



Reach Within to Embrace Humanity

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The Midtowner



Club Number : 15228

Bulletin of Rotary Club of Chandigarh Midtown: R.I. District 3080

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District Governor
Manpreet Singh

President
Raj Kumar Luther

Secretary
Amarjit Singh

Editor
Dr. V. J. S. Vohra

Volume XXXVI No. 10 Dated: September 06, 2011

PROGRAMME

Every Man Should have Prostrate Check up

Chief Guest : Dr. Narmada P. Gupta, Padmashri, Chairman, Academic and Research Urology, Medanta Institute of Kidney and Urology, The Medicity, Gurgaon, Delhi

Friday, September 09, 2011

Time: 7.00 p.m.

Venue: Hotel President, Sector 26, Chandigarh

Meeting will be followed by cocktails, sponsored by President Rtn. R.K. Luther

Hara Punjab Khara Samaj

In our club meeting on September 02, 2011 Rtn. Mrs. Kanan Diwan introduced the Chief Guest Rtn. Mrs. Tejinder Kaur, Vice Chairperson, Desh Bhagat Group of Institutes and CEO of Hara Punjab Khara Samaj. She belongs to a successful business family settled in Kenya, and graduated in Finance and Audit from UK. She shifted to India in 1983, after her marriage to Dr. Zora Singh, Chairman, Desh Bhagat Group of Institutes. They have a son and a daughter. Mrs. Tejinder Kaur is a member of Rotary Club of Chandigarh and Dr. Zora Singh is from Rotary Club of SAS Nagar, Mohali. Under their dynamic leadership Desh Bhagat Group of Institutes has grown to 21 Educational Institutions in a short span of 15 years.

Rtn. Tejinder Kaur said Hara Punjab Khara Samaj promotes distribution and planting of the trees in Punjab. She emphasized on spreading awareness about environmental protection and eradication of social evils from Punjab and Chandigarh. She highlighted that trees should be protected as all our food comes from these. Even non vegetarian food indirectly comes from the trees because animals survive on grass and other parts of the trees. Besides food, trees also provide us raw materials for our industries, which further generates employment. It also provide shade and absorb harmful carbon dioxide.

Elaborating on immense importance of environment, she was pleased to announce, "Against the target of planting one lakh trees in Punjab and Chandigarh, 55000 saplings of medicinal trees have already been distributed in the rural areas of various districts of Punjab by Hara Punjab Khara Samaj." To make 'Hara Punjab' it is necessary to campaign for active involvement of the villagers.

Pointing out the importance of trees, she said that Jamun fruit is a good source of vitamins 'A' and 'C' and used in treatment of liver and heart problems, Neem acts as anti-bacterial, anti-parasitic, anti-fungal, anti-protosomal, and an anti-viral agent. It protects the body against all kinds of micro organisms, thus helping in proper healing of wounds.

She is also strong campaigner against social issues like female foeticide, intoxicants, drug abuse, child marriage, use of polythene bags etc., and tackles these problems at grass root levels by motivating school children and younger generation.

Mrs. Tejinder Kaur tested the Rotarians, "Do you know, why the ice caps are melting? Why the oceans are becoming hotter? Why the sea level is rising? Why ozone layer is depleting? Why some species are becoming extinct?" There was a joint response from the audience who put it on the global warming. But PP Pallav Mukherjee did not hesitate to



Medicinal saplings being distributed to Rotarians and R'anns by Rtn. Mrs. Tejinder Kaur



Mrs. Tejinder Kaur presents R'ann Lovy & PDG Rtn. Shaju Peter wedding anniversary gift. Looking on is Secretary Amarjit Singh



Chief Guest Rtn. Mrs. Tejinder Kaur presents birthday gifts to PP Rtn. Harish Sethi, PP Rtn. Pallav Mukherjee, R'ann Parveen and Dr. Sanjay Kalra through Rtn. Dr. Rita Kalra

blame the politicians!!! Pallav has a point because some politicians have jumped on the global warming bandwagon to achieve their own objectives and undoubtedly some of them have exaggerated it!

R'ann Lovy Peter expressed gratitude for the presentation

given by Rtn. Mrs. Tejinder Kaur and thanked her for distributing the medicinal saplings to Rotarians. Those who desire to have more of these saplings may contact Rtn. Tejinder Kaur on her mobile 9876029002. Email may be sent to her daughter's mail id: SinghSangmitra@gmail.com or Singh_Zora@yahoo.co.in.

Increase Quantity of Members for Rotary Growth

Given below is an extract of President R.K. Luther's speech at Membership Development Seminar "VISTAR - the growth" on Sunday 21st Aug held at Dehradun, hosted by Rotary Club Dehradun Central.

"If you induct 10 new members only two will turn out to be quality members. Service is the hall mark of Rotary. So if you want more quality hands to serve community you have to increase quantity of intake to effectively carry out your projects to serve the humanity. Another big advantage of

having large quantity of members is of higher revenue you generate to meet your clubs running expenses. The way inflation is going even if we do not carry out any projects, we need large sums to run the club as per Rotary norms. If we have small quantity members only the financial burden on them will become heavy and because of that some may even leave Rotary. Therefore we must increase quantity of members to grow and expand to meet our clubs running expenses and carry out projects for the community."

Exemption u/s 80 G Granted



Rtn. Tejmoan Singh, Chair, 80G Certification Committee, presents Certificate of Exemption dated 31.8.2011, U/s 80G of Income Tax Act, 1961 to President R.K. Luther and Secretary Amarjit Singh.

Filtered Water Project



Tata Swach water purifier was again displayed in the club meeting. These presented to him by Rtn. Mrs. Tejinder Kaur, who also

Punctuality Award with Sapling



are to be given to families living in slum areas for drinking clean water

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'This Abled' Person - Mumbai to Leh on M'Bikes (Continued from Bulletin No. 08)

Rotary Club Chandigarh Midtown and Shivalik Solid Waste Management Ltd. honoured the young physically challenged energetic persons traveling from Mumbai to

President Luther said these young men gave a clear message that they can achieve whatever they desire, no matter how tough their mission is. He urged them to keep



Rotary Club Chandigarh Midtown welcomes the differently abled persons who drove their M'bikes with their bilateral artificial legs

President R.K. Luther and Rtn. Ashok Sharma honour the energetic bikers

Leh on their Motor Bikes. This event was organized by Habitat for Humanity. On their way back to Mumbai from Leh on 19.8.2011 they halted at Chandigarh. Ceremony was organized at Gymkhana Club, Panchkula on 20.8.2011 at a Breakfast meeting. On the occasion, President Raj Kumar Luther, PP B.L. Ramsisaria and Rtn. Ashok Sharma, CEO of Shivalik Solid Waste Management Ltd., along with the staff members of this company warmly welcomed and honoured the brave differently abled persons Mr. Vinod Rawat, Mr. Manoj, Mr. Santosh and Mr. Rohan. All these young men had one thing common – they were bilateral below knee amputees and wearing both artificial legs!

the torch of the spirit lightened.

The team leader of the mission "Mumbai to Leh", Mr. Vinod Rawat explained how they dared to execute the mission, and their severe disability did not come in their way. They overpowered the hurdles of weather of low temperature, driving in snow with low oxygen. On behalf of his team he thanked Rotary Club Chandigarh Midtown and Shivalik Solid Waste Management Ltd. for the welcome and the honour given to them.

The inspiring efforts of these gallant young men leave us with a thought to re-define 'Dis Abled Person' as 'This Abled Person' or 'Is Abled Person'!

Our Heartfelt Condolences

At 91, Mr. Balwant Singh was healthy, hale and hearty leading a disciplined life. On August 30, 2011 he was walking to go to the court in Sirsa when a speeding car hit him, leading to his sad and untimely demise, in a hit & run accident. Our heartfelt condolences to his daughter, R'ann

Charanjit Channi & son-in-law Rtn. Balbir Singh Channi.

As mark of respect to the noble soul, one minute silence was observed in the last meeting. Kirtan and Antim Ardas was held at Gurudwara Sahib, Sector 35, Chandigarh, on Sunday, September 4, 2011.

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Rtn. Darshan Singh Kalsi

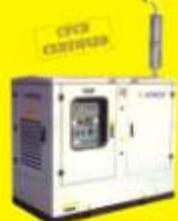
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PP Harish Sethi Exchanges Flags in Alaska

PP Rtn. Harish Sethi attended the meeting of Rotary Club Anchorage, Alaska on August 09, 2011. During this meeting he presented our club flag to the host club President Rtn. Alexander H. Slivka. Harish had gone to



PP Rtn. Harish Sethi exchanged flags with Rotary Club in Alaska. Presents it to President R.K. Luther

Anchorage on a Rotary Family Friendship Exchange Programme. He mentioned that it was a great experience to attend a meeting of Rotary Club in which about 200 members were present. The Club has a membership of 250 Rotarians.

Sharing the highlights of his trip Harish mentioned that while travelling by air over Alaska one gets amazing views of endless miles of towering snow capped mountains and deep glacier carved valleys. On a clear day one can have a glimpse of Mount Mckinley, which is the highest mountain range in USA. Animals are a very visible part of population in Anchorage. Moose browse along urban trails and eagles swoop along tree tops. While travelling around the city one can often see a brown bear crossing the road and making a dash to the woods. One can have a glimpse of monstrous king salmon surge up Ship Creek, steps away from the down town of Anchorage.

Harish was feeling nostalgic about the one day Cruise he & Ann Manjit had taken along with their hosts Rtn. John & Ann Lynn . The 9 hour cruise covers 150 miles of scenic stretch of mountains laced with streams, wild life and world famous glaciers. Harish also had a round of golf in Anchorage. He said he really enjoyed playing on one of the most scenic golf course with backdrop of snow covered mountains.

After giving a brief account of his trip to Alaska, Harish presented the flag of R.C. Anchorage to President R.K. Luther.

Ann's Column

Laughter - The Best Medicine By: First Lady R'ann Urmil Luther

Smiling makes you attractive. We are drawn to people who smile. There is an instant attraction. We want to know them. Smiling changes your mood. Next time you are feeling down, try putting on a smile! It brings happiness to you. You will lighten a room and draw people to you like magnet.

Unfortunately in today's world, where stress levels are so high, people are forgetting to laugh, that is why at certain places Laughter Clubs are formed. It has become a world wide phenomena with more than 6000 social laughter clubs in almost 60 countries.

Donations for Club Projects - Acknowledged with Thanks!

PP Rtn. Harish C. Sethi



Rs. 2100/-

Punctuality Draw

Won by IPP Rtn. Prem Anand

Birthday of Spouse

R'ann Neerja Nagpal

September 13

Birthday of Rotarians

Rtn. B.B. Bahl



September 13

Wedding Anniversary

R'ann Anita & Rtn. Ravinder Kapoor

September 10

R'ann Asha & Rtn. D.K. Gupta

September 13

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