

The Midtowner



Bulletin of Rotary Club of Chandigarh Midtown: R.L. District 3080

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Club No. 15228

www.rotarychdmidtown.org

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Editor
Dr. V.J.S. Vohra

Volume XXXVIII No. 45 Dated: May 13, 2014

PROGRAMME

My journey from legal education to judicial education

A talk by: PP Rtn. Dr. Balram K. Gupta

Director, National Judicial Academy, Bhopal

Friday, May 16, 2014

Time: 7.00 p.m.

Venue: Hotel President, Sector 26, Chandigarh

Mother's Day Celebrations - A talk on Women and Child Health

On May 09, 2014 Chief Guest Dr. Mrs. Nirupa Marwaha, Vice Principal, Govt. Home Science College, Chandigarh was introduced by Vice President Rtn. Amarjit Singh. She has done M.Sc., M.Ed. and Ph.D. Dr. Nirupa is an Associate Professor, Vice Principal and Head of Department of Foods and Nutrition at Govt. Home Science College, Chandigarh. She has over 30 years of



Dr. Mrs. Nirupa Marwaha

teaching and research experience in the field of Foods and Nutrition. She is Expert Consultant with Foods and Nutrition Board, Govt. of India, Social Welfare Department, Chandigarh Administration and honorary Nutrition Consultant at the Chandigarh Lawn Tennis Association. She is a resource person for varied seminars and workshops, and she has already been to our club couple of times earlier. On July 12, 2013 she gave an interesting talk on 'Nutrition and Health'.

President Rtn. Deepak Sood welcomed Dr. Nirupa Marwaha and Rotarians from Rotary Club of Mohali; PDG Rtn. Manpreet Singh Gandihok, PP Rtn. Khushjiv Singh Sethi, Rtn. Harinder Singh and Rtn. Gurcharan Singh. RC Mohali came up with a unique way of fund raising program for their projects by selling lunch coupons for Rs. 1000/- for fellowship on Sunday, 11th May 2014 at Pashtoon (Khyber) Restaurant in Sector 35, Chandigarh.

Talking about mother, Deepak said, "I would like to convey my regards to all the mothers and grandmothers." He quoted Howard Johnson who described Mother as;

"M" is for the million things she gave me,
"O" means only that she's growing old,
"T" is for the tears she shed to save me,
"H" is for her heart of purest gold;
"E" is for her eyes, with love-light shining,
"R" means right, and right she'll always be,
Put them all together, they spell "MOTHER,"
A word that means the world to me.

In her address Dr. Nirupa said, "Though my talk focuses on women but I want to involve the men to make them realize how valuable their second half is who just takes care of everything that happens in the world." She said she believes in the famous Punjabi saying, "mavan thandiyan chavan". She advised the men, "Do not to take your wives for granted because looking after the house and seeing that everything is right, is her job. Men should not take the credit for all that goes fine, and should not blame their wife if something goes wrong!" Men should appreciate their wives for what they are doing.

Nirupa made an observation that the wife should not be known as housewife as she never gets married to the house but to her husband. She should be known as a homemaker as she is the one who makes the home. The wife is the mother who is also the shock absorber as she absorbs all the shocks from her children and her husband and has to solve all the problems including of her in-laws. Her own problem always takes the back seat. If the mother is treated roughly she is likely to break down. Therefore it necessary



The audience includes PDG Manpreet S. Gandihok, PP Khushjiv S. Sethi and other members of Rotary Club Mohali



After giving vote of thanks, Rtn. Ashok Kumar Sharma presents a memento to Dr. Nirupa Marwaha



Secretary Dr. Rita Kalra makes an appeal for contribution to the Rotary Foundation



PP Rtn. Dr. Mrs. Vanita Gupta cuts the cake on behalf of Dr. B.C. Gupta



After being introduced by Rtn. Ashok Sharma (extreme right), new Rotarian S.B. Jindal, accompanied by his wife and children, is inducted by PDG Manpreet Singh Gandhok, who welcomes him to the Rotary family



Both are Rtn. Ashok Kumar Sharma. The one on left owns a travel agency. One on right deals with Solid Waste Management



Dr. Nirupa Marwaha presents wedding anniversary gift to R'ann Lalita & Rtn. Chandra Prakash. Looking on are President Deepak Sood and Secretary Dr. Rita Kalra



Dr. Nirupa Marwaha presents punctuality award to Vice President Rtn. Amarjit Singh. Looking on is President Deepak Sood

that they deserve some kind of attention.

Nirupa stated, "It should be realized that wives or mothers also have their sensitivities and they too need attention or may be some pampering. For this reason Mother's day is celebrated so that the children feel the need of caring for their mother, and the husband too is reminded of the important role she plays in not only looking

after the children but also ensures the comforts for her husband." She also discussed the healthy balanced diet that is required not only for the mother, but the whole family.

On behalf of our club Rtn. Ashok Kumar Sharma thanked Dr. Nirupa Marwaha for her very meaningful talk on the occasion of Mother's day, and also for giving useful tips on nutrition and diet.

Mandatory District Committees for 2014-15

District Trainer 2014-15 PDG Shaju Peter congratulated all those Rotarians who are in the Mandatory District Committees for the Rotary year 2014-15. He said, "You have a significant role to play in furthering the object of Rotary in our District. Your selection in the team by our incoming Governor Col. Dilip Patnaik is recognition of your performance as a club President and as a dedicated Rotarian."

Chandigarh Midtowners in Mandatory District Committees for 2014-15 are;

- Membership Development Chairman PP B.L. Ramsisaria
- Vocational Service Member PP Dr. Balram Gupta
- RYLA member IPP Deepak Sood
- Grant Sub Committee member PP Mrs. Ritu Singal
- Finance Committee Chairman PDG Shaju Peter
- International Service Chairman PP Capt M.S. Kahlon

Rtn. Dr. (Col.) V. K. Kapoor
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PDG Shaju at Rotary Club of Roopnagar

Invited by President Rtn. Amarjit Singh Bhatnagar and Secretary Rtn. Dr. Mrs. Usha Bhatia, PDG Shaju Peter was at Rotary Club of



PDG Dr. R.S. Parmar presents a memento to PDG Shaju Peter. Looking on are President Bhatnagar and Secretary Dr. Usha Bhatia

Roopnagar as Guest Speaker in their weekly meeting on Friday, April 25, 2014. The club wanted him to speak on Rain water Harvesting, possibly because

both the clubs, Roopnagar as well as Chandigarh Midtown had implemented projects in rainwater harvesting in their respective communities.

In a 20-min. power point presentation Shaju gave the members a broad idea of the subject. "Farmers of Baluchistan and Afghanistan knew how to harvest rain water three centuries before Christ," said Shaju in his opening remarks. He drew the attention of the audience to the fact that the water table in the central districts of Punjab have gone down by 20 meters in the last 10 years and impressed on the necessity of recharging the aquifers with rainwater.

Introducing PDG Shaju, PP Rtn. Prof. B.S. Satyal, who served as the club as President during Shaju's term as District Governor said, "Shaju and Lovy came to Chandigarh 35 years ago as total strangers. But today they are friends to over 3500 Rotary families in our region". PP B.L. Ramsisaria who served as the GGR for forming the new club in Roopnagar in 1980, had accompanied him to the club.

Secretary Dr. Rita Kalra visits our projects



Secretary Dr. Rita Kalra visits RVTC at our Rotary Community Corps Panchkula, in the premises of National Handicapped Welfare Council (NHWC), Sector 12-A, Panchkula, where our club has donated computers for training disabled children



K.C. Wadhwan, retired Haryana Govt. Officer, who is severely disabled with polio deformity of both lower limbs, manages both the RCC, and NHWC as its Project Director



Dr. Rita Kalra visits RVTC at Vedic School Manimajra, where our club has donated computers for training students



Dr. Rita visits micro loanee for checking the fund utilization

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Rtn. Ashok Kumar Sharma

As we have two Rotarians with similar names, Ashok Kumar Sharma, President Deepak Sood presented them both together. The senior one is being addressed as Rtn. Ashok Kumar Sharma who is the Managing Director of Shivalik Solid Waste Management Ltd., in Baltana, Zirakpur. His wife R'ann Kiran is a teacher. The other one who is being addressed as Rtn. Ashok Sharma, is the Managing

Director of American Travels & Tours Pvt. Ltd., Sector 8, Chandigarh. His wife R'ann Ruchika is also a teacher! American Travels has recently tied up with a French fashion house and has come up with a customized study tour which will help fashion designing students to get a one-week exposure in world's fashion capital Paris.

District Assembly / DTTS on 18th May 2014

Hosted by Rotary Club Karnal Midtown, District Assembly / DTTS - 'SHIKSHA' will be held on Sunday, 18th May 2014 at Hotel Noor Mahal (five star), Karnal. This is an event of immense importance since it will provide an opportunity to interact with fellow Rotary leaders to share our vision for the year ahead and reaffirm our resolve to 'Light Up Rotary'.

The District Assembly is designed to train Club Presidents, Secretaries, Treasurers and other club officers to finalize their working plans for the year 2014-15.

District Trainer PDG Rtn. Shaju Peter has planned an enriching, educative and exciting programme. Counselor PDG Rtn. Prem Bhalla and DGE Rtn. Col. Dilip Patnaik are making all efforts to make this important programme a memorable experience for all

of us.

Registration details are as under;

Upto 10th May 2014 – Rs. 1200 (single), Rs. 2000 (double)

Afterwards - Rs. 1500 (single), Rs. 2500 (double)

Registration & Breakfast – 8.30 a.m. to 10.00 a.m.

Venue: Noor Mahal, a five star luxury hotel, Sector 32, Karnal. The grand ambience of the hotel with traditional royal essence and modern amenities is most suitable for Rotary events as it offers range of facilities, including sumptuous Veg. & Non-veg Breakfast & Lunch, and we look forward to an exciting Fellowship.

For registration please contact Office Secretary Mr. V.P. Sharma (M: 9814548868).

Acknowledgment with thanks

TRF contribution towards PHF

Rtn. S.B. Jindal US\$ 350


Birthday of Spouses

R'ann Dr. Savita Gulati		May 20
R'ann Asha Gupta		May 22
R'ann Gurmeet Jauhar		May 22

Birthday of Rotarians



Rtn. Jayanta Mitra May 19

Wedding Anniversary

R'ann Chanchal & Rtn. C.J. Rai		May 17
R'ann Guninder & Rtn. Prof. Dr. I.S. Dua		May 19
R'ann Indu & PP Rtn. Dr. V.J.S. Vohra		May 21

Punctuality Draw

Won by Vice President Rtn. Amarjit Singh

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PDG Rtn. Shaju Peter

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