

THE MID TOWNER



BULLETIN OF THE ROTARY CLUB OF CHANDIGARH MIDTOWN : R.I. DISTT. 3080

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PROGRAMME "Vocational Awards"

Friday, October 31, 2008

Time: 6.30 PM

Venue: Hotel President, Sector 26, Chandigarh

Cancer Awareness – The Pink October

Last Friday, the Oct. 24th was United Nations Day – and it has something to do with Chandigarh - no, not in any way that you are thinking! It's just that the architect of this city – Chandigarh, & the UN HQ in New York, is the same, Monsieur Charles-Edouard Jeanneret-Gris (Le Corbusier adopted his mother's maiden name in 1922 when he set up a partnership with his cousin, engineer Pierre Jeanneret.) But this had nothing to do with Pink October - that's what the Friday meeting was all about – Celebrating Life, Celebrating Hope – that you be in the Pink of Health, always!

We had Dr. Swatantar Kapoor from the Sahayta Charitable Welfare Trust as our Guest Speaker. He started with the fact that some little bunch of cells in your body do not suddenly mutate because of environmental triggers (dirty surroundings, polluted food & water, chemically enhanced meat & veggies, residual industrial waste deposits in the soil) & grow into that dreadful disease called CANCER!

Don't worry (we Indians never do !), but one in every twenty three women will get cancer - Breast Cancer - every six & a half minutes ! Admitted that you are a pampered citizen – you get clean water piped right into your homes, an efficient sewerage system, a reasonably good garbage collection system, clean &

verdant surrounds complete with parks, & wide roads & berms – but you are not in the majority ; in fact you are one of the miniscule minority, within this city itself, privy to such luxuries as air-conditioned homes, with air-conditioned cars to drive to air-conditioned supermarkets, but rest assured, the air you breathe is the same - as are the foods that you buy & the water that you drink.

The environment will affect you - like it or not! You are never isolated. So you never know when, where, why & how cancer strikes, when some airborne virus will enter your body & trigger those irreversible changes that cause the cells to self-destruct, or mutate, to cancerous cells!

Here's how you can help. Besides participating in the Club projects, you could log onto www.sahayta.org and learn about what a small but dedicated group of ladies can, and have done for the cancer afflicted in this city & beyond. We in the Rotary pride ourselves on being members of an organization that donates half a billion dollars or more a year. But these few ladies manage to disburse & help cancer afflicted patients & their orphaned children to the tune of two & a half million rupees annually!

Let's take that one little step to betterment – not just of your own lives but, being a leader, of those who

depend upon you ! Get involved – spare a moment, and a buck, for the underprivileged, while it still has

some value. You know that you can't take it along with you, can you ?



- PP Pallav Mukherjee

Motivation - The Key To Success

Lou Little was foot ball coach at Georgetown University. The college president came to him one day and said, "Do you know Harold Chapman?"

"Sure", Lou answered. "He has been on my squad for years. An average player. The problem is that he is not well motivated."

"Well", the president continued, "we just received a message that his father died. Will you break the news to him?"

The coach put his arm around Chapman and told him the sad news. "I am sorry son, you take a week off." But the next day Chapman was in the locker room suiting up for the game. "What are you doing here?" the coach inquired in amazement. "Today's the big game. I've got to play in it." he replied.

"But you know I have never included you for the game!"

"Include me today and you won't be sorry", the moist-eyed player stated very firmly.

Softening, the coach decided that if he won the toss he would use him on the first play. He could not do that much damage on the kickoff return. Georgetown won the toss.

At the game, Harold came tearing down the field with the ball like a tornado. The coach, shocked, left him in for another play and then another.

He blocked, he tackled, he passed, he ran. He

literally won the ball game for Georgetown University that day.

In the locker room the coach, perplexed, asked, "Son, what happened?" The player said. "My father was blind. Only today he witnessed my game."

Motivation provides stimulus. He believed that his father would see his game after his death. This belief motivated him to play exceedingly well!

On e-mail from a friend.

Words of Wisdom

- Television has proved that people will look at anything rather than each other. (Ann Landers)
- Television is very educational. Every time it comes on, I go into another room and read a book. (Groucho Marx)
- I often quote myself. It adds spice to my conversation. (George Bernard Shaw)
- My idea of an agreeable person is a person who agrees with me. (Benjamin Disraeli)
- Love is temporary insanity curable by marriage.
- Love makes the world go round? Not at all. Whisky makes it go round twice as fast. (Compton Mackenzie)
- I must follow them. I am their leader. (Andrew Bonarlaw)

Contributed by Ann Maniki Deep



PP Rtn. T.S. Anand
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Artificial Limbs Project


A camp for fitment of artificial limbs was held on 20th Oct., 2008 at Cheshire Homes India, Sector 21, Chandigarh. The camp was conducted under the supervision of President Saroj Jhawar and Rtn. Maj. Gen. A.S. Kahlon, Chairman, Cheshire Homes Chandigarh.

This project would be implemented by Jyot Charitable Trust through Prosthetic Consultant PP Dr. V.J.S. Vohra, CEO Nevedac Prosthetic Clinic, assisted by his professional team, who took the plaster casts & measurements of the patients, including the inmates of Cheshire Home. To motivate the disabled persons we also had Rtn. Om Prakash and Office Secy. V.P. Sharma. Rtn. Deepak Sood celebrated his birthday with the disabled

persons by donating one meal of the day for the inmates of Cheshire Home. Soon to be Rotarian Amarjit Singh donated sweets and being a computer professional, he also offered to train the disabled persons.

This being a joint project with Rotary Club of Wollaton Park (UK), the distribution of artificial limbs will be done in mid Nov. 2008 when members from the UK club are expected to be in Chandigarh. PP Rtn. Mohan Khera had initiated this project in which over 20 disabled persons are expected to be fitted with artificial limbs and assistive devices.

- PP Dr. V.J.S. Vohra


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IPDG Shaju to Represent RI President at 3110 Conference at Bareilly



According to a communication received from Evanston, Rotary International President D. K. Lee and Young have invited IPDG Shaju and Lovy to represent them at the Conference of RI District 3110 at Bareilly scheduled for January 10 - 11, 2009.

President DK expects his representative to inspire fellow Rotarians of 3110

to higher levels of service and encourage them to Make Dreams Real.

Our Congratulations !

Diwali Celebrated at Sarangpur

Pres. Saroj Jhawar & our ever generous Rtn. Om Prakash visited the Sarangpur Night School on Friday, Oct. 24, for a very special reason - to celebrate Diwali with the under-privileged children & to make

Birthday Greetings

Rtn. Ashish Ahuja
Rtn. Ashwani Kumar Bhateja



October 31
November 04

Punctuality Draw

Won by Rtn. Prem Anand



them feel special !

They took refreshments & crackers for the children. PP Dr. Vanita Gupta's mother, who had accompanied them, gave away gifts to the school teacher. Also present was Jt. Secy. Rtn. Ritu Singal who distributed cardigans, copies & socks to the children.

Forthcoming Programs

Nov. 7, 2008 (Friday) - Guru Nanak Dev Ji's B'day Celebrations

Kirtan by Bhai Lakhwinder Singh "Raagi" & party.
Suggested Dress - Kurta pyjama for gents & suits for ladies.

Nov. 14, 2008 (Friday) - Children's Day Celebrations.

A Fancy Dress Competition is being organized as part of the celebrations. Children & grand children of our club members are invited to participate. They would be judged in two groups - children upto 8 years & those above 8 yrs. Children would be judged both on the basis of their dress as well as their dialogues pertaining to the theme / character portrayed by them.

Attractive gift for each participating child.

Participants' names may please be given to the co-ordinators : Pres. Saroj Jhawar or Ann Bir Gulati.

Wedding Anniversary Greetings

R'ann Charanjit & Balbir
Singh Channi



November 06

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