

# THE MID TOWNER

BULLETIN OF THE ROTARY CLUB OF CHANDIGARH MIDTOWN : R.I. DISTRICT 3080

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Editor  
Col AJS Gill

Programme: - Friday, 2 Nov., 2007

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## Vocational Information

Speakers: Mr. Karan Deep-Consultant on Rewards, Price Waterhouse Coopers  
PP Rtn. Manmohan Singh-Hotel Management, PP Rtn. Charanjit Singh-Public Relations

Venue: - Hotel President, Sector 26, Chandigarh

Time: - 6.30 PM

## Meditation is a Science of Metamorphosis

Swami Chatnaya Keerti was the guest speaker in our weekly meeting of 26 Oct 2007. He joined Osho's Neo Sanyaas International in 1971 and was the spokesperson for Osho Commune International, Pune for 20 years and currently he is associated with Osho World Foundation New Delhi and is also the editor of the monthly Magazine "Osho World", published in English and Hindi from New Delhi.

Swami Ji contributes articles on meditation to Osho publications and other media. He has authored books on Osho Doctrine e.g. Allah to Zen, The Osho Way, In Romance with Life. He conducts meditation sessions nationally and internationally in different parts of the world.

At the beginning of his talk, Swami Ji played a cassette where the Master Osho spoke about a visit of Guru Nanak to a city, proving that there is always a place for the

good every where and that nobody is permanent, today here tomorrow there. Osho preaches to accept life in all its colours and being creative in the world which encapsulates the phrase, Meditation in the Market Place.

Ann Mira Mahajan introduced Swami Ji to the audience which also included four associates of Swami Ji i.e. Swami

Ravindra Bharti, Mr Beat Haener from Switzerland, Mr Utsav Arora who is very fond of photography, and Ms Shivam Aparna.

Swami Ji explained the concept of New Man as propounded by Osho, the Zorba-dar-Buddha. Zorba stands for the material world and Buddha depicts the inner-self spiritualism. He also clarified that

people say that Osho is Guru of the rich people, but He is also a personification of humility and service to mankind and always has the welfare of the needy at heart.



Guest speaker of the day, Swami Ji

Please note the change in weekly meeting time wef 02 Nov 2007 - 6.30 p.m.



Gift for Rtn. Channi from Swami Ji. Channi also won the punctuality draw. A good lucky day for the Anniversary Celebration.



Rtn. Col Gill presents a memento to Swami Ji

Meditation is a science of metamorphosis, it helps a person to look inwards and it is not concentration, said the learned Swami. The daily life is meditation provided the individual makes it so by doing the right things at all times. (Guru Nanak ordains the same when he said that the daily life of an individual is "Bhagti" itself by following the teachings.) Bring awareness in life and you are in meditation and meditation can be practiced anywhere and by anyone.

Swami Ji gave a glimpse of meditation to the audience when he asked them to close their eyes and look inwards and in the process relax and become aware to ward off all the stress. A number of Rotarians and Annes took part in the question-answer session, when the learned Swami clarified all points and doubts. It was mostly a feel and repetition of the meaning and techniques of meditation. He expanded the concept of meditation by saying that



Gen Pathania inaugurates the Free Orthopedic and ENT Camp

"Meditation is not Concentration", but it is an awareness of the mind that includes the inward meaning and the outward meaning.

Ann Mira Mahajan sang a couplet at the end of the talk, which goes like this.

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Gen Pathania goes around the counters



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“Teri Yaad mein ik ansoo, sau shikwon pe bhari hai  
Teri virha mein rona, yeh namaz hamri hai”

Rtn Col Gill proposed the Vote of Thanks, and on behalf of the Club presented a memento to Swami Ji.

## 150 Needy attended to at the Free Orthopedic and ENT Camp

A free orthopedic and ENT Camp was held at the KUC Super Specialty Surgical Centre on 28 Oct 2007, under the guidance of our Rtn Dr Col VK Kapoor. Drs Ravjit Singh, DP Singh, Rtn Nitin Mathur, Tapish, Anshuman Kapoor, Anupama, Nivedita and Vikram, attended to the patients and the whole of the KUC Centre staff fully supported the diagnosis and the treatment. Free medicines were given to those who required treatment.

Ann Raj Kapoor looked after the reception and other administrative aspects. It may be seen that all the members of the Kapoor family were actively involved in the service of the needy.

Major General VP Pathania VSM inaugurated the Camp and freely interacted with the patients, doctors and the supporting staff.

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19 Rotarians, 7 Anns, and 6 members of the Innerwheel Club Midtown, lent a helping hand. Our Innerwheel Club, ably led by the President Mrs Uma Gupta provided the refreshments for the patients and the organizers, and donated Rs. 1,000 for public relations. Rtn. Comdr. Nagra and Ann. Nirmal came with two guests from Germany, Mrs. Helga Sandhu and Mrs. Irmgard Gerstmaea.

## Free Eye Camp

A free eye camp will be held on 04-05 Nov 2007, as per the following Programme: -

04 Nov 2007, Sunday. Registration and initial check-up at the Rural Polyclinic, Sector 42, Chandigarh.

05 Nov 2007, Monday. Suitable patient's eyes will undergo operations in the Government Medical College Hospital, Sector 32, Chandigarh.

Inner Wheel Club Chandigarh Midtown and the Rotaract Club Chandigarh Midtown are joining Rotary Chandigarh Midtown in this noble project. Ann Maniki Deep is organizing to advertise the camp on Radio. Rotarians from the Rotary Club Wollatan Park UK, organized by their PP Rtn Khera, will lend a helping hand.

The operations will be conducted free of charge. Medicines and food will be supplied free to the patients.

## PP Rtn Ajit Gulati and Bir Gulati are back in Chandigarh

Ajit retired as Engineer-in-Chief Punjab State Electricity Board in Nov 2006 and they have now shifted from Patiala to Chandigarh. Welcome back- Ajit and Bir, we missed you. Ajit has promised to join us in the Club soon.

Residence: - 1152, Sector 44-B, Chandigarh.

Mobile: - Ajit- 99150 88588, Bir- 98724 88588

## Notice of Preponement of the 9<sup>th</sup> Nov Meeting

The Friday 9<sup>th</sup> Nov Meeting is preponed to 5 Nov 2007. It will be a joint meeting with the Rotary Club Chandigarh.

Venue: - RVTC Sector 18, Chandigarh.

Time: - 6.30 PM

Speaker: - Danish Ambassador to India.



### BIRTHDAY GREETINGS

Rtn Srirambir Sandhu	Nov. 7
Rtn Dr. Jawahar Luthra	Nov. 8
Rtn. A.K. Sachdeva	Nov. 15



### WEDDING ANNIVERSARY GREETINGS

R'ann Charanjit & Rtn Balbir Singh Channi	Nov. 6
Rtn. Dr. Shashi Jain & Sh. N.K. Jain	Nov. 6

PUNCTUALITY DRAW won by Rtn. Balbir Singh Channi

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