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Programme: - FRIDAY – May 09, 2008

Volume XXXII No. 45 May 07, 2008

## BODY LANGUAGE

Speaker : Dr. S.L. Sharma, Former Professor & Dean & HOD Sociology PU Chandigarh

Venue: President Hotel , Sector 26, Chandigarh

Time: 7.00 PM

## GO GREEN

All the countries have realized the dangers of global warming, and are taking steps to slow down the pace of this phenomenon. Trees, plants and forestation are some of the means to slow down the pace of global warming.

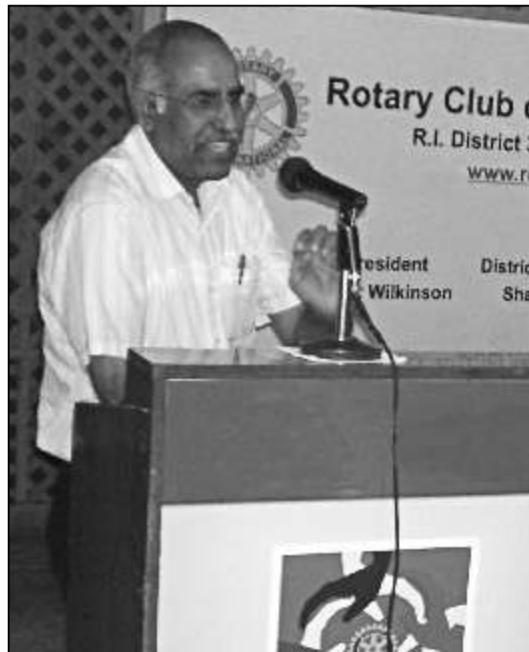
The programme of our weekly meeting on May 02, 2008, was dedicated to spread the word on greening.

Dr. Satish Narula, Senior Extension Specialist, Horticulture, Punjab Agriculture University, Ludhiana, was the guest speaker. He has a wide experience of designing, planning and implementing various types of gardens in the country, including mughal, the nutrition and the spiritual gardens at the Rashtrapati Bhawan in New Delhi. Complete design and implementation at the Pushpa Gujral Science City in Kapurthala. He is also a consultant and adviser to the Chandigarh Botanical Garden, an 180 acres project.

He is involved in almost all the big horticulture projects in the triculties of Chandigarh, SAS Nagar and Pnchkula.

He is a member of numerous task forces on greening, pest control and kitchen gardening.

Dr Narula writes columns in The Tribune, Indian Express, Hindustan Times, and Dainik Bhaskar on common matters of horticulture interest. He is active on various bio-diversity conservation committees of Punjab and the Union Territory of Chandigarh.



Recipient of various state awards and appreciation letters, Dr. Narula is the Liaison Officer to the Vice Chancellor Punjab Agriculture University for liaison with the various Government Departments.

Rtn Arjan Singh introduced Dr. Satish Narula.

The power point presentation by Dr Narula was interesting and educative. He showed various types of trees and how they should

be placed to get maximum benefit as well se to avoid interference to overhead wires and other structures. The example of the Christmas tree was appropriate when showed pictures to illustrate that this tree will

always lean to one side when it grows up to its normal height and will fall to the leaning side. This generated some discussion on the reasons for this incline. Dr Narula explained that the root system of this tree is weak and hence it leans to one side when it grows heavy. The conclusion was that it should only be planted at sites where it is not likely to cause damage or interference due to the incline.

About landscaping, he said that man has to study nature to learn from it the art of landscaping. The plants, the trees, valleys, the hillocks, the ponds, the lakes, the waterfalls and the skyline teach us a lot on landscaping and we copy these features of the earth to create artistic surroundings that are so pleasing to the eye.

He showed photographs of the Arjan tree which is considered to be pious and its bark is supposed to have medicinal properties. He explained that the tree has

been badly damaged by humans who tear away its bark to use it as medicine. Whether it cures anything or prevents any disease is a different matter. The use of grease against the pest, millibug, damages the trees. Wrapping plastic in the Month of December, is a better proposition and while doing so the bond circle of the plastic should be sealed with mud. He further explained that this bug climbs the trees in December and comes down in May to multiply. The plastic wrapping breaks this cycle and the bug is eliminated.

He also showed pictures of badly damaged trees by the nails stuck into the trees to fix sign boards and banners, and advised that we must not stick nails into the trees. There were more pictures of trees badly damaged and disfigured while pruning or cutting branches in a wrong manner. He advised that cutting unwanted limbs of trees should ensure a neat cut with no remnant



Happy Anniversary Cake



Gift for the Happy Anniversary Boy

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— Speed Kinnari, Former Test Cricketer

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*Gift for the Punctuality Draw Winner*



*Memento for the Guest Speaker*

wounds and this is best done by a sharp saw that may be manual or engine driven. He said that to get a clean cut, start from the underside and complete the cut from the upper side.

To prevent termites, paint the base with lime mixed with Lindane dust and it will prevent the termites from going up the tree.

He, then, went onto showing various types of trees suitable for big roads, avenues, borders and so on and emphasized that the correct positioning of the trees is an art and is very important to get the maximum benefit from the characteristics of the tree. There were many pictures of decorating and landscaping the berms and open spaces and the process achieve this with varied designs.

The presentation and the subsequent discussion and questions from the audience were so absorbing that

nobody bothered about the time till the President had to intervene and stop the interaction with a promise that he would organize another session with the learned speaker. Dr. Narula offered that Midtowners may contact him on the following e mail address on any horticulture matter. [satishnarula@gmail.com](mailto:satishnarula@gmail.com)

PP Rtn Col Gill proposed the vote of thanks, and on behalf of the Club, presented a memento to Dr. Satish Narula.

### The District Assembly at Shimla

President announced the location and other details regarding the District Assembly. He said that all those requiring a lift to Shimla may contact PP Rtn Pallav Mukherjee and PE Rtn Saroj Jhavar. He, further, exhorted the Midtowners to attend the Assembly in large numbers.

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## Club Directory

New Roster of Members is under preparation. All members are requested to hand over recent photographs of the member and the spouse, in passport size, and any changes to the details in the current Roster, to the Club Secretary by 31 May 2008.

## Get Well Soon

Our Rtns BB Bahl and Ravinder Krishan have been indisposed for sometime. We wish them a speedy recovery and good health.



## Spiritual Quotes

Though others sleep, be thou awake, Like a wise man, trust nobody, but be always on the alert; for dangerous is the time and weak, the body. Step carefully in your walk, supposing everything to be a snare. Bestow care on your life till you win the stake. Afterwards, you should despise it, annihilating its sins.

*Uttaradhyayana Sutra*  
4.6-7

Danger arises when a man feels secure in his position. Destruction threatens when a man seeks

to preserve his worldly estate. Confusion develops when a man has put everything in order. Therefore, the superior man does not forget danger in his security, nor ruin when he is well-established, nor confusion when his affairs are in order. In this way he gains personal safety and is able to protect the empire.

*I Ching*  
Great Commentary 2.5.9



## WEDDING ANNIVERSARY GREETINGS

R'ann Savita & Rtn. O.P. Malik	May 10	R'ann Santosh & Rtn. Dr. Kesho R. Gupta	May 11
R'ann Vinny & Rtn. R.S. Sachdeva	May 10	R'ann Anu & Rtn. Sanjay Singhal	May 12
R'ann Madhu & Rtn. Suresh Dhawan	May 11	R'ann Indu & Rtn. Dr. Jawahar Luthra	May 13



PUNCTUALITY DRAW Won by PP Rtn. Pallav Mukherjee

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