

The Mid Towner



BULLETIN OF THE ROTARY CLUB OF CHANDIGARH MIDTOWN : R.I. DISTT. 3080

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John Kenny

District Governor
Chetan Aggarwal

President
Gurdip S. Deep

Secretary
Ritu Singal

Editor
PP Dr. V.J.S. Vohra

Club No. 15228

PROGRAMME

Volume XXXIV No. 45 May 05, 2010

The Wonderful World of Orchids
Chief Guest: Prof. S.P. Vij
Former Chairman, Dept. of Botany, Panjab University



Friday, May 07, 2010

Time : 7:00 P.M.

Venue: Hotel President, Sector 26, Chandigarh

Laughter Challenge



Conducted by Secretary
Rtn. Ritu Singal

The club meeting on April 30, 2010 was differently vibrant with Laughter being the prime agenda. Secretary Ritu Singal, who conducted the Laughter Challenge, sent messages to all Rotarians, "Laughter is the sun that drives winter from human face..... Life these days has become so mechanical that we hardly find time to laugh to our hearts content. Let us not miss this opportunity to laugh together....."

Before handing over the proceedings to Ritu, President Gurdip S. Deep observed, "We had many good speakers for our meetings which were on serious note." So this meeting was dedicated to Laughter, which is known to be free, without any adverse side reactions. Doctors, patients and health-care professionals are finding it to be the best medicine. Humor and laughter can foster a positive and hopeful attitude and gives us a sense of perspective on our problems. It is said, "If you can laugh at it, you can survive it."

Laughter is one of the easiest ways to break barriers and find inner peace, making you more alive, healthier and creative. Humor is a wonderful stress-reducer. It can change our emotional response to stress, and provide moments of joy and delight. The healing power of humor is well recognized. It is a truth that happy people generally do not get sick.

Laughter is also good for your heart, lungs and respiration system. Humor isn't about merely telling jokes; it is the way we view the world. We can be sincere about life without taking it so seriously. We can laugh about our mistakes and pain.

Ritu not only conducted the Laughter Challenge meticulously but also added humour as spice to the proceedings. She gave 'laughter ka tadka' including one in form of a poem on husband & wife. The participants; PP Dr. Balram Gupta, Rtn. P.K. Verma, Col. Dr. Jawahar Luthra, Ann Bir Gulati, PP Ajit Gulati and Rtn. Dr. I.S. Dua narrated jokes on various issues. We had hearty laugh on lawyers & courts, Industry & human relations, politics,



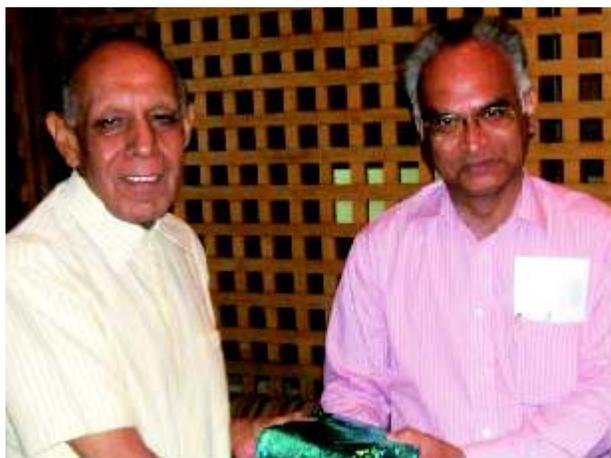
The Participants; PP Dr. Balram Gupta, Rtn. P.K. Verma, Rtn. Dr. Jawahar Luthra, Ann Bir Gulati, PP Ajit Gulati and Rtn. Dr. I.S. Dua



First Prize won by Rtn. Dr. I.S. Dua. The award is presented to him by PDG Shaju Peter



Second Prize bagged by PP Dr. Balram Gupta, who gets it from PDG Shaju and Ann Maniki



Third Prize went to Rtn. Dr. Jawahar Luthra, who gets it from PDG Shaju



Rtn. A.K. Sachdeva bagged the punctuality award, presented to him by President Gurdip S. Deep

electricity department, marriage, doctors and professors. Ritu also welcomed PP Pallav Mukherjee who was indisposed for quite some time, but nobody could take away his humour, and that may be the cause of his recovery.

The participants were quietly being observed by two

judges, PDG Shaju Peter and First Lady Ann Maniki Deep, who announced the winners. She said, "It was a lovely evening and we all enjoyed laughing and all the jokes were good fun." PDG Shaju distributed the prizes to the winners: Rtn. Dr. I.S. Dua, PP Dr. Balram Gupta and Rtn. Dr. Jawahar Luthra.

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Council approves Fifth Avenue of Service

Representatives at the 2010 Council on Legislation approved an enactment 28 April to add a fifth Avenue of Service: New Generations. After adopting an amendment to change the name from Youth Service, as originally proposed, to New Generations, the Council narrowly supported the addition to article 5 of the Standard Rotary Club Constitution. The 263-250 vote was received by surprised gasps and applause after a short debate.

New Generations joins Club Service, Vocational Service, Community Service, and International Service as the foundation of club activity. Before starting a project, Rotarians are asked to think broadly about how their club and its members could contribute within each avenue.

"It's a significant change – a historic day in Rotary," said Council Chair Mark Daniel Maloney. "Rotarians have always strongly supported youth activities even though they were never part of the four Avenues of Service. I think this strengthens our commitment."

The Avenue of New Generations recognizes the

positive change implemented by youth and young adults involved in leadership development activities, community and international service projects, and exchange programs that enrich and foster world peace and cultural understanding.

Representative Ronald P. Sekkel, of District 5170 (California, USA), proposed the enactment by saying that New Generations is the future of Rotary.

Opponents argued that youth services are already covered by the four Avenues of Service. One representative said that adding a fifth avenue could decrease emphasis on the other four avenues.

Representative Emile M. Rijcken, of District 1900 (Germany), said the new avenue is well deserved.

"The volume of activity in youth programs shows how strong Rotary can be," she said. "The addition of New Generations to the Avenues of Service will contribute in an enormous way toward public opinion."

Source : Rotary International News / Courtesy : eFlash_Rotary

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through educational and humanitarian programs including polio plus. Rotarian dedication and leadership has made this progress possible. In recognition of this responsibility, Rotary International and its Foundation work continuously to be effective financial stewards.

Did you know? Since 1947, Rotarians have contributed more than US\$ 2.4 billion to The Rotary Foundation to help Rotary do good in the world. Annual dues from 1.2 million members worldwide help finance Rotary programs like Rotary Youth Exchange, Rotary Community Corps, and others, with hundreds of thousands of participants.

Source : Rotary International

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District Assembly at Dehradun

DGE Madhukar Malhotra has informed President Elect Prem Anand, the District Assembly will be held at Dehradun, on Sunday, 16th May 2010. This is a very important training session that would help create a clear road-map for the success of the Rotary year. He therefore requests that all members of the Board of Directors Elect, along with all Committee Chairs for 2010-11 join this event. To ensure the success of the event, he requests that The Team 10-11 register before May 10. The registration fee is Rs. 600 per person on or before May 10, 2010. Thereafter, only on-spot charges of Rs. 750 will be accepted.

Registration charges may be deposited with President Elect Prem Anand, Secretary Elect Deepak Sood or directly through bank transfer to Bank of India, Rajpur Road, Dehradun, to "Rotary 3080 District

Assembly" account: SB A/c no. 705010110003503 IFSC Code : BKID0007050. Please email a scanned copy the receipt with the registration details - Name, Classification, Club Name, Post held - to the Assembly Chair PP Bipin Berry, bipinberry@gmail.com, Secretary PP Sudhir Jolly, sudhirkjolly@gmail.com, or Assistant Governor Praveen Goel at goelpraveen@aol.com.

Congrats PDG Shaju Peter

According to a communication received from PRIP Carl-Wilhelm Stenhammer, Chairman-elect of the Rotary Foundation Trustees, Rotary International, PDG Shaju Peter has been appointed as a member of the TRF Resource Committee for Zone 4 and 6A for 2010-2011. Zone 4 consists of 12 RI Districts in North-western and Western India and 6A consists of 7 Districts in North eastern India and Nepal.

Our hearty congratulations to PDG Shaju on his well deserved recognition.

Wedding Bells

Rtn. Amandeep S. Syali was wedded to Dr. Tanvir Samra on March 28, 2010. Our heartiest congratulations to the young couple and we wish Rtn. Amandeep & R'ann Tanvir a very happy married life.

Wedding Anniversary Greetings

Birthday Greetings

Rtn. P.K. Vasudeva



May 07

Punctuality Draw

Won by Rtn. A.K. Sachdeva

R'ann Sharda & PP Rtn. R.S. Chandgothia

May 07

R'ann Savita & Rtn. O.P. Malik

May 10

R'ann Vinny & Rtn. R.S. Sachdeva

May 10

R'ann Madhu & Rtn. Suresh Dhawan

May 11

R'ann Santosh & PP Rtn. Dr. Kesho R. Gupta

May 11

R'ann Anu & Rtn. Sanjay Singhal

May 12



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