



2014-15

The Midtowner



Weekly Bulletin of Rotary Chandigarh Midtown

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Club No. 15228
R.I. District 3080

R.I. President
Gary C.K. Huang

District Governor
Col. Dilip Patnaik

President
R.T.P.S. Tulsi

Secretary
Salil Bali

Editor
Dr. V.J.S. Vohra

Volume XXXIX No. 27 Dated: December 30, 2014

PROGRAMME

Club Assembly

Chaired by:
Assistant Governor
Rtn. H.S. Saggi



Friday, January 02, 2015

Time: 6.30 p.m.

Venue: Hotel President, Sector 26, Chandigarh



Cocktail of Medical and Folk Humour

In the Club meeting on December 26, 2014, chief guest Dr. S.S. Moudgil, who was accompanied by his wife, was welcomed by President Rtn. R.T.P.S. Tulsi with a round of applause. He was introduced by PP Rtn. Pallav Mukherjee. Dr. Moudgil obtained his MBBS degree from Government Medical College, Rohtak, in 1970, and bestowed with FCGP fellowship. He is a consulting physician. Till recently he was running a 30 bedded Nursing Home at Gohana, equipped with modern facilities like ultrasound, X-ray lab and operation theatre. He is also a writer, poet, story teller and a columnist. He had appeared in TV debates, and participated in mushiaras on TV. He is widely travelled abroad and in India. He is Ex-Director of Haryana Sahitya Academy Panchkula. His 25 books have been published in English, Hindi, Punjabi and Haryanvi. He has received Chikitsa Ratan award from Indian Medical Association, Pt. Lakhmi Chand Award, the highest state award for folk literature and folk culture by Haryana Sahitya Academy and many other awards and recognition as a medical doctor, writer and a poet.

Dr. Moudgil started his talk with a couplet, "Mein na mazab likhta hun, na jaat likhta hun, dil mein jo aa jaye, bus wohi baat likhta hoon. Mujh se aaj bhi kuch umeed na rakhna, mein aaj bhi din ko din aur raat ko raat likhta hun."

He narrated how educated children behave with their illiterate parents, and how the parents react. A son who passed out of a university keeps two ladoos before his mother, and says these are three. The mother does not agree but the son says that he will prove that these are three, and starts counting one and two, that makes it three! This act of smartness he repeated 4-5 times. The illiterate father entered the house after labouring the whole day in his farm. He does not argue with his highly educated son. He picks up one ladoo, and gives second one to the mother. He then tells his son, "Beta, teesra ladoo tu khaa le."

Dr. Moudgil says that no matter how highly we are educated, whatever we do should benefit the public. He said no animal can laugh but laughter is a privilege given to human beings only, and explained the importance of being happy and laughing as this keeps us away from the stress that we face in our daily life. He said, "The society gives us stress, and to relieve that stress we laugh." Here Dr. Moudgil narrates another incident where a Haryanvi farmer had explained to him that there are two types of societies, one is cooperative and other is a marketing society. One will take Rs. 100/-, and give back Rs. 60/-, the other will give a loan of Rs. 60/-, and will not leave you without taking away Rs. 100/- from you! He

says, "Society is 'so saathi', 100 ke 60 kar deti hai, aur 60 ke 100." He said we should know how to deal with stress, and pointed out that there are three types of people who are known for overcoming stress. They are Scottish, Punjabi and Haryanvis. Historically, they are the ones who know how to fight! Elaborating on the importance of humour in our life, Dr. Moudgil gave many stress busting jokes based on facts and on his life experience as a doctor and a writer-poet.



Dr. S. S. Moudgil

A ticket checker on a train tells an old man, "Tau, teri ticket 6 mehine purani hai." Old man replies, "Tu koi train show room se le aya hai!"

Dr. Moudgil also told us some medical jokes and factual incidents, which he faced from his patients. "Pathri to x-ray may hai, mere may nahi," a lady tells her husband and that the doctor will unnecessarily cut her stomach, and charge a hefty fee!

In olden days there were many thrasher accidents resulting in arm amputations. A patient came to Dr. Moudgil with left arm badly injured in a thrasher accident. He tried to inspire the patient by telling him that it is good that his right hand is safe. The patient, still in pain, says, "Doctor sahib aaya to sajja hath hi tha, main ne kad ke khaba pa diya." So, one can also find humour in difficult situation, and get relieved of it!

Rtn. Prof. Dr. I.S. Dua thanked Dr. Moudgil on behalf of our club. He said, "Dr. Moudgil has opened the box of his mind to make us all happy. He has rightly pointed out that humour is the best way of life."



Rtn. Prof. Dr. I.S. Dua presents a memento to Dr. S.S. Moudgil. Looking on are President R.T.P.S. Tulsi, Secretary Salil Bali and PP Pallav Mukherjee

Club Elections



PP Rtn. Pallav Mukherjee, Chair of Election Committee with members of the Board 2015-16, present in the meeting on 26.12.2014

Chair Election Committee PP Rtn. Pallav Mukherjee had a pleasant task of announcing the Board for the Rotary year 2015-16. He expressed his happiness as there was no need of any elections because all the posts were filled amicably. An excellent example of being true Rotarians... to be followed at all Rotary levels!

The Board 2015-16 will comprise of President Rtn. Mrs. Kanan Diwan, PDG Rtn. Shaju Peter, President Elect Rtn. Amarjit Singh, Imm. Past President Rtn. R.T.P.S. Tulsi, Vice President Rtn. Ashok Puri, Secretary Rtn. Sanjay Bhatia, Treasurer PP Rtn. B.L. Ramsisaria, Joint Secretary Rtn. Salil Chopra, Directors: PP Rtn. R.K. Luther, PP Rtn. Deepak Sood, Rtn. Dr. Rita Kalra and Rtn. Salil Bali.



President Elect Rtn. Kanan Diwan thanks Rotarians for giving her the opportunity to serve and has full faith in board 2015-16 to achieve the goals



President Nominee Rtn. Amarjit Singh expresses his gratitude to Rotarians for having the confidence in him to serve the community



PP Rtn. Prem Anand disburses three microloans cleared in Dec. 2014 for Ajay Verma – Rs. 30000/- guaranteed by Govt. employee, Ajay Kumar – Rs. 30000/- guaranteed by PP Rtn. R.K. Luther and Rs. 20000/- to an individual guaranteed by Rotary Club Dehradun West



Dr. S.S. Moudgil presents birthday gift to R'ann Dr. Joginder Mukherjee. Looking on are PP Pallav Mukherjee, President R.T.P.S. Tulsi and Secretary Salil Bali



Dr. Moudgil presents punctuality award to Rtn. Arjan Singh. Looking on are President R.T.P.S. Tulsi and Secretary Salil Bali

Rtn. Vinod Sobti

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Recipe for Good Health

By: PP Rtn. Balram K. Gupta

Laughter is a joy. A dose of joy is a physical cure. Laughter is a weapon to win your enemies. When you are laughing, you are not worrying. Ronald Reagan was shot. After the operation,

the first thing he said, Nancy, I am sorry, I forgot to duck. Everybody laughed. Tension was over. Laughing relieves an enzyme. It makes for good health.

Libraries set up



Under the guidance of Rtn. Dr. Rita Kalra, Rotaractors of PGGC-46 have helped us to set up libraries for Kartar Aasra Orphanage and Night School Sarangpur on Christmas Eve

New Interact Club



New Interact Club at Govt. Model Sr. Sec. School Manimajra



Commendation certificate to Principal

On December 22, 2014 Rtn. Salil Chopra and Rtn. Ashok Puri visited Govt. Model Sr. Sec. School Manimajra to handover the Interact Club charter. A brief orientation program was given to the students, and election of president and secretary of Interact Club was conducted in presence of Principal Mrs. Kund Bala Goyal (Rotary Ann of our Club) and coordinator Mrs. Sonia.

Recognition is given by Rotary to all the principals for hosting our events in their schools.

PPR.K. Luther and VP Dr. Rita Kalra presented a commendation certificate to Principal Mrs. Manjit Kaur for the support extended by her school towards hosting two literacy seminars on career counselling.

Our Literacy program and other activities



Successful students of computer training centre in Khuda Alisher with President Rtn. R.T.P.S. Tuli, Secretary Rtn. Salil Bali, PP Rtn. R.K. Luther, Rtn. Ashok Puri, the instructor, RCC Khuda Alisher and Youth Club members



PP R.K. Luther along with our Charter President Dr. B.D. Gupta celebrate Christmas with home care nursing students

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Adult education at Kundan School

Secretary Salil Bali and VP Dr. Rita Kalra who visited the Adult Education Centre formed in Kundan International School under our Adult Literacy Program, appreciated the excellent results under the guidance of teacher, Ms. Ruchi Luthra. The candidates who joined two months ago and could not sign even in Hindi have now started writing and signing in English. 20 English learning books were distributed on 22.12.2014 to the candidates and as a token of receipt candidates affixed their respective signatures against their names in the attendance register, and majority of them in English.

We thank Ms. Ruchi and Principal Mrs. Manjeet Jauhar for the extra pains taken by them to make this Centre a success.



PP R.K. Luther and Dr. Rita Kalra addressing students at Career Guidance Seminar in Govt. Sr. Sec. School Mauli Jagran



10 Blankets for Aasra Sarai handed over to the caretaker Baljeet Yadav, by PP Anil Mehan and Secretary Salil Bali

Official Visit of DG

Official visit of District Governor Rtn. Col. Dilip Patnaik to our club will be on Friday, January 16, 2015.

IPPRtn. Deepak Sood is the Chair of the Committee for DG Official Visit.

Acknowledgment with thanks

- New Board 2015-16 for Fellowship

- Vikas Anand, S/o PP Rtn. Prem Anand & R'ann Indu

Anand for donating 10 blankets for Rotary Sarai at GMCH-32

Correction: Rs. 6630/- received from Gurukul Global School, shown in previous bulletin, is for 'Children for Children – Polio Fund'

District Conference

District Conference will be held at Indian Military Academy, Dehradun from 20th to 22nd February 2015. Kindly register before 31st December to avail discounted registration of Rs. 1800/- (single) and Rs. 3200/- (couple). Please contact Secretary Rtn. Salil Bali.

Birthday of Spouses

R'ann Manjit Sethi
R'ann Parminder
R'ann Renu Chopra
R'ann Ritu Jindal

January 02
January 03
January 06
January 08



Birthday of Rotarians

Rtn. Dr. Mrs. Rita Kalra

January 05

Punctuality Draw

Won by Rtn. Arjan Singh



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