

The Midtowner

Weekly Bulletin of Rotary Chandigarh Midtown

2015-16

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Club No. 15228
R.I. District 3080

R. I. President
K.R. Ravindran

District Governor
David Hilton

President
Mrs. Kanan Diwan

Secretary
Sanjay Bhatia

Editor
Dr. V.J.S. Vohra

Volume XXXX No. 13 Dated: September 29, 2015

*The Blood you Donate gives someone
another chance at life*

GIVE THE GIFT OF LIFE



Thursday, October 01, 2015

Time: 4.00 p.m.

Venue: Police Post Neelam, Sector 17 Plaza, Chandigarh

PROGRAMME Blood Donation Camp With CSACS

Please note
the change in
date, time and
venue of the
meeting.

RI Director Dr. Manoj Desai visits Aasra Shelter in GMCH-32



On September 27, 2015 RI Director Dr. Manoj Desai and Mrs. Sharmishta visited our prestigious project, Aasra Shelter in Govt. Medical College and Hospital, Sector 32, Chandigarh where they were welcomed by President Kanan Diwan, Past Presidents and Rotarians of Chandigarh Midtown. They were accompanied by District Governor David Hilton, Mrs. Patricia and AG Vivek Gupta



RID Dr. Manoj Desai takes a round of the facilities available in Aasra including the canteen, where he and DG David Hilton are pleased to see the subsidized rate list

Allergies.... Identification and Cure



Dr. Sarika Verma

In our regular meeting on September 25, 2015 the Chief Guest Dr. Sarika Verma was introduced by PP Rtn. Gurdip S. Deep. She is an ENT surgeon, post graduate from Madras Medical College, super specialisation from Sir Gangaram Hospital New Delhi, where she worked for 6 years. Awarded All India Gold Medal by the National Board of examinations. She had a successful practise in Gurgaon for 6 years. Now she has moved

to Chandigarh. She was welcomed by President Rtn. Kanan Diwan who acknowledged the presence of her father-in-law, our ex – Rtn. P.K. Verma and her husband Mr. Manish Verma, a Banker. The President informed that Sarika has recently come back after serving in the medical project at Malawi. The President also recalled the contributions of Mrs. Neena Verma. She said, “Neena was a great friend and a great social worker. She was a great soul and we miss her from amongst us today.”

In her impressive presentation Dr. Sarika explained about allergy, how to identify and cure it. An allergy is the response of the body's immune system to normally harmless substances, such as pollens, foods, and house dust mite. Whilst in most people these substances (allergens) pose no problem, in allergic individuals their immune system identifies them as a 'threat' and produces an inappropriate response.

Sarika discussed the various types of allergies. Allergic diseases are a global public health issue. 20% to 30% of total population suffers from at least one of the allergies in India.

Allergic asthma is the most common type of asthma. Sarika explained appropriate treatment for these diseases.



Rtn. Dr. Rita Kalra gives formal vote of thanks and presents a memento to Dr. Sarika Verma. Looking on are President Kanan Diwan and Secretary Sanjay Bhatia



Dr. Sarika Verma presents punctuality award to PE Rtn. Amarjit Singh



R'ann Sudha Puri and PP Rtn. Saroj Jhawar - National anthem



IPP Rtn. R.T.P.S. Tulsi Invocation



PP Rtn. Gurdip S. Deep Introduction

Rotaract Club Chandigarh Midtown



Tree plantation in Ramlila Ground in Sector 27, Chandigarh



DYS Rtn. Sundeep S. Sawhney presents prizes on Literacy Day Celebrations at Kartar Aasra orphanage, Near Sukhna Lake

Vision 2020



Rotarians of Chandigarh Midtown at the Intercity

Intercity Vision 2020, hosted by Rotary Club Panchkula on September 26, 2015 at Hotel Golden Tulip, Panchkula had RI Director Dr. Manoj Desai as the Chief Guest. He was accompanied by his gracious wife Mrs. Sharmishta. Past RI Director Yash Das

was the Guest of Honour.

In his opening remarks District Governor David Hilton highlighted the achievements of the District. DRFC PDG Madhukar Malhotra gave a presentation on TRF 2020. PP Charanjit Singh spoke about

Rotary Public Image. PDG Prem Bhalla gave an interesting update on TEACH program of RILM.

PDG Shaju Peter formally introduced RI Director Dr. Manoj Desai,

who gave a very valuable, thought provoking and an inspiring address for which he got standing ovation from a large gathering of Rotarians of District 3080.

Swachh Bharat Abhiyan and WinS



On 22.09.15 Rotary Club Chandigarh and Rotary Chandigarh Midtown participated in 'swachh drive' in Indira Colony



Hand wash station installed at Govt. Model High School Manimajra with support of Principal R'ann Renu Chopra and beautifully designed by PDG Yoginder Diwan, to promote cleanliness and hygiene in schools

DGE Raman Aneja joins our Swachh drive in Sector 17, Chandigarh



On 26.09.15 two wheel chairs were donated by our club to the In-Charge, Police Post Neelam in Sector 17, Chandigarh, for use of disabled persons visiting Sector 17 Plaza



DGE Rtn. Raman Aneja joins Rotarians of Chandigarh Midtown and disabled persons of RCC of Dadumajra on their wheel chairs and crutches participating in Swachh Abhiyan

Rtn. Sanjay Bhatia

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Gifts being distributed to special members of RCC to recognize them for their active participation in community projects

Amrit Varsha by Anand Murti Guru Maa in Chandigarh

Her Holiness Anand Murti Guru Maa shall shower Amrit Varsha of Divine Wisdom, Love and Bliss from 7th to 11th October 2015, 6 p.m. to 8 p.m. at ground adjoining Ryan International School, Sector 49-B, Chandigarh.

Rtn. Ashok Puri requests Rotarians and R'anns to listen to above cited spiritual talk which may help them to have energy for transformation at some part of time of their life.

Acknowledgment with thanks

Advertisements for Souvenir

PP Rtn. R.K. Luthra Rs. 20000/-
PE Rtn. Amarjit Singh Rs. 10000/-

Donations for Club Projects

PP Rtn. Subhash Bindra Rs. 2100/-
Rtn. Ashish Singla Rs. 1100/-

Punctuality Award

Won by PE Rtn. Amarjit Singh

Birthday of Spouses

R'ann Gulshan October 02
R'ann Manju Jain October 04
R'ann Gagan Meet October 04
R'ann Herpreet Gill October 06
R'ann Kalpana Aggarwal October 07

Birthday of Rotarians

Rtn. Dr. Col. V.K. Kapoor October 03
PP Rtn. Dr. S.K. Sharma October 03
Rtn. Rajesh Mahajan October 04



Wedding Anniversary

R'ann Ranjana & IPP Rtn. R.T.P.S. Tulsi October 02
R'ann Shradha & Rtn. A.K. Sachdeva October 08

From October 09, 2015 the meetings would be held at 6.30 p.m.



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