



Reach Within to Embrace Humanity

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The Midtowner



Club Number : 15228

Bulletin of Rotary Club of Chandigarh Midtown: R.I. District 3080

R. I. President
Kalyan Banerjee

District Governor
Manpreet Singh

President
Raj Kumar Luther

Secretary
Amarjit Singh

Editor
Dr. V. J. S. Vohra

Volume XXXVI No. 35 Dated: February 28, 2012

PROGRAMME

Role of Municipal Corporation in Uplifting Chandigarh

Chief Guest: Ms. Raj Bala Malik, Advocate
Mayor of Chandigarh

Friday, March 02, 2012

Time: 6.30 p.m.

Venue: Hotel President, Sector 26, Chandigarh

Create Your own Destiny

In the Club meeting on February 24, 2012 President R.K. Luther shared his experience of the two Rotary Clubs he visited during his recent business tour to Taiwan. In addition to exchange of flags he had also brought with him Governor's Monthly Letter and the club bulletin. It was in Chinese language, which is also the language with which they conduct their Rotary meetings. President Luther had the support of an orthopaedic doctor to overcome the language barrier. He explained to them the true meaning of RI Theme 'Reach Within to Embrace Humanity' given this year by our RI President Kalyan Banerjee.

President Luther thankfully acknowledged a contribution of US\$ 1000/- for the club projects by Dr. Chaman L. Luthra, an Eye Surgeon in USA, brother of Rtn. Dr. Jawahar Luthra, who was impressed by the medical camps organized by our club, and had also participated in a Eye Camp a few months ago. In response to a call given by Rtn. Dr. Anurag Sharma in the meeting last week, Rtn. Deepak Sood and Rtn. Deepa Bhar donated Rs. 500/- each for a poor patient of congenital heart disease for surgery at Max Hospital, Mohali.

The Speaker of the evening was our President Elect Rtn. Mrs.

2012. Through her leadership qualities we look forward to an eventful year ahead!

'Create Your own Destiny' was the topic enlightened by Ritu, supported by a meaningful powerpoint presentation. She said if God is the Creator of our destiny, and everything is projected as 'Bhagwan ki marzi ke bina patta nahi hilta', then there was no need for us to make efforts to achieve our goals. She said, "We write our own script of life." She added, "Well, if we believe that we are puppets in the hands of fate, then that's what we will become..... Puppets!"

Very philosophically Ritu explained, 'What is Karma'. She said, "God is a Record Keeper, having a computer and watching our every action. That is Karma." She also talked about Astrology but insisted that we can control our destiny. What we want to achieve we can do it. We need to put in efforts for our success!

Ritu elaborated on the Buddhist teaching of the nine consciousnesses which offers the basis for a comprehensive understanding of our true identity. These are: 1. Sight – consciousness 2. Hearing – consciousness 3. Smell – consciousness 4. Taste – consciousness 5. Touch – consciousness 6. Mind – consciousness/power of thought 7. Mano – consciousness/Inner spiritual world 8. Alaya – consciousness/Store house of Karma and 9. Amala – consciousness/Life's purest, stainless, spotless, true and eternal self.

Ritu suggested practical solutions and very positive approach to control your destiny for which your mind has to be set right. This could be attained by Expressing Gratitude, Cultivating Optimism, Practicing Religion & spirituality, Determination and Getting rid of self doubt. She advised, "Throw away inbuilt complexes, Fight Cowardice within, Do not complain and Master your Mind." She was crystal clear in her mind when she stated, "If you think you can, you are right - you can! If you think you can not, again you are right - you can not!" So it depends on how you master your mind because all our problems, failures and sufferings have their roots in the MIND.

Talking of Will power, she quoted examples of Thomas Edison, Albert Einstein and Abraham Lincoln. Will power and honesty are the inner strength that enables you to make decisions and carry them out.



*President R.K. Luther
Shares Taiwan Experience*



*PE Rtn. Ritu Singal
'Create your Destiny'*

Ritu Singal, who according to President Luther needs no formal introduction as we all know she is the Managing Director of Raglan Infrastructure Ltd., Zirakpur, who was awarded "Woman Entrepreneur of the Year 2011" on November 28, 2011. She would take over as President of our club on July 01,



R'ann Dr. Savita & Rtn. B.M. Gulati being presented wedding anniversary gift by PE Rtn. Ritu Singal and President R.K. Luther



PE Ritu Singal presents birthday gift to R'ann Shradha Sachdeva, with Rtn. A.K. Sachdeva behind her. Looking on is President R.K. Luther



On behalf of his brother, Dr. Chaman L. Luthra, Rtn. Dr. Jawahar Luthra presents a cheque for US \$ 1000 for club projects to President R.K. Luther



R'ann Dr. Manjushri Sharma presents memento to PE Ritu Singal. Looking on is Secretary Amarjit Singh



Past, Present & Future! L-R: President R.K. Luther, PE Ritu Singal, Secretary Amarjit Singh and getting punctuality award is PP Dr. V.J.S. Vohra.

When Ritu concluded her talk, Rtn. Mrs. Deepa Bhar reminded us of Allama Iqbal's poem, "Khudi ko kar buland itna ke har taqder se pehle, Khuda bande se ye poche bata teri raza kia hai."

Vote of thanks was proposed by R'ann Dr. Manjushri Sharma. She appreciated the ten words described by PE Ritu Singal, that

is, Hell, Hunger, Anger, Animality, Humanity, Rapture, Learning, Realization, Bodhisattava and Buddhahood. Manjushri said from Ritu's presentation we learn that, "happiness can not to be gathered from outside but from my inside, and spread it out."

Correction!

Name of R'ann Dr. Manjushri Sharma wife of Rtn. Dr. Anurag Sharma was mis-spelt as 'Madhushri' in the last para of page 2 of previous bulletin (No. 34). The inadvertent error is regretted.

Please read as, "He also thanked R'ann Dr. Manjushri for always supporting her husband for the cause of Rotary."

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Glimpses of District Conference on 11-12 Feb. 2012



PP Dr. Balam K. Gupta and Office Secretary V.P. Sharma at the Registration Counter



District Governor Manpreet Singh and President R.K. Luther enjoying the happy moments



PDG Shaju Peter, Ann Lovy Peter, Rtn. Kanan Diwan, Ann Ranjana Kapoor, Ann Sudha Puri and Ann Urmil Luther

78 Donors at Blood Donation Camp organized by RCC Khuda Ali Sher



L-R: R'ann Indu Luthra, Rtn. A.K. Puri, President R.K. Luther, Rtn. Dr. Jawahar Luthra, R'ann Urmil Luther and donors



President R.K. Luther, Rtn. A.K. Puri, PP Dr. V.J.S. Vohra and other RCC members with a blood donor getting 500 gm desi ghee



New Generation! PHFs Akshat & Aarnav with dada-dadi at the camp



Pres. Luther and Secy. Amarjeet Singh give Rs. 5000/- to Bhupinder Singh of RCC.

Blood Donation camp was held at the Community hall by the Youth Club and our Rotary Community Corps (RCC) in Khuda Ali Sher. RCC President Bhupinder Singh assisted by Kuldeep Singh, Gurpreet Singh, Gurdial Singh and other members took the initiative to organize this camp.

Bhupinder said 500 gm. desi ghee given to each blood donor, was purchased from Milkfed (Punjab) at subsidized rates. Blood donors were also given appreciation certificates.

The team from Blood Bank, GMSH-16, Chandigarh worked tirelessly and collected 78 units of blood. Inspector Gurmukh Singh, SHO, Sector 11, Chandigarh also graced the occasion.

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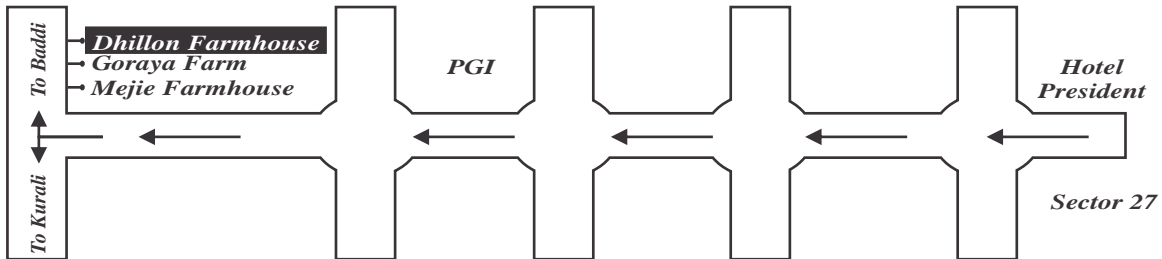
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Our Club was represented by President R.K. Luther & R'ann Urmil Luther, Secretary Amarjit Singh, Rtn. Dr. Jawahar Luthra & R'ann Indu Luthra, PP Dr. V.J.S. Vohra and Rtn. A.K. Puri. President Luther gave Rs. 5000/- on behalf of our Club to Bhupinder Singh, President RCC and the Youth Club.

Meeting Preponed. Picnic - Holi Hai !!!

There will be no meeting on Friday, 09 March, 2012, as this is being preponed to 11 a.m. onwards on Thursday, March 8, 2012, as this year Holi will be celebrated as a picnic at Dhillon Farms, Siswan. The farm is situated on the Baddi Road and is the third farm house as you turn right. It is 18.5 km from Hotel President. PP Rtn. Indrajeet Sengupta has prepared a road map to the venue as per sketch given below.



Road Map to venue

To facilitate catering, please register yourself and your spouse's name with Secretary Amarjit Singh on Cell No. 9814011760 or First Lady R'ann Urmil Luther on Cell No. 8872574018 on or before Monday March 5, so that order could be placed on the caterer.

Disability, Medical and Blood Donation Camp at Cheshire Homes on 18.3.2012

PP Rtn. Dr. V.J.S. Vohra, Chair, Disability Empowerment and Rehabilitation stated that Disability, Medical Check up and Blood Donation Camps are being organized by Cheshire Homes, Chandigarh in its premises at HNo. 341 Sector 21-A, Chandigarh on Sunday, 18.3.2012 from 9 am to 2 pm. There would be blood donation by disabled persons who would also motivate others to do the same. Disability Certificates would be issued by a team of specialists from GMCH-32, Chandigarh. Prof. Dr. Raj Bahadur, Director, GMCH has assured us all support and he would also send the Blood Bank team. Railway Passes will also be issued to the disabled persons. There will

also be a camp to identify patients for artificial limbs. One disabled person will be provided a below elbow artificial arm at subsidized rate which our club would donate. Our 3 Rotary Community Corps will also participate in this unique camp.

PP Rtn. Gurdip S. Deep, Chairman Cheshire Homes said all other expenses for this project has been arranged by Cheshire Homes, including lunch for about 150 persons. He requested for participation of the Rotarians, and as there would be a Medical Check up camp also, services of our Rotarian doctors would be required.

Donations Acknowledged with thanks!

Club Projects:

Dr. Chaman L. Luthra, M.D., P.C. of USA US\$ 1000/-
(Brother of Rtn. Dr. Jawahar Luthra)

Heart Helpline:

Rtn. Deepak Sood Rs. 500/-
Rtn. Mrs. Deepa Bhar Rs. 500/-

Punctuality Draw

Won by PP Rtn. Dr. V.J.S. Vohra

Birthday of Rotarians

Rtn. Dr. Anurag Sharma		March 02
Rtn. R.S. Sachdeva		March 06
Rtn. D.K. Gupta		March 08

Wedding Anniversary

R'ann Rekha & Rtn. Lalit K. Azad	March 04
R'ann Shashi & PP Rtn. Dr. Balram K. Gupta	March 04
R'ann Asha & Rtn. Vinod Sobti	March 06

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