme reflected Rotary's continued commitment to community health and its efforts to contribute meaningfully towards the fight against TB. Beyond the distribution of supplements, the initiative conveyed an important message—that patients undergoing treatment should not feel alone in their journey towards recovery.

Heartfelt gratitude is extended to President Rtn. Renu Chopra, Secretary Rtn. Suresh Dhawan, Rtn. Salil Chopra and Rtn. Prem Anand for their valuable support, participation and contribution towards this noble initiative.

Through such sustained efforts, Rotary continues to transform concern into action and compassion into meaningful community service, helping TB patients move towards better health, renewed strength and a healthier future.





Rotary District 3080

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*Celebrating Birthday's
& Anniversary's*



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Aug 16	Rtn. Raj Kumar Khattar
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Aug 18	R'Ann Ranjana

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