

THE MID TOWNER



BULLETIN OF THE ROTARY CLUB OF CHANDIGARH MIDTOWN : R.I. DISTT. 3080

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Club No. 15228

PROGRAMME

Vol. XXXIII No.40, April 01, 2009

"Why You MUST Vote"

Guest Speaker : Mr. Harmohan Dhawan,
Ex - Union Minister for Civil Aviation

Friday, April 03, 2009

Time: 6.30. PM

Venue: Hotel President, Sector 26, Chandigarh

Paediatric Dentistry- Is it Child's Play ?

Our guest speaker for the meeting was Dr. Sumeet Rajpal BDS, MDS (Paediatric Dentistry), introduced to the audience by AG Rtn. R.K. Goyal. Dr. Sumeet, who is a consultant to The Apollo Clinics Chandigarh and Cosmo Hospital, Mohali, read a paper titled "Paediatric Dentistry- Is it a Child's Play ?". The presentation was aimed at enlightening the fellow Rotarians about the youngest branch of dentistry- Pedodontics, which deals with the dental problems and their treatments in children.

In his presentation, Dr. Sumeet emphasized on the need to protect and save milk teeth in children. He told us about the importance of milk teeth and their role in the development of permanent teeth and jaws.

During the course of his presentation, Dr. Sumeet schematically presented the role of Paediatric Dentist in modifying the behavior of children towards dentistry and how a trained paediatric dentist is able to handle uncooperative children as well as children with special needs. Dr. Sumeet, who himself has done a course in Conscious Sedation from UK, also informed us about the role and importance of sedation in handling difficult children in Dental OPD.

Nursing Bottle Caries which affects young children and is now spreading around the world like an epidemic, was discussed in detail by Dr. Sumeet. He shared his views on the causes of this disease and the ways to prevent it. He also informed us about the treatment modalities and the materials available for children who are afflicted by this severe form of cavities in the mouth.

Dr. Sumeet revealed that children also require root canal treatment and how they are done painlessly by a paediatric dentist and these root canal treated teeth are followed by



stainless steel crowns in child patients. He also stressed the need for preventive orthodontics with simple appliances in children who have habits like thumb-sucking, mouth breathing and night grinding of teeth. Some appliances aptly called "space maintainers" are given to patients who have early loss of milk teeth due to trauma and extractions to maintain space for permanent teeth till they erupt. He expressed that by using such simple appliances we can reduce the need of braces in children.

Before concluding his talk, Dr. Sumeet shared his views on the most common problem in toddlers, i.e. accidental trauma to the teeth. He revealed that with proper handling and timely intervention by a paediatric dentist, even teeth which are knocked out of the socket can be fitted back and these teeth can serve a life time.

A formal Vote of Thanks was proposed by Pres. Saroj Jhawar.

Eye Check-up Camp at Khuda Ali Sher



How many of you have had the pleasure of a view of a lake in your backyard, so to speak ? And without the honking of cars, or the smoke, and the noise ?

If not, then you could've done so with a visit to the Gurudwara at Khuda Ali Sher, located north of the city in an extremely salubrious environment.

In fact, the RCC i.e. the Rotary Community Corps (set up by our club) led by S. Bhupinder Singh & his team from amongst the denizens of that village, was instrumental in helping organize the Eye Check-up camp that we held last Saturday, March 28 '09.

PP Dr. Vanita Gupta was instrumental in organizing the team of Dr. Rana & his assistants (all from the GH -16), along with the equipment. Col. Dr. V.K. Kapoor sent his team for blood testing, while Col. Dr. J.L. Luthra (assisted by Dr. Mrs. Indu Luthra) went into overdrive in the actual eye-testing procedures.

The Inner Wheel ladies provided the spectacles for the patients, PP Kesho Ram Gupta provided the medicines, Jt. Secy. Ritu Singal provided the encouragement & the inspiration, and President Saroj Jhavar brought the refreshments which she had herself cooked early morning!

Almost two hundred patients were examined for eyesight problems. Ten of them had high blood sugar & two of the patients are slated for an eye operation next week.

Meet John Kenny – Programme Finalised

The program of the Event to Meet John Kenny, Rotary International President Elect, announced in the previous Bulletin, stands finalized for Saturday April 11, 2009, to be held at National Institute of Pharmaceutical Education & Research, Sector 67, Mohali. This will be 1661st. Regular Meeting of our Club. Please note the Change of venue and time. The program is as under:

1630 Hours	Registration Begins
1700 Hours	High Tea with RIPE John Kenny
1745 Hours	Delegates to be seated in Hall
1800 Hours	Meeting called to Order and National Anthems
1810 Hours	Welcome to Delegates
1815 Hours	Overview of RID 3080 Activities
1835 Hours	Introduction of RIPE
1840 Hours	Address of RIPE John Kenny
1900 Hours	Recognitions
1928 Hours	Release of Club Roster
1932 Hours	Expression of gratitude
1935 Hours	Adjournment

The excitement accompanying the visit of such a high dignitary is building up to a crescendo, though, sadly, because of reasons beyond control Ann June will not be accompanying RIPE John.

By an earlier decision of the Board, now reconfirmed, all Members of our Club are already registered. In case, your spouse wishes to accompany you to this Event, please send in your confirmation with Registration Charges of Rs. 250.00 per head to PP Ajit Gulati, 1152, Sector 44-B, Chandigarh, Cell No.: 9915088588. You may also hand over the Registration Charges to our Office Secretary, Mr. V.P. Sharma. The seats are limited, and an early confirmation is advisable, to avoid disappointment.

PP Rtn. T.S. Anand

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Rotary Learning Motivates New Members!



Another dream of Past Rotary International President Rajendra K. Saboo became a reality on March 1, thanks to the untiring effort of Immediate Past District Governor Shaju Peter, and PP B.L. Ramsisaria, Seminar Chair. The first event was so successful, that a second needed to be executed in quick succession.

On Sunday, March 22, while many of our Members were enjoying the fellowship at the District Golf Tournament, four members of our Club, having burnt the midnight oil, were at the District Headquarter, at RUTC, Sector 18, Chandigarh, making arrangements, discussing, and coordinating with other Members of the Faculty to make the second New Members Training Seminar an even greater success. The Midtown team consisted of IPDG Shaju Peter, whose brilliance always inspires; PP B.L. Ramsisaria, whose in-depth technical knowledge of Rotary he willingly shares; PP Dr. Vanita Gupta, a Rotary Leadership Academy Graduate, whose services are requisitioned not only by our district, but also by neighboring districts; and PP Indrajeet Sengupta, who, after a longish lay-off, is back again to his favorite obsession of Training, being an Area Train The Trainer Seminar Graduate of the Indian Junior Chamber.

The attendance was far greater than the initial experiment, the good word having spread by word of mouth. Our Club was represented by Amarjit Singh, Ritu Singal and Pawan Taneja. Among the attendees were experienced Rotarians, including the President of Rotary Shivalik, Mohinder Pal Gupta, who aside of discharging his responsibility of

“tending to his flock”, was there, having heard of the previous excellent program presentation. Other participating Clubs were Chandigarh, Chandigarh Shivalik, Himalayan Ranges, Panchkula, S.A.S. Nagar, Kurali, Kurali Central, Kharar, Morinda, and Roop Nagar.

The program began with brilliant overview on Rotary History & Achievements by Shaju, followed by another 30 minute Power Point Presentation on Rotary Policies and Procedures by Indrajeet. Shaju addressed another session on the Rotary Foundation Programs and Funding. Members of our Club are already witness to his total grasp of the subject, which impressed the attendees too. While Vanita dwelled on tough topics like Club Leadership Development, Resources, maintenance of High Ethical Standards; PP B.L. Ramsisaria replied to all questions fielded by the participants, with élan of a professor,. PDG Major Som Dutt spoke about Club Meetings; PDG J.P.S. Sibia advised participants of Attendance Obligations & District Structure; PP Sandeep Luthra presented an overview of Opportunities of Service at Club, District and International levels, as well as R.I. Programs.

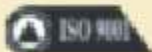
District Governor Satish Saluja, having attended the District Golf Tournament, took time to visit the Seminar, addressed the participants and presented each one with a beautifully framed 4-Way Test.

Reactions of participants indicate the level of interest generated. While one member commented that the program should be made mandatory for new members within 3

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months of induction, others commented that these should be conducted half-yearly, and should be open for old members too. This, commented another participant, motivates Rotarians to Action. A common refrain was the program was a balanced one.

Now, plans are under way to conducted similar programs in other cities/towns of our District 3080.

Joanne Returns to her Rotary Roots!

Joanne Patricia Humphrey, Long Term Rotary Exchange Student sponsored by the Rotary Club Stony Plain, Alberta, Canada, who was with our Club during the Rotary Year 2000-01, when Dr. Vanita Gupta was President, is visiting Chandigarh from April 30, 2009 for 10 days, this time, accompanied by her father. She wants him to experience the sights, sound, smells and flavors of India, and the friendships she struck with her host families, which continues till this day. She will share time with Vandana and Ajay Gupta, whose daughter Devika she befriended. Ajay is arranging for their short trip to a nearby hill station. She will continue to re-bond her relationship with Rekha and Lalit Azad, whose daughter Neha, spent time teaching her India Classical Dance. Last stop on her list are Mala and Indrajeet Sengupta, where she wishes to be accommodated in the same room, which she occupied during her 4 month sojourn, to re-live nostalgic moments. The Senguptas have promised to accompany them to Delhi to meet their daughter Sucharita, with who she is in constant contact over the past decade, before flying back to Canada.

Look what Rotary does! It creates not only friends, but families beyond borders!

Birthday Greetings

Rtn. Daulat Ram Agarwal
Rtn. Ravinder Kapur
Rtn. Praveen Aggarwal



April 04
April 04
April 09

Ann Herpreet & PP Col. A.J.S. Gill bereaved

Capt. Kanwaljit Singh, Senior Akali Leader, Minister Co-operation, Govt. of Punjab, brother of Ann Herpreet, died tragically in a road accident on Sunday, March 29, 2009, sending shock waves throughout Punjab.

Capt. Kanwaljit Singh has been associated with our Club for many years, has been a Guest Speaker, a Chief Guest, and has informally interacted with our members on many occasions, at the residence of Col. Gill.

Members of this Club extend their heartfelt condolences to the bereaved family & pray to "Waheguru" for the peace of the departed soul.

Dr. Monty Audenart, R.I. Vice-President to visit Chandigarh

Dr. Monty Audenart, R.I. Vice-President, will be the Guest Speaker at the regular Meeting of Rotary Chandigarh Monday the 6th April 2009 at 6.30 PM. He will be accompanied by his daughter Lisa Rae Freeman.

President S.K. Duggal invites Rotarians with Spouses to attend.

Multi Health Check-up Camp

Our Club is organizing its Third Multi Health Check-up Camp at its adopted village, Faida (near the vicinity of Chandigarh) on Sunday, April 5, '09, from 9:30 a.m. to 1 p.m.

All members are requested to attend the camp in large nos. to provide their much needed encouragement & support to this important project of our Club.

Wedding Anniversary Greetings

R'ann Seema & Rtn. Dr. Dinesh Sahajpal
R'ann Pritpal & Rtn. R.P.S. Gulati
R'ann Herpreet & PP. Rtn. Col. A.J.S. Gill



April 06
April 07
April 09

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